REGION 5 SYSTEMS

Supporting Wellness and Recovery in Behavioral Health

SINCE 1974

Regional Governing Board

November 9, 2026
10:15 a.m. – Noon
HYBRID: https://regionvservices.zoom.us/j/81719147604
Meeting ID: 817 1914 7604
Apace, 4433 S. 70th Street, Lincoln, NE
Phone: 402-441-4343
Webpage: www.region5systems.net

ALL RGB MEETINGS ARE OPEN TO THE PUBLIC AND ARE RECORDED

AGENDA ITEM	ACTION NEEDED	PAGE
1. Housekeeping	Discussion	N/A
2. Open Meetings Act Information	Discussion	Posted
3. Roll Call	Call the Roll	N/A
4. Approve Agenda	**Motion**	N/A
5. Presentation – Michelle Nunemaker, Lutheran Family Services	Discussion	N/A
6. Public Comment	Discussion	N/A
7. Action / Priority Items		
A. September 14, 2026 Regional Governing Board Minutes	**Motion**	1-5
B. FY26 CPA Fiscal Audit Report – Kiley Wiechman, Partner, HBE LLP	**Motion**	*
C. Financial Report	**Motion**	6-8
D. FY27 Contractual Agreements	**Motion**	9-11
E. FY26 Annual Report DRAFT	**Motion**	Attachment
F. FY26 Management Summary DRAFT	**Motion**	Attachment
G. Region 5 Supported Housing Residency Checks Report	**Motion**	12-13
H. Opioid Settlement Site Visit – BAART	**Motion**	14
I. FY26 Network Provider Audit Year End Summary	**Motion**	Attachment
J. FY27 Network Performance Improvement Plan	**Motion**	Attachment
K. Public Comment Protocol DRAFT	**Motion**	15
L. 2026 Employee Survey Results	**Motion**	Attachment
8. Other Updates / Information		
A. Behavioral Health / System Coordination / Legislative Updates	Discussion	16-22
B. Medicaid Lookback	Discussion	23
C. RideCare	Discussion	24-33
D. Nebraska Summit on Navigating Acute Psychiatric Inpatient Admission Pathways	Discussion	Attachment
E. FY26 RGB Attendance Log	Discussion	34
F. FY27 RGB Attendance Log	Discussion	35
G. September 14, 2026 RGB Executive Committee Minutes	Information Only	36
H. FY27 Capacity Utilization Summaries	Information Only	37-56
I. Consumer Coordination Quarterly Report – Q1	Information Only	57-58
J. FY27 Compliance Management Report	Information Only	59-61
K. 2027 Legislative Session Calendar	Information Only	62
L. FY27 Training Plan	Information Only	63-66

9. Important Dates

- November 9, 2026 – RGB Executive Committee Meeting – following RGB Meeting
- January 11, 2027 – 9:00 a.m. – Network Provider Meeting – Teams
- January 27, 2027 – 10:00 a.m. – BHAC Meeting – Region 5 Systems, 3600 Union Drive, Lincoln, NE (hybrid)
- February 8, 2027 – 10:15 a.m. – RGB Meeting – Apace, 4433 S. 70th Street, Lincoln, NE (hybrid)

*Report to be emailed to the RGB and posted to the website on November 6, 2026.

ABBREVIATIONS

General Terms

ACT Team	Assertive Community Treatment / PIER
ARPA	American Rescue Plan Act
ASO	Administrative Service Organization
BH	Behavioral Health
BHAC	Behavioral Health Advisory Committee
BHECN	Behavioral Health Education Center of NE
CAG	Capacity Access Guarantee
CARF	Commission on Accreditation of Rehabilitation Facilities
CCBHC	Certified Community Behavioral Health Clinic
CBC	Community Benefits Center
CCT	Corporate Compliance Team
CDS	Centralized Data System
CFS	Children and Family Services
CHE	Community Health Endowment
CLAS	Culturally and Linguistically Appropriate Services
CMS	Centers for Medicare and Medicaid Services
COD	Co-occurring Disorder
CPC	Civil Protective Custody
CQI	Continuous Quality Improvement
CRT	Crisis Response Team
DBH	Division of Behavioral Health
DBT	Dialectical Behavioral Therapy
DHHS	Department of Health & Human Services
DSH	Disproportionate Share Hospital
EBC	Evidence Based Practices
EHR	Electronic Health Record
EMDR	Eye Movement Desensitization and Reprocessing
EMR	Electronic Medical Record
EPC	Emergency Protective Custody
ERCS	Emergency Community Support
FFS	Fee for Service
FIF	Families Inspiring Families
FTE	Full-Time Equivalent (Staff)
FYI	Family & Youth Investment
HIPAA	Health Insurance Portability and Accountability Act of 1996
HOPE	Higher Opportunities Through the Power of Employment
HPRP	Homelessness Prevention and Rapid Re-housing Program
HUD	Housing and Urban Development
IMD	Institutions for Mental Disease
ITN	Intent to Negotiate
JBC	Joint Budget Commission
LINCS	Linking Individuals/Families in Need of Community Supports
LRC	Lincoln Regional Center
MH	Mental Health
MHB	Mental Health Board
MHFA	Mental Health First Aid
MHSIP	Mental Health Statistics Improvement Program
NABHO	National Association of Behavioral Health Organizations
NACO	Nebraska Association of County Officials
NAMI	National Alliance on Mental Illness
NDRA	Nebraska Disaster Response Adult
NFFS	Non-Fee-for-Service / Expense Reimbursement
NMT	Network Management Team

General Terms (continued)

NOMS	National Outcome Measures
NP	Network Provider
OCO	Office of Consumer Affairs
ONE	Outpatient Navigation and Engagement
OTO	One-time-only
PATH	Projects for Assistance of Transition from Homelessness
PIER	Partners in Empowerment and Recovery (ACT)
PIP	Performance Improvement Plan
PPP	Prevention Professional Partner
PRR	Psychiatric Residential Rehabilitation
QPR	Question, Persuade, Refer
RA	Regional Administrator
RAP	Rental Assistance Program
REAL	Respond, Empower, Advocate, Listen
RFA	Request for Approval
RFP	Request for Proposals
RFQ	Request for Qualifications
RGB	Regional Governing Board
RPC	Regional Prevention Center
RPH	Rural Permanent Housing
RPSC	Regional Prevention System Coordination
RQIT	Regional Quality Improvement Team
SAMHSA	Substance Abuse and Mental Health Services Administration
SAVE	Systematic Alien Verification for Entitlements
SCIP	School Community Intervention Program
SED	Serious Emotional Disturbance
SMI	Serious Mental Illness
SOC	System of Care
SOR	State Opioid Response
SPF	Strategic Prevention Framework
SPMI	Serious and Persistent Mental Illness
SUD	Substance Use Disorder
TAPP	Transition Age Professional Partner
TASC	Targeted Adult Service Coordination
TAY	Transition Age Youth
TIC	Trauma Informed Care
VCRC	Voluntary Crisis Response Center
WRAP	Wellness Recovery Action Plan
YAB	Youth Action Board

Funded Agencies

ACT	Associates in Counseling and Treatment
BAART	Lincoln Treatment Center
BVBH	Blue Valley Behavioral Health
BBH	Bridge Behavioral Health
Cntpt	CenterPointe
FH	Fremont Hospital
GW	Goodwill Industries
HOH	Houses of Hope
HS	HopeSpoke
IBHS	Integrated Behavioral Health Services
LFS	Lutheran Family Services
MHA	Mental Health Association
MHCC	Mental Health Crisis Center
ML	Mary Lanning Hospital
PIER	Partners in Empowerment and Recovery (ACT)
ST. M'S	St. Monica's
TASC	Targeted Adult Service Coordination
TC	Telecare Recovery Center
WI	Wellbeing Initiative