



REGIONAL GOVERNING BOARD MINUTES

June 8, 2026

10:15 a.m.

Apache, 4433 S. 70th Street, Lincoln, NE

ROLL CALL

COUNTY	BOARD MEMBERS	ABSENT	PRESENT
BUTLER	SCOTT GRIESS	X	
FILLMORE	KENNY HARRE		X
GAGE	EMILY HAXBY	X	
JEFFERSON	DANIELLE SCHWAB		X
JOHNSON	LES AGENA	X	
LANCASTER	CHRISTA YOAKUM		X
NEMAHA	MICHAEL WEISS		X
OTOE	DAN CROWNOVER		X
PAWNEE	JAN LANG		X
POLK	JERRY WESTRING		X
RICHARDSON	JOHN CAVERZAGIE		X
SALINE	RAY ROHRIG Rohrig left the meeting at 11:41 a.m.		X
SAUNDERS	BILL REECE	X	
SEWARD	DARRELL ZABROCKI		X
THAYER	DEAN KRUEGER	X	
YORK	DEB ROBERTSON		X

Roll was called; a quorum was present.

Rohrig left the meeting at 11:41 a.m.

Others Present: Traci Cooney, Tami DeShon, Theresa Henning, Patrick Kreifels, Kim Michael, Sandy Morrissey, Erin Rourke, and Amanda Tyerman-Harper, Region 5 Systems

HOUSEKEEPING / CALL TO ORDER

Yoakum called the meeting to order at 10:15 a.m.

OPEN MEETINGS ACT INFORMATION

Yoakum noted the Open Meetings Act information is posted in the meeting room and reminded Board members that the meetings are open to the public and are audiotaped. The agenda is posted for public viewing at www.region5systems.net. Notification of this meeting and information regarding availability of the agenda was provided through a legal notice in the Lincoln Journal Star, published May 31, 2026.

AGENDA APPROVAL

Lang made a motion, seconded by Crownover, to approve the agenda as presented. All present voted aye. Motion carried 11-0.

PUBLIC COMMENT

There was no public comment.

EMPLOYEE SERVICE RECOGNITION

Zina Crowder, Professional Partner, was recognized for achieving her 5-year employment anniversary with Region 5 Systems. Although Zina was unable to attend the meeting, the Board acknowledged and thanked Zina for five years of service and contributions.

ACTION / PRIORITY ITEMS

May 11, 2026 Regional Governing Board Minutes:

Weiss made a motion, seconded by Zabrocki, to approve the minutes as presented. All present voted aye. Motion carried 11-0.

Financial Report:

DeShon reviewed the financial reports as of April 30, 2026.

Lang made a motion, seconded by Weiss, to approve the financial reports as presented. All present voted aye. Motion carried 11-0.

FY27 Budget Plan and Summary:

Tyerman-Harper reviewed the FY27 budget plan. This is on the agenda for a vote today but written approval has not been received from DBH.

Zabrocki made a motion, seconded by Harre, to approve the budget plan as outlined, contingent on receiving written approval from DBH. Chairperson Yoakum asked for a roll call vote.

Voting Aye were Fillmore County, Jefferson County, Lancaster County, Nemaha County, Otoe County, Pawnee County, Polk County, Richardson County, Saline County, Seward County, York County; Absent: Butler County, Gage County, Johnson County, Saunders County, and Thayer County. Motion carried.

FY27 Office Budget:

DeShon reviewed the FY27 office budget. She noted that written approval has not been received from DBH.

Weiss made a motion, seconded by Rohrig, to approve the FY27 office budget, contingent on receiving written approval from DBH. All present voted aye. Motion carried 11-0.

FY26 Provider Contract Shifts:

Henning presented provider shifts and amendments for May 2026.

Lang made a motion, seconded by Schwab, to accept the contract amendments as presented. All present voted aye. Motion carried 11-0.

FY26 Contractual Agreements:

- Henning presented additional contracts for FY26 related to the State Opioid Response (SOR) grant.
 - KidGlov - To create a digital campaign promoting Narcan training, MedSafe locations, and the Treatment and Current Drug Trend Summit.
 - SOR carry-over funds, expecting to get the contract from DBH in June/July 2026:
 - DHHS/DBH – To fund activities that reduce opioid overdose related deaths and abuse of prescription and illicit opioid and stimulants through the provisions of prevention, treatment, and recovery activities for Opioid and Stimulant Use Disorders.
 - CenterPointe – Increase in funding for treatment services.
 - BAART – Increase in funding for treatment services.
 - J. Chad Professional Training LLC – To provide a four webinar training series on substance use prevention.
 - Rural Health Transformation Project
 - Expand and strengthen BETA training.

Lang made a motion, seconded by Weiss, to approve the contracts as presented. All present voted aye. Motion carried 11-0.

FY27 Contractual Agreements:

- Henning presented known contracts for FY27.
 - Housing and Urban Development (HUD)
 - Rental assistance for Rural Transition Age Permanent Housing, Rural Permanent Supportive Housing and Lincoln Permanent Supportive Housing.
 - DHHS
 - Regional contract – Prevention, rental assistance, transition voucher program, behavioral health, coordination, and network management Services.
 - Fund prevention activities for high risk drinking and vaping through statewide Partnerships for Success (PFS) grant.
 - Activities that reduce opioid overdose related deaths and abuse of prescription and illicit opioid and stimulants through the provision of prevention, treatment, and recovery activities for Opioid and Stimulant Use Disorders.
 - Provide funding for Projects for Assistance in Transition from homelessness (PATH).
 - Collaborative Projects
 - City of Lincoln – BETA and Youth BETA trainings with Lincoln Police Department
 - BHECN – Workforce development in the behavioral health field.
 - Wellbeing Initiative – Provide consumer coordination activities and promote consumer involvement within Region 5 Systems.
 - PATH
 - CenterPointe – Carry out projects related to PATH.
 - EPC
 - Butler and Saunders Counties – Primary EPC provider is Methodist Fremont.
 - Fillmore, Polk, Thayer, York Counties – Primary EPC provider is Mary Lanning.
 - Remaining 10 Counties in Region 5 catchment area – Primary provider is MHCC.
 - MHCC – contract between MHCC and Region 5 Systems.
 - Opioid Settlement Remediation Funds
 - Bonsai Health – Expand MAT/MOUD services.
 - Don't Panic Labs and Lancaster county human services – Share in annual cost of MyLink which provides resources in Region 5 Systems catchment area.
 - Elevita – Software to provide a public dashboard and other efficiencies for the management of opioid flex funds.
 - GoldFinch – Implement the Billion Pill Pledge.
 - Houses of Hope – Assist in recruitment and onboarding of clinical and direct care staff in their residential treatment.
 - Opioid Flex Funds - \$50,000 this year. Anticipate less requests in FY27.
 - Network Provider
 - The Bridge Behavioral Health – Ending contracts for Social Detox and SUD Respite.
 - Prevention Federal Block Grant Recipients
 - 7 contracts with entities for the management of our Coalition.
 - Lincoln Police Department and Nebraska State Patrol – to conduct compliance checks within establishments, that they are not selling to minors.
 - LMO Consulting – enter multi-county data in the NPIRS system.
 - The Truth Initiative – Provide the EX program, a program that provides education, training and intervention for those smoking/vaping.
 - Evidence-based Practice Contracts
 - 2 Consultants who assist with DBT and MI trainings.

- 2 individuals who provide DBT and MI trainings.
- Suicide Prevention
 - 3 Children and Family Services providers who are working to implement zero suicide transformational framework.

Weiss made a motion, seconded by Zabrocki, to approve these contracts as presented. All present voted aye. Motion carried 11-0.

FY27 Prevention Mini-Grant Awards:

Morrissey presented 4 grant applications approved by the state.

- Calvary Church in Wahoo – Todd Becher event.
- Fillmore Central Preschool – Assessment tool.
- SCIP – prevention education materials.
- SCIP – pilot Teen-Intervene Program.

Lang made a motion, seconded by Crownover, to approve these grants as presented. All present voted aye. Motion carried 11-0.

Culturally and Linguistically Appropriate Services Grant Awards:

Morrissey presented that there was one application to train persons to teach persons with brain injuries or other cognitive challenges how to use phone apps that were created for them.

Weiss made a motion, seconded by Rohrig, to approve this grant as presented. All present voted aye. Motion carried 11-0.

Opioid Remediation Settlement Fund Blueprint:

Henning presented the document, which is reviewed annually. Page 3 shows Nebraska data. It was a struggle to get specific data per location. Page 7 shows a new process for review and approval of expenditures.

This attachment was updated after the agenda was made available. There was an error on page 2, the incorrect mission statement was originally printed. The final document will have the correct mission statement.

Zabrocki made a motion, seconded by Schwab, to approve this document as presented. All present voted aye. Motion carried 11-0.

Annual Update of the FY25-27 Strategic Plan:

Kreifels presented FY26 strategic plan update based on the three-year strategic plan that was approved by the Regional Governing Board in June 2024. This document shows the objectives and what actions that occurred to address those areas.

FY26 Preliminary Services Purchased Expense Reimbursement Verification:

Deshon presented this report which is the satisfactory DBH audit report for one of the two months required for FY26.

Zabrocki made a motion, seconded by Caverzagie, to approve as presented. All present voted aye. Motion carried 11-0.

Appointment of Applicants to Behavioral Health Advisory Committee:

Tyerman-Harper presented four applicants for the BHAC. Those four applicants are Benjamin Murry, Marti Rabe, Avery Blum and Nicole Maher.

Harre made a motion, seconded by Lang, to accept all four applicants contingent on background checks. All present voted aye. Motion carried 11-0.

Regional Administrator's Performance Evaluation and Compensation:

Chairperson Yoakum reported the Executive Committee met on May 11, 2006, to conduct Kreifels' annual performance evaluation. As a result, the Executive Committee recommended a 5% salary increase for Kreifels, effective July 9, 2026.

Rohrig made a motion, seconded by Crownover, to accept the recommendation of a 5% salary increase for Kreifels.

OTHER UPDATES / INFORMATION

Behavioral Health / System Coordination / Legislative Updates:

Emergency System:

- Summit – June 30 – July 1. The focus is the Lincoln Regional Center and access to beds, identify issues, what is working well, and develop a plan with priorities.

Youth Coordination:

- SquareOne's Open House is scheduled for July 13 with full services offered beginning July 14. June 23 and June 24, there will be tours of the facility for any Law Enforcement officers from the Region 5 catchment area. The times will be, 10:00 a.m. and 8:00 p.m. both dates.

Statewide Opioid Response:

- Working to set the opioid outpatient treatment rate to be consistent with what is offered across the state.
- Region 5 Systems' employee, Trina Janis, met with 9 of the 16 county attorneys to talk about what Region 5 is doing with the opioid settlement funds, identify any specific needs, offer any technical assistance and inquire on what each county is doing with their funds.

Prevention:

- The Nebraska Attorney General has begun looking into the legalities of vaping devices being sold. It has been identified that Nebraska has devices that have not gone through the federal pre-approval process.
- Received additional suicide funds.
- Working to expense GLS grant funds.

Housing:

- DBH has expressed a question if participants in the RAP program should be participating in a minimum of 3 behavioral health services as a requirement to receive the housing benefits. Region 5 Systems initial findings of currently enrolled RAP participants are 75% do not meet this minimum requirement of participating in 3 services.

Best Places to Work Award:

Michael stated that Region 5 Systems placed first in the Best Places to Work Program for the large employer category. The announcement was made at the Saltdogs game on June 4, 2026, where employees were invited to the celebration and game. As one of the winning employers, Kreifels was asked to throw the first pitch. He brought the autographed baseball and the award to show members.

CCBHC Coverage Map:

For your information.

Site Visit Potential Changes:

Currently, Region 5 audits 2% of services and DBH is wanting to change that to 10%. Awaiting final decision from DBH.

DBH is indicating they have received feedback from the state auditor to increase sample size of files to be audited to match national standards. May require on-site visits in the future.

Post Discharge Medicaid Eligibility Lookback:

DBH is proposing a 12-month lookback, and Region 5 is suggesting a 90-day maximum lookback. This recommendation is based on the requirement from the time of an application for Medicaid, they have 90-days to make a determination of an individual's eligibility.

988 Annual Report:

For your information.

VCRC Survey:

For your information.

FY26 RGB Meeting Attendance:

For your information.

May 11, 2026 RGB Executive Committee Minutes:

For your information.

Consumer / Family Advisory Committee Quarterly Report – Q3

For your information.

FY26 Capacity Utilization Summaries:

For your information.

FY26 Network Management Report:

For your information.

FY 26 Training Plan:

For your information.

IMPORTANT DATES

- June 15 – Network Provider Meeting – 9:00 a.m. via Teams - CANCELLED
- August 17 – Network Provider Meeting – 9:00 a.m. via Teams
- September 2 – BHAC Meeting – 10:00 a.m. at Region 5 Systems, 3600 Union Drive Lincoln, NE
- September 14 – RGB Meeting – 10:15 a.m. at Apace, 4433 S 70th Street, Lincoln, NE

ADJOURN

The meeting was adjourned at 11:56 a.m.

**Region 5 Systems
Balance Sheet
July 31, 2026**

Financial Row	Amount
ASSETS	
Current Assets	
Bank	
1000 - Cash - Checking	\$1,778,092.36
1002 - Cash - Opioid Settlement Funds	\$3,250,499.11
1004 - Cash - Petty Cash (Reg V)	\$100.00
1005 - Cash - Section 125	\$11,042.61
1006 - Cash - YAB Checking	\$25.80
Total Bank	\$5,039,759.88
Accounts Receivable	
1100 - Accounts Receivable - Federal	\$38,331.50
1105 - Accounts Receivable - State	\$1,580,144.45
1110 - Accounts Receivable - County	\$11,602.16
1120 - Accounts Receivable - Other	\$10,512.95
Total Accounts Receivable	\$1,640,591.06
Other Current Asset	
1140 - Prepaid Expenses	\$450.00
1150 - Section 125 - Deposit	\$4,874.00
1220 - Accumulated Depreciation	(\$146,596.23)
NS-015 - Undeposited Funds	(\$120.00)
Total Other Current Asset	(\$141,392.23)
Total Current Assets	\$6,538,958.71
Fixed Assets	
1200 - Furniture & Equipment	\$453,251.06
1210 - Lease Asset	\$2,025,072.58
Total Fixed Assets	\$2,478,323.64
Total ASSETS	\$9,017,282.35
Liabilities & Equity	
Current Liabilities	
Accounts Payable	
1305 - Accounts Payable - Other	\$89,021.96
Total Accounts Payable	\$89,021.96
Other Current Liability	
1310 - Accrued Vacation	\$442,772.78
1318 - Pension - Employee Contribution	\$9,935.77
1319 - Pension - Employee Loan	\$366.99
1320 - Section 125- Med/Child Care	\$9,398.05
1321 - FLEX - Medical Insurance	(\$2,695.63)
1323 - HSA contribution	\$0.01
1360 - Lease Liability	\$2,040,355.75
Total Other Current Liability	\$2,500,133.72
Total Current Liabilities	\$2,589,155.68
Equity	
2000 - General Fund	\$1,084,349.01
2010 - Fed - Homeless Funds	\$8.00
2020 - SPG (Non-Grant) Funds	\$1,716.40
2030 - State - Funds	\$595,126.25
2040 - State - Funds (Prior Yr)	\$1,188.66
2045 - State - Transition Grant Funds	\$52,287.47
2048 - State - Workforce Stabilization Fund	\$237,627.08
2050 - State - Native American Funds	\$114.66
2055 - Equipment Fund	\$124,467.26
2060 - YAB Fund	\$4,129.66
2065 - State - Opioid Resettlement Fund	\$2,763,843.19
NS-005 - Opening Balance	\$315.28
Retained Earnings	(\$46,876.59)
Net Income	\$1,609,830.34
Total Equity	\$6,428,126.67
Total Liabilities & Equity	\$9,017,282.35

Region 5 Systems Income Statement July 31, 2026

Financial Row	Current Month (Jul 2026)	Current Year To Date (Jul 2026)	Comparative Amount (Jul 2025)	Variance	% Variance
Ordinary Income/Expense					
Income					
3000 - Federal - SUD	\$130,747.23	\$130,747.23	\$168,523.05	(\$37,775.82)	-22.42%
3005 - Federal - MH	\$181,185.28	\$181,185.28	\$419,101.65	(\$237,916.37)	-56.77%
3015 - State - Behavioral Health	\$1,265,911.96	\$1,265,911.96	\$875,857.95	\$390,054.01	44.53%
3030 - County - MH	\$7,704.00	\$7,704.00	\$23,540.00	(\$15,836.00)	-67.27%
3035 - Grant Income	\$879,626.53	\$879,626.53	\$772,263.00	\$107,363.53	13.90%
3055 - Miscellaneous - Other	\$32,766.71	\$32,766.71	\$74,493.62	(\$41,726.91)	-56.01%
3070 - Interest Income	\$7,181.76	\$7,181.76	\$10,514.06	(\$3,332.30)	-31.69%
Total - Income	\$2,505,123.47	\$2,505,123.47	\$2,344,293.33	\$160,830.14	6.86%
Gross Profit	\$2,505,123.47	\$2,505,123.47	\$2,344,293.33	\$160,830.14	6.86%
Expense					
5000 - Provider Expenses	\$128,308.83	\$128,308.83	\$25,698.36	\$102,610.47	399.29%
5001 - EBP Specific	\$150.00	\$150.00	\$0.00	\$150.00	0.00%
5005 - Misc Payments	(\$0.01)	(\$0.01)	\$0.00	(\$0.01)	0.00%
5055 - Consumer Voice-Recovery	\$0.00	\$0.00	\$2.50	(\$2.50)	-100.00%
5080 - Security Deposit/App Fees	\$6,792.28	\$6,792.28	\$16,879.28	(\$10,087.00)	-59.76%
5090 - Other Related Costs	\$17,056.90	\$17,056.90	\$27,497.35	(\$10,440.45)	-37.97%
5100 - Furnishings (Program)	\$16,425.00	\$16,425.00	\$12,150.00	\$4,275.00	35.19%
5130 - Flex Funds	\$11,220.50	\$11,220.50	\$20,311.83	(\$9,091.33)	-44.76%
5140 - Admin Fee	\$5,285.19	\$5,285.19	\$3,202.68	\$2,082.51	65.02%
5150 - Advertising	\$0.00	\$0.00	\$310.00	(\$310.00)	-100.00%
5160 - BHAC Expenses	\$0.00	\$0.00	\$335.50	(\$335.50)	-100.00%
5180 - Background Checks	\$89.95	\$89.95	\$121.00	(\$31.05)	-25.66%
5210 - Contract Services	\$51,049.69	\$51,049.69	\$5,800.00	\$45,249.69	780.17%
5230 - Disability Insurance	\$444.18	\$444.18	\$544.43	(\$100.25)	-18.41%
5240 - Employee Benefit Fees	\$1,579.35	\$1,579.35	\$9,003.27	(\$7,423.92)	-82.46%
5270 - FICA Taxes	\$22,527.52	\$22,527.52	\$10,295.84	\$12,231.68	118.80%
5290 - RGB Expenses	(\$132.19)	(\$132.19)	\$13.57	(\$145.76)	-1,074.13%
5300 - Health Insurance	\$13,631.17	\$13,631.17	\$64,380.58	(\$50,749.41)	-78.83%
5310 - HSA ER Contribution	\$0.00	\$0.00	(\$944.43)	\$944.43	-100.00%
5315 - Land and Buildings	\$5,086.28	\$5,086.28	\$4,814.69	\$271.59	5.64%
5330 - Meeting Expenses	\$345.11	\$345.11	\$1,843.03	(\$1,497.92)	-81.27%
5340 - Miscellaneous	\$600.00	\$600.00	\$0.00	\$600.00	0.00%
5350 - Pension	\$8,030.08	\$8,030.08	\$10,519.42	(\$2,489.34)	-23.66%
5360 - Photocopying/Printing	\$2,292.45	\$2,292.45	\$2,357.61	(\$65.16)	-2.76%
5370 - Postage	\$696.00	\$696.00	\$1,437.56	(\$741.56)	-51.58%
5380 - Rent (Program)	\$178,745.67	\$178,745.67	\$164,863.23	\$13,882.44	8.42%
5385 - Rent (Office)	\$10,372.41	\$10,372.41	\$10,593.86	(\$221.45)	-2.09%
5390 - Repairs & Maintenance (Program)	\$447.75	\$447.75	\$1,255.00	(\$807.25)	-64.32%
5395 - Repairs & Maintenance (Office)	\$2,375.00	\$2,375.00	\$1,510.00	\$865.00	57.28%
5400 - Salaries	\$287,257.46	\$287,257.46	\$137,760.64	\$149,496.82	108.52%
5410 - Software Purchases/Maintenance	\$86,478.23	\$86,478.23	\$97,226.21	(\$10,747.98)	-11.05%
5420 - St Unemployment Taxes	\$25.50	\$25.50	\$3.16	\$22.34	706.96%
5430 - Staff Development	\$10,404.83	\$10,404.83	\$867.50	\$9,537.33	1,099.40%
5440 - Staff Development-Non-State	\$387.17	\$387.17	\$50.00	\$337.17	674.34%
5450 - Subscr, Dues, Books	\$8,591.99	\$8,591.99	\$8,281.49	\$310.50	3.75%
5460 - Supplies	\$1,232.53	\$1,232.53	\$435.82	\$796.71	182.81%
5470 - Telephone	\$2,638.73	\$2,638.73	\$9,343.98	(\$6,705.25)	-71.76%
5480 - Training Expenses	\$1,250.00	\$1,250.00	\$0.00	\$1,250.00	0.00%
5490 - Travel	\$1,754.31	\$1,754.31	\$260.82	\$1,493.49	572.61%
5500 - Utilities (Program)	\$9,384.23	\$9,384.23	\$11,630.03	(\$2,245.80)	-19.31%
5501 - Utilities (Office)	\$1,680.71	\$1,680.71	\$1,025.15	\$655.56	63.95%
5510 - Vehicle Maintenance	\$788.33	\$788.33	\$813.92	(\$25.59)	-3.14%
5520 - Workers Comp Insurance	\$0.00	\$0.00	\$1,289.00	(\$1,289.00)	-100.00%
Total - Expense	\$895,293.13	\$895,293.13	\$663,783.88	\$231,509.25	34.88%
Net Ordinary Income	\$1,609,830.34	\$1,609,830.34	\$1,680,509.45	(\$70,679.11)	-4.21%
Net Income	\$1,609,830.34	\$1,609,830.34	\$1,680,509.45	(\$70,679.11)	-4.21%



Supporting Wellness and Recovery
in Behavioral Health
SINCE 1974

Administrative Expense Summary As of July 31, 2026 (8.33%)		YTD	Percentage of
	Budget	Expenditures	Budget
EXPENSE SUMMARY	FY27	FY27	
PERSONNEL COSTS			
Salaries	\$3,690,310	\$287,257	7.78%
Fringe Benefits	\$1,460,633	\$46,238	3.17%
Subtotal - Personnel	\$5,150,943	\$333,495	6.47%
OPERATIONS & ADMINISTRATION			
Rent (Office)	\$110,508	\$10,372	9.39%
Land and Buildings	\$106,908	\$5,086	4.76%
Utilities (Office)	\$20,000	\$1,681	8.40%
Repairs & Maintenance (Office)	\$40,000	\$2,375	5.94%
Telephone	\$50,000	\$2,639	5.28%
Supplies	\$52,000	\$1,233	2.37%
Equipment	\$15,000	\$0	0.00%
Software Purchases/Maintenance	\$200,000	\$86,478	43.24%
Photocopying/Printing	\$12,000	\$2,292	19.10%
Postage	\$20,000	\$696	3.48%
Vehicle Maintenance	\$10,000	\$788	7.88%
Contract Services	\$94,850	\$0	0.00%
Subtotal - Operations	\$731,266	\$113,641	15.54%
PROFESSIONAL SERVICES & COMPLIANCE			
Auditing	\$30,839	\$0	0.00%
Legal	\$35,000	\$0	0.00%
General Insurance	\$65,000	\$0	0.00%
Compliance/Mandates	\$12,000	\$0	0.00%
Background Checks	\$2,000	\$90	4.50%
Evaluations	\$2,400	\$0	0.00%
Consulting	\$0	\$0	0.00%
Subtotal - Professional Services	\$147,239	\$90	0.06%
TRAINING & DEVELOPMENT			
Staff Development	\$90,000	\$10,792	11.99%
Training Expenses	\$40,000	\$1,250	3.13%
Travel	\$55,000	\$1,754	3.19%
Subtotal - Training & Development	\$185,000	\$13,796	7.46%
OTHER EXPENSES			
Flex Funds	\$110,000	\$11,221	10.20%
Admin Fee	\$80,024	\$5,285	6.60%
Meeting Expenses	\$12,000	\$345	2.88%
Subscriptions, Dues, Books	\$22,000	\$8,592	39.05%
Advertising (Recruitment)	\$2,000	\$0	0.00%
BHAC Expenses	\$3,000	\$0	0.00%
RGB Expenses	\$2,200	\$0	0.00%
Miscellaneous	\$6,000	\$600	10.00%
Subtotal - Other Expenses	\$237,224	\$26,043	10.98%
TOTAL	\$6,451,672	\$487,065	7.55%

Region 5 Systems Contractual Agreements

Nebraska Department of Health & Human Services (DHHS)

Contracting Entity	Time Period	Contract Amount	Funding Source	Primary Author(s)	Reviewed By	Purpose
Nebraska Department of Health and Human Services, Division of Behavioral Health Amendment 2	September 30, 2025 - September 29, 2026	\$152,532 to Region 5 Systems Increase of \$33,579		DHHS-DBH	Corporate Compliance Team, Network Provider, and BHAC	To fund prevention activities for high risk drinking and vaping through the statewide Partnerships for Success (PFS) grant.
Nebraska Department of Health and Human Services, Division of Behavioral Health Amendment 3	June 26, 2026 - June 30, 2026	\$18,941,640 to Region 5 Systems Increase of \$175,000		DHHS-DBH	Corporate Compliance Team, Network Provider, and BHAC	Regional contract for prevention, rental assistance, transition voucher program, behavioral health, coordination, and network management services.

Substance Abuse and Mental Health Services Administration (SAMHSA), Centers for Mental Health Services

Contracting Entity	Time Period	Contract Amount	Funding Source	Primary Author(s)	Reviewed By	Purpose
Substance Abuse and Mental Health Services Administration, Centers for Mental Health Services	September 30, 2026 - September 29, 2028	\$1,499,992 to Region 5 Systems		SAMHSA	Corporate Compliance Team, Network Provider, and BHAC	To improve outcomes for individuals who have been ordered to outpatient community-based treatment by a Mental Health Board. This program, called "Outpatient Navigation and Engagement" (ONE), will focus on increasing engagement in treatment by identifying and addressing barriers that may prevent individuals from successfully participating in services and complying with their Mental Health Board requirements.

Partnerships for Success (PFS)

Contracting Entity	Time Period	Contract Amount	Funding Source	Primary Author(s)	Reviewed By	Purpose
KidGlov	July 1, 2026 - September 29, 2026	\$30,000 to KidGlov	DHHS-DBH PFS Contract	Region 5 Systems	Corporate Compliance Team, Network Provider, and BHAC	Creation of the Ghost Vape Campaign, a youth-focused campaign that meets kids where they already spend their time, on social media and streaming TV, to educate on the dangers of youth vaping.

CDC Suicide Grant

Contracting Entity	Time Period	Contract Amount	Funding Source	Primary Author(s)	Reviewed By	Purpose
KidGlov	August 1, 2026 - September 10, 2026	\$9,076 to KidGlov	CDC Suicide Contract	Region 5 Systems	Corporate Compliance Team, Network Provider, and BHAC	To create a suicide prevention resource, in English and Spanish, for adults and youth.

Plan for One Contracts

Contracting Entity	Time Period	Contract Amount	Funding Source	Primary Author(s)	Reviewed By	Purpose
Telecare	July 3, 2026 - October 10, 2026	\$50,968 to Telecare	DHHS - Plan for One Funds	Region 5 Systems	Corporate Compliance Team, Network Provider, and BHAC	To provide enhanced behavioral health support within a residential setting to an individual transitioning from Bryan Medical Center under a Plan for One agreement.
Capture	July 1, 2026 - October 28, 2026	\$30,984.60 to Capture	DHHS - Plan for One Funds	Region 5 Systems	Corporate Compliance Team, Network Provider, and BHAC	To provide one-to-one direct care staff within a residential setting to an individual who transitioned from Mary Lanning under a Plan for One agreement.

Region 5 Systems Contractual Agreements

Rural Health Transformation Project - BETA

Contracting Entity	Time Period	Contract Amount	Funding Source	Primary Author(s)	Reviewed By	Purpose
Joseph Wright Consulting LLC	July 1, 2026 - October 31, 2026	\$10,000 to Joseph Wright Consulting LLC	DHHS - Rural Health Transformation Project	Region 5 Systems	Corporate Compliance Team, Network Provider, and BHAC	Agreement to facilitate two BETA trainings, coordinate all training logistics for two days of training, and deliver up to 3 presentations.

State Opioid Response (SOR) Grant

Contracting Entity	Time Period	Contract Amount	Funding Source	Primary Author(s)	Reviewed By	Purpose
Davin Cole	September 1, 2026 - September 1, 2026	\$5,800 to Davin Cole	DHHS - State Opioid Response Grant	Region 5 Systems	Corporate Compliance Team, Network Provider, and BHAC	Speaker agreement to provide keynote session at Treatment and Current Drug Trends Summit.
Simera Reynolds	July 15, 2026 - September 29, 2026	Up to \$3,000 to Simera Reynolds	DHHS - State Opioid Response Grant	Region 5 Systems	Corporate Compliance Team, Network Provider, and BHAC	To provide Narcan training within Region 5 Systems catchment area.

AUDIT SUMMARY REPORT
Opioid Settlement Flex Funds – November 1, 2024 – June 30, 2026

AUDIT OF <u>Applehill Oxford House</u> APPROVED OPIOID FLEX FUND APPLICATIONS					
Audit Date: February 9, 2026	# of Applications Reviewed	Total Applications Submitted	Requested Amount in Application #1	Requested Amount in Application #2	Requested Amount in Application #3
Opioid Flex Funds Payments	3	22	\$250 rent (\$125 per week)	\$499 back rent \$250 rent (\$125 per week)	\$125 deposit \$729 back rent
Findings Paid in Full 5/4/26			PASSED	PASSED	Payback Required= \$128
AUDIT OF <u>Bermuda Oxford House</u> APPROVED OPIOID FLEX FUND APPLICATIONS					
Audit Date: February 16, 2026	# of Applications Reviewed	Total Applications Submitted	Requested Amount in Application #1	Requested Amount in Application #2	Requested Amount in Application #3
Opioid Flex Funds Payments	3	11	\$150 deposit \$600 rent (\$150 per week)	\$150 deposit \$150 rent (\$150 per week)	\$150 deposit \$450 back rent \$300 rent (\$150 per week)
Findings Paid in Full 4/20/26			PASSED	PASSED	Payback required= \$97
AUDIT OF <u>Breta Oxford House</u> APPROVED OPIOID FLEX FUND APPLICATIONS					
Audit Date: February 10, 2026	# of Applications Reviewed	Total Applications Submitted	Requested Amount in Application #1	Requested Amount in Application #2	Requested Amount in Application #3
Opioid Flex Funds Payments	3	6	\$300 back rent \$375 rent (\$125 per week)	\$600 back rent \$300 rent (\$150 per week)	\$300 back rent \$300 rent (\$150 per week)
Findings			PASSED	PASSED	PASSED

AUDIT OF College View Oxford House APPROVED OPIOID FLEX FUND APPLICATIONS					
Audit Date: February 3, 2026	# of Applications Reviewed	Total Applications Submitted	Requested Amount in Application #1	Requested Amount in Application #2	Requested Amount in Application #3
Opioid Flex Funds Payments	3	7	\$100 deposit \$500 rent (\$125 per week)	\$100 deposit \$500 rent (\$125 per week)	\$483.46 back rent \$250 rent (\$125 per week)
Findings			PASSED	PASSED	PASSED
AUDIT OF Everett Oxford House APPROVED OPIOID FLEX FUND APPLICATIONS					
Audit Date: February 20, 2026	# of Applications Reviewed	Total Applications Submitted	Requested Amount in Application #1	Requested Amount in Application #2	Requested Amount in Application #3
Opioid Flex Funds Payments	3	12	\$665 back rent	\$375 back rent \$250 rent (\$125 per week)	\$320 rent (\$160 per week)
Findings			PASSED	PASSED	PASSED
AUDIT OF Goodhue Oxford House APPROVED OPIOID FLEX FUND APPLICATIONS					
Audit Date: February 4, 2026	# of Applications Reviewed	Total Applications Submitted	Requested Amount in Application #1	Requested Amount in Application #2	Requested Amount in Application #3
Opioid Flex Funds Payments	3	5	\$50 gas card \$610 back rent \$460 rent (\$115 per week)	\$100 deposit \$500 rent (\$125 per week)	\$100 deposit \$500 rent (\$125 per week)
Findings			PASSED	PASSED	PASSED

AUDIT OF Hanna Pointe Oxford House APPROVED OPIOID FLEX FUND APPLICATIONS					
Audit Date: February 4, 2026	# of Applications Reviewed	Total Applications Submitted	Requested Amount in Application #1	Requested Amount in Application #2	Requested Amount in Application #3
Opioid Flex Funds Payments	3	16	\$300 back rent \$600 rent (\$150 per week)	\$150 deposit \$194 back rent \$600 rent (\$150 per week)	\$281 back rent \$600 rent (\$150 per week)
Findings			Repayment of \$300 would have been requested however overpaid back on app 2 and 3	Paid back \$594- no repayment was required	Paid back \$194- no repayment was required
AUDIT OF Hansen Manor Oxford House APPROVED OPIOID FLEX FUND APPLICATIONS					
Audit Date: February 17, 2026	# of Applications Reviewed	Total Applications Submitted	Requested Amount in Application #1	Requested Amount in Application #2	Requested Amount in Application #3
Opioid Flex Funds Payments	3	5	\$250 back rent \$500 rent (\$125 per week)	\$500 rent (\$125 per week)	\$193 back rent \$375 rent (\$125 per week)
Findings Paid in Full 5/4/26			Payback required= \$575	PASSED	PASSED
AUDIT OF Kaisen Oxford House APPROVED OPIOID FLEX FUND APPLICATIONS					
Audit Date: February 3, 2026	# of Applications Reviewed	Total Applications Submitted	Requested Amount in Application #1	Requested Amount in Application #2	Requested Amount in Application #3
Opioid Flex Funds Payments	2	2	\$150 deposit \$600 rent (\$150 per week)	\$462 back rent \$300 rent (\$150 per week)	NA
Findings			PASSED	PASSED	

AUDIT OF <u>Lyoncrest Oxford House</u> APPROVED OPIOID FLEX FUND APPLICATIONS					
Audit Date: February 20, 2026	# of Applications Reviewed	Total Applications Submitted	Requested Amount in Application #1	Requested Amount in Application #2	Requested Amount in Application #3
Opioid Flex Funds Payments	2	2	\$100 deposit \$400 back rent \$600 rent (\$150 per week)	\$640 back rent	NA
Findings			PASSED	PASSED	
AUDIT OF <u>Mahoney Oxford House</u> APPROVED OPIOID FLEX FUND APPLICATIONS					
Audit Date: February 5, 2026	# of Applications Reviewed	Total Applications Submitted	Requested Amount in Application #1	Requested Amount in Application #2	Requested Amount in Application #3
Opioid Flex Funds Payments	3	7	\$125 deposit \$318 back rent \$125 rent (\$125 per week)	\$125 deposit \$250 rent (\$125 per week)	\$125 deposit \$500 rent (\$125 per week)
Findings			PASSED	PASSED	PASSED
AUDIT OF <u>McAdams Oxford House</u> APPROVED OPIOID FLEX FUND APPLICATIONS					
Audit Date: February 17, 2026	# of Applications Reviewed	Total Applications Submitted	Requested Amount in Application #1	Requested Amount in Application #2	Requested Amount in Application #3
Opioid Flex Funds Payments	3	14	\$100 deposit \$500 rent (\$125 per week)	\$250 back rent	\$100 Deposit \$500 rent (\$125 per week)
Findings			PASSED	PASSED	PASSED

AUDIT OF Meadowlark Oxford House APPROVED OPIOID FLEX FUND APPLICATIONS					
Audit Date: February 19, 2026	# of Applications Reviewed	Total Applications Submitted	Requested Amount in Application #1	Requested Amount in Application #2	Requested Amount in Application #3
Opioid Flex Funds Payments	3	5	\$125 deposit \$27 back rent \$540 rent (\$135 per week)	\$27 back rent \$540 rent (\$135 per week)	\$135 back rent \$270 rent (\$135 per week) \$50 gas card
Findings			PASSED	PASSED	PASSED
AUDIT OF Michael House APPROVED OPIOID FLEX FUND APPLICATIONS					
Audit Date: May 28, 2026	# of Applications Reviewed	Total Applications Submitted	Requested Amount in Application #1	Requested Amount in Application #2	Requested Amount in Application #3
Opioid Flex Funds Payments	3	3	\$175 deposit \$700 monthly rent	\$175 deposit \$700 monthly rent	\$175 deposit \$700 monthly rent
Findings Paid in Full 6/15/26			Payback Required= \$477	Payback Required=\$700	PASSED
AUDIT OF Mopac Oxford House APPROVED OPIOID FLEX FUND APPLICATIONS					
Audit Date: February 17, 2026	# of Applications Reviewed	Total Applications Submitted	Requested Amount in Application #1	Requested Amount in Application #2	Requested Amount in Application #3
Opioid Flex Funds Payments	3	5	\$480 back rent	\$480 back rent \$240 rent (\$120 per week)	\$100 Deposit \$480 rent (\$120 per week)
Findings			PASSED	PASSED	PASSED

AUDIT OF Morgan Street Oxford House APPROVED OPIOID FLEX FUND APPLICATIONS					
Audit Date: February 13, 2026	# of Applications Reviewed	Total Applications Submitted	Requested Amount in Application #1	Requested Amount in Application #2	Requested Amount in Application #3
Opioid Flex Funds Payments	3	5	\$472 back rent \$600 rent (\$150 per week)	\$300 back rent \$300 rent (\$150 per week)	\$150 Deposit \$470 back rent \$300 rent (\$150 per week)
Findings			PASSED	PASSED	PASSED
AUDIT OF Orison Oxford House APPROVED OPIOID FLEX FUND APPLICATIONS					
Audit Date: February 17, 2026	# of Applications Reviewed	Total Applications Submitted	Requested Amount in Application #1	Requested Amount in Application #2	Requested Amount in Application #3
Opioid Flex Funds Payments	3	14	\$425 back rent \$270 rent (\$135 per week)	\$125 deposit \$250 rent (\$125 per week)	\$214 back rent \$540 rent (\$135 per week)
Findings			PASSED	PASSED	PASSED
AUDIT OF Overcomer Oxford House APPROVED OPIOID FLEX FUND APPLICATIONS					
Audit Date: February 9, 2026	# of Applications Reviewed	Total Applications Submitted	Requested Amount in Application #1	Requested Amount in Application #2	Requested Amount in Application #3
Opioid Flex Funds Payments	3	3	\$100 deposit \$500 rent (\$125 per week)	\$600 rent (\$150 per week)	\$100 deposit \$600 rent (\$150 per week)
Findings			PASSED	PASSED	PASSED

AUDIT OF Renata Oxford House APPROVED OPIOID FLEX FUND APPLICATIONS					
Audit Date: January 30, 2026	# of Applications Reviewed	Total Applications Submitted	Requested Amount in Application #1	Requested Amount in Application #2	Requested Amount in Application #3
Opioid Flex Funds Payments	3	26	\$300 back rent	\$374 back rent \$300 rent (\$150 per week)	\$100 Deposit \$500 rent (\$125 per week)
Findings			PASSED	PASSED	PASSED
AUDIT OF South Street Oxford House APPROVED OPIOID FLEX FUND APPLICATIONS					
Audit Date: February 3, 2026	# of Applications Reviewed	Total Applications Submitted	Requested Amount in Application #1	Requested Amount in Application #2	Requested Amount in Application #3
Opioid Flex Funds Payments	3	14	\$250 rent (\$125 per week)	\$1000 rent (\$125 per week)	\$524 back rent \$260 rent (\$130 per week)
Findings			PASSED	PASSED	PASSED
AUDIT OF Sunken Gardens Oxford House APPROVED OPIOID FLEX FUND APPLICATIONS					
Audit Date: February 6, 2026	# of Applications Reviewed	Total Applications Submitted	Requested Amount in Application #1	Requested Amount in Application #2	Requested Amount in Application #3
Opioid Flex Funds Payments	3	5	\$100 deposit \$125 back rent \$500 rent (\$125 per week)	\$100 deposit \$225 back rent \$375 rent (\$125 per week)	NA
Findings			PASSED	PASSED	PASSED

AUDIT OF <u>Sunset Oxford House</u> APPROVED OPIOID FLEX FUND APPLICATIONS					
Audit Date: February 6, 2026	# of Applications Reviewed	Total Applications Submitted	Requested Amount in Application #1	Requested Amount in Application #2	Requested Amount in Application #3
Opioid Flex Funds Payments	3	5	\$635 back rent	\$625 back rent	\$325 back rent \$375 rent (\$125 per week)
Findings Repayment Plan of \$100 per month (last payment \$113). Repayment complete 11/2026			Payback required= \$613	PASSED	PASSED
AUDIT OF <u>Upco Oxford House</u> APPROVED OPIOID FLEX FUND APPLICATIONS					
Audit Date: February 13, 2026	# of Applications Reviewed	Total Applications Submitted	Requested Amount in Application #1	Requested Amount in Application #2	Requested Amount in Application #3
Opioid Flex Funds Payments	3	9	\$135 Deposit \$443.56 back rent \$135 rent (\$135 per week)	\$252.13 back rent	\$676 back rent
Findings			PASSED	PASSED	PASSED
AUDIT OF <u>Willingness Oxford House</u> APPROVED OPIOID FLEX FUND APPLICATIONS					
Audit Date: February 17, 2026	# of Applications Reviewed	Total Applications Submitted	Requested Amount in Application #1	Requested Amount in Application #2	Requested Amount in Application #3
Opioid Flex Funds Payments	3	5	\$450 back rent \$600 rent (\$150 per week)	\$300 rent (\$150 per week)	\$100 deposit \$600 back rent \$600 rent (\$150 per week)
Findings Paid in Full 5/20/26			Payback required= \$406	PASSED	PASSED

AUDIT OF <u>Woods Oxford House</u> APPROVED OPIOID FLEX FUND APPLICATIONS					
Audit Date: February 17, 2026	# of Applications Reviewed	Total Applications Submitted	Requested Amount in Application #1	Requested Amount in Application #2	Requested Amount in Application #3
Opioid Flex Funds Payments	3	14	\$232 back rent \$500 rent (\$125 per week)	\$600 back rent	\$357.10 back rent \$250 rent (\$125 per week)
Findings			PASSED	PASSED	PASSED
AUDIT OF <u>St Monica's HERR</u> APPROVED OPIOID FLEX FUND APPLICATIONS					
Audit Date: May 28, 2026	# of Applications Reviewed	Total Applications Submitted	Requested Amount in Application #1	Requested Amount in Application #2	Requested Amount in Application #3
Opioid Flex Funds Payments	2	2	\$210.71 deposit \$400 rent	\$400 rent	NA
Findings Paid in Full 7/15/26			Payback Required= \$141.94	PASSED	PASSED
AUDIT OF <u>Trudge House</u> APPROVED OPIOID FLEX FUND APPLICATIONS					
Audit Date: June 12, 2026	# of Applications Reviewed	Total Applications Submitted	Requested Amount in Application #1	Requested Amount in Application #2	Requested Amount in Application #3
Opioid Flex Funds Payments	3	3	\$280 back rent \$380 rent	\$100 deposit \$600 rent	\$100 deposit \$600 rent
Findings			PASSED	PASSED	PASSED

Total Audits = 29
Number of audits with Paybacks = 7
Total funds to be repaid to Region 5 Systems = \$3,137.94
Total funds received from repayments as of 8/1/26= \$2,724.94
Outstanding Balance= \$413

All Recovery Homes received the following Corrective Actions listed in the box to the right.

- When a payment is received, it should be recorded in the individual comptroller report “Notes” section. The recommended notation is:
“Received [check amount] from Region 5 Systems on [date], and [dollar amount applied] was applied to the applicants outstanding balance.”
- If any portion of the payment is being returned, the following additional notation in the individual comptroller report is recommended:
“[Amount being returned] is being returned to Region 5 Systems on [date] as applicant [reason for return – e.g., left house, secured additional funds, etc.]”
- Ensure that the amount of back rent on the application matches the house records as of the date of the application. In the future when these amounts do not match, repayment will be required.

System Coordination Updates

Updates as of 8/10/2026

Behavioral Health/Legislative Update

- 4 full-time employees with DBH, targeted case management will focus on adults in assisted living and day rehabilitation with acute stays of two times in 6 months that are on Medicaid. Piloting in Region 5 Systems area. A meeting with Dawn Peters has been scheduled to gain more insight and identify areas for partnership.
- 1 new full-time employee with Lincoln Regional Center, Forensics, will focus on diverting people from inpatient restoration to outpatient restoration.
- The Nebraska Public Policy Center is contracting with the Nebraska Health & Human Services; Division of Behavioral Health to conduct an assessment and inform comprehensive planning focused on housing and improving outcomes for people with serious mental illness in housing. Results will be shared for review when released.
- The Division of Behavioral Health and Medicaid combines services definitions and manuals explaining expectations. A new manual was released for public comment in early December 2025. Final day for public comment was January 31, 2026. There is much concern from the provider network in the areas of restricting access to services and providers being asked to do more within a service without increased rates. There is a redraft being considered. Potentially, final service definitions will be released and effective on **January 2027**.
- Nebraska Medicaid will began enforcing work requirements on **May 1, 2026**. This early implementation date, achieved through a state plan amendment, makes Nebraska the first state in the nation to enforce federal work requirements mandated by the federal One Big Beautiful Bill Act (H.R. 1) of 2025, ahead of the national required implementation of January 1, 2027. **January 1, 2027**-All states are required to conduct Medicaid eligibility redeterminations every six months for most adults in the Medicaid expansion population.
- Substance Use Disorder Section 1115 Demonstration Amendment. The Nebraska Legislative Health & Human Services Committee held a hearing on July 29, 2025, and Director Drew Donshorowski testified. Nebraska Medicaid in the process of amending this waiver for SU disorder services and requesting authority from CMS to provide two additional services. Both will be for anyone with full coverage of Medicaid benefits. First allow Medicaid to treat individuals with serious mental illness (SMI) or serious emotional disturbance (SED) for short-term stay in an Institute for mental disease (IMD). This authority will allow Nebraska Medicaid to cover treatment for people undergoing a crisis in a psychiatric hospital for up to 60 days. The anticipated effective date is January 1, 2026. More information is being sought on what this service is. The second service is to allow Medicaid to pay for medical respite services pursuant to NRS 68-911. The plan is to have two medical respite facilities: one in Lincoln and the other in Omaha. A place for people who are unhoused to receive care after being discharged from a medical facility/hospital. Offering a stable, safe environment for people to get follow-up care and complete the healing process. The anticipated effective date is April 1, 2026. UPDATE (4/22/2026): Both waiver amendments have been submitted to CMS but are delayed. We are hoping for an effective date of Jan 1, 2027. We are developing training and educational materials for providers related to the SMI portion of the waiver that will be released as we move closer to the anticipated effective date. As a side note, CMS has been very backed up on waivers/amendments, so while we have submitted many of these, we are at the mercy of how quickly they are able to process changes. UPDATE (8/6/2026): Medicaid continues to go back and forth with CMS on feedback and comments to get to a reconciliation. As I understand it, the waiver is still moving forward.
- Rural Health Transformation Award: [Grant Funding Opportunities](#)

- o Nebraska requested \$200 million and was awarded \$218 million for one year. As a reminder, this is a 5-year grant. Nebraska will likely see the same amount annually for 5 years. Nebraska has to spend \$18 million per month for the next 5 years. Behavioral Health total amount for the following priority areas is \$13.8 million:
 - ♣ Nursing home behavioral health consultation pilot: \$1.8 million.
 - ♣ Nebraska Medical Association expands primary care/behavioral health care: \$1.5 million. Optimal ratio of 1 mental health practitioner to 3 medical practitioners.
 - ♣ Central dispatch for crisis response/telehealth & CIT Training/Secure Transportation: \$6 million. Hope is that 988 may be able to see all crisis response teams across the state. Ability to route and request responses for communities and law enforcement. Assessing platforms. Some funds for CIT training. Secure transportation to assist law enforcement in rural areas.
 - ♣ Crisis Stabilization renovation for existing projects: \$4.5 million. Example, a hospital has a unit and wants to revamp for crisis stabilization.
 - ♣ Rural Health Care Workforce Incentive and Sustainability Model. Rolling Applications Due: 4/1/2026, 5/1/2026, and 6/1/2026.
 - ♣ Critical Intervention Team or Behavioral Health Threat Assessment Trainings: Funds are set aside to support increased educational opportunities for Law Enforcement.
- Nebraska 2027 - 110th Legislative Session:
 - o Concern remains with the state budget shortfall, which is estimated at \$1 billion. Current directive by Governor Pillen all agencies will reduce their expenses by 5%. An additional 3% will be considered at a later date if needed to make up the difference in the state budget. We will monitor this process closely to assess potential impact on program 038-Behavioral Health Aid and appropriations to the Regional Behavioral Health system for services to people who need them.
- Nebraska 2027 - 109th Legislative Session:
 - o LB901 was passed and taxes mechanical amusement devices (also known as gaming devices) throughout Nebraska and 3.75% funds are designated to be transferred to the Behavioral Health Services cash fund. This money shall be used for housing-related assistance for very low-income adults with serious mental illness or substance abuse disorder. Money transferred to the fund shall be allocated to the behavioral health authority of the behavioral health region in which the cash device is located. Collection of the tax rests with the Department of Revenue. We will closely monitor the implementation of this bill with the Division of Behavioral Health.
- Interim Studies:
 - o LR381-Senator Fredrickson: Feasibility, effectiveness, and safeguards associated with implementing youth mental health screenings in public schools.
 - o LR383-Senator Spivey: Examine maternal depression in Nebraska & potential statutory changes that may support maternal mental health in the state.
 - o LR390-Senator Hardin: Identify the needs of youth moving and transitioning to and from a youth rehabilitation and treatment center, an adult correctional facility, or a residential treatment facility as proposed by LB867.
 - o LR411-Senator Riepe: Examine barriers affecting access to health care in Nebraska, with particular, but not exclusive, focus on rural areas with specific attention to the role of transportation, distance, and other social and economic factors that affect timely care.
 - o LR444-Senator Quick: Examine cost models and payment models for determining behavioral health service rates in Nebraska

Emergency System/Stepping Up

ASSISTED OUTPATIENT TREATMENT GRANT- Outpatient Navigation and Engagement (ONE)

ProjectRegion 5 Behavioral Health Services Region has been awarded a five-year, approximately \$3,749,985 million grant from the Substance Abuse and Mental Health Services Administration (SAMHSA) to implement an Assisted Outpatient Treatment program.

The ONE Project is designed to improve outcomes for individuals who have been ordered to outpatient treatment by the Mental Health Board. ONE will focus on increasing engagement in treatment by identifying and addressing barriers that may prevent individuals from successfully participating in services and complying with their Mental Health Board requirements.

Through collaboration with the courts, behavioral health providers, law enforcement, hospitals, community organizations, and other stakeholders, Region 5 will coordinate community-based supports that promote recovery, increase treatment engagement, and reduce unnecessary involvement with emergency services, hospitalization, and the criminal justice system. R5 will be hiring a program director and a case manager for this program.

STATEWIDE SEQUENTIAL INTERCEPT MAPPING SUMMIT

Region 5 Systems, in collaboration with the other Behavioral Health Regions and the Division of Behavioral Health, hosted a statewide Sequential Intercept Mapping (SIM) Summit on June 30 and July 1, facilitated by Policy Research Associates. The summit brought together 112 stakeholders from across Nebraska, including representatives from the Legislature, behavioral health providers, the judiciary, probation, corrections, law enforcement, community organizations, public guardians, the Lincoln Regional Center, the Division of Behavioral Health, and local government. This was made possible through a grant awarded to Region 5. Participants reviewed statewide and regional data and engaged in facilitated workgroups focused on two interconnected systems: Nebraska's emergency behavioral health response system and the competency restoration system. While these systems serve distinct purposes, summit discussions emphasized how challenges within one system directly affect the other, ultimately impacting access to timely and appropriate care for individuals experiencing behavioral health needs. The collaborative planning process identified opportunities to strengthen cross-system coordination, improve communication, and develop strategies to better serve individuals involved in both the behavioral health and justice systems.

Each focus group developed specific goals and action plans to address the priorities identified during the summit. An initial report summarizing the recommendations and action items from each focus group will be distributed within 30–45 days. This report will serve as a roadmap for ongoing collaboration, providing participating organizations with clear objectives and next steps to support implementation and advance the identified goals.

BETA

Summer BETA training was held June 23–26 and was attended by approximately 40 participants representing a variety of disciplines. The training generated high levels of engagement and meaningful discussion regarding behavioral health, crisis response, and strategies for improving collaboration across systems.

Region 5 Systems was awarded a Rural Health Transformation Grant, which will support the delivery of two additional BETA trainings this fall. One training will be held in Lincoln, and the second will be offered in a rural county, with both trainings scheduled for completion by October 31.

STEPPING UP

The Stepping Up Steering Committee continues to address the high number of individuals charged with misdemeanor offenses who are ordered to competency restoration. Community Corrections, the Lincoln Regional Center (LRC), Outpatient Competency Restoration, county jails, and community behavioral health providers are collaborating to identify alternatives to inpatient competency restoration and support individuals in the least restrictive setting appropriate to their needs. In addition, plans are underway to meet with the Douglas County Attorney's Office to learn about its approach to managing competency restoration for individuals charged with misdemeanor offenses and to identify strategies that may be applicable within Region 5.

STATEWIDE JAIL SURVEY

To better understand the behavioral health services currently available in Nebraska county jails, as well as the gaps, barriers, and unmet needs, Region 5 in collaboration with the other Behavioral Health Regional Administrators are conducting a statewide survey of behavioral health needs provided or needed in your facility. Information gathered through this survey will help identify statewide trends, inform future planning efforts, support resource development, and advocate for services that better meet the needs of individuals in custody and the professionals who serve them. The survey is scheduled for distribution by August 7, with responses requested by August 21. Following the close of the survey, the data will be analyzed, and both region-specific reports and a statewide summary report will be prepared for distribution by October 1.

EPC EXPANSION

The Emergency Protective Custody (EPC) Expansion Plan for Polk, York, Fillmore, Thayer, Butler, and Saunders Counties has been successfully implemented. Through contracts with Mary Lanning Healthcare and Methodist Fremont Health, Region 5 gained an additional 226 EPC bed days. This figure is conservative, as Methodist

Fremont Health reports only on Region 5 clients, and neither hospital includes individuals from the region who voluntarily sought inpatient psychiatric treatment.

The expansion plan will continue to increase access to emergency behavioral health services and alleviate pressure on the emergency system. Despite these additional resources, the emergency behavioral health system continues to experience significant challenges. Region 5 continues to address those aspects of the crisis system within its control by implementing targeted solutions, strengthening partnerships, and pursuing innovative approaches to improve access to timely behavioral health care.

Housing System Coordination

Housing Services continues to expand housing opportunities and strengthen support services throughout the Region 5 service area. HUD 2026 NOFO renewal applications were submitted for Lincoln Permanent Housing (LPH), Rural Permanent Housing (RPH), and Rural Transitional Permanent Housing (RTPH). In addition, two new project applications were submitted to increase housing capacity and supportive services. The Lincoln Transitional Housing (LTH) application would add two Housing Specialists and 24 housing units, while the Rural Transition Age Transitional Housing (RTTH) application would add one Housing Specialist and 10 housing units focused on transition-age youth. RTTH is also connected to both the Youth Homeless Demonstration Project and the Youth Homeless Systems Improvement Project. An award determination for RTTH is anticipated by September 15, 2026. At this time, no timeline has been provided for existing renewal projects or proposed expansions due to ongoing litigation involving HUD and the District Courts.

Current HUD housing programs remain highly utilized. Rural Permanent Housing and Rural Transitional Permanent Housing are operating at full capacity with 32 and 8 units respectively. Lincoln Permanent Housing currently operates 20 units and continues to seek two additional three-bedroom units to meet community needs. Staff continue implementing Critical Time Intervention practices to promote housing stability and support successful community integration.

The Rental Assistance Program (RAP) continues to provide housing education and system coordination services. Quarterly RentWise trainings remain available, with the next session scheduled for September 21, 2026. RAP currently serves 232 individuals and maintains monthly staffing meetings with partner agencies to coordinate services, address housing barriers, and support positive housing outcomes. During this reporting period, RAP provided a case management training focused on effective goal planning and program requirements and launched a Housing Resource SharePoint site to improve access to housing resources and program information.

Housing Services has also partnered with Rutgers University to pursue training and licensure for the Moving On from Supportive Housing (MOSH) assessment. The MOSH assessment will help identify participant strengths and support needs, enhancing efforts to assist individuals in transitioning successfully to more independent housing opportunities.

Network Continuous Quality Improvement

Network Recovery Outcomes

- Of 1796 people served, 49% had a significant improvement in treatment, which is the same as last year.
- The service grouping with the greatest proportion of persons achieving significant improvement is: Residential Services (60%).

Zero Suicide System of Excellence

- For those that enroll in services, 92% were screened for suicide risk. Of those who screened positive for suicide risk, 94% were provided a clinical assessment.
- For those who are put on a Life Worth Living Pathway, there were 54 suicide attempts, compared to 99 not on the Life Worth Living Pathway, and 2 deaths by suicide, compared to 6 deaths not on the Life Worth Living Pathway.

Voluntary Crisis Response Center

- There has been a total of 343 admissions (258 Crisis Stabilization, 85 Mental Health Respite) in FY 26.
- The average length of stay for Crisis Stabilization was 4.2 days, Mental Health Respite was 16.9 days

Opioid Remediation Settlement Funds/State Opioid Response Grant (SOR)

State Opioid Response Grant (SOR)

- A contract was fully executed on June 29, 2026, for \$158,801 in SOR carryover funds. As a result of these carryover funds Region 5 Systems has been able to:
 - Provide 350 lockboxes in the community
 - Expand treatment access to Medication for Opioid Use Disorder (MOUD) with two community providers
 - Provide 3 virtual community trainings on various substance use prevention topics
 - Provide 24 additional community Narcan trainings
 - Provide 1 additional MedSafe and 4 MedSafe liners within Region 5 Systems catchment area
- Narcan trainings are being offered throughout Region 5 Systems catchment area by five trainers, including a training in Spanish. If you are interested in hosting one in your area, please reach out to Trina Janis at tjanis@region5systems.net.

Treatment and Current Drug Trends Summit

- Registration is open through August 24, 2026, for the Treatment and Current Drug Trends Summit scheduled for September 1, 2026, at Innovation Campus in Lincoln, NE. For additional information contact Stacy Vogt at training@region5systems.net.
- This summit targets providers, law enforcement, criminal justice, first responders, and the general community.
- Topics will include a story of addiction and recovery shared by a former police officer, best practices in treatment, current drug trends, local program presentations, and information on how to address the needs of parents and pregnant women who have a substance use disorder.

Opioid Remediation Settlement Funds

- Implementation on the Opioids Grants Management system continues with a goal of full release in Fall of 2027. This system will assist with many efficiencies for Region 5 Systems employees and grantees, provide a public dashboard for outcomes, and allow for online submission for flex funds and grant applications.
- The annual report regarding expenditure of Region 5 Systems flex funds for FY26 is available on Region 5 Systems website.
- Of the 43 outcomes currently tracked across 19 projects, 41 were meeting their target goals.

Prevention System

- Annual report - Prevention information submitted to CQI.
- Review and additions to CARF have been initiated.
- Contracts for FY 27 to Coalitions completed, as well as contracts to other partners.
- CDC YR 3 is in final quarter, all data to be sent to Policy Center by 9/14/26.
- Informed that the State received Garrett Lee Smith Grant, they will contract with the Policy Center; they in turn will subcontract with Region 5, a five-year plan.
- Workplan submitted to the State for PFS 2027; revisions made. Waiting for approval.
- Wrapping up PFS 2026.
- Preparing for Regional Leadership Coalition, August 13th. Full agenda.
- Youth Action Board selected letters sent to all, YAB working retreat, August 30th. A list of new YAB members is available and sent to be put in with BHAC and RGB packets.
- Meetings with individual coalitions regarding FBG, PFS, CDC
- LOSS Team data collection, final expenditures for supplies needed
- Budget/workplan for CDC YR 4 in progress. Providers and community being asked for input on training requested, supplies for LOSS and community (gun locks/boxes), as well as identified needs and gaps.

Youth System Coordination

- The opening of the new SquareOne building continues to be delayed due to the renovation timeline. Available behavioral services (crisis response, crisis psychotherapy and emergency community support)

continue to be available at CenterPointe's Campus for Health and WellBeing. Since September 2025, over 250 individuals (unduplicated) from across the Region 5 Systems service area have received services and, in 92% of these situations, the service resulted in de-escalation of the crisis event. **The SquareOne (220 South 17th Street, Lincoln, NE 68508) Grand Opening event is tentatively scheduled to occur in August or September 2026.**

- The Honorable Linda Bauer, County Judge for Jefferson County, scheduled a one-year follow-up to the Upstream Mapping Workshop. Upstream mapping, championed by the National Center for State Courts, is a judge-led, community-based framework. It brings together judges, agencies, and community partners to identify and map available resources, services, and supports. The goal is to build a prevention-focused system that intervenes before families or youth become deeply involved in the court system. This follow-up meeting occurred in Fairbury on July 16, 2026. Representatives from Region 5 Systems participated in the first event that occurred in April 2025, remained involved in the ongoing work completed by subcommittees, attended the July 16 event, and will be involved with subcommittees moving forward.
- The Spring and Summer months have been very busy for the FYI Marketing Team. Members of the team represented Region 5 Systems at school and community events, including events in Nebraska City, Wahoo, and Lincoln. Recent events include multiple "back to school" resource fairs and the Otoe County Fair in Syracuse.
- The FYI Marketing Team also made several presentations to organizations within the Region 5 Systems service area, including: Blue Valley Community Action (Fairbury), Fillmore County Hospital (Geneva), Lincoln Medical Education Partnership, Lincoln Public Schools, Lincoln Lancaster Health Department, and the Nebraska Department of Health and Human Services office in Columbus (the Northern Service Area includes Butler, Polk, Saunders, Seward, and York counties), and the Southeast Nebraska Collaborative.

Youth Action Board

✓	Name	Address	County/ Grade	Phone	Email
	Annalyse Cookston	215 E 4th st. Cortland Ne 68331	Gage/ Senior	402-7704-504	ac.Cookston@gmail.com
	Ashlyn Long	12980 V Road Shelby, NE	Polk/ Junior	402-942-1589	ashlyn1304@gmail.com
	Brenna Steager	3711 N Road, David City, NE, 68632	Butler/ Senior	402-954-0740	brennasteager09@gmail.com
	BriAnna Hartman	223 N Hight St. Wilber, NE 68465	Saline/ Junior	402-821-8216	Brihartman09@gmail.com
	Brody Holloway	455 west 4th str. Cortland NE	Gage/ Lancaster/ Senior	402-802-0135	brodyholloway00@gmail.com
	Brooke Mitchell	831 Road 6200 Hebron, NE 68370	Thayer/ Freshman	402 768 1397	tiffanymitchell1@gmail.com
	Connor VanLaningham	500 Jefferson st. Clatonia, NE 68328	Saline/ Junior	402-989-2231	connorvanlaningham@gmail.com
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	Ethan Orozco	304 N, Wilson St, Wilber Nebraska 68465	Saline/ Eighth	402-821-8987	Elctron201211@gmail.com
	Eva Kuhn	1177 Oak Street Syracuse, NE 68446	Otoe/ Freshman	402-219-2674	Ekuhn1026@gmail.com
	Garrett Ruth	560 28 Rd, Rising City, NE	Butler/ Junior	402-954-8318	garrettaruth@gmail.com
	Hope Aldrich	158 S 6th St. David City NE 68632	Butler/ Senior	402-646-5035	hopealdrich09@gmail.com
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	Jade Spencer	1105 North Nebraska Ave York, NE 68467	York/ Senior	402-366-4962	jspencer7109@gmail.com
	Jase Miller	203 N Main, Wilber, Nebraska, 68465	Saline/ Eighth	402-821-7919	Jasemiller2413@gmail.com
	Josslyn Bangert	2224 Stone St Falls City, NE 68355	Richardson/ Sophmore	402-883-7364	jossbangert@gmail.com

Youth Action Board

✓	Name	Address	County/ Grade	Phone	Email
	Kaylie Fritz	1125 county road 2200 Crete, NE 68333	Saline/ Senior	402-821-7794 c	kaliefritz07@gmail.com
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	Teara Marrs	579 Thorne St. Syracuse, NE 68446	Otoe/ Sophomore	402-269-4142	tearamarrs@icloud.com
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	Kayla Lathrop	Region 5 Systems 3600 Union Drive, Lincoln NE 68516		402-441-4346 w 701-833-5043 c	klathrop@region5systems.net
	Teri Effle	Region 5 Systems 3600 Union Drive, Lincoln NE 68516		402-441-4367 w 402-429-9959 c	teffle@region5systems.net
	Sandy Morrissey	Region 5 Systems 3600 Union Drive, Lincoln NE 68516		402-441-4368 w 402-483-5315 c	smorrissey@region5systems.net
			11/16 Counties 68.75%		

Region 5 Systems (R5S) Quarterly Report

April 2026 - June 2026

Taisa Brumagen, Director Of Advocacy, CPSS

List of tasks completed/milestones hit this quarter:

- Attend Hill Day in Washington for advocacy in consumer and peer involvement within behavioral health areas. Local areas of advocacy efforts including lived experience testimony and legislative connection for proposed bills that impact consumers and families for change.
- Collaborate with partners for education and advocacy specific to organizations for peer education and advocacy efforts for staff and volunteers to implement lived experiences and peer support core values. Specifically to survivors of sexual and domestic assault.
- Provided educational opportunities such as WRAP seminar two to Region 5 partners, UNL collaboration in motivational interviewing, low barrier no cost three day ethics in peer support, de escalation in peer support, and one no cost peer support training for 30 peers.
- **Assessment of Need/Problem Solving:**
- **Consumer Family Advisory Committee (CFAC):** CFAC has maintained an organized meeting structure with active participation from members. Each sub committee has been actively up to date with the fidelity of CFAC and working towards ensuring all members participate in a sub committee. The open positions such as secretary, financial coordinator, and policy and procedures are actively being filled with members as previous members have stepped down after their term. CFAC has increased membership numbers significantly and quorum is met each meeting.
- **Behavioral Health Conferences:** The 2026 BHC was successful with active planning and participation by CFAC members who went above and beyond to maintain planning and structure. There were 110 people pre-registered; 77 of the people who were pre-registered attended, and we had 20 walk-ins for a total of 97 attendees for this year's BHC. The breakout sessions were based on hope, resiliency, resources, connection and wellness. The breakout sessions included topics such as growth through what you go through, accountability, inspiration, reframing language, lived experience, building bridges within families affected by mental illness, and grief.
- **Training and education:** Low barrier and no cost peer support training for 30 peers have been trained to implement peer support sustainability. Implemented WRAP seminar two in collaboration with IBHS and Region 5 with each group consisting of 8-10 peers to expand WRAP groups in the community. Ethics in peer support at no cost for required continuing education units for peer support specialists. Created and implemented a 2 hour training focusing on de escalation in peer support.
- **Projects:**

Lived experience engagements: Schedule meetings with other behavioral health providers and provide collaborative ideas for education and support to consumers and family members who wish to participate in peer support training and technical assistance with peers in the workforce. Shared lived experience in such spaces as news channels in regards to recent overdose deaths, legislative advocacy, Hill Day, Policy school, BETA resource panel, and collaborative booth events for partners.

Training and education: Facilitated State paid peer support training in May at no cost to peers registering. Implemented Ethics in Peer Support training with 6 CEU's offered. Implemented peer support training for Omaha Tribe Of Nebraska as an in person training specifically for their new peer support program. Connected with other organizations and implemented contracts for organization specific training in person peer support training.

Data Collected/Analyzed:

Current:

of support groups- 61

of support group participants (duplicated)- 706

Accumulative:

of support groups- 315

of support group participants (duplicated)- 4,245

of committee/workgroup meetings- 124 (RCS activities)

Tasks/goals next quarter:

Continue working on the following projects:

- Maintain collaborative partnerships with organizations and build events for wellness and education. Continue to be available for sharing lived experiences in behavioral health. Continue to offer collaborative peer support training/ agency specific. Attend organizations events and support community efforts for behavioral health resources.
- Support with CFAC and implementation of membership as well as funding opportunities. Support with Region 5/ CFAC communication and technical assistance. Support CFAC sustainability by being available to provide feedback and process of budget expenditures.
- Provide community support and educational opportunities for peers. Connection and support for previous peer support students with state application process and continued technical assistance for peer support in the workforce. Create new trainings and continuing education with low barrier opportunities.

Region 5 Systems						
Upcoming Trainings						
All trainings to be held in Lincoln, Nebraska unless otherwise noted						
Date/Times	Topic / Description	Presenter	Location	CEUs	Cost	Target Audience
September 21-24, 2026 8:00am-4:30pm	BETA-Behavioral Health Threat Assessment	Various Speakers		20 LMHP, LMFT, Social Work, Professional Counseling	Free	Law Enforcement, Dispatch, Crisis Response, and Behavioral Health Professionals
October 6, 2026 8:30am - 5:30pm	Adult Mental Health First Aid	TBD	Region 5 Systems	Certificate provided through MHFA Connect website upon course	Free	Community
October 13, 2026 1:00pm-3:00pm	DLA-20 Adult Refresher	CenterPointe	Virtual - Teams	2.0 LMHP, LMFT, Social Work, Professional Counseling	Free	Network Providers
October 20-24, 2026 8:00am-4:30pm	BETA-Behavioral Health Threat Assessment	Various Speakers	Fillmore County Hospital 1900 F St Geneva, NE 68361	20 LMHP, LMFT, Social Work, Professional Counseling	Free	Law Enforcement, Dispatch, Crisis Response, and Behavioral Health Professionals
November 4, 2026 11:00am-12:00pm	DLA-20 Youth Booster	HopeSpoke	Virtual	1.0 LMHP, LMFT, Social Work, Professional Counseling	Free	Network Providers
November 10, 2026 1:00pm-4:30pm	DLA-20 Adult Full	CenterPointe	Campus for Health & WellBeing 2202 S 11th St. Lincoln , NE 68508	3.0 LMHP, LMFT, Social Work, Professional Counseling	Free	Network Providers
November 13, 2026 12:00pm - 1:00pm	QPR Gatekeeper Training	Prevention Team	Virtual	Certificate provided through QPR Institute website upon course completion	Free	Community
November 16-17, 20206 9:00am-4:00pm	Introduction to Dialectical Behavioral Therapy (DBT)	Shireen Moshiri, LICSW and Sara Siebler, MS. LIMHP	Region 5 Systems	10 LMHP, LMFT, Social Work, Professional Counseling and LADC	Free	Community
December 4, 2026 8:00am - 12:00pm	DLA-20 Adult Full	Lutheran Family Services	Virtual - Teams	3.0 LMHP, LMFT, Social Work, Professional Counseling	Free	Network Providers
December 8, 2026 8:30am - 5:30pm	Youth Mental Health First Aid	TBD	Region 5 Systems	Certificate provided through MHFA Connect website upon course completion	Free	Community
January 20-22, 2027 9:00am-4:00pm	Dialectical Behavior Therapy (DBT) Skills Training	Shireen Moshiri, LICSW and Sara Siebler, MS. LIMHP	Region 5 Systems	10 LMHP, LMFT, Social Work, Professional Counseling and LADC	Free	Community
January 26, 2027 1:00pm-3:00pm	DLA-20 Adult Refresher	CenterPointe	Virtual - Teams	2.0 LMHP, LMFT, Social Work, Professional Counseling	Free	Network Providers

Region 5 Systems						
Upcoming Trainings						
All trainings to be held in Lincoln, Nebraska unless otherwise noted						
Date/Times	Topic / Description	Presenter	Location	CEUs	Cost	Target Audience
February 9-12, 2027 8:00am-4:30pm	BETA-Behavioral Health Threat Assessment	Various Speakers		20 LMHP, LMFT, Social Work, Professional Counseling	Free for Law Enforcement, Dispatch, and Crisis Response Team Members \$250 for community members	Law Enforcement, Dispatch, Crisis Response, and Behavioral Health Professionals
February 10, 2027 11:00am-12:00pm	DLA-20 Youth Booster	HopSpoke	Virtual	1.0 LMHP, LMFT, Social Work, Professional Counseling	Free	Network Providers
February 16, 2027 1:00pm-4:30pm	DLA-20 Adult Full	CenterPointe	Campus for Health & WellBeing 2202 S 11th St. Lincoln , NE 68508	3.0 LMHP, LMFT, Social Work, Professional Counseling	Free	Network Providers
February 16-17, 2027 9:00am-4:00pm	Dialectical Behavior Therapy (DBT) Training for Front-Line Staff	Shireen Moshiri, LICSW and Sara Siebler, MS. LIMHP	Region 5 Systems	N/A	Free	Community
March 5, 2027 8:00am-12:00pm	DLA-20 Adult Full	Lutheran Family Services	Virtual-Teams	3.0 LMHP, LMFT, Social Work, Professional Counseling	Free	Network Providers
April 5-9, 2027 4:00pm	Part 1: 5-Day Comprehensive Dialectical Behavioral Therapy (DBT) Training	Shireen Moshiri, LICSW and Sara Siebler, MS. LIMHP	Region 5 Systems	27.5 LMHP, LMFT, Social Work, Professional Counseling and LADC	Free	Licensed Mental Health Clinicians
April 13, 2027 1:00pm-3:00 pm	DLA-20 Adult Refresher	CenterPointe	Virtual - Teams	2.0 LMHP, LMFT, Social Work, Professional Counseling	Free	Network Providers
May 11, 2027 PM -4:30PM	DLA-20 Adult Full	CenterPointe	Campus for Health & WellBeing 2202 S 11th St. Lincoln , NE 68508	3.0 LMHP, LMFT, Social Work, Professional Counseling	Free	Network Providers
June 4, 2027 8:00am-12:00pm	DLA-20 Adult Full	Lutheran Family Services	Virtual-Teams	3.0 LMHP, LMFT, Social Work, Professional Counseling	Free	Network Providers

Region 5 Systems						
Upcoming Trainings						
All trainings to be held in Lincoln, Nebraska unless otherwise noted						
Date/Times	Topic / Description	Presenter	Location	CEUs	Cost	Target Audience
June 7-11, 2027 9:00am-4pm,	Part 2: 5-Day Comprehensive Dialectical Behavioral Therapy (DBT) Training	Shireen Moshiri, LICSW and Sara Siebler, MS. LMHP	Region 5 Systems	27.5 LMHP, LMFT, Social Work, Professional Counseling and LADC	Free	Licensed Mental Health Clinicians
June 22-25, 2027 8:00am-4:30pm	BETA-Behavioral Health Threat Assessment	Various Speakers		20 LMHP, LMFT, Social Work, Professional Counseling	Free for Law Enforcement, Dispatch, and Crisis Response Team Members \$250 for community	Law Enforcement, Dispatch, Crisis Response, and Behavioral Health Professionals
July 13, 2027 1:00pm-3:00pm	DLA-20 Adult Refresher	CenterPointe	Virtual - Teams	2.0 LMHP, LMFT, Social Work, Professional Counseling	Free	Network Providers
August 10, 2027 1:00pm-4:30pm	DLA-20 Adult Full	CenterPointe	Campus for Health & WellBeing 2202 S 11th St. Lincoln , NE 68508	3.0 LMHP, LMFT, Social Work, Professional Counseling	Free	Network Providers
September 3, 2027 8:00am-12:00pm	DLA-20 Adult Full	Lutheran Family Services	Virutal-Teams	3.0 LMHP, LMFT, Social Work, Professional Counseling	Free	Network Providers
October 5, 2027 3:00pm-1:00pm	DLA-20 Adult Refresher	CenterPointe	Virtual - Teams	2.0 LMHP, LMFT, Social Work, Professional Counseling	Free	Network Providers
November 9, 2027 1:00pm-4:30pm	DLA-20 Adult Full	CenterPointe	Campus for Health & WellBeing 2202 S 11th St. Lincoln , NE 68508	3.0 LMHP, LMFT, Social Work, Professional Counseling	Free	Network Providers
December 3, 2027 8:00am-12:00pm	DLA-20 Adult Full	Lutheran Family Services	Virutal-Teams	3.0 LMHP, LMFT, Social Work, Professional Counseling	Free	Network Providers
More information can be found on Region 5 Systems' website: http://www.region5systems.net						
Contact Theresa Henning for more information at: thenning@region5systems.net						