

Region 5 Systems

Network Management Procedures

CARF Standard 1

206 NAC 1-6

Neb. Rev. Stat. §§ 71-801 to 71-818

Revised: RA 9/21/17, RA 7/25/21

■ Network Structure Description

Region 5 Systems is one of six local *Behavioral Health Authorities* (Regions) in the state of Nebraska. Region 5 Systems is the Behavioral Health Authority for 16 counties in southeast Nebraska.

Region 5 Systems, under the direction of a board of directors (county commissioners from each of the counties served), maintains an organizational administrative structure to develop, coordinate, and oversee the delivery of **publicly funded behavioral health services** in the Region 5 geographical area.

Region 5 Systems' organizational structure utilizes five departments to manage the **network administration**, integration, coordination, and monitoring for the performance of the **behavioral health system**, as well as the responsibilities of Region 5 Systems to ensure the organization runs smoothly, effectively, and efficiently (*see Organizational Charts A & B*). Internal departments include:

- a) Children and Family Services
- b) Continuous Quality Improvement
- c) Fiscal Management
- d) Network Management
- e) Operations

Description of Entities Included in the Provider Network/Contract Agreements with Formal Relationships

Region 5 Systems receives an annual allocation of funding for behavioral health services. Region 5 Systems utilizes the funding to **contract with organizations** that have met standards and requirements to be part of the **Region 5 Systems' Provider Network**. These agencies abide by the regulations of 206 NAC Chapters 1-6. This Provider Network offers services for people that meet eligibility requirements and reside in the Region 5 Systems' geographical area. This system allows for the autonomy of each Region to customize services and supports unique to the needs of persons served in local communities (*see Network Provider Directory & Network Provider Contract Template*).

Provider Eligibility/Bylaws for Provider Network

Consistent with state regulations, Region 5 Systems employs criteria and decision-making processes in the review and selection of behavioral health care organizations for inclusion and retention in the Provider Network. Any organization applying for enrollment into the Provider Network must meet *Minimum Standards* criteria to be deemed eligible for participation in the Provider Network (see "Minimum Standards Procedures").

System Coordination/Collaborations (System Partners)

Region 5 Systems provides **system coordination** for initiatives, service enhancements, and overall system coordination in a number of areas in partnership with the Provider Network, consumers, community hospitals, local coalitions, housing providers, landlords, local schools, vocational/employment agencies, advocacy organizations, criminal justice, county services, the Department of Health and Human Services, probation, law enforcement, community youth-serving agencies, and other stakeholders. Region 5 Systems' network administration provides **system coordination** to bring these individuals/agencies together to plan, strategize, prioritize, reach solutions, and monitor to ensure services are accessible, available, and that duplication of efforts are minimized.

Region 5 Systems provides system coordination in the areas of:

- Consumer Coordination
- Emergency Coordination
- Housing Coordination
- Network Coordination
- Prevention Coordination
- Youth Coordination

Through this network of formal and informal behavioral health community providers, Region 5 Systems' structure strengthens partnerships and collaborations among public and private systems as well as with individuals, families, agencies, and communities which are important components in the behavioral health **System of Care**.

List/Description of Committees Included in the System of Care

Along with an array of mental health and substance abuse services, Region 5 Systems and its Provider Network shall participate in initiatives/committees that augment existing community-based services.

Representatives from state agencies, numerous community partners, consumers, families, and other community primary care and behavioral health entities meet to promote a **System of Care** that is integrated to ensure consumers have a voice and access to an array of quality behavioral health services that promote wellness, recovery, resilience, and self-determination in a coordinated, accessible, consumer and family-driven system, to achieve positive outcomes consistent with the principles of recovery, to live, work, and be full participants in their communities.

Partners collaborate both formally and informally to coordinate services and address issues. Committees meet weekly, monthly, quarterly, annually, or as needed to address ongoing local, regional, and statewide priorities. These committees include, but are not limited to the following:

- Provider Network Meeting
- Regional Behavioral Health Advisory Committee (BHAC)
- Regional Governing Board Meeting (RGB)
- Regional Administrators Meeting
- DHHS/DBH Network Management Team
- Statewide Audit Work Group
- Culturally and Linguistically Appropriate Services (CLAS) Committee
- Continuum of Care Committees both Urban and Rural (Housing)

These committees include, but are not limited to the following (Cont.):

- Statewide Emergency System Coordination Committee
- Regional Quality Improvement Team (RQIT)
- Level of Care Committees
- Regional Probation Partnership
- Joint Budget Committee for Lancaster County
- Lancaster County Funders Group
- Statewide System of Care Planning