

Region 5 Systems

Network Management
CARF Standard 2
206 NAC 1-000

Revised: RA 9/21/17, RA 7/25/21

■ Network Scope Description

Standard 2.a. Network Scope

1) Vision

Region 5 Systems is committed to promoting comprehensive partnerships in behavioral health. Our vision guides the service delivery of behavioral health (mental health and substance use) services through administration, integration, coordination, and monitoring the performance of Network Providers to move the system toward meeting the **Quadruple Aim** of:

- *Enhancing an individual's experience of care (availability, accessibility, quality, and reliability);*
- *Improving the health of persons served; and*
- *Promoting services that are efficient, effective, and in the right amount.*
- *Fostering provider satisfaction.*

2) Mission

Region 5 Systems' mission is to encourage and support the provision of a full range of mental health, alcoholism, and drug abuse programs and services to the youth and adults of Butler, Fillmore, Gage, Jefferson, Johnson, Lancaster, Nemaha, Otoe, Pawnee, Polk, Richardson, Saline, Saunders, Seward, Thayer, and York counties in Nebraska.

3) Purpose

As one of Nebraska's six behavioral health authorities, Region 5 Systems' purpose is to oversee the development and coordination of the public behavioral health system in the Region 5 geographical area. Statutory responsibilities include:

- Comprehensive planning, network development, integration, and coordination of an array of publicly funded, community-based behavioral health treatment and rehabilitation services for children and adults;
- Preparation of funding plans and budgets that document the behavioral health services and activities provided in the Region;
- Coordination of site reviews of services;
- Advocacy;
- Evaluation and quality management.

4) Type of Network

Region 5 Systems is a Service Delivery Network, establishing an integrated system of service provision by participating providers to persons served.

5) Network Administration Entity

Region 5 Systems is one of Nebraska’s six behavioral health regions, originally created by Nebraska state statute in 1974, as a quasi-governmental entity (political subdivision).

6) Governance Structure

Region 5 Systems is governed by a Regional Governing Board (RGB), which is comprised of an appointed county commissioner from each of the counties it serves. Board members serve for staggered terms of three years and until their successors are appointed and qualified. Board members must serve without compensation but are reimbursed for their actual and necessary expenses.

The RGB appoints a Behavioral Health Advisory Committee (BHAC), comprised of 15-20 members, responsible for advising the RGB on needs and matters relating to behavioral health issues and funding allocations. Consideration for membership is given to geographic residence, direct and indirect consumers, cultural diversification, and the community at large.

7) Organizational Structure

The RGB appoints a Regional Administrator, who is responsible for the administration and management of the regional behavioral health system (*see Organizational Charts A & B*). Five departments manage the administration, integration, coordination, and monitoring the performance of the behavioral health system to ensure the organization runs smoothly, effectively, and efficiently, meeting national accreditation requirements:

- a) Children and Family Services
- b) Continuous Quality Improvement
- c) Fiscal Management
- d) Network Management
- e) Operations

8) Financial Structure

Region 5 Systems provides fiscal management that ensures the effective use of financial resources, transparency, and accountability. For a detailed description, see CARF Policy, Section 1. F. Financial Planning and Management.

Funding is received from a variety of resources, including federal, state, county, and local dollars. Region 5 Systems, as an intermediary, distributes funding through contracts with local providers and works with system partners that offer many levels of treatment and a broad array of services.

9) Geographic Area Served

Region 5 Systems is one of six local Behavioral Health Authorities (Regions) in the state of Nebraska. In Region 5 Systems, these counties include Butler, Fillmore, Gage, Jefferson, Johnson, Lancaster, Nemaha, Otoe, Pawnee, Polk, Richardson, Saline, Saunders, Seward, Thayer and York in southeast Nebraska.

10) Participating Providers

Region 5 Systems contracts with a network of behavioral health community providers who make up the Region 5 Systems’ Provider Network (*see “Provider Network and Service Array”*).

11) Population Served

Region 5 Systems' publicly funded system is available for all ages and all demographic populations who meet clinical and financial eligibility criteria and reside in one of the 16 counties that make up the Region 5 Systems' geographical area. The publicly funded system is considered the safety net for those who meet financial eligibility requirements, are uninsured, underinsured, or have no other means to pay for behavioral healthcare. Annually, Region 5 Systems' Provider Network serves approximately 7,000 unique individuals.

12) Settings

Region 5 Systems' lobby, reception, conference rooms, and administrative and supportive offices are located at 3600 Union Drive in Lincoln, Nebraska. Each of the participating providers has their own offices, located in Lincoln and surrounding counties in the Region 5 Systems' geographical area. Some providers have more than one office location for the various programs they offer.

13) Payers and Funding Sources

Region 5 Systems receives funding from a variety of sources to support the network, including state and federal dollars through Nebraska's Department of Health and Human Services, Division of Behavioral Health (DBH), and the Division of Children and Family Services, local and federal grants, and a county match from each of the 16 counties that make up Region 5 Systems' geographical area.

14) Fees

Region 5 Systems implements a financial eligibility policy that Network Providers must follow to ensure that its policy and schedule of fees and co-payments are applied uniformly by the Provider Network (*see Financial Eligibility Policy and Procedures*).

Region 5 Systems does not collect fees from participating providers to maintain status or to receive business services from the Provider Network.

15) Referral Sources

Region 5 Systems' Provider Network offers services to anyone that meets financial eligibility requirements, is uninsured, underinsured, or has no other means to pay for behavioral healthcare. This publicly funded system is considered the *safety net* for the public behavioral health system of care.

Participating Network Providers receive referrals from, including but not limited to:

- Self-Referral
- Mental Health Board
- Law Enforcement
- Hospitals
- Schools
- Evaluation Providers
- Regional Centers
- Probation/Parole

16) Specific Services Offered

Region 5 Systems' Provider Network ensures consumers have access to an array of quality behavioral health services that are integrated; consumer focused, and achieve positive outcomes consistent with the principles of recovery.

A variety of behavioral health services are offered at multiple locations in the Region 5 Systems' geographical area through the Provider Network. All services are categorized by levels of care, based on the individual needs, expectations, and intensity of treatment and professional care needed by persons served. For a list of services offered by each provider, see *Annual Report*.

17) & 18) Point(s) of Entry/Exit

With the exception of emergency protective custody services, Region 5 Systems does not coordinate a single point of entry for individuals seeking behavioral health services. Individuals seeking services are referred to the Provider Network where individual Network Providers are responsible for screening/determining whether its agency can serve the individual, based on financial and clinical eligibility, according to its policies, procedures, federal mandates, and priority population guidelines.

Standard 2. b. Sharing Scope with Stakeholders

Region 5 Systems' scope is clearly communicated to persons served and other stakeholders.

Information about Region 5 Systems is **available in the front lobby of the office**, is included on the website at www.region5systems.net, and in the *Annual Report*.

Standard 2. c. Scope is Reviewed and Updated

Region 5 Systems reviews its Network Provider scope at least annually and updates as necessary.