



Regional Governing Board

September 8, 2025

10:15 a.m. – Noon

Held at Apace, 4433 S. 70th Street, Lincoln, NE

Phone: 402-441-4343

Webpage: www.region5systems.net

ALL RGB MEETINGS ARE OPEN TO THE PUBLIC AND ARE AUDIOTAPED

AGENDA ITEM	ACTION NEEDED	PAGE
1. Housekeeping	Discussion	N/A
2. Open Meetings Act Information.....	Discussion	Posted
3. Roll Call.....	Call the Roll	N/A
4. Approve Agenda	Motion	N/A
5. Public Comment	Discussion	N/A
6. Employee Recognition – Donna Dekker, Tami DeShon, Renee’ Dozier, Annie Glenn, Connie Vissering	Discussion	N/A
7. Action / Priority Items		
A. Regional Governing Board Minutes:	Motion(s)	
• May 12, 2025, Regional Governing Board Minutes.....		1-5
• June 9, 2025, Regional Governing Board Minutes		6-9
• June 16, 2025, Regional Governing Board Minutes		10-14
B. Retirement Plan Proposal.....	Motion	15-16
Josh Greisen, Lincoln Financial Distributors & Bryce Williby, Universal Financial Strategies		
C. Organizational Insurance Review – Shane Ideus, President, Unico	Motion	17-18
D. Financial Report.....	Motion	19-21
E. FY 24-25 Network Provider End of Year Amendments	Motion(s)	22-23
F. FY 25-26 Contractual Agreements	Motion(s)	24
G. FY 25-26 Performance Improvement Plan	Motion	Attached
H. FY 25-26 Risk Management Plan	Motion	Attached
I. FY 24-25 R5 Services Purchased Audit Report (Professional Part. Program)	Motion	25
J. FY 24-25 Final Services Purchased Expense Reimbursement Verification	Motion	26-32
K. Service Changes (Houses of Hope STR and The Bridge Behavioral Health 3.2 & 3.7)	Discussion	33-35
L. Revised Governance Policy	Motion	36-41
M. Blue Valley Behavioral Health – Letter of Support.....	Motion	42-45
N. Regional Administrator’s Performance Evaluation and Compensation.....	Motion	N/A
8. Other Updates / Information		
A. Behavioral Health System Coordination / Legislative Updates	Discussion	46-51
B. The Impact of Potential Medicaid Cuts in Nebraska	Discussion	Attached
C. Understanding the “One Big Beautiful Bill”	Discussion	Attached
D. Action to End Crime and Disorder on America’s Streets	Discussion	52-53
E. Year-end FY 24-25 Network Management Report.....	Information Only	54-56
F. June 9, 2025, Regional Governing Board Executive Committee Minutes.....	Information Only	57
G. FY 24-25 Year-end & FY 25-26 Utilization Summaries.....	Information Only	Attached
H. Consumer Affairs Quarterly Report – Q4.....	Information Only	58-59
I. FY 25-26 Training Plan	Information Only	60
9. Important Dates		
• October 20 – Network Provider Meeting 9:00 a.m. via Teams		
• October 29 – BHAC Meeting – 10:00 a.m. at 3600 Union Drive, Lincoln, NE		
• November 10 – RGB Meeting – 10:15 a.m. at Apace, 4433 S. 70 th Street, Lincoln, NE		

ABBREVIATIONS

General Terms

ACT Team	Assertive Community Treatment / PIER
ARPA	American Rescue Plan Act
ASO	Administrative Service Organization
BH	Behavioral Health
BHAC	Behavioral Health Advisory Committee
BHECN	Behavioral Health Education Center of NE
CAG	Capacity Access Guarantee
CARF	Commission on Accreditation of Rehabilitation Facilities
CCBHC	Certified Community Behavioral Health Clinic
CBC	Community Benefits Center
CCT	Corporate Compliance Team
CDS	Centralized Data System
CFS	Children and Family Services
CHE	Community Health Endowment
CLAS	Culturally and Linguistically Appropriate Services
CMS	Centers for Medicare and Medicaid Services
COD	Co-occurring Disorder
CPC	Civil Protective Custody
CQI	Continuous Quality Improvement
CRT	Crisis Response Team
DBH	Division of Behavioral Health
DBT	Dialectical Behavioral Therapy
DHHS	Department of Health & Human Services
DSH	Disproportionate Share Hospital
EBC	Evidence Based Practices
EHR	Electronic Health Record
EMDR	Eye Movement Desensitization and Reprocessing
EMR	Electronic Medical Record
EPC	Emergency Protective Custody
ERCS	Emergency Community Support
FFS	Fee for Service
FIF	Families Inspiring Families
FTE	Full-Time Equivalent (Staff)
FYI	Family & Youth Investment
HIPAA	Health Insurance Portability and Accountability Act of 1996
HOPE	Higher Opportunities Through the Power of Employment
HRP	Homelessness Prevention and Rapid Re-housing Program
HUD	Housing and Urban Development
IMD	Institutions for Mental Disease
ITN	Intent to Negotiate
JBC	Joint Budget Commission
LINCS	Linking Individuals/Families in Need of Community Supports
LRC	Lincoln Regional Center
MH	Mental Health
MHB	Mental Health Board
MHFA	Mental Health First Aid
MHSIP	Mental Health Statistics Improvement Program
NABHO	National Association of Behavioral Health Organizations
NACO	Nebraska Association of County Officials
NAMI	National Alliance on Mental Illness
NDRA	Nebraska Disaster Response Adult

General Terms (continued)

NFFS	Non-Fee-for-Service / Expense Reimbursement
NMT	Network Management Team
NOMS	National Outcome Measures
NP	Network Provider
OCO	Office of Consumer Affairs
OTO	One-time-only
PATH	Projects for Assistance of Transition from Homelessness
PIER	Partners in Empowerment and Recovery (ACT)
PIP	Performance Improvement Plan
PPP	Prevention Professional Partner
PRR	Psychiatric Residential Rehabilitation
QPR	Question, Persuade, Refer
RA	Regional Administrator
RAP	Rental Assistance Program
REAL	Respond, Empower, Advocate, Listen
RFA	Request for Approval
RFP	Request for Proposals
RFQ	Request for Qualifications
RGB	Regional Governing Board
RPC	Regional Prevention Center
RPH	Rural Permanent Housing
RPSC	Regional Prevention System Coordination
RQIT	Regional Quality Improvement Team
SAMHSA	Substance Abuse and Mental Health Services Administration
SAVE	Systematic Alien Verification for Entitlements
SCIP	School Community Intervention Program
SED	Serious Emotional Disturbance
SMI	Serious Mental Illness
SOC	System of Care
SOR	State Opioid Response
SPF	Strategic Prevention Framework
SPMI	Serious and Persistent Mental Illness
SUD	Substance Use Disorder
TAPP	Transition Age Professional Partner
TASC	Targeted Adult Service Coordination
TAY	Transition Age Youth
TIC	Trauma Informed Care
VCRC	Voluntary Crisis Response Center
WRAP	Wellness Recovery Action Plan

Funded Agencies

ACT	Associates in Counseling and Treatment
BAART	Lincoln Treatment Center
BVBH	Blue Valley Behavioral Health
BBH	The Bridge Behavioral Health
Cntpt	CenterPointe
GW	Goodwill Industries
HS	HopeSpoke
HOH	Houses of Hope
IBHS	Integrated Behavioral Health Services
LFS	Lutheran Family Services
MHA	Mental Health Association
MHCC	Mental Health Crisis Center
ML	Mary Lanning Hospital
ST. M'S	St. Monica's
TC	Telecare Recovery Center
WI	Wellbeing Initiative