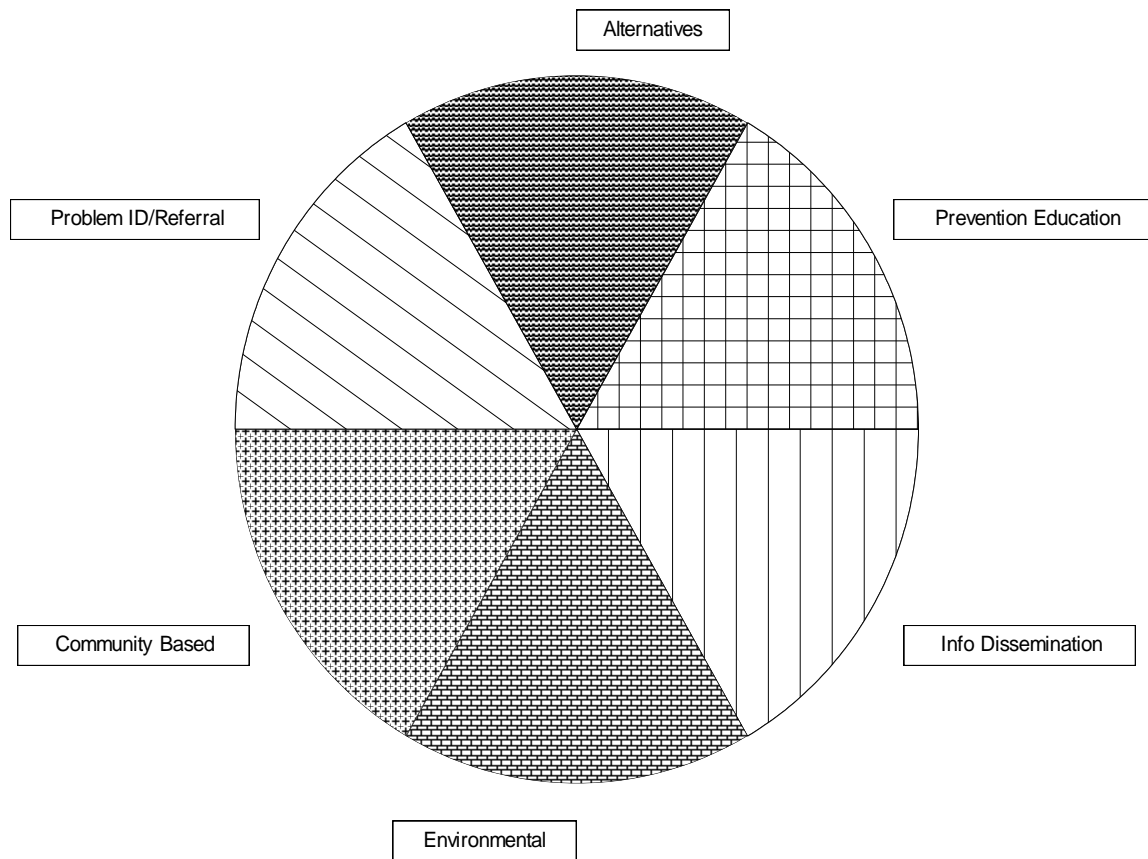


Region 5 Mini-Grant Comprehensive Prevention Strategies



Alcohol and other drug prevention is a process which empowers individuals and systems to meet the challenges of life events by providing an environment that promotes and maintains healthy lifestyles and behaviors. Effective prevention is comprehensive, targeting multiple systems (families, schools, communities, government agencies, etc.) and using multiple strategies. These strategies are explained on the following page.

A comprehensive prevention program includes all six strategies accomplished through a variety of activities. We recognize that communities are in different stages of their prevention efforts. You are not required to include plans for all six strategies in your grant application. Prevention staff members are available to provide technical assistance in achieving as many activities as your community is interested in planning. We encourage activities that involve one or more of the prevention strategies.