



Regional Governing Board
AGENDA
June 16, 2025

At Apace, 4433 S 70th, Lincoln, NE
9:30 a.m.

Phone: 402-441-4343

Webpage: www.region5systems.net

Zoom Link: <https://regionvservices.zoom.us/j/81896052951>

ALL RGB MEETINGS ARE OPEN TO THE PUBLIC AND ARE AUDIOTAPED

AGENDA ITEM	ACTION NEEDED	PAGE
1. Housekeeping	Discussion	N/A
2. Open Meetings Act Information.....	Discussion	Posted
3. Roll Call.....	Call the Roll	N/A
4. Approve Agenda	Motion	N/A
5. Public Comment.....	Discussion	N/A
6. Action / Priority Items		
A. FY 25-26 Regional Budget Plan	Motion	1-13
B. FY 25-26 Office Budget	Motion	14
C. FY 24-25 Contractual Agreement.....	Motion	15
D. FY 25-26 Contractual Agreements	Motion(s)	16-20
E. Summer 2025 (FY 25-26) Prevention Mini-Grant Summary	Motion	21
F. FY 25-26 CLAS Grant Award Summary	Motion	22
G. Revised Financial Planning & Management Policy	Motion	23-44
H. Resolution Authorizing RA to Execute Div. of BH Health Funding Shift Form	Motion	45
7. <u>Important Dates</u>		
• August 27 – BHAC Meeting – 10:00 a.m. at 3600 Union Drive Lincoln, NE		
• September 8 – RGB Meeting – 10:15 a.m. at Apace, 4433 S 70 th Street, Lincoln, NE		
• September 8 – RGB Executive Committee Meeting (following full RGB meeting)		

ABBREVIATIONS

General Terms

ACT Team	Assertive Community Treatment / PIER
ARPA	American Rescue Plan Act
ASO	Administrative Service Organization
BH	Behavioral Health
BHAC	Behavioral Health Advisory Committee
BHECN	Behavioral Health Education Center of NE
CAG	Capacity Access Guarantee
CARF	Commission on Accreditation of Rehabilitation Facilities
CCBHC	Certified Community Behavioral Health Clinic
CBC	Community Benefits Center
CCT	Corporate Compliance Team
CDS	Centralized Data System
CFS	Children and Family Services
CHE	Community Health Endowment
CLAS	Culturally and Linguistically Appropriate Services
CMS	Centers for Medicare and Medicaid Services
COD	Co-occurring Disorder
CPC	Civil Protective Custody
CQI	Continuous Quality Improvement
CRT	Crisis Response Team
DBH	Division of Behavioral Health
DBT	Dialectical Behavioral Therapy
DHHS	Department of Health & Human Services
DSH	Disproportionate Share Hospital
EBC	Evidence Based Practices
EHR	Electronic Health Record
EMDR	Eye Movement Desensitization and Reprocessing
EMR	Electronic Medical Record
EPC	Emergency Protective Custody
ERCS	Emergency Community Support
FFS	Fee for Service
FIF	Families Inspiring Families
FTE	Full-Time Equivalent (Staff)
FYI	Family & Youth Investment
HIPAA	Health Insurance Portability and Accountability Act of 1996
HOPE	Higher Opportunities Through the Power of Employment
HRP	Homelessness Prevention and Rapid Re-housing Program
HUD	Housing and Urban Development
IMD	Institutions for Mental Disease
ITN	Intent to Negotiate
JBC	Joint Budget Commission
LINCS	Linking Individuals/Families in Need of Community Supports
LRC	Lincoln Regional Center
MH	Mental Health
MHB	Mental Health Board
MHFA	Mental Health First Aid
MHSIP	Mental Health Statistics Improvement Program
NABHO	National Association of Behavioral Health Organizations
NACO	Nebraska Association of County Officials
NAMI	National Alliance on Mental Illness
NDRA	Nebraska Disaster Response Adult

General Terms (continued)

NFFS	Non-Fee-for-Service / Expense Reimbursement
NMT	Network Management Team
NOMS	National Outcome Measures
NP	Network Provider
OCO	Office of Consumer Affairs
OTO	One-time-only
PATH	Projects for Assistance of Transition from Homelessness
PIER	Partners in Empowerment and Recovery (ACT)
PIP	Performance Improvement Plan
PPP	Prevention Professional Partner
PRR	Psychiatric Residential Rehabilitation
QPR	Question, Persuade, Refer
RA	Regional Administrator
RAP	Rental Assistance Program
REAL	Respond, Empower, Advocate, Listen
RFA	Request for Approval
RFP	Request for Proposals
RFQ	Request for Qualifications
RGB	Regional Governing Board
RPC	Regional Prevention Center
RPH	Rural Permanent Housing
RPSC	Regional Prevention System Coordination
RQIT	Regional Quality Improvement Team
SAMHSA	Substance Abuse and Mental Health Services Administration
SAVE	Systematic Alien Verification for Entitlements
SCIP	School Community Intervention Program
SED	Serious Emotional Disturbance
SMI	Serious Mental Illness
SOC	System of Care
SOR	State Opioid Response
SPF	Strategic Prevention Framework
SPMI	Serious and Persistent Mental Illness
SUD	Substance Use Disorder
TAPP	Transition Age Professional Partner
TASC	Targeted Adult Service Coordination
TAY	Transition Age Youth
TIC	Trauma Informed Care
VCRC	Voluntary Crisis Response Center
WRAP	Wellness Recovery Action Plan

Funded Agencies

ACT	Associates in Counseling and Treatment
BAART	Lincoln Treatment Center
BVBH	Blue Valley Behavioral Health
BBH	The Bridge Behavioral Health
Cntpt	CenterPointe
GW	Goodwill Industries
HS	HopeSpoke
HOH	Houses of Hope
IBHS	Integrated Behavioral Health Services
LFS	Lutheran Family Services
MHA	Mental Health Association
MHCC	Mental Health Crisis Center
ML	Mary Lanning Hospital
ST. M'S	St. Monica's
TC	Telecare Recovery Center
WI	Wellbeing Initiative



FY26 Regional Budget Plan Summary

July 1, 2025 – June 30, 2026

PURPOSE

The purpose of this plan is to provide a balanced and comprehensive public system of behavioral health services, including prevention, intervention, treatment and rehabilitation. This budget has been approved by the Division of Behavioral Health as of 5/23/25.

REVENUE

Region 5 Systems received notice from the Nebraska Department of Health and Human Services (DHHS) – Division of Behavioral Health (DBH) of the preliminary FY26 allocation of \$18,582,486 in federal and state funds. This reflects an increase of \$440,000 from the final allocation amount in FY25 (\$760,000 in State Housing Assistance dollars was added in January 2025). The state allocation does not include county funds, but does reflect the following:

1. There is an increase in State Housing Assistance dollars. These dollars increased by **\$1,200,000** in FY26 for a total of \$2,347,457 in our Rental Assistance Program (RAP).
2. There was no change in Mental Health Block Grant funds (**\$565,106**) or in Substance Use Block Grant dollars (**\$1,580,476**).
3. There were no rate increases.
4. An amount of **\$43,778** is earmarked for Secure Residential service expansion and is restricted for this service level.
5. There is no change in dedicated funding in Housing for Women with Children. These dollars remain at **\$72,000** and are restricted for this level of care.
6. There is no change in dedicated funding for Plans for One. These dollars remain at **\$360,000** and are restricted for this level of care.

County dollars – The total amount of state funds requiring county match for FY26 is \$2,409,170; of which, \$963,668 (40%) must be collected from county tax dollars. The balance (\$1,445, 502) will be documented through provider budget submissions that reflect the collection of client fees, insurance revenue, i.e. commercial, Medicare, & Medicaid and any other financial sources that do not include Federal dollars.

In recapping the FY26 revenue, Region 5 is allocated \$18,582,486 from the state and federal funds, \$1,113,667 in county matching funds (this is an 8% decrease as compared to FY25) was requested. The total FY26 revenue reflected in the Regional Budget Plan is \$19,795,485.

KEY BUDGET CONSIDERATIONS FOR THIS FY-

- Region 5 requested an additional \$1.5 million from DBH in March 2025 including:
 1. \$348,000 in bridge/transition funds due to the 6-month CCBHC delayed implementation for CCBHC services of Crisis Response and Crisis Line at CenterPointe and Medication Management-Service Enhancement at LFS ,
 2. \$483,725 for FFS services with projected overutilization,
 3. \$122,030 for NFFS services with requested increases in budgets by providers due to increased costs of delivering services,
 4. \$115,000 for BVBH Service Enhancement/Capacity Access Guarantee,
 5. \$440,000 for housing due to wait list demands (the difference of the \$1.2 million requested in FY25).

The \$440,000 in housing was approved and the remaining requests were denied. DBH has stated that persons won't be turned away from services and that FFS utilization will continue to be monitored but that their approach is that Regions have to demonstrate that funds will be used before new funds are awarded.

- The implementation of CCBHCs and payment to CCBHC providers via prospective payment was delayed six months until January 1, 2026. The \$348,000 in funds that had been reduced to CCBHC required services to contracted providers in preliminary budgets was requested from DBH as bridge/transition funds but was denied. Region 5 implemented the strategy to fund the expense-based services of Crisis Response, 24 Hour Crisis Line and the Medication Management-Service Enhancement (all expense-based services) at original FY25 levels for the first six months of FY26 due to CCBHC delayed implementation. This was done by reducing FFS services below projected utilization levels to fund the expense-based services while maintaining the bottom line with impacted providers. Utilization will be closely monitored and funds shifted to cover actual FFS production throughout the year, as available.
- Region 5 experienced a \$3, 046,923 million reduction to the budget in FY25 and the impact is that there is less flexibility within the system to meet services that exceed projected utilization. Region 5 is on target with expenditures for FY25 and continues to closely monitor utilization and shift as necessary within contracts.
- Region 5 is piloting an EPC expansion with Mary Lanning Hospital and Fremont Methodist to increase bed days in the system and relieve some of the pressure on the Mental Health Crisis Center (MHCC). Funding for the EPC and Acute services had to be carved out for this pilot.

- LFS, a collaborative partner with TASC, is the contractor for Emergency Community Support requested \$95,000 in additional funds due to increased expenses to maintain existing capacity. Additional funds were requested from DBH but denied so these funds were shifted within the budget to maintain existing ERCS capacity in the system.
- With the reduced budget subsequent reduction in flexibility, service enhancements which are extras or add-ons to services were susceptible to reduced funding to balance the budget. The service enhancement to HopeSpoke with outpatient services was eliminated and the enhancement to BVBH was reduced by \$115,000.

BUDGET PREPARATION

The preparation of the Region's FY26 budget reflects both challenges and opportunities for the coming year. In addition to reviewing the provider's request, the annualized projected utilization, and what was allocated to each service in FY25, we reviewed waitlist data in the Centralized Data System (CDS) and looked at several outcome measures. Similarly to recent years, the fiscal year's budget preparation took into consideration projected utilization and funding allocations to services funded on a FFS basis were adjusted to align.

Services paid on an expense basis were handled in several ways. When possible, we used the provider's request. However, we also looked at the current year's anticipated draw down and at times, that factored into our decision. If the service was new and had no history, we used the provider's request. The FY26 budget preparation was completed using the best information and data that was available, and as always, we will continue to watch the drawdowns over the coming year and make shifts as needed, when possible.

PAYMENT METHODS

Fee- For Service (FFS)- Many of the services will be purchased from network providers on a FFS basis. The person served must be financially and clinically eligible and be lawfully present in the state of Nebraska. These services require specific authorization from the CDS. Rates for these services are established by DHHS-DBH. These FFS services include residential and non-residential services.

Non-Fee for Service (NFFS) – The remaining services are called NFFS. For the most part, Region Network Management establishes the reimbursement rates for eligible units. No pre-authorization for services is required. Projects reimbursed on an expense basis are included in this category.

LEVELS OF CARE

Inpatient:

Overall, an increase of \$48,046 in funding for inpatient services is recommended.

- Acute Inpatient Hospitalization – Funding for acute inpatient is to provide secure inpatient services for persons under a Board of Mental Health Commitment. An EPC expansion pilot project with Fremont Methodist and Mary Lanning Health in Hastings is being implemented July 1, 2025 with the goal of increasing bed days in the emergency system. Persons placed in Emergency Protective Custody (EPC) in Saunders, Butler, York, Fillmore, Polk, and Thayer counties will be served by the hospitals where acute treatment services will be provided versus the Mental Health Crisis Center.

- Inpatient Post Commitment-This funding is for persons served at the MHCC or acute care hospitals following a Board of Mental Health Commitment. This funding is unchanged for FY26.

Residential:

The Residential section of the budget reflects a recommended decrease of \$51,340. This group of residential services has seen a large impact due to Medicaid Expansion and the process of Medicaid's unwinding has had some impact on these services in FY25.

- CenterPointe is the only provider of Dual Disorder Residential. This service is funded in the amount of \$29,760. This reflects a 50% decrease for the service. The proposed allocation is NOT based on the service's projected utilization rather reflects Region 5's strategy to fund the expense-based services of Crisis Response and 24 Hour Crisis Line at original FY25 levels for the first six months of FY26 due to CCBHC delayed implementation. Utilization will be closely monitored and funds shifted to cover actual FFS production throughout the year as available.
- Halfway House services are funded through Houses of Hope. Overall funding was decreased by \$20,000 consistent with projected FY25 utilization.
- Halfway House – Women's Set Aside (WSA) - WSA funding is designated federal funding to serve women with children in substance use services. Region 5 must maintain a certain level of WSA funding to ensure expenditures of funds do not fall below the amount expended in the previous year. In FY26, it is recommended St. Monica's Halfway House be increased by \$5,000 consistent with projected utilization.
- Intermediate Residential –This service is contracted with the Bridge Behavioral Health and no changes are recommended. This service serves primarily Medicaid eligible individuals but we continue to allocate funds at \$5,000 to maintain this line item in the contract and keep the service open for those without funding should they present to services.
- Short-Term Residential – We have two contracted providers of Short-Term Residential Services, Bridge Behavioral Health and Houses of Hope. Houses of Hope's program is relocating and due to renovations is expected to be non-operational for the first three quarters of FY26. Region 5 has reduced their contract allocation by 50% and moved \$137,500 into Unallocated for the purpose of capacity development when they reopen services to aid in rebuilding staffing and capacity. There is also a slight reduction to BBH of \$1,580 consistent with utilization.
- Short-Term Residential-WSA-St. Monica's is our contracted WSA provider of Short-Term Residential services. There is no change recommended to their funding level of \$85,000 consistent with FY25 utilization projections.
- Therapeutic Community – WSA- St. Monica's is our contracted WSA provider of Therapeutic Community services. There is reduction of \$5,000 for a total funding level of \$45,000 in FY26 consistent with FY25 utilization projections.

- Psychiatric Residential Rehabilitation-There is no change recommended for Psychiatric Residential Rehabilitation with Integrated Behavioral Health Services and CenterPointe based on their projected utilization for FY25. \$10,000 is budgeted for this service consistent with utilization as it serves a high number of Medicaid eligibles.
- Secure Residential – Consistent with utilization, there is no change in the funding allocation of \$154,086 for our Secure Residential providers, Telecare and Integrated Behavioral Health Services (IBHS).
- Secure Residential-Room & Board-Consistent with utilization, there is no change in the funding allocation of \$70,083 for Telecare and IBHS.

Non-Residential:

This category of non-residential services is recommended to receive an increase of \$85,406 in funding.

- Assessments (MH) – Adult- Contracted providers for mental health assessments include Associates in Counseling and Treatment (ACT), Blue Valley Behavioral Health (BVBH), CenterPointe, HopeSpoke, and Lutheran Family Services (LFS). A decrease of \$33,000 was recommended for this adult service for FY26 consistent with utilization projections for FY25 but \$13,000 of the reduction is to CenterPointe and was made to cover the delayed CCBHC implementation in expense-based emergency services.
- Assessments (SU) – Adult- Contracted providers for substance use assessments include Associates in Counseling and Treatment (ACT), Blue Valley Behavioral Health (BVBH), The Bridge Behavioral Health (BBH), CenterPointe, HopeSpoke, Lutheran Family Services (LFS), and Mental Health Crisis Center (MHCC). An overall increase of \$14,092 was recommended for this service category for FY26 consistent with utilization projections for FY25.
- Day Rehabilitation – This service is contracted out to CenterPointe and Integrated Behavioral Health Services. A reduction of \$12,000 is recommended for FY26. The proposed allocation is NOT based on the service's projected utilization rather reflects Region 5's strategy to fund the expense-based services of Crisis Response and 24 Hour Crisis Line at original FY25 levels for the first six months of FY26 due to CCBHC delayed implementation. Utilization will be closely monitored and funds shifted to cover actual FFS production throughout the year as available.
- Housing Landlord Risk Mitigation – Recently, the state of Nebraska authorized the use of Housing Related Assistance dollars to provide risk mitigation funds as added security for landlords to rent to consumers participating in the Supported Housing programs. A total of \$20,000 is recommended to be set aside to support this initiative, which is a decrease of \$15,165 from FY25 but consistent with utilization. Funds paying for the Landlord Risk Mitigation initiative are carved out of the State Housing Assistance Funds and restricted.

- Intensive Outpatient (IOP) – ACT, BVBH, CenterPointe, and LFS provide this service. A recommended increase of \$9,445 is recommended based on utilization. Utilization will be closely monitored as LFS has recently reintroduced this service to their continuum after temporary suspension due to staffing shortages and ACT has added an additional group offering to expand access.
- Medication Management – Adult-This service is offered by BVBH, CenterPointe, HopeSpoke and Lutheran Family Services. Funding was reduced by \$66,000 but \$35,000 of the reduction is to CenterPointe and was made to cover the delayed CCBHC implementation in expense-based emergency services.
- Medication Management -Service Enhancement (Medication Support)- This service helps support activities in Medication Management that ensure better support and compliance for the consumer. BVBH and LFS have this enhancement. Specific outcomes have been established to determine the impact(s) of these activities. It is recommended that this be decreased by \$40,660 as CCBHC will cover this January 1, 2026 moving forward.
- Outpatient Psychotherapy (MH) Adult – This service is offered by ACT, BVBH, BBH, CenterPointe, HopeSpoke, IBHS, and LFS. A decrease of \$70,125 is recommended. This is in part due to an alignment of utilization but also a reduction to CenterPointe to cover the delayed CCBHC implementation.
- Outpatient Psychotherapy (MH)-Service Enhancement-This is a service enhancement for capacity access guarantee with BVBH to support rural access. This enhancement was recommended for a reduction of \$35,000.
- Outpatient Psychotherapy (SU) Adult- This service is contracted with ACT, BVBH, BBH, CenterPointe, LFS, and St. Monica's. This service is recommended for a \$11,672 decrease while the women's set-aside are recommended to remain the same.
- Outpatient Psychotherapy (SU)-Service Enhancement-This is a service enhancement for capacity access guarantee with BVBH to support rural access. This enhancement was recommended for a reduction of \$30,000.
- Plans For One –Plans for One funds also go to develop supportive services for individuals with high needs and where traditional community services have not been sufficient. This funding remains stable for FY26.
- Plans For One-Division of Health and Human Services (DHHS) – These are restricted funds (\$360,000) DHHS specifically allocated to support Plans for One activities and cannot be used anywhere else in the budget. Plans for One activities develop supportive services for individuals coming out of the Lincoln Regional Center with high needs and where traditional services have not been successful.
- Professional Partner-Transition Age 19-26-This service is provided by Region 5. Consistent with utilization, no changes in funding were recommended for FY26.

- SSI-SSDI Outreach, Access, and Recovery (SOAR) - This service helps individuals who are homeless apply for benefits such as Medicaid, etc. Funding for this service is recommended to remain the same as in FY25. This service is paid on an expense reimbursement basis and is recognized as being beneficial as people apply for Medicaid and other benefit programs. There is no change to funding for FY26.
- Supported Employment-MH- In FY25, Mental Health Association terminated their contract with Region 5 as the provider of Supported Employment in Lincoln. Subsequently, Goodwill Industries, as Region 5's rural provider and a long-time provider in Region 3, expanded services to Lincoln thus an increase in funding is recommended of \$13,096. This service also receives braided funding from Vocational Rehabilitation.
- Supported Employment-SU- In FY25, Mental Health Association terminated their contract with Region 5 as the provider of Supported Employment in Lincoln. Subsequently, Goodwill Industries, as Region 5's rural provider and a long-time provider in Region 3, expanded services to Lincoln. This funding amount remains stable at \$4,000. This service also receives braided funding from Vocational Rehabilitation.
- Supported Housing -Housing Vouchers (MH)- The total state allocation in Supported Housing assistance was increased by \$440,000 per Region request to the Division of Behavioral Health. \$760,000 was added in FY25 for a total increase of \$1.2 million to this service in FY26 from FY25's original allocation.
- Supported Housing-Housing Vouchers (SU) –This service is offered through Region 5. Funding remains unchanged for FY26. Most persons referred with substance use diagnoses have co-occurring mental health diagnoses and we register them under mental health as only MH have access to Landlord Mitigation funds.
- Supported Housing (SU) – Women with Children-This service is offered through Region 5. This year there continues to be funding available for women with children graduating from St. Monica's Therapeutic Community program. This population tends to bridge quickly to Section 8 and need one-time or short-term support. Funding remains unchanged for FY26.
- Supported Housing, Transition (Age 19-26) – This service is offered through Region 5 and works in collaboration with the Professional Partner Program. Funding remains unchanged for FY26.

Community Support:

This category shows a decrease of \$164,422 from FY25 funding.

- Assertive Community Treatment (ACT)-This service is provided through a collaboration between CenterPointe and LFS. This service is recommended for a reduction in funding of \$120,920. The proposed allocation is NOT based on the service's projected utilization rather reflects Region 5's strategy to fund the expense-based services of Crisis Response and 24 Hour Crisis Line at original FY25 levels for the first six months of FY26 due to CCBHC delayed implementation. Utilization will be closely monitored and funds shifted to cover actual FFS production throughout the year as available.
- Community Support-MH – Over the past several years, this service has seen a reduction in Region-pay consumers due to Medicaid Expansion. The service is provided by

BVBH, CenterPointe and LFS. Funding recommendations are for a decrease of \$64,500. This is in part due to an alignment of utilization but also a reduction to CenterPointe to cover the delayed CCBHC implementation.

- Community Support-SUD – CenterPointe is the only provider for this service. We are recommending that funding remain the same as in FY25.
- Flex Funds-MH & SUD-These funds support persons served. In FY26, there is \$59,000 allocated to flex funds. MH funds were reduced by \$10,002 and SUD funds saw no changes.
- Intensive Community Services-MH & SUD-This service is contracted with TASC and funded NFFS. Funding recommendations for FY26 remain the same as FY25.
- Navigator-Services are provided by Mental Health Association and funded NFFS. No changes to funding were made for FY26.
- Peer Support-MH – This service is provided by CenterPointe and LFS; it is recommended to receive a decrease of \$9,000 consistent with utilization.
- Peer Support-SU-This service is provided by CenterPointe and LFS; no changes in funding are recommended.
- Recovery Support-MH-This service is contracted with BVBH, CenterPointe and TASC. There are no recommended changes in funding to this service in FY26.
- Recovery Support-SU- This service is contracted with BVBH, CenterPointe and TASC. There are no recommended changes in funding to this service in FY26.
- Recovery Support-SUD-WSA-This service is contracted with St. Monica's and there is no recommended change to funding in FY26.
- Recovery Wellness Support-MH & SUD-This service is provided by Wellbeing Initiative, a new provider to Region 5's network, following a one year pilot. This service is funded NFFS and the funding for FY26 remains the same as FY25.

Emergency Services:

Services that fall in this category are in place to assist individuals who are either in crisis or have an urgent behavioral health need. This category's recommended allocation reflects an increase of \$459,786 for FY26.

- 24 Hour Crisis Line-This service is provided by CenterPointe. This is a core service of the CCBHC's and funding of this will be primarily assumed through CCBHC prospective payments starting January 1, 2026. Funding has been reduced to CenterPointe, as a CCBHC provider, by \$64,687 due to this system transformation. Funding overall will be \$64,688 for FY26.
Region 5 has opted to fund the Crisis Response Team for the first six months of FY26 since there has been a delay in CCBHC implementation; Region 5's request to DBH for additional funding for this purpose was denied so FFS contracts were reduced with CenterPointe to fund the expense-based services. Utilization will be closely monitored and funds shifted to cover actual FFS production throughout the year as available.

- 24 Hour Crisis Line-Rural-This service is provided by BVBH. Funding is recommended to be increased by \$6,000 based on utilization.
- Crisis Response Teams (Adult) -This service continues to have a key role in assisting the 988-crisis line, as well as assisting law enforcement. It is provided by CenterPointe in Lincoln and TASC in the rural 15 counties. This is a core service of the CCBHC's and funding of this will be primarily assumed through CCBHC prospective payments starting January 1, 2026. Funding has been reduced to CenterPointe, as a CCBHC provider, by \$80,288 due to this system transformation. Funding overall will be \$534,400 for FY26. Region 5 has opted to fund the Crisis Response Team for the first six months of FY26 since there has been a delay in CCBHC implementation; Region 5's request to DBH for additional funding for this purpose was denied so FFS contracts were reduced with CenterPointe to fund the expense-based services. Utilization will be closely monitored and funds shifted to cover actual FFS production throughout the year as available.
- Crisis Stabilization-MH & SUD-Involuntary emergency protective custody placements are placed in crisis stabilization services at the MHCC. Voluntary crisis stabilization services are a new service offered through Integrated Behavioral Health Services. With these services open, this service line item increased by \$313,022 for FY26.
- Emergency Community Support-MH & SUD – This service is funded with TASC. Per provider request due to increased costs, this service was recommended for an increase of \$95,001 to avoid a reduction in persons served.
- Emergency Protective Custody (EPC)-With the EPC expansion project, \$50,000 is being added to this line item. This will pay for involuntary emergency protective custody placements at Mary Lanning Hospital and Fremont Methodist.
- Hospital Diversion-This service is coined Keya House and provided by the Mental Health Association. The service is funded NFFS and no changes to funding are recommended for FY26.
- Medically Monitored Inpatient Withdrawal-This service is provided by BBH in FY25. \$80,000 was allocated to this service; a \$20,000 reduction based on utilization. Region 5 has since received notification from BBH that they will close this service effective 7/1/26. Some of the \$80,000 will be shifted to Social Detoxification and remaining funds reallocated to services as needed.
- Mental Health Respite-This service is provided by IBHS and now open as of FY25. Now that it is operational an increase of \$449,151 is recommended for the expenses to operate the facility.
- Mental Health Respite-SUD-This service is provided by BBH. Funding is being reduced by \$284,413 as this funding was reallocated to Mental Health Respite at IBHS.
- Social Detoxification-This service is provided by BBH and being recommended for reduction of \$4,000 based on utilization. It is anticipated that there will be an increase later in FY26 as BBH is closing their Medically Monitored Inpatient Withdrawal and increasing beds in Social Detoxification.

Specialized Children/Youth/Young Adult Services:

This category includes the children and youth services for our behavioral health system and is recommended to receive a reduction of \$20,373 in funding for FY26. This category also is a Maintenance of Effort (MOE) and impacts the ability to shift dollars in and out of this category.

- Assessments - Youth (MH)-Contracted providers for mental health assessments include Associates in Counseling and Treatment (ACT), Blue Valley Behavioral Health (BVBH), CenterPointe, HopeSpoke, and Lutheran Family Services (LFS). An increase of \$5,000 was recommended for this service for FY26 consistent with utilization projections for FY25.
- Assessments – Youth (SU) – Contracted providers for substance use assessments include Associates in Counseling and Treatment (ACT), Blue Valley Behavioral Health (BVBH), The Bridge Behavioral Health (BBH), CenterPointe, HopeSpoke, Lutheran Family Services (LFS), and Mental Health Crisis Center (MHCC). An increase of \$5,000 was recommended for this service for FY26 consistent with utilization projections for FY25.
- Client Assistance Program-MH & SUD-This is a service provided by BVBH in the schools. Funding remains unchanged for FY26.
- Crisis Response Teams-MH & SUD- (Youth) -This service was brought up with CenterPointe as part of the Square One project and is also provided by TASC in the rural 15 counties. This is a core service of the CCBHC's and funding of this will be primarily assumed through CCBHC prospective payments starting January 1, 2026. Funding has been increased by \$22,004.
- Emergency Community Support-Youth-This service is also part of the Square One project with CenterPointe and funding remains unchanged for FY26.
- Medication Management-Youth-This service is provided by HopeSpoke and remains unchanged for FY26.
- Outpatient Psychotherapy (MH) Youth– This service is offered by ACT, BVBH, BBH, CenterPointe, HopeSpoke, and LFS. An increase of \$5,000 is recommended.
- Outpatient Psychotherapy (MH)-Service Enhancement-This is a service enhancement for capacity access guarantee with BVBH to support rural access and HopeSpoke for youth services. This enhancement was recommended for a reduction of \$160,000; reducing the allocation to BVBH and eliminating the allocation to HopeSpoke.
- Outpatient Psychotherapy (SU) Youth- This service is contracted with ACT, BVBH, BBH, CenterPointe, LFS, and St. Monica's. This funding for this service remains unchanged for FY26.
- Outpatient Psychotherapy (SU)-Service Enhancement- This is a service enhancement for capacity access guarantee with BVBH to support rural access. This enhancement was recommended for a reduction of \$15,323; reducing the allocation to BVBH.
- Professional Partner-MH-Youth-This service is provided by Region 5. An increase of \$158,692 is recommended to address wait list demands of the service.

Prevention:

Funding for the Prevention category remains stable for FY26 at \$351,776. The Prevention category includes prevention for substance use, as well as mental health promotion activities. There is a Maintenance of Effort (MOE) with the prevention coalitions, which means these funds are earmarked for prevention activities (alcohol, tobacco and other drugs) and cannot be shifted to another area.

Network Management:

This category covers Region 5 administration and the system coordination activities. There is an increase of \$53,050 in this category for FY26.

- Regional Administration – The funding is recommended to remain stable at FY26 in the amount of \$522,115.
- Consumer Coordination – Funding for consumer coordination services is recommended to continue at the FY25 funding amount of \$144,169.
- CQI Coordination-The funding is recommended to remain the same as FY25 in the amount of \$324,447.
- Disaster Coordination – Funds in this area are to assist in the preparation, training, and/or actual response for behavioral health needs at the time of a disaster. The funds in this category are recommended to remain stable at \$20,808.
- Emergency System Coordination is recommended to remain stable at \$221,218.
- Housing System Coordination is increased to add a Housing Specialist to manage the infusion of Supported Housing funds into the system. This is an increase of \$53,050 to Housing Coordination.
- Prevention System Coordination– There is no change in funding. This remains stable at \$293,022.
- Youth System Coordination-The funding is recommended to remain the same at \$92,293.

Other Initiatives:

- Consumer Initiative-This funding allows the Consumer and Family Coalition (CFAC) to support peer activities. This allocation was reduced by \$7,500 for FY26.
- Dialectical Behavioral Therapy (DBT) Training – DBT is one of the most popular, effective, and evidenced-based forms of cognitive behavioral treatment for individuals with complex needs including self-harm and suicidal behaviors. Region 5 Systems will continue work with Josh Smith, our DBT expert, to provide support and consultation to programs providing comprehensive DBT programming and those looking to move towards implementing comprehensive DBT programming. Additionally, training will be provided to all levels of agency staff and the community by Region 5 Systems' cadre of approved trainers. Fidelity outcome reimbursement to ensure long-term success and improve outcomes for individuals served will be offered to programs who meet requirements of comprehensive DBT. Funding remains stable for FY26.

- Interpreter Services-Funds are set aside for providers to bill for interpreter services to non-English speaking persons so that this is not a barrier to services. This amount is set at \$10,000 and remains the same as was allocated in FY25.
- Motivational Interviewing- MI is client-centered approach designed to help people explore and resolve ambivalence about making change, ultimately strengthen their motivation and commitment to change. Region 5 Systems will continue to work with Brenda Jennings, industry expert, to provide support and consultation to programs providing evidence-based MI. Multiple community trainings on MI Phase I and MI Phase II will be provided by Region 5 Systems' cadre of approved trainers and fidelity outcome reimbursement will be offered to providers who implement evidence-based MI and meet all contract requirements. Funding for FY26 decreased by \$39,518.
- Special Populations-This funding promotes behavioral health activities with special populations in the community. This funding is being reduced by \$4,000 in FY26.
- Trauma-This funding promotes trauma informed initiatives in Region 5. This funding is being reduced by \$7,950 in FY26.
- Unallocated Funds- There is \$300,000 set aside for Mental Health Respite-Youth pending location completion/start-up and \$137,500 set aside for Short Term Residential- Capacity Development to aid Houses of Hope in transitioning services to a new location later in FY26.

REGION 5 SYSTEMS						
OFFICE BUDGET						
FY25-26						
	OFFICE	TOTAL	TOTAL		PROVIDER	OFFICE
	BUDGET	BUDGET	FUNDING		SERVICES	BUDGET
	FY 24-25	FY 24-25	FY25-26	% INC OVER PREV YR TOTAL BUDGET	FY25-26	FY25-26
<u>INCOME</u>						
Federal Substance Use	168,254	1,580,476	1,580,476		1,412,222	168,254
Federal Mental Health	0	565,106	565,106		237,333	327,773
State Behavioral Health	4,190,835	15,192,959	16,436,904		12,310,600	4,126,304
County Contributions	1,171,584	1,206,584	1,099,966		35,000	1,064,966
County Contracts (EPC/SteppingUp)	99,334	99,334	199,334		100,000	99,334
Housing Urban Development (HUD)	696,041	696,041	1,065,640			1,065,640
Grants	70,221	70,221	180,000			180,000
Miscellaneous - Other	236,611	236,611	0			
Interest Income	5,000	5,000	120,000			120,000
Sub-Total	6,637,878	19,652,332	21,247,426	8.1%	14,095,155	7,152,271
Funds						
General Fund	(0)	(0)	(0)		0	(0)
TOTAL INCOME	6,637,878	19,652,332	21,247,426	8.1%	14,095,155	7,152,271
<u>EXPENDITURES</u>						
Personnel						
Salaries	3,515,490	3,515,490	3,756,825	6.9%		3,756,825
Benefits @	1,305,811	1,305,811	1,425,863	9.2%		1,425,863
Social Security & Unempl.						
Health / Dental Insurance						
Retirement						
Workers Compensation						
Total Personnel	4,821,301	4,821,301	5,182,688	7.5%	0	5,182,688
Operating Expenses						
Rent & Utilities	398,200	398,200	162,236	-59.3%		162,236
Land & Building	0	0	58,663			58,663
Telephone	57,675	57,675	50,000	-13.3%		50,000
Auditing Fees	26,000	26,000	28,555	9.8%		28,555
Legal Fees	25,000	25,000	30,140	20.6%		30,140
Equipment	24,000	24,000	25,000	4.2%		25,000
Software Purchase / Maint.	124,100	124,100	201,430	62.3%		201,430
Insurance	60,000	60,000	90,000	50.0%		90,000
Maint. & Repairs	23,500	23,500	40,000	70.2%		40,000
Photocopying / Printing	25,000	25,000	12,000	-52.0%		12,000
Employment Checks / Testing	2,000	2,000	1,800	-10.0%		1,800
Miscellaneous	1,500	1,500	4,992	232.8%		4,992
RGB Meeting Expense	3,300	3,300	5,000	51.5%		5,000
BHAC Meeting Expenses	1,800	1,800	3,000	66.7%		3,000
General Meeting Expenses	7,000	7,000	5,000	-28.6%		5,000
Postage	7,500	7,500	10,000	33.3%		10,000
Payroll/Benefits Expenses	58,000	58,000	0	-100.0%		0
Staff Development	48,900	48,900	88,000	80.0%		88,000
Subscr., Dues & Books	17,555	17,555	22,000	25.3%		22,000
Supplies	25,000	25,000	15,000	-40.0%		15,000
Contracts	120,000	120,000	80,000	-33.3%		80,000
Advertising / Recruitment	2,500	2,500	1,100	-56.0%		1,100
Consultation	2,000	2,000	0	-100.0%		0
Compliance / Mandates	2,000	2,000	2,000	0.0%		2,000
CQI Functions / Client Evaluation	34,284	34,284	1,000	-97.1%		1,000
Total Operating Expenses	1,099,627	1,099,627	939,729	-14.5%	0	939,729
Travel						
Travel - Mileage Reimb	38,000	38,000	43,000	13.2%		43,000
Vehicle Maint / Gas	12,000	12,000	12,000	0.0%		12,000
Total Travel	50,000	50,000	55,000	10.0%	0	55,000
Purchase of Services/Flex Funds	95,000	95,000	105,199	10.7%	0	105,199
Indirect Administration Charge	101,351	101,351	70,000		0	70,000
Contracts with BH Providers / Others	0	13,014,454	14,095,155	8.3%	14,095,155	0
Grant Payments	470,598	470,598	799,655		0	799,655
TOTAL EXPENDITURES	6,637,878	19,652,332	21,247,426	8.1%	14,095,155	7,152,271

**Region 5 Systems Contractual Agreements
FY 24-25**

Evidence-based Practice Contracts

Contracting Entity	Time Period	Contract Amount	Funding Source	Primary Author(s)	Reviewed By	Purpose
Intuitive Mind Training and Consulting	May 28, 2025 - June 30, 2025	\$34,260 to Intuitive Mind Training and Consulting	DHHS-DBH Contract	Region 5 Systems	Corporate Compliance Team and BHAC	Targeted booster sessions to enhance skills of individuals trained in Dialectical Behavior Therapy (DBT)

Action Needed: Motion from the Board to approve this contract.

*Contingent upon negotiation. If amount is greater than a 15% variance it will be brought before the Board for ratification.

Region 5 Systems Contractual Agreements

FY 25-26

Housing and Urban Development (HUD)

Contracting Entity	Time Period	Contract Amount*	Funding Source	Primary Author(s)	Reviewed By	Purpose
Housing and Urban Development (HUD)	October 1, 2025 - September 30, 2026	\$183,120 to Region 5 Systems		HUD	Corporate Compliance Team and BHAC	Provision of Rural Transition-age Permanent Housing (RTPH) for transition age youth (18-24) in rural geographic area of Region 5 Systems.
Housing and Urban Development (HUD)	November 1, 2025 - October 31, 2026	\$433,452 to Region 5 Systems		HUD	Corporate Compliance Team and BHAC	Provision of Rural Permanent Supportive Housing program in rural geographic areas of Region 5 Systems.
Housing and Urban Development (HUD)	January 1, 2026 - December 31, 2026	\$498,722 to Region 5 Systems		HUD	Corporate Compliance Team and BHAC	Provision of Lincoln Permanent Supportive Housing program.

Action Needed: Motion from the Board to approve these contracts.

Nebraska Department of Health & Human Services (DHHS)

Contracting Entity	Time Period	Contract Amount*	Funding Source	Primary Author(s)	Reviewed By	Purpose
Nebraska Department of Health and Human Services, Division of Behavioral Health	July 1, 2025 - June 30, 2026	\$18,582,486 to Region 5 Systems		DHHS-DBH	Corporate Compliance Team and BHAC	Regional contract for prevention, rental assistance, transition voucher program, behavioral health, coordination, and network management services.
Nebraska Department of Health and Human Services, Division of Behavioral Health	September 30, 2025 - September 29, 2026	\$118,953.82 to Region 5 Systems		DHHS-DBH	Corporate Compliance Team and BHAC	To fund prevention activities for high risk drinking and vaping through the statewide Partnerships for Success (PFS) grant.
Nebraska Department of Health and Human Services, Division of Behavioral Health	September 30, 2025 - September 29, 2026	\$165,291 to Region 5 Systems		DHHS-DBH	Corporate Compliance Team and BHAC	To fund activities that reduce opioid overdose related deaths and abuse of prescription and illicit opioid and stimulants through the provision of prevention, treatment, and recovery activities for Opioid and Stimulant Use Disorders.
Nebraska Department of Health and Human Services, Division of Behavioral Health	October 1, 2025 - September 30, 2026	\$65,000 to Region 5 Systems		DHHS-DBH	Corporate Compliance Team and BHAC	To provide funding for Projects for Assistance in Transition from Homelessness (PATH).

Action Needed: Motion from the Board to approve these contracts.

Collaborative Projects

Contracting Entity	Time Period	Contract Amount*	Funding Source	Primary Author(s)	Reviewed By	Purpose
City of Lincoln, Nebraska	September 1, 2025 - August 31, 2026	\$36,000 to Region 5 Systems		City of Lincoln, Nebraska	Corporate Compliance Team and BHAC	Provide funding for BETA and Youth BETA training within the city of Lincoln.
Four Corners Health Department	July 1, 2025 - June 30, 2026	\$4,400 to Region 5 Systems		Region 5 Systems	Corporate Compliance Team and BHAC	To create an efficient and effective volunteer database to call on in the event of a disaster.
Behavioral Health Education Center of Nebraska (BHECN)	July 1, 2025 - June 30, 2026	\$40,000 to Region 5 Systems		BHECN	Corporate Compliance Team and BHAC	A partnership with BHECN focusing on workforce development in the behavioral health field.
Wellbeing Initiative, Inc.	July 1, 2025 - June 30, 2026	\$80,000 to Wellbeing Initiative, Inc.	DHHS-DBH Contract	Region 5 Systems	Corporate Compliance Team and BHAC	To provide consumer coordination activities and promote consumer involvement within Region 5 Systems per approved plan.

Action Needed: Motion from the Board to approve these contracts.

Projects for Assistance in Transition from Homelessness (PATH)

Contracting Entity	Time Period	Contract Amount*	Funding Source	Primary Author(s)	Reviewed By	Purpose
CenterPointe	October 1, 2025 - September 30, 2026	\$65,000 to CenterPointe	State PATH Contract	Region 5 Systems	Corporate Compliance Team and BHAC	To provide Projects for Assistance in Transition from Homelessness (PATH).

Action Needed: Motion from the Board to approve this contract.

*Contingent upon contract negotiation. If amount is greater than a 15% variance it will be brought before the Board for ratification.

Region 5 Systems Contractual Agreements

FY 25-26

Emergency Protective Custody (EPC)

Contracting Entity	Time Period	Contract Amount*	Funding Source	Primary Author(s)	Reviewed By	Purpose
Gage, Jefferson, Johnson, Lancaster, Nemaha, Otoe, Pawnee, Richardson, Saline, and Seward Counties	July 1, 2025 - June 30, 2026	Billed per consumer day to Region 5 Systems		Region 5 Systems	Corporate Compliance Team and BHAC	Establishes an agreement to utilize Mental Health Crisis Center as the provider of crisis stabilization/emergency protective custody services and utilize Methodist Fremont Health and Mary Lanning Healthcare as overflow service providers as applicable.
Fillmore, Polk, Thayer, and York Counties	July 1, 2025 - June 30, 2026	If utilizing Mental Health Crisis Center billed per consumer day to Region 5 Systems		Region 5 Systems	Corporate Compliance Team and BHAC	Establishes an agreement to utilize Mary Lanning Healthcare as primary provider of emergency protective custody/acute services and the Mental Health Crisis Center and Methodist Fremont Health as overflow service providers as applicable.
Butler and Saunders Counties	July 1, 2025 - June 30, 2026	If utilizing Mental Health Crisis Center billed per consumer day to Region 5 Systems		Region 5 Systems	Corporate Compliance Team and BHAC	Establishes an agreement to utilize Methodist Fremont Health as primary provider of emergency protective custody/acute services and the Mental Health Crisis Center and Mary Lanning Healthcare as overflow service providers as applicable.
Mental Health Crisis Center	July 1, 2025 - June 30, 2026	Paid per consumer day to Mental Health Crisis Center	County EPC Funds	Region 5 Systems	Corporate Compliance Team and BHAC	Establishes an agreement for provider to serve as the primary provider for crisis stabilization/emergency protective custody services to individuals from Gage, Jefferson, Johnson, Lancaster, Nemaha, Otoe, Pawnee, Richardson, Saline, and Seward counties and overflow service provider for individuals from Butler, Fillmore, Polk, Saunders, Thayer, and York.

Action Needed: Motion from the Board to approve these contracts.

Mental Health First Aid

Contracting Entity	Time Period	Contract Amount*	Funding Source	Primary Author(s)	Reviewed By	Purpose
Cheryl Turner	July 1, 2025 - June 30, 2026	\$400 per 8-hour training to Cheryl Turner	DHHS-DBH Contract	Region 5 Systems	Corporate Compliance Team and BHAC	Provide Adult and/or Youth Mental Health First Aid training to the community.
Jeri George	July 1, 2025 - June 30, 2026	\$400 per 8-hour training to Jeri George	DHHS-DBH Contract	Region 5 Systems	Corporate Compliance Team and BHAC	
Martha Hornung	July 1, 2025 - June 30, 2026	\$400 per 8-hour training to Martha Hornung	DHHS-DBH Contract	Region 5 Systems	Corporate Compliance Team and BHAC	
Blue Agate Collaborative	July 1, 2025 - June 30, 2026	\$400 per 8-hour training to Blue Agate Collaborative	DHHS-DBH Contract	Region 5 Systems	Corporate Compliance Team and BHAC	
Chris Blanke	July 1, 2025 - June 30, 2026	\$400 per 8-hour training to Chris Blanke	DHHS-DBH Contract	Region 5 Systems	Corporate Compliance Team and BHAC	
Jill Kuzelka	July 1, 2025 - June 30, 2026	\$400 per 8-hour training to Jill Kuzelka	DHHS-DBH Contract	Region 5 Systems	Corporate Compliance Team and BHAC	
Maria Elena Villasante	July 1, 2025 - June 30, 2026	\$400 per 8-hour training to Maria Elena Villasante	DHHS-DBH Contract	Region 5 Systems	Corporate Compliance Team and BHAC	

Action Needed: Motion from the Board to approve these contracts.

Opioid Steering Committee - Obvious Expenditure

Contracting Entity	Time Period*	Contract Amount*	Funding Source	Primary Author(s)	Reviewed By	Purpose
Whispering Acres	August 1, 2025 - July 31, 2026	\$13,500 for RFA match -or- \$135,000 if not awarded RFA from DHHS to Whispering Acres	Opioid Settlement Remediation Funds	Region 5 Systems	Corporate Compliance Team and BHAC	To provide match funding for DHHS Opioid Treatment Infrastructure Cash Fund RFA or full funding if RFA is not awarded for capital construction of group space and restroom.

Action Needed: Motion from the Board to approve match funding for application by Whispering Acres to DHHS Opioid Treatment Infrastructure Cash Fund RFA or funding of project in full if RFA is not awarded by DHHS as outlined above.

Region 5 Systems Contractual Agreements
FY 25-26

Network Provider

Contracting Entity	Time Period	Contract Amount*	Funding Source	Primary Author(s)	Reviewed By	Purpose
Mary Lanning Healthcare (Pilot)	July 1, 2025 - June 30, 2026	\$50,000 to Mary Lanning Healthcare	DHHS-DBH Contract	Region 5 Systems	Corporate Compliance Team and BHAC	Establishes an agreement for provider to serve as the primary provider for emergency protective custody/acute services to individuals from Fillmore, Polk, Thayer, and York counties and overflow service provider for individuals from Butler, Gage, Jefferson, Johnson, Lancaster, Nemaha, Otoe, Pawnee, Richardson, Saline, Saunders, and Seward counties.
Methodist Fremont Health (Pilot)	July 1, 2025 - June 30, 2026	\$50,000 to Methodist Fremont Health	DHHS-DBH Contract	Region 5 Systems	Corporate Compliance Team and BHAC	Establishes an agreement for provider to serve as the primary provider for emergency protective custody/acute services to individuals from Saunders and Butler counties and overflow service provider for individuals from Fillmore, Gage, Jefferson, Johnson, Lancaster, Nemaha, Otoe, Pawnee, Polk, Richardson, Saline, Seward, Thayer, and York counties.
Associates In Counseling & Treatment	July 1, 2025 - June 30, 2026	\$417,409 to Associates In Counseling & Treatment	DHHS-DBH Contract	Region 5 Systems	Corporate Compliance Team and BHAC	For the provision of mental health and substance use services for adults in Region 5 Systems' geographical area.
Blue Valley Behavioral Health	July 1, 2025 - June 30, 2026	\$975,463 to Blue Valley Behavioral Health	DHHS-DBH Contract	Region 5 Systems	Corporate Compliance Team and BHAC	For the provision of mental health and substance use services for adults and children in Region 5 Systems' geographical area.
The Bridge Behavioral Health	July 1, 2025 - June 30, 2026	\$633,900 to The Bridge Behavioral Health	DHHS-DBH Contract	Region 5 Systems	Corporate Compliance Team and BHAC	For the provision of mental health and substance use services for adults in Region 5 Systems' geographical area.
CenterPointe	July 1, 2025 - June 30, 2026	\$1,398,536 to CenterPointe	DHHS-DBH Contract	Region 5 Systems	Corporate Compliance Team and BHAC	For the provision of mental health and substance use services for adults and children in Region 5 Systems' geographical area. This contract includes PIER funding.
Goodwill	July 1, 2025 - June 30, 2026	\$24,000 to Goodwill	DHHS-DBH Contract	Region 5 Systems	Corporate Compliance Team and BHAC	For the provision of supported employment services for adults in Region 5 Systems' geographical area.
HopeSpoke	July 1, 2025 - June 30, 2026	\$133,986 to HopeSpoke	DHHS-DBH Contract	Region 5 Systems	Corporate Compliance Team and BHAC	For the provision of mental health and substance use services for adults and children in Region 5 Systems' geographical area.
Houses of Hope	July 1, 2025 - June 30, 2026	\$2,325,810 to Houses of Hope	DHHS-DBH Contract	Region 5 Systems	Corporate Compliance Team and BHAC	For the provision of mental health and substance use services for adults in Region 5 Systems' geographical area. This contract includes TASC funding.
Integrated Behavioral Health Services	July 1, 2025 - June 30, 2026	\$1,381,169 to Integrated Behavioral Health Services	DHHS-DBH Contract	Region 5 Systems	Corporate Compliance Team and BHAC	For the provision of mental health and substance use services for adults in Region 5 Systems' geographical area.
Lutheran Family Services	July 1, 2025 - June 30, 2026	\$458,500 to Lutheran Family Services	DHHS-DBH Contract	Region 5 Systems	Corporate Compliance Team and BHAC	For the provision of mental health and substance use services for adults and children in Region 5 Systems' geographical area.
Mental Health Association of Nebraska	July 1, 2025 - June 30, 2026	\$608,146 to Mental Health Association of Nebraska	DHHS-DBH Contract	Region 5 Systems	Corporate Compliance Team and BHAC	For the provision of mental health services for adults in Region 5 Systems' geographical area.
Mental Health Crisis Center	July 1, 2025 - June 30, 2026	\$1,397,789 to Mental Health Crisis Center	DHHS-DBH Contract	Region 5 Systems	Corporate Compliance Team and BHAC	For the provision of mental health and substance use services for adults in Region 5 Systems' geographical area.
St. Monica's	July 1, 2025 - June 30, 2026	\$209,259 to St. Monica's	DHHS-DBH Contract	Region 5 Systems	Corporate Compliance Team and BHAC	For the provision of mental health and substance use services for adults in Region 5 Systems' geographical area.
TeleCare	July 1, 2025 - June 30, 2026	\$19,000 to TeleCare	DHHS-DBH Contract	Region 5 Systems	Corporate Compliance Team and BHAC	For the provision of mental health services for adults in Region 5 Systems' geographical area.
Wellbeing Initiative	July 1, 2025 - June 30, 2026	\$465,050 to Wellbeing Initiative	DHHS-DBH Contract	Region 5 Systems	Corporate Compliance Team and BHAC	For the provision of mental health services for adults in Region 5 Systems' geographical area.

Action Needed: Motion from the Board to approve these contracts.

*Contingent upon contract negotiation. If amount is greater than a 15% variance it will be brought before the Board for ratification.

Region 5 Systems Contractual Agreements
FY 25-26

Prevention Federal Block Grant Recipients						Purpose
Contracting Entity	Time Period	Contract Amount*	Funding Source	Primary Author(s)	Reviewed By	Community coalitions utilize SAMHSA strategic prevention framework to address substance use prevention, related risk factors, and mental health promotion. To enter multi-county data into the Nebraska Prevention Information and Reporting System (NPIRS).
Butler Believes in Youth	July 1, 2025 - June 30, 2026	\$5,350 to Butler Believes in Youth	DHHS-DBH Contract	Region 5 Systems	Corporate Compliance Team and BHAC	
Fillmore County Coalition	July 1, 2025 - June 30, 2026	\$1,200 to Fillmore County Coalition	DHHS-DBH Contract	Region 5 Systems	Corporate Compliance Team and BHAC	
Four County Collaborative (Nemaha, Johnson, Pawnee, and Richardson)	July 1, 2025 - June 30, 2026	\$8,133 to Four County Collaborative	DHHS-DBH Contract	Region 5 Systems	Corporate Compliance Team and BHAC	
Gage County MAPS Coalition	July 1, 2025 - June 30, 2026	\$2,400 to Gage County MAPS Coalition	DHHS-DBH Contract	Region 5 Systems	Corporate Compliance Team and BHAC	
Jefferson County Prevention Coalition	July 1, 2025 - June 30, 2026	\$2,725 to Jefferson County Prevention Coalition	DHHS-DBH Contract	Region 5 Systems	Corporate Compliance Team and BHAC	
Lancaster County Coalition	July 1, 2025 - June 30, 2026	\$13,740 to Lancaster County Coalition	DHHS-DBH Contract	Region 5 Systems	Corporate Compliance Team and BHAC	
Lincoln Medical Education Partnership (SCIP)	July 1, 2025 - June 30, 2026	\$50,000 to Lincoln Medical Education Partnership	DHHS-DBH Contract	Region 5 Systems	Corporate Compliance Team and BHAC	
Polk Substance Abuse Coalition	July 1, 2025 - June 30, 2026	\$2,500 to Polk Substance Abuse Action Coalition	DHHS-DBH Contract	Region 5 Systems	Corporate Compliance Team and BHAC	
Saline County Prevention Coalition	July 1, 2025 - June 30, 2026	\$2,000 to Saline County Prevention Coalition	DHHS-DBH Contract	Region 5 Systems	Corporate Compliance Team and BHAC	
Saunders County Prevention Coalition	July 1, 2025 - June 30, 2026	\$10,600 to Saunders County Prevention Coalition	DHHS-DBH Contract	Region 5 Systems	Corporate Compliance Team and BHAC	
Seward County Prevention Coalition	July 1, 2025 - June 30, 2026	\$2,900 to Seward County Prevention Coalition	DHHS-DBH Contract	Region 5 Systems	Corporate Compliance Team and BHAC	
Thayer County Healthy Community Coalition	July 1, 2025 - June 30, 2026	\$1,600 to Thayer County Healthy Community Coalition	DHHS-DBH Contract	Region 5 Systems	Corporate Compliance Team and BHAC	
York County Prevention Network	July 1, 2025 - June 30, 2026	\$1,800 to York County Prevention Network	DHHS-DBH Contract	Region 5 Systems	Corporate Compliance Team and BHAC	
Lincoln Police Department	July 1, 2025 - June 30, 2026	\$2,000 to Lincoln Police Department	DHHS-DBH Contract	Region 5 Systems	Corporate Compliance Team and BHAC	
Nebraska State Patrol	July 1, 2025 - April 15, 2026	\$8,000 to Nebraska State Patrol	DHHS-DBH Contract	Region 5 Systems	Corporate Compliance Team and BHAC	
The Truth Initiative	July 1, 2025 - June 30, 2026	\$30,560 to The Truth Initiative	DHHS-DBH Contract	Region 5 Systems	Corporate Compliance Team and BHAC	
Laura Osborne	July 1, 2025 - June 30, 2026	\$5,000 to Laura Osborne	DHHS-DBH Contract	Region 5 Systems	Corporate Compliance Team and BHAC	

*Contingent upon contract negotiation. If amount is greater than a 15% variance it will be brought before the Board for ratification.

Region 5 Systems Contractual Agreements

FY 25-26

Prevention Federal Block Grant Recipients (Continued)

Contracting Entity	Time Period	Contract Amount*	Funding Source	Primary Author(s)	Reviewed By	Purpose
Brooke Fullerton	July 1, 2025 - June 30, 2026	\$2,400 to Brooke Fullerton	DHHS-DBH Contract	Region 5 Systems	Corporate Compliance Team and BHAC	To provide meeting facilitation, minutes, recruitment of community members to the coalition, monthly contact with local county attorney to get demographic data on death by suicide, community education to get more parents involved, and plan meetings with Regional Prevention Coordination and school administrators.
Public Health Solutions	July 1, 2025 - June 30, 2026	\$30,679 to Public Health Solutions	DHHS-DBH Contract	Region 5 Systems	Corporate Compliance Team and BHAC	
LMO Consulting, LLC	July 1, 2025 - June 30, 2026	\$24,544 to LMO Consulting, LLC	DHHS-DBH Contract	Region 5 Systems	Corporate Compliance Team and BHAC	
Four Corners Health Department	July 1, 2025 - June 30, 2026	\$12,272 to Four Corners Health Department	DHHS-DBH Contract	Region 5 Systems	Corporate Compliance Team and BHAC	
Barb Ivy	July 1, 2025 - June 30, 2026	\$6,136 to Barb Ivy	DHHS-DBH Contract	Region 5 Systems	Corporate Compliance Team and BHAC	
Saunders Youth Services	July 1, 2025 - June 30, 2026	\$6,134 to Saunders Youth Services	DHHS-DBH Contract	Region 5 Systems	Corporate Compliance Team and BHAC	
Polk County Health Department	July 1, 2025 - June 30, 2026	\$6,136 to Polk County Health Department	DHHS-DBH Contract	Region 5 Systems	Corporate Compliance Team and BHAC	

Action Needed: Motion from the Board to approve these contracts.

Evidence-based Practice Contracts

Contracting Entity	Time Period	Contract Amount*	Funding Source	Primary Author(s)	Reviewed By	Purpose
Intuitive Mind Training and Consulting	July 1, 2025 - June 30, 2026	\$7,500 to Intuitive Mind Training and Consulting	DHHS-DBH Contract	Region 5 Systems	Corporate Compliance Team and BHAC	Training and consultation, by Josh Smith, to implement Dialectical Behavior Therapy (DBT) as an evidence-based practice (EBP) and evidence informed practice (EIP).
Motivate 2 Communicate, LLC	July 1, 2025 - June 30, 2026	\$2,500 to Motivate 2 Communicate, LLC	DHHS-DBH Contract	Region 5 Systems	Corporate Compliance Team and BHAC	Training and consultation, by Brenda Jennings, to implement Motivational Interviewing (MI) as an evidence-based practice (EBP) and evidence informed practice (EIP).
Sara Siebler	July 1, 2025 - June 30, 2026	\$400 per training day	DHHS-DBH Contract	Region 5 Systems	Corporate Compliance Team and BHAC	To provide payment to individuals who provide approved Dialectical Behavior Therapy (DBT) training within the Network.
Shireen Moshiri	July 1, 2025 - June 30, 2026	\$400 per training day	DHHS-DBH Contract	Region 5 Systems	Corporate Compliance Team and BHAC	

Action Needed: Motion from the Board to approve these contracts.

Suicide Prevention

Contracting Entity	Time Period	Contract Amount*	Funding Source	Primary Author(s)	Reviewed By	Purpose
University of Nebraska Public Policy Center	September 15, 2025 - September 14, 2026	\$30,000 to Region 5 Systems		Public Policy Center	Corporate Compliance Team and BHAC	To reduce overall suicide morbidity by 10% within the state of Nebraska and specifically among men ages 25-64 by 10%.
Better Living Foster Care and Family Services	July 1, 2025 - June 30, 2026	Up to \$400 to Better Living Foster Care and Family Services	To be determined	Region 5 Systems	Corporate Compliance Team and BHAC	Implementation of Zero Suicide transformational framework (set of best practices & tools) designed for behavioral health systems for safer care for those at risk for suicide.
CEDARS	July 1, 2025 - June 30, 2026	Up to \$400 to CEDARS	To be determined	Region 5 Systems	Corporate Compliance Team and BHAC	
Christian Heritage	July 1, 2025 - June 30, 2026	Up to \$400 to Christian Heritage	To be determined	Region 5 Systems	Corporate Compliance Team and BHAC	
Jenda Family Service	July 1, 2025 - June 30, 2026	Up to \$400 to Jenda Family Services	To be determined	Region 5 Systems	Corporate Compliance Team and BHAC	

Action Needed: Motion from the Board to approve these contracts.

*Contingent upon contract negotiation. If amount is greater than a 15% variance it will be brought before the Board for ratification.

Region 5 Systems

ADULT PREVENTION MINI-GRANT AWARD SUMMARY
2025 Summer Cycle

Applicant Name What requesting funding for	Amount Requested	Committee Recommendation	Committee Comments / Rationale 5/9/2025	State Approval 5/16/2025	BHAC Approval 5/28/2025	RGB Review 6/9/2025
David City Public Schools SAEBRS (2 sites)	\$1,500.00	\$1,500.00	✓ Substance use component Approved full amount	\$1,500.00	\$1,500.00	\$
Fillmore Central Public Schools Character Strong – additional support	\$1,500.00	\$1,500.00	✓ Substance use component Approved full amount	\$1,500.00	\$1,500.00	\$
SCIP Prevention Activity Fatal Vision THC Goggles	\$1,219.73	\$1,219.73	✓ Substance use component Approved full amount	\$1,219.73	\$1,219.73	\$
SCIP Prevention Materials Prevention Materials	\$2,300.00	\$2,300.00	✓ Substance use component Approved full amount	\$2,300.00	\$2,300.00	\$
TYKE Preschool eDECA	\$476.95	\$476.95	✓ Substance use component Approved full amount	\$476.95	\$476.95	\$
Whispering Acres OK Corral Series Certification	\$3,000.00	\$1,500.00	✓ Substance use component Support cost for one individual to be trained	\$1,500.00	\$1,500.00	\$
Wilber-Claytonia Public Schools Character Strong – additional support	\$1,500.00	\$1,500.00	✓ Substance use component Approved full amount	\$1,500.00	\$1,500.00	\$
Youth For Christ Rebalance Certification	\$3,000.00	\$1,525.00	✓ Substance use component Support training cost fees	\$1,525.00	\$1,525.00	\$
TOTAL	\$14,496.68	\$11,521.68		\$11,521.68	\$11,521.68	\$
Amount Available for Adult	\$5,503.32	\$8,478.32		\$8,478.32	\$8,478.32	

\$8,478.32 remaining for winter cycle

Region 5 Systems

CULTURALLY AND LINGUISTICALLY APPROPRIATE SERVICES GRANT AWARD SUMMARY
2025-2026

Applicant Agency Name Project Name or Description	Amount Requested	Review Committee Approved 5/9/2025	BHAC Approval 5/28/2025	RGB Approval 6/9/2025	Acceptance/ Decline Amount	Reimbursement Claim Amount / Date
Esperanza Family Services Training to enhance interpreter services in behavioral health settings (includes research and development, staff time, focus groups, and development of training materials)	\$3,500.00	\$3,000	\$3,000	\$	\$	
Esperanza Family Services Parent Support/Training (Mental Health Education, WRAP, and resource access information in Spanish)	\$4,550.00	\$2,300.00	\$2,300.00	\$	\$	
TOTAL:	\$8,050.00	\$5,300.00	\$5,300.00	\$5,300.00		
Amount Available:	\$10,000 ((\$5,000 for Prevention))					

Region 5 Systems CARF Policies and Procedures
Lincoln, Nebraska

Effective: 4/14/99
Revised: RGB 2/03, RGB 1/06, RGB 1/09
RA 6/09, RGB 1/12, RA 2/15,
RGB 4/15, RA 2/18, RA 7/21

■ Section 1 – ASPIRE to Excellence

F. Financial Planning & Management

DRAFT AS OF 5/5/25

POLICY INTENT

Region 5 Systems strives to be financially responsible and solvent, conducting fiscal management in a manner that supports its mission, values, and annual performance objectives. Fiscal practices adhere to established accounting principles and business practices, covering daily operational cost management, and incorporating plans for long-term solvency.

PROCEDURES

Standards 1.-2. Annual Financial Planning and Budget Process

Region 5 Systems' financial planning and management activities are designed to meet established outcomes for persons served and its organizational objectives, especially in the areas of potential financial risk such as reductions in funding or new regulations that might impact services. Also see Region 5 Systems' "Performance Measurement and Management" policies and procedures.

The fiscal year for Region 5 Systems is July 1 through June 30. Reasonable projections of revenue are documented in the funding notification from the Department of Health and Human Services (DHHS). This notification informs Region 5 Systems of funding allocations for federal and state dollars/county match requirements for the next fiscal year. Prior to the start of the fiscal year, the Regional budget planning process is reviewed and authorized on an annual basis, which includes budget categories and processes as follows:

1. Network Providers (services)

~~A Request for Approval (RFA) process, as applicable, is issued to current providers and reviewed by Region V Systems staff for input. Written documents compare current fiscal year activity with prior year's activity. Based on the RFA process and the allocation amount, the recommended allocation (by service) is written and is then submitted for review and input to the Behavioral Health Advisory Committee (BHAC), with final approval by the Regional Governing Board (RGB).~~

Once Region 5 Systems receives its annual preliminary funding allocation from the Nebraska Department of Health and Human Services, Division of Behavioral Health, Region 5 Systems issues a Request for Approval (RFA) to Network Providers. Provider submissions are reviewed by Region 5 Systems to ensure eligibility criteria is met before moving the request forward for formal approval. Based on the information received, the Regional Budget Plan is developed (by service). The sequence of events to present and seek approval for the Regional Budget Plan is:

- Preliminary Plan is presented to the BHAC and RGB for approval.
- The RGB-approved preliminary Plan is submitted to the Division of Behavioral Health for approval.

- The final Plan, as approved by the Division of Behavioral Health, is submitted to the BHAC and RGB for approval.
- Based on the final Plan approval, Region 5 Systems issues contracts to Network Providers for the new fiscal year.

2. Office

- a. Network Management
- b. System Coordination
- c. Prevention Coordination
- d. Youth Coordination
- e. Emergency Coordination
- f. Consumer Coordination
- g. Disaster Preparedness Coordination
- h. Family & Youth Investment (FYI)
- i. Rental Assistance Program (RAP)
- j. Continuous Quality Improvement (CQI)
- k. Housing & Urban Development (HUD)

A written budget is developed that compares current fiscal activity with the prior year's fiscal activity, including reasonable projections of revenues, expenses, and consideration for capital expenditure needs. The final draft office budget is then reviewed by the Corporate Compliance Team. A summary of the budget is presented and approved by the Regional Governing Board (RGB).

3. Other (e.g., grants)

The Corporate Compliance Team is responsible for budget development and monitoring for grants and other funding allocations that may be awarded throughout the fiscal year. Related budget information is presented to the BHAC, as applicable, and presented/approved by the Regional Governing Board (RGB).

4. Ongoing Monitoring

As applicable throughout the fiscal year, approved budgets/reports are disseminated to the Corporate Compliance Team, BHAC members, and RGB members for monitoring.

Standard 3.a.-c. Financial Results

Region 5 Systems' financial results shall be monitored on an on-going basis through fiscal management reports. These management reports include, at a minimum, the following:

- Balance Sheet, Income Statement, Department Budget, Summary Budget: These financial reports support the directives of Region 5 Systems' budget plan, tracking assets, liabilities, revenues, expenses, payments to Network Providers, and compare current activity to activity from the prior year. The Corporate Compliance Team is responsible for reviewing this information monthly.
- Capacity Utilization Summary/Contract Utilization Summary: This report tracks the Fee for Service/Non-Fee for Service (FFS/NFFS) capacity utilization by Region 5 Systems' Behavioral Health Network Providers on a monthly basis. Results of the report are used to determine if capacity adjustments are needed within the provider network (provider subcontracts for behavioral health

services). This information is reviewed at regularly scheduled Network Providers, BHAC, and RGB meetings.

Standard 4.a.(1)(2) Revenues and Expenses

REVENUES

~~State and federal pass through funding is provided to Region V Systems through the Nebraska Department of Health and Human Services. Nebraska statutes require that funding for Network Management/System Coordination and FFS/NFFS services come from matching county funds and state appropriations. Region V Systems also receives revenue from various contract arrangements and from interest received in investment accounts. As awarded, Region V Systems receives federal funding directly through federal contracts and grants.~~

Region 5 Systems receives the following funding to carry out its mission:

County Revenue

- ~~1. In the fourth quarter of each year, the proposed county match shall be presented to the Regional Governing Board.~~
- ~~2. Members of the Governing Board, which include representatives from each of the 16 counties that Region V Systems serves, approve the proposed county match and report to their individual counties the required county match.~~
- ~~3. The Fiscal Department shall bill each county monthly, quarterly, or annually, based on a pre-determined arrangement with each county.~~

Requirements under Statute §71-808

Each county in a behavioral health region shall provide funding for the operation of the behavioral health authority and for the provision of behavioral health services in the region. The total amount of funding provided by counties shall be equal to one dollar for every three dollars from the General Fund. The Division of Behavioral Health shall annually certify the total amount of county matching funds to be provided. At least forty percent of such amount shall consist of local and county tax revenue, and the remainder shall consist of other nonfederal sources. The RGB of each behavioral health authority, in consultation with all counties in the region, shall determine the amount of funding to be provided by each county.

Requirements under Interlocal Agreement

The RGB shall adopt a budget for each fiscal year in accordance with Neb. Rev. Stat. § 71-808(3), Region 5 Systems' Bylaws, and the following provisions:

- (a) The fiscal year of Region 5 Systems shall be the same as the fiscal year of the counties, as provided by law; and
- (b) Each county's share of the budget shall be calculated by multiplying the total budget by the percentage equal to each county's population divided by the aggregate population of all counties which are parties to the Interlocal Agreement; and
- (c) Region 5 Systems shall prepare and deliver a statement to each county of the amount owed by the counties. Each county, on or before September 1st of the fiscal year in which the

appropriations are made for the use of Region 5 Systems, shall pay at least one-fourth (1/4) of its share of the total appropriation into the Region 5 Systems fund, and shall pay at least one-third (1/3) of the remainder of such appropriation before the first (1st) day of each October, January, and April of the applicable fiscal year.

Requirements when Requesting Additional County Match

When developing the annual budget for the Regional System of Care, Region 5 Systems, in its capacity as the Regional Behavioral Health Authority, may request funding above the minimum required county match ("Additional Funding Notice") if it is deemed necessary to sustain support for the provision of behavioral health services in the Region. Region 5 Systems shall present the Additional Funding Notice, if any, to the RGB. Thereafter, the Additional Funding Notice, together with a written form of certification, will be sent to the respective county clerk and RGB member requesting that the matter be placed on the next county board meeting agenda (subject to Open Meetings Act requirements) to approve or disapprove the Additional Funding Notice. The county will be asked to return the written certification attesting to the results of the vote within 30 days following the date of the RGB meeting when the Additional Funding Notice was presented.

The following schedule is implemented prior to the start of each fiscal year to address county funding requests:

- March/April RGB Meeting: Statutorily required match and Additional Funding Notice (if applicable) is presented to RGB for review and approval to proceed as presented.
- April/May: By way of written certification, each county board will inform Region 5 Systems of the outcome of its county board's review of Region 5 Systems' funding request.

State and Federal Revenue

~~The state of Nebraska authorizes both state and federal appropriations to Region V Systems.~~

The Nebraska Unicameral appropriates state and federal funding to the Nebraska Department of Health and Human Services (Program 38). The Regional Behavioral Health Authorities receive their designated appropriation through an allocation from the Nebraska Department of Health and Human Services, Division of Behavioral Health.

Based on the approved "Regional Budget Plan" submitted to the Nebraska Department of Health and Human Services, Division of Behavioral Health, the Fiscal Department requests a monthly allocation for funds based on services provided. ~~by contracted providers.~~ The funds are used to provide services outlined in the "Regional Budget Plan."

Interest

To maximize Region 5 Systems' resources, the Director of Finance will work with community experts, the Corporate Compliance Team, and employ a variety of investment strategies to maintain the best possible financial solvency position.

Available cash on hand is placed in investment accounts as determined by the Director of Finance. ~~General Funds and any cash on hand is placed in a secured investment account as determined by the Fiscal Director.~~ All investment accounts are monitored by the Director of Finance and reported to the Regional Administrator, Corporate Compliance Team, and the Regional Governing Board.

EXPENSES

Expenses for the organization are tracked by line items to compare to the approved budget amounts. These comparisons are reviewed monthly by the Corporate Compliance Team and at regularly scheduled Regional Governing Board meetings.

REVENUES AND/OR EXPENSES FOR CONTRACTS/AGREEMENTS

Before contracts/agreements are executed by Region 5 Systems, each document is internally vetted to assess risk tolerance, budget considerations, compliance requirements, and deliverable expectations. This vetting process is initiated through Region 5 Systems' contract management software system and includes assessment by the Corporate Compliance Team. After the internal vetting process is complete, the contract/agreement is ready for the execution phase.

The Regional Administrator is the designated authority to execute all revenue- and expense-based contracts/agreements on behalf of Region 5 Systems, adhering to the following protocols:

Office Budget

The Regional Governing Board authorizes the Regional Administrator to execute contracts that fall within the approved annual **office budget**.

New Fiscal Year

Prior to the start of each fiscal year (July 1), a summary of all known contractual agreements (revenue/expenditures) with Region 5 Systems, outside the office budget, are presented for review to Network Providers, review for recommendation by the Behavioral Health Advisory Committee (as applicable), with final approval required by the Regional Governing Board.

After Start of Fiscal Year

Throughout the course of a fiscal year, Region 5 Systems may have a need to enter into additional contractual agreements with other entities ~~for one time or limited projects or other collaborative efforts that involve Region V Systems' employee resources~~. These contractual agreements may be for the purpose of expending funds by, or revenue to, Region 5 Systems.

If the contract/agreement is within the scope of Regional roles and responsibilities as directed by the Regional Governing Board, the Regional Administrator has the authority to execute contractual arrangements involving revenue or expenditures. A summary (revenue/expenditures) for contractual agreement(s) is presented at the earliest opportunity for review and approval by Network Providers and review for recommendation by the Behavioral Health Advisory Committee, as applicable, with final ratification required by the Regional Governing Board. These contractual commitments will be upheld unless the Governing Board otherwise directs the Regional Administrator to terminate the contract in accordance with termination clauses.

~~The Regional Administrator has the authority to commit to contractual arrangements for those contracts/agreements involving revenue or expenditures, as follows—~~

- ~~1. If the contract/agreement is within the scope of Regional roles and responsibilities as directed by the Regional Governing Board, the Regional Administrator may act in good faith to proceed with contract/agreement negotiations. Any contract/agreement that is considered out of the scope of Region V Systems' responsibilities may only be entered into with pre-approval from the Regional Governing Board.~~
- ~~2. If the contract/agreement is \$10,000-\$20,000 or below, the Regional Administrator may authorize the expenditures (or resources if a revenue-producing contract/agreement). Such~~

~~contracts/agreements shall be presented at the next regularly scheduled Regional Governing Board meeting for ratification by the Board.~~

- ~~3. If the contract/agreement is over \$10,000 \$20,000, the Regional Administrator may only authorize expenditures (or resources if a revenue producing contract/agreement) up to \$10,000 \$20,000 until such time as the Regional Governing Board approves the contract/agreement, which shall be presented at the next regularly scheduled Board meeting for approval. Upon approval of the contract/agreement outstanding expenditures will be authorized.~~
- ~~4. If the contract/agreement is amended from what was approved in Region V Systems' budget for that fiscal year, the Regional Administrator may authorize approval of the amendment, contingent upon the amendment representing a shift of 15 percent or less from the original amount in the contract/agreement. Such amendments do not require Regional Governing Board approval.~~
- ~~5. Due to the Nebraska Department of Health and Human Services' DocuSign procurement requirements to execute **annual contract renewals with the Region Behavioral Health Authorities**, the Regional Administrator is authorized to execute this form of contract renewal upon receipt to Region V Systems. Such contract(s) shall be presented at the next regularly scheduled Regional Governing Board meeting for ratification by the Board.~~

Behavioral Health System of Care Shifts throughout Fiscal Year

~~If modifications or revisions to the Budget Plan become necessary during the fiscal year, identified areas for adjustment and recommendations shall be first discussed with Region V Systems' Corporate Compliance Team. After that level of review, the revised Budget Plan is addressed with the appropriate area and then presented to the Behavioral Health Advisory Committee for input and review with subsequent approval from the Regional Governing Board. Budget adjustments may result in contract amendments and/or changes to Region V Systems' Office Budget.~~

~~Any revisions or amendments regarding Region V Systems' contracted services shall be reviewed by the Regional Administrator and recommendations brought to the Behavioral Health Advisory Committee and Regional Governing Board at their regularly scheduled meetings. At his/her discretion, the Regional Administrator may approve a 15 percent line item adjustment for Network Management should revisions to the office budget become necessary during the fiscal year. Such line item adjustments shall be presented at the next regularly scheduled Regional Governing Board meeting but do not require a motion for formal approval.~~

To maximize public funds in the Behavioral System of Care, the Regional Administrator has discretion to make funding shifts, increasing or decreasing funding, as deemed necessary. If modifications or revisions to the Regional Budget Plan are identified during the fiscal year, Region 5 Systems requests funding adjustments through the Division of Behavioral Health's shift approval process. At the next available meeting, the Regional Governing Board shall be asked to ratify Division-approved funding shifts that adjust a Network Provider's contract allocation.

Standard 4.a.-c. (3-4) Trends, Challenges, Opportunities, Management Information, and Areas for Improvement

Region 5 Systems' Corporate Compliance Team addresses internal and external financial trends and challenges as they occur to determine how such changes may affect the business needs of the organization. This includes the Corporate Compliance Team identifying areas needing improvement and acting as needed to implement improvements. At a minimum, this may include:

- Continually evaluating additional financial grants/opportunities that apply to the mission of Region 5 Systems.

- Monitoring like-business trends and best practices at the local and national level.
- Keeping actively involved with regulatory and legislative initiatives and changes.
- As part of Region 5 Systems' strategic plan, short- and long-term goals are monitored and incorporated into the decision-making process.

Standard 4.d. Financial Solvency

To support a system of long-term financial solvency and to aid in transitioning should Region 5 Systems cease operation, the organization maintains a general operating fund ("General Fund"). The Regional Governing Board adopts criteria for maintaining this General Fund, which is outlined below:

1. Region 5 Systems may retain up to but no more than six months of operating costs in its General Fund.
2. In addition to the six months of operating costs, \$100,000 may be reserved to aid Region 5 Systems' Network Providers in emergency situations (e.g., short-term loans, payroll advances, etc.).
3. Utilization of General Funds generated in excess of the established amount in this section will be addressed with the Regional Governing Board.
4. Utilization of any General Funds are granted only upon authorization from the Regional Governing Board.

~~Standard 5. Organizational Related Entities~~ This standard was removed by CARF.

~~Region 5 Systems is not a subsidiary of a parent entity and/or does not maintain legal relationships with other entities of a material benefit.~~

Standard 5.a.-b. Internal Control Practices

The Director of Finance has overall responsibility for Region 5 Systems' internal fiscal controls, reporting directly to the Regional Administrator. Upon hire, fiscal-related employees are trained on applicable fiscal duties as assigned to their respective position. To maintain up-to-date job competencies, Fiscal Department employees are expected to complete ongoing training as deemed necessary by the Director of Finance.

Major areas of responsibility for the Director of Finance include, but not limited to:

1. Approving the purchase of materials and capital equipment.
2. Authorizing disbursements.
3. Cash management, including investments and lines of credit.
4. Maintaining a fiscally viable budget.
5. Management oversight for all fiscal-related positions.
6. Check-signing authorization.
7. Payroll and benefits management.

CASH CONTROL

Functions relating to the handling of cash are distributed to various employees so as to not cause any one individual to be responsible for handling the income and expenses. Procedures are as follows:

1. Income

- The Administrative Assistant, who handles all incoming mail, distributes checks received to the Fiscal Associate I.
- The Fiscal Associate I deposits all checks received daily and records the total amount received in the check register.
- The Director of Finance and/or ~~Fiscal Associate II~~ [Assistant Finance Director](#) checks the activity in the bank accounts daily, through on-line banking, to determine if any direct deposits have been made to the accounts. If there are any deposits, those are identified and recorded in the check register (Excel spreadsheet).
- The Fiscal Associate I enters all income items into the computer accounting system daily.
- The ~~Fiscal Specialist~~ [Assistant Finance Director](#) reconciles the bank statements monthly.

2. Expenses

- The Administrative Assistant, who handles all incoming mail, distributes invoices for operating expenses to the [Fiscal mailbox](#). ~~Fiscal Associate II Assistant Fiscal Director.~~
- The Administrative Assistant, who handles all incoming mail, distributes invoices for other incurred expenses to the appropriate supervisor or employee who incurred the expense. The applicable employee then submits a ~~check payment~~ request to the ~~Fiscal Associate II Assistant Fiscal Director~~ [payment request file](#).
- ~~A Purchase Requisition is utilized to purchase non-specific budgeted items.~~
- The ~~Fiscal Associate II Assistant Fiscal Director~~ [appropriate Fiscal Department employee](#) verifies proper approval signatures and codes each invoice with the proper general ledger code and initial.
- The ~~Fiscal Associate I~~ [appropriate Fiscal Department employee](#) enters in the computer system the proper invoice and code number for each transaction.
- The ~~Fiscal Associate I~~ [Assistant Finance Director](#), on a weekly basis, ~~prints~~ [runs](#) checks ~~and ACH payments~~ and runs a check listing and the total amount of checks written in the check register (Excel spreadsheet).
- ~~The Fiscal Director and the Director of Operations & Human Resources are the primary check signatories; when either of these individuals is unavailable to sign checks, the CQI Director or Director of Network Services serves in a back-up capacity to sign checks.~~
- [The Director of Finance reviews the check and ACH listing report and approves distribution of funds via DocuSign. In the Director of Finance's absence, these positions are authorized to perform same functions: Director of Operations & Human Resources, Director of Continuous Quality Improvement, and Director of Network Services.](#)

3. Petty Cash

- The Fiscal Associate I maintains the petty cash.
- The petty cash is kept in a locked in a drawer.
- The Director of Finance, Director of Operations & Human Resources, or Fiscal Associates may authorize use of petty cash.
- Receipts are maintained in the petty cash box.

- Petty cash is reimbursed on an as-needed basis by the Fiscal Associate I and reviewed by the Director of Finance.

4. Credit Cards – General Use

- ~~Four~~ Credit cards are maintained in the Fiscal Department for checkout to employees.
- Appropriate paperwork (i.e., service authorization, check request, purchase request) must be completed prior to checking out a credit card. The paperwork is retained with check-out log, while the card is in use.
- Upon return of the credit card, receipts are attached to the previously provided paperwork and submitted to the Fiscal Associate I.
- The Fiscal Associate I holds submitted paperwork until the credit card billing is received and matches the paperwork submitted to the actual charges.
- Any unidentified charges are researched by the ~~Fiscal Associate II~~ Assistant Finance Director by going back to the check-out log.
- On a daily basis, the Director of Finance and/or ~~Fiscal Associate II~~ Assistant Finance Director checks the credit card accounts via on-line banking, to view the activity on the cards, for any unusual charges.
- ~~Two cards are maintained by the Operations Department to be used specifically for the purpose of the human resource or meeting activities. All appropriate paperwork/authorizations are submitted upon use.~~
- ~~One card is maintained by the Regional Administrator to be used primarily for travel/meals. All appropriate paperwork/authorizations are submitted upon use.~~

5. Credit Cards – Employee Issued

- Individual credit cards can be issued to an employee as access to an efficient and alternative means of payment for authorized credit card expenses. Region 5 Systems' Corporate Compliance Team will determine which positions are eligible to receive a Region 5 Systems credit card that is issued to an employee for his/her exclusive use.
- The credit card may be used for program participant-related expenses such as basic needs items and emergency or time-sensitive purchases that cannot wait for alternative methods of payment, or department-specific purchases such as human resources, meeting, or training activities. Utilization of the credit card for these situations must be in accordance with Region 5 Systems' current policies and procedures. ~~for those programs that serve consumers.~~
- Appropriate paperwork (i.e., service authorization and detailed receipts) is submitted to the ~~Fiscal Associate II~~ Assistant Finance Director ~~the next business day after the purchase.~~
- The ~~Fiscal Associate II~~ Assistant Finance Director holds submitted paperwork until the credit card billing is received and matches the paperwork submitted to the actual charges.
- Any unidentified charges are researched by the ~~Fiscal Associate II~~ Assistant Finance Director.

Also see Region 5 Systems' "Credit Cardholder Policy."

FRAUD PREVENTION

Region 5 Systems maintains internal fiscal controls to safeguard against fraud. This includes, but is not limited to, designating appropriate employees who have the authority to perform functions as listed below:

Receipt of Checks: The Fiscal Associate I records checks and deposits but does not have the authority to sign checks.

Monthly Bank Reconciliation: ~~When the monthly bank information (bank statement and cancelled checks) is received in the mail, the Administrative Assistant, who opens all the mail, shall not open the bank envelope. Instead, the bank envelope is presented to the Regional Administrator, who shall open the bank envelope and check to see if anything is out of the ordinary. The bank statement, out of the bank envelope, is accessed online by the Fiscal Specialist Assistant Finance Director for reconciliation.~~ The Director of Finance does not reconcile the bank statement. The Regional Administrator reviews ~~all the cancelled checks~~ a monthly Check Register and notes any inquiries on the *Checking Account Reconciliation – RA Review* form, which is subsequently given to the Director of Finance, who completes the “justification for check” portion of the form for the Regional Administrator’s review. This review documentation is maintained by the ~~Corporate Compliance Officer~~ Fiscal Department.

Authorized Signatories: Region 5 Systems’ banking institution only requires one signature on checks issued by the organization. ~~However, to ensure additional safeguards are in place, the Regional Governing Board has directed the organization to carry two signatures on each check whenever possible.~~ The Director of Finance, the Director of Operations & Human Resources, the Director of Continuous Quality Improvement, and Director of Network Services have the authority to sign checks and are bonded. The Regional Administrator does not have the authority to sign checks.

Payroll: To safeguard against fraud in relation to Region 5 Systems’ payroll and direct deposit to employees’ accounts, no member of the Fiscal Department will make changes to the demographic or direct deposit information for any employee. Region 5 Systems requires employees to make their own changes regarding this information, utilizing the payroll and HR system software.

INVESTMENT OF FUNDS

Region 5 Systems maintains funds in two types of accounts: 1) general checking account; and 2) Certificate of Deposit (CD). The Director of Finance and Assistant Finance Director have the authority to transfer funds from one account to another as deemed necessary. The general checking account is utilized for general income and expenses and is an account that also accrues interest. CDs are purchased in various lengths and amounts, not to exceed \$250,000 each.

Funds may be transferred to various accounts to maximize returns; for example: money market account and/or to purchase Certificates of Deposit (CD). The general checking account is insured by the FDIC for \$250,000. Funds in excess of \$250,000 are secured by Depository Pledge Agreement with Region 5 Systems’ banking institution.

When Region 5 Systems enters into a contractual relationship, contracts are assessed for investment restrictions.

CAPITAL EQUIPMENT

A list of all capital equipment is maintained by the Director of Finance. A depreciation schedule is updated annually during an independent examination (full audit), conducted by qualified independent auditing firm.

Standard 6.a.-b. Review of Representative Sampling of Bills of the Persons Served

Region 5 Systems requests reimbursement from the state of Nebraska, Department of Health & Human Services, for services provided on behalf of Family & Youth Investment. A two percent sample review of program participant files is conducted and documented quarterly to determine that billing statements match service information in the records of the persons served. To verify this, the Quality Team reviews the Child and Family Team Meeting Summary and contact notes. By reviewing these documents, the team is able to establish whether or not dates of service coincide with billed episodes of care, that the bills accurately reflect the service provided, and that proper billing and coding practices were followed. Noted trends, areas needing

improvement, and actions to be taken, as applicable, will be addressed through the CQI process. This standard is not applicable to the Regional Prevention Center (RPC) as it does not provide direct services. Region 5 Systems requests reimbursement from the state of Nebraska, Department of Health & Human Services, for services provided by the RPC Coalition Network.

Standard 7.a.-b. Fee Structures

Family & Youth Investment is required to complete a financial assessment for each family referred. For families meeting the financial eligibility criterion, there is no cost to participate. For families not meeting the financial eligibility criterion, the option of paying a monthly rate for participation is available.

This standard is not applicable to the Regional Prevention Center (RPC) as it does not provide direct services.

Region 5 Systems' housing-related programs are required to complete a financial assessment for each individual referred to determine if they meet eligibility criteria.

Standard 8.a.-b.(1-2) Annual Review/Audit of Financial Statements

Region 5 Systems' Organizational Audit

An independent examination (full audit), in accordance with Generally Accepted Accounting Principles (GAAP), is conducted annually by a qualified independent auditing firm. ~~that is prepared~~. This audit ensures that the organization is preparing financial statements in accordance with generally accepted accounting principles. This audit takes place within 90 days after the end of the fiscal year (June 30).

The selected auditing firm presents to Region 5 Systems an *Audit Findings and Recommendations* (management letter) at the completion of the audit. Such report is presented to the Regional Governing Board for review and acceptance, noting any quality improvement action that has been taken by Region 5 Systems in response to recommendations identified by the independent financial review. ~~direction in taking action in response to recommendations identified in this independent financial review.~~

Region 5 Systems' Direct Services Provision Audits (for FYI, Housing, and Regional Prevention Center)

DHHS conducts an audit of Region 5 Systems when we are the provider of services.

~~Per DHHS, the audit of services purchased must be completed by an independent, neutral entity not connected with the provider that is being audited other than a contractual relationship. Region 5 Systems does not audit itself for any capacity paid with funds under the Division contract. If Region 5 Systems is a provider, it (a) requests Division approval of another independent, neutral entity to complete the audit, (b) submits the name of the entity assigned to complete the audit in the annual Plan of Expenditures, or (c) requests the Division to complete the audit. The financial auditor (CPA firm) is an approved independent entity to complete the audit of services purchased.~~

Region 5 Systems' Network Provider Audits

Region 5 Systems agrees to provide the Division with ~~two (2) copies~~ a copy of the independent, neutral audits of all services purchased from Region 5 Systems and all subcontractors.

The audit of services purchased includes a review of any documentation including clinical records, ~~and~~ progress notes, financial records and/or other documentation and other tests and examinations as are deemed necessary to verify that the services purchased were delivered and that expenses are verified in financial records and are allowable costs. This type of audit is completed ~~on both Fee for Service services and Non-Fee for Service services,~~ whether the service was paid by unit (Fee for Service) or by expense reimbursement (Non-Fee-for-Service).

The audit of services purchased will include a review of all services that were billed to Region 5 Systems and to the Division according to Region 5 Systems' Contract with the Division. The audit of services purchased for Region 5 Systems and each subcontractor and all services must meet the following requirements:

1. At a minimum, the verification must review a random selection of at least two (2) percent or more of the services capacity purchased for all MH and SA services, with a minimum of 5 files total per service.
2. The sample size must be increased to at least 5 percent of the units purchased (FFS) or an additional month of expenses ~~or 5 percent of the annual capacity purchased~~ (NFFS) if either of the following ~~to~~ situations are present, ~~whichever is less:~~
 - a. ~~When errors are encountered in the initial sample and in the judgment of the reviewer there are a material number; or~~ A trend or a pattern of three or more exceptions or failures to complete or perform required activities or requirements within a single service or across services being reviewed is identified.
 - b. If the error rate exceeds five percent.
3. The randomly selected units purchased must be from at least two nonconsecutive months within the same fiscal year the services were purchased. ~~and must include services purchased from all locations that services are provided by Region V Systems and each subcontractor.~~

~~Standard 10.a. i. — Management of Funds for Persons Served~~ This standard was removed by CARF. ~~Region 5 Systems is not responsible for the personal funds of persons served in Family & Youth Investment.~~

P:\CARF Policy DRAFTS\1.F. Financial Planning and Mgt DRAFT_.docx

Region 5 Systems CARF Policies and Procedures
Lincoln, Nebraska

Effective: 4/14/99
Revised: RGB 2/03, RGB 1/06, RGB 1/09
RA 6/09, RGB 1/12, RA 2/15,
RGB 4/15, RA 2/18, RA 7/21

■ Section 1 – ASPIRE to Excellence

F. Financial Planning & Management

CLEAN DRAFT AS OF 5/5/25

POLICY INTENT

Region 5 Systems strives to be financially responsible and solvent, conducting fiscal management in a manner that supports its mission, values, and annual performance objectives. Fiscal practices adhere to established accounting principles and business practices, covering daily operational cost management, and incorporating plans for long-term solvency.

PROCEDURES

Standards 1.-2. Annual Financial Planning and Budget Process

Region 5 Systems' financial planning and management activities are designed to meet established outcomes for persons served and its organizational objectives, especially in the areas of potential financial risk such as reductions in funding or new regulations that might impact services. Also see Region 5 Systems' "Performance Measurement and Management" policies and procedures.

The fiscal year for Region 5 Systems is July 1 through June 30. Reasonable projections of revenue are documented in the funding notification from the Department of Health and Human Services (DHHS). This notification informs Region 5 Systems of funding allocations for federal and state dollars/county match requirements for the next fiscal year. Prior to the start of the fiscal year, the Regional budget planning process is reviewed and authorized on an annual basis, which includes budget categories and processes as follows:

1. Network Providers (services)

Once Region 5 Systems receives its annual preliminary funding allocation from the Nebraska Department of Health and Human Services, Division of Behavioral Health, Region 5 Systems issues a Request for Approval (RFA) to Network Providers. Provider submissions are reviewed by Region 5 Systems to ensure eligibility criteria is met before moving the request forward for formal approval. Based on the information received, the Regional Budget Plan is developed (by service). The sequence of events to present and seek approval for the Regional Budget Plan is:

- Preliminary Plan is presented to the BHAC and RGB for approval.
- The RGB-approved preliminary Plan is submitted to the Division of Behavioral Health for approval.
- The final Plan, as approved by the Division of Behavioral Health, is submitted to the BHAC and RGB for approval.
- Based on the final Plan approval, Region 5 Systems issues contracts to Network Providers for the new fiscal year.

2. **Office**

- a. Network Management
- b. System Coordination
- c. Prevention Coordination
- d. Youth Coordination
- e. Emergency Coordination
- f. Consumer Coordination
- g. Disaster Preparedness Coordination
- h. Family & Youth Investment (FYI)
- i. Rental Assistance Program (RAP)
- j. Continuous Quality Improvement (CQI)
- k. Housing & Urban Development (HUD)

A written budget is developed that compares current fiscal activity with the prior year's fiscal activity, including reasonable projections of revenues, expenses, and consideration for capital expenditure needs. The final draft office budget is then reviewed by the Corporate Compliance Team. A summary of the budget is presented and approved by the Regional Governing Board (RGB).

3. **Other (e.g., grants)**

The Corporate Compliance Team is responsible for budget development and monitoring for grants and other funding allocations that may be awarded throughout the fiscal year. Related budget information is presented to the BHAC, as applicable, and presented/approved by the Regional Governing Board (RGB).

4. **Ongoing Monitoring**

As applicable throughout the fiscal year, approved budgets/reports are disseminated to the Corporate Compliance Team, BHAC members, and RGB members for monitoring.

Standard 3.a.-c. Financial Results

Region 5 Systems' financial results shall be monitored on an on-going basis through fiscal management reports. These management reports include, at a minimum, the following:

- **Balance Sheet, Income Statement, Department Budget, Summary Budget:** These financial reports support the directives of Region 5 Systems' budget plan, tracking assets, liabilities, revenues, expenses, payments to Network Providers, and compare current activity to activity from the prior year. The Corporate Compliance Team is responsible for reviewing this information monthly.
- **Capacity Utilization Summary/Contract Utilization Summary:** This report tracks the Fee for Service/Non-Fee for Service (FFS/NFFS) capacity utilization by Region 5 Systems' Behavioral Health Network Providers on a monthly basis. Results of the report are used to determine if capacity adjustments are needed within the provider network (provider subcontracts for behavioral health services). This information is reviewed at regularly scheduled Network Providers, BHAC, and RGB meetings.

Standard 4.a.(1)(2) Revenues and Expenses

REVENUES

Region 5 Systems receives the following funding to carry out its mission:

County Revenue

Requirements under Statute §71-808

Each county in a behavioral health region shall provide funding for the operation of the behavioral health authority and for the provision of behavioral health services in the region. The total amount of funding provided by counties shall be equal to one dollar for every three dollars from the General Fund. The Division of Behavioral Health shall annually certify the total amount of county matching funds to be provided. At least forty percent of such amount shall consist of local and county tax revenue, and the remainder shall consist of other nonfederal sources. The RGB of each behavioral health authority, in consultation with all counties in the region, shall determine the amount of funding to be provided by each county.

Requirements under Interlocal Agreement

The RGB shall adopt a budget for each fiscal year in accordance with Neb. Rev. Stat. § 71-808(3), Region 5 Systems' Bylaws, and the following provisions:

- (a) The fiscal year of Region 5 Systems shall be the same as the fiscal year of the counties, as provided by law; and
- (b) Each county's share of the budget shall be calculated by multiplying the total budget by the percentage equal to each county's population divided by the aggregate population of all counties which are parties to the Interlocal Agreement; and
- (c) Region 5 Systems shall prepare and deliver a statement to each county of the amount owed by the counties. Each county, on or before September 1st of the fiscal year in which the appropriations are made for the use of Region 5 Systems, shall pay at least one-fourth (1/4) of its share of the total appropriation into the Region 5 Systems fund, and shall pay at least one-third (1/3) of the remainder of such appropriation before the first (1st) day of each October, January, and April of the applicable fiscal year.

Requirements when Requesting Additional County Match

When developing the annual budget for the Regional System of Care, Region 5 Systems, in its capacity as the Regional Behavioral Health Authority, may request funding above the minimum required county match ("Additional Funding Notice") if it is deemed necessary to sustain support for the provision of behavioral health services in the Region. Region 5 Systems shall present the Additional Funding Notice, if any, to the RGB. Thereafter, the Additional Funding Notice, together with a written form of certification, will be sent to the respective county clerk and RGB member requesting that the matter be placed on the next county board meeting agenda (subject to Open Meetings Act requirements) to approve or disapprove the Additional Funding Notice. The county will be asked to return the written certification attesting to the results of the vote within 30 days following the date of the RGB meeting when the Additional Funding Notice was presented.

The following schedule is implemented prior to the start of each fiscal year to address county funding requests:

- **March/April RGB Meeting:** Statutorily required match and Additional Funding Notice (if applicable) is presented to RGB for review and approval to proceed as presented.
- **April/May:** By way of written certification, each county board will inform Region 5 Systems of the outcome of its county board's review of Region 5 Systems' funding request.

State and Federal Revenue

The Nebraska Unicameral appropriates state and federal funding to the Nebraska Department of Health and Human Services (Program 38). The Regional Behavioral Health Authorities receive their designated appropriation through an allocation from the Nebraska Department of Health and Human Services, Division of Behavioral Health.

Based on the approved "Regional Budget Plan" submitted to the Nebraska Department of Health and Human Services, Division of Behavioral Health, the Fiscal Department requests a monthly allocation for funds based on services provided. The funds are used to provide services outlined in the "Regional Budget Plan."

Interest

To maximize Region 5 Systems' resources, the Director of Finance will work with community experts, the Corporate Compliance Team, and employ a variety of investment strategies to maintain the best possible financial solvency position.

Available cash on hand is placed in investment accounts as determined by the Director of Finance. All investment accounts are monitored by the Director of Finance and reported to the Regional Administrator, Corporate Compliance Team, and the Regional Governing Board.

EXPENSES

Expenses for the organization are tracked by line items to compare to the approved budget amounts. These comparisons are reviewed monthly by the Corporate Compliance Team and at regularly scheduled Regional Governing Board meetings.

REVENUES AND/OR EXPENSES FOR CONTRACTS/AGREEMENTS

Before contracts/agreements are executed by Region 5 Systems, each document is internally vetted to assess risk tolerance, budget considerations, compliance requirements, and deliverable expectations. This vetting process is initiated through Region 5 Systems' contract management software system and includes assessment by the Corporate Compliance Team. After the internal vetting process is complete, the contract/agreement is ready for the execution phase.

The Regional Administrator is the designated authority to execute all revenue- and expense-based contracts/agreements on behalf of Region 5 Systems, adhering to the following protocols:

Office Budget

The Regional Governing Board authorizes the Regional Administrator to execute contracts that fall within the approved annual office budget.

New Fiscal Year

Prior to the start of each fiscal year (July 1), a summary of all known contractual agreements (revenue/expenditures) with Region 5 Systems, outside the office budget, are presented for review to

Network Providers, review for recommendation by the Behavioral Health Advisory Committee (as applicable), with final approval required by the Regional Governing Board.

After Start of Fiscal Year

Throughout the course of a fiscal year, Region 5 Systems may have a need to enter into additional contractual agreements with other entities. These contractual agreements may be for the purpose of expending funds by, or revenue to, Region 5 Systems.

If the contract/agreement is within the scope of Regional roles and responsibilities as directed by the Regional Governing Board, the Regional Administrator has the authority to execute contractual arrangements involving revenue or expenditures. A summary (revenue/expenditures) for contractual agreement(s) is presented at the earliest opportunity for review by Network Providers and review for recommendation by the Behavioral Health Advisory Committee, as applicable, with final ratification required by the Regional Governing Board. These contractual commitments will be upheld unless the Governing Board otherwise directs the Regional Administrator to terminate the contract in accordance with termination clauses.

Behavioral Health System of Care Shifts throughout Fiscal Year

To maximize public funds in the Behavioral System of Care, the Regional Administrator has discretion to make funding shifts, increasing or decreasing funding, as deemed necessary. If modifications or revisions to the Regional Budget Plan are identified during the fiscal year, Region 5 Systems requests funding adjustments through the Division of Behavioral Health's shift approval process. At the next available meeting, the Regional Governing Board shall be asked to ratify Division-approved funding shifts that adjust a Network Provider's contract allocation.

Standard 4.a.-c. (3-4) Trends, Challenges, Opportunities, Management Information, and Areas for Improvement

Region 5 Systems' Corporate Compliance Team addresses internal and external financial trends and challenges as they occur to determine how such changes may affect the business needs of the organization. This includes the Corporate Compliance Team identifying areas needing improvement and acting as needed to implement improvements. At a minimum, this may include:

- Continually evaluating additional financial grants/opportunities that apply to the mission of Region 5 Systems.
- Monitoring like-business trends and best practices at the local and national level.
- Keeping actively involved with regulatory and legislative initiatives and changes.
- As part of Region 5 Systems' strategic plan, short- and long-term goals are monitored and incorporated into the decision-making process.

Standard 4.d. Financial Solvency

To support a system of long-term financial solvency and to aid in transitioning should Region 5 Systems cease operation, the organization maintains a general operating fund ("General Fund"). The Regional Governing Board adopts criteria for maintaining this General Fund, which is outlined below:

1. Region 5 Systems may retain up to but no more than six months of operating costs in its General Fund.
2. In addition to the six months of operating costs, \$100,000 may be reserved to aid Region 5 Systems' Network Providers in emergency situations (e.g., short-term loans, payroll advances, etc.).
3. Utilization of General Funds generated in excess of the established amount in this section will be addressed with the Regional Governing Board.
4. Utilization of any General Funds are granted only upon authorization from the Regional Governing Board.

Standard 5.a.-b. Internal Control Practices

The Director of Finance has overall responsibility for Region 5 Systems' internal fiscal controls, reporting directly to the Regional Administrator. Upon hire, fiscal-related employees are trained on applicable fiscal duties as assigned to their respective position. To maintain up-to-date job competencies, Fiscal Department employees are expected to complete ongoing training as deemed necessary by the Director of Finance.

Major areas of responsibility for the Director of Finance include, but not limited to:

1. Approving the purchase of materials and capital equipment.
2. Authorizing disbursements.
3. Cash management, including investments and lines of credit.
4. Maintaining a fiscally viable budget.
5. Management oversight for all fiscal-related positions.
6. Check-signing authorization.
7. Payroll and benefits management.

CASH CONTROL

Functions relating to the handling of cash are distributed to various employees so as to not cause any one individual to be responsible for handling the income and expenses. Procedures are as follows:

1. Income

- The Administrative Assistant, who handles all incoming mail, distributes checks received to the Fiscal Associate I.
- The Fiscal Associate I deposits all checks received daily and records the total amount received in the check register.
- The Director of Finance and/or Assistant Finance Director checks the activity in the bank accounts daily, through on-line banking, to determine if any direct deposits have been made to the accounts. If there are any deposits, those are identified and recorded in the check register (Excel spreadsheet).
- The Fiscal Associate I enters all income items into the computer accounting system daily.
- The Assistant Finance Director reconciles the bank statements monthly.

2. Expenses

- The Administrative Assistant, who handles all incoming mail, distributes invoices for operating expenses to the Fiscal Department mailbox.
- The Administrative Assistant, who handles all incoming mail, distributes invoices for other incurred expenses to the appropriate supervisor or employee who incurred the expense. The applicable employee then submits a payment request to the payment request file.
- The appropriate Fiscal Department employee verifies proper approval signatures and codes each invoice with the proper general ledger code and initial.
- The appropriate Fiscal Department employee enters in the computer system the proper invoice and code number for each transaction.
- The Assistant Finance Director, on a weekly basis, runs checks and ACH payments and runs a check listing and the total amount of checks written in the check register (Excel spreadsheet).
- The Director of Finance reviews the check and ACH listing report and approves distribution of funds via DocuSign. In the Director of Finance's absence, these positions are authorized to perform same functions: Director of Operations & Human Resources, Director of Continuous Quality Improvement, and Director of Network Services.

3. Petty Cash

- The Fiscal Associate I maintains the petty cash.
- The petty cash is kept in a locked in a drawer.
- The Director of Finance, Director of Operations & Human Resources, or Fiscal Associates may authorize use of petty cash.
- Receipts are maintained in the petty cash box.
- Petty cash is reimbursed on an as-needed basis by the Fiscal Associate I and reviewed by the Director of Finance.

4. Credit Cards – General Use

- Credit cards are maintained in the Fiscal Department for checkout to employees.
- Appropriate paperwork (i.e., service authorization, check request, purchase request) must be completed prior to checking out a credit card. The paperwork is retained with check-out log, while the card is in use.
- Upon return of the credit card, receipts are attached to the previously provided paperwork and submitted to the Fiscal Associate I.
- The Fiscal Associate I holds submitted paperwork until the credit card billing is received and matches the paperwork submitted to the actual charges.
- Any unidentified charges are researched by the Assistant Finance Director by going back to the check-out log.
- On a daily basis, the Director of Finance and/or Assistant Finance Director checks the credit card accounts via on-line banking, to view the activity on the cards, for any unusual charges.

5. Credit Cards – Employee Issued

- Individual credit cards can be issued to an employee as access to an efficient and alternative means of payment for authorized credit card expenses. Region 5 Systems' Corporate Compliance Team will determine which positions are eligible to receive a Region 5 Systems credit card that is issued to an employee for his/her exclusive use.
- The credit card may be used for program participant-related expenses such as basic needs items and emergency or time-sensitive purchases that cannot wait for alternative methods of payment, or department-specific purchases such as human resources, meeting, or training activities. Utilization of the credit card for these situations must be in accordance with Region 5 Systems' current policies and procedures.
- Appropriate paperwork (i.e., service authorization and detailed receipts) is submitted to the Assistant Finance Director.
- The Assistant Finance Director holds submitted paperwork until the credit card billing is received and matches the paperwork submitted to the actual charges.
- Any unidentified charges are researched by the Assistant Finance Director.

Also see Region 5 Systems' "Credit Cardholder Policy."

FRAUD PREVENTION

Region 5 Systems maintains internal fiscal controls to safeguard against fraud. This includes, but is not limited to, designating appropriate employees who have the authority to perform functions as listed below:

Receipt of Checks: The Fiscal Associate I records checks and deposits but does not have the authority to sign checks.

Monthly Bank Reconciliation: The bank statement is accessed online by the Assistant Finance Director for reconciliation. The Director of Finance does not reconcile the bank statement. The Regional Administrator reviews a monthly Check Register and notes any inquiries on the *Checking Account Reconciliation – RA Review* form, which is subsequently given to the Director of Finance, who completes the "justification for check" portion of the form for the Regional Administrator's review. This review documentation is maintained by the Fiscal Department.

Authorized Signatories: Region 5 Systems' banking institution only requires one signature on checks issued by the organization. The Director of Finance, the Director of Operations & Human Resources, the Director of Continuous Quality Improvement, and Director of Network Services have the authority to sign checks and are bonded. The Regional Administrator does not have the authority to sign checks.

Payroll: To safeguard against fraud in relation to Region 5 Systems' payroll and direct deposit to employees' accounts, no member of the Fiscal Department will make changes to the demographic or direct deposit information for any employee. Region 5 Systems requires employees to make their own changes regarding this information, utilizing the payroll and HR system software.

INVESTMENT OF FUNDS

Region 5 Systems maintains funds in two types of accounts: 1) general checking account; and 2) Certificate of Deposit (CD). The Director of Finance and Assistant Finance Director have the authority to transfer funds from one account to another as deemed necessary. The general checking account is utilized for general income and expenses and is an account that also accrues interest. CDs are purchased in various lengths and amounts, not to exceed \$250,000 each.

Funds may be transferred to various accounts to maximize returns; for example: money market account and/or to purchase Certificates of Deposit (CD). The general checking account is insured by the FDIC for \$250,000. Funds in excess of \$250,000 are secured by Depository Pledge Agreement with Region 5 Systems' banking institution.

When Region 5 Systems enters into a contractual relationship, contracts are assessed for investment restrictions.

CAPITAL EQUIPMENT

A list of all capital equipment is maintained by the Director of Finance. A depreciation schedule is updated annually during an independent examination (full audit), conducted by qualified independent auditing firm.

Standard 6.a.-b. Review of Representative Sampling of Bills of the Persons Served

Region 5 Systems requests reimbursement from the state of Nebraska, Department of Health & Human Services, for services provided on behalf of Family & Youth Investment. A two percent sample review of program participant files is conducted and documented quarterly to determine that billing statements match service information in the records of the persons served. To verify this, the Quality Team reviews the Child and Family Team Meeting Summary and contact notes. By reviewing these documents, the team is able to establish whether or not dates of service coincide with billed episodes of care, that the bills accurately reflect the service provided, and that proper billing and coding practices were followed. Noted trends, areas needing improvement, and actions to be taken, as applicable, will be addressed through the CQI process.

This standard is not applicable to the Regional Prevention Center (RPC) as it does not provide direct services. Region 5 Systems requests reimbursement from the state of Nebraska, Department of Health & Human Services, for services provided by the RPC Coalition Network.

Standard 7.a.-b. Fee Structures

Family & Youth Investment is required to complete a financial assessment for each family referred. For families meeting the financial eligibility criterion, there is no cost to participate. For families not meeting the financial eligibility criterion, the option of paying a monthly rate for participation is available.

This standard is not applicable to the Regional Prevention Center (RPC) as it does not provide direct services.

Region 5 Systems' housing-related programs are required to complete a financial assessment for each individual referred to determine if they meet eligibility criteria.

Standard 8.a.-b.(1-2) Annual Review/Audit of Financial Statements

Region 5 Systems' Organizational Audit

An independent examination (full audit), in accordance with Generally Accepted Accounting Principles (GAAP), is conducted annually by a qualified independent auditing firm. This audit ensures that the organization is preparing financial statements in accordance with generally accepted accounting principles. This audit takes place within 90 days after the end of the fiscal year (June 30).

The selected auditing firm presents to Region 5 Systems an *Audit Findings and Recommendations* (management letter) at the completion of the audit. Such report is presented to the Regional Governing Board for review and acceptance, noting any quality improvement action that has been taken by Region 5 Systems in response to recommendations identified by the independent financial review.

Region 5 Systems' Direct Services Provision Audits (for FYI, Housing, and Regional Prevention Center)
DHHS conducts an audit of Region 5 Systems when we are the provider of services.

Region 5 Systems' Network Provider Audits

Region 5 Systems agrees to provide the Division with a copy of the independent, neutral audits of all services purchased from Region 5 Systems and all subcontractors.

The audit of services purchased includes a review of any documentation including clinical records, progress notes, financial records and/or other documentation as are deemed necessary to verify that the services purchased were delivered and that expenses are verified in financial records and are allowable costs. This type of audit is completed whether the service was paid by unit (Fee for Service) or by expense reimbursement (Non-Fee-for-Service).

The audit of services purchased will include a review of all services that were billed to Region 5 Systems and to the Division according to Region 5 Systems' Contract with the Division. The audit of services purchased for Region 5 Systems and each subcontractor and all services must meet the following requirements:

1. At a minimum, the verification must review a random selection of at least two (2) percent or more of the services capacity purchased for all MH and SA services, with a minimum of 5 files total per service.
2. The sample size must be increased to at least 5 percent of the units purchased (FFS) or an additional month of expenses (NFFS) if either of the following situations are present:
 - a. A trend or a pattern of three or more exceptions or failures to complete or perform required activities or requirements within a single service or across services being reviewed is identified.
 - b. If the error rate exceeds five percent.
3. The randomly selected units purchased must be from at least two nonconsecutive months within the same fiscal year the services were purchased.



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RESOLUTIONS OF THE GOVERNING BOARD OF REGION 5 SYSTEMS

WHEREAS, the Governing Board of Region 5 Systems met on June 9, 2025, for the purpose of conducting the business of the Governing Board, and

WHEREAS, Region 5 Systems' mission is to support the wellness and recovery of people through the ongoing development and coordination of the Behavioral Health System of Care, and

WHEREAS, it is the intent of the Regional Governing Board to maximize public funds in the Behavioral System of Care, through the utilization of a balanced system of behavioral health services and support that are responsive to the mental health/substance use needs of and accessible to children, adults, and families residing and/or working in the Region 5 service area, and

WHEREAS, it is understood that the people's needs are best met in a system allowing flexibility to purchase the services, and

WHEREAS, it is also understood that the appropriate quantity of specific services purchased annually changes from year to year and throughout the year as the needs of the individuals being served transpire, and

NOW THEREFORE BE IT RESOLVED, the Region 5 Systems Governing Board hereby grants the Regional Administrator (RA), or his/her assigned designee, the authority at any time during any fiscal year to be the sole designated authorized person/signature approving funding shifts to the Nebraska Department of Health & Human Services, Division of Behavioral Health.

Dated and approved this _____ day of _____ 2025.

BY

Christa Yoakum
Chair of Region 5 Systems Governing Board