

Serving youth and young adults who reside
in the following counties:

- | | | | |
|-------------|-------------|--------------|------------|
| ♦ Butler | ♦ Johnson | ♦ Pawnee | ♦ Saunders |
| ♦ Fillmore | ♦ Lancaster | ♦ Polk | ♦ Seward |
| ♦ Gage | ♦ Nemaha | ♦ Richardson | ♦ Thayer |
| ♦ Jefferson | ♦ Otoe | ♦ Saline | ♦ York |

INTERPRETATION SERVICES AVAILABLE UPON REQUEST

Region 5 Systems prohibits discrimination on the basis of race, color, religion, national origin, sex (including pregnancy, childbirth (and related medical conditions), sexual orientation, or gender identity), age (40 and older), disability, genetic information, marital or family status, status as a covered veteran, political beliefs, or other factors which cannot be lawfully used as the basis for employment decisions, be excluded from participation in, be denied the benefits of, or be otherwise subjected to discrimination under any program, nor shall any applicant or employee be subjected to discrimination in the terms, conditions, or privileges of employment.

This project is funded 15%, \$346,854, by the Substance Abuse and Mental Health Services Administration (SAMHSA) grants B09SM087373 \$565,106 and B09SM089638 \$565,106, contracted through the Nebraska Department of Health and Human Services, Division of Behavioral Health. Additionally, 1%, \$15,000, of funding through Lancaster County Juvenile Probation is supporting the project.



Region 5 Systems is accredited by the Commission on Accreditation of Rehabilitation Facilities.

**If you are experiencing an emergency or personal crisis, please contact
any one of these options:**

988 (call, text, chat)

Suicide & Crisis Lifeline

For ASL, direct dial 988 from a videophone
or click "ASL Now" at www.988lifeline.org

402-475-6695 (24/7)

CenterPointe Helpline

1-877-409-6600 (after-hours)

Blue Valley Behavioral Health



Supporting Wellness and Recovery
in Behavioral Health

Family & Youth Investment Program

Strength-based, intensive, individualized care management
for children and young adults with serious or complex needs



402-441-4343

region5systems.net/how-we-help/family-youth-investment-program/

Region 5 Systems
3600 Union Drive
Lincoln, NE 68521

Toll-free: 1-877-286-4343
Fax: 402-441-4335
fyi@region5systems.net

When a youth or young adult is living with a serious mental health disorder, it comes with a special set of challenges for the family. Region 5 Systems' Family & Youth Investment (FYI) is here to help. FYI uses a "wraparound" approach—utilizing the family's trusted allies and natural support systems right in their community. Families in FYI learn creative ways to meet their goals and identify the resources and supports that are unique to mental health issues.



The approach begins with the principle "voice and choice," meaning, the perspectives of the family—including the child or young adult—are given primary importance during planning and activities. This allows for goals to be individualized, family driven, culturally competent, and community based.

FYI's primary areas of focus are to:

- Avert children from becoming state wards, preventing out-of-home placements, or involvement in emergency services;
- Reduce juvenile crime or contact with adult criminal justice systems;
- Increase school performance; and
- Facilitate a seamless transition from the youth to the adult behavioral health system.



Who do we serve?

FYI serves youth and young adults through age 25 who have a serious mental illness. Please call for a confidential screening.

Families must meet financial and diagnostic* eligibility requirements to receive support at no cost. For families not meeting eligibility criteria, the option of paying a monthly rate for participation is available. Please call 402-441-4343 for an appointment to determine if FYI is the right fit for your family.

*Participants who are diagnosed with a serious mental illness under the current edition of the *Diagnostic and Statistical Manual* published by the American Psychiatric Association.



Is this a confidential service?

Information will not be shared without a *release of information* signed by the parent or guardian.

