

REGIONAL GOVERNING BOARD

REGION 5 SYSTEMS MINUTES

June 16, 2025

Apac
4433 South 70th Street
Lincoln, NE
9:30 a.m.

MEMBERS PRESENT: Kenny Harre, Fillmore County; Emily Haxby, Gage County; Danielle Schwab, Jefferson County; Les Agena, Johnson County; Christa Yoakum, Lancaster County; Michael Weiss, Nemaha County; Jan Lang, Pawnee County; Jerry Westring, Polk County; John Caverzagie, Richardson County; Bill Reece, Saunders County; Darrell Zabrocki, Seward County

MEMBERS ABSENT: Scott Griess, Butler County; Dan Crownover, Otoe County; Brian Pribyl, Saline County; Dean Krueger, Thayer County; LeRoy Ott, York County

OTHERS PRESENT: Renee' Dozier, Theresa Henning, Patrick Kreifels, Sandy Morrissey, and Marti Rabe, Region 5 Systems

The meeting was called to order at 9:45 a.m. This Emergency Meeting of the Regional Governing Board was called due to the fact that a quorum was not present at the June 9, 2025, regularly scheduled meeting. The abbreviated agenda contains a number of critical action items that require approval before the next fiscal year beginning on July 1, 2025. Formal action will only be taken regarding those items listed below.

OPEN MEETINGS ACT INFORMATION

Yoakum noted the Open Meetings Act information is posted in the meeting room and reminded Board members that the meetings are open to the public and are audiotaped. The agenda is posted for public viewing at www.region5systems.net. Notification of this meeting and information regarding availability of the agenda was provided through a legal notice in the Lincoln Journal Star, published June 13, 2025.

PUBLIC COMMENT

There was no public comment.

ROLL CALL / AGENDA

Roll call followed. A quorum was present.

Present: Fillmore County, Gage County, Jefferson County, Johnson County, Lancaster County, Nemaha County, Pawnee County, Polk County, Richardson County, Saunders County, Seward County

Absent: Butler County, Otoe County, Saline County, Thayer County, York County

Lang made a motion, seconded by Agena, to approve the agenda as presented. Voting Aye were Fillmore County, Gage County, Jefferson County, Johnson County, Lancaster County, Nemaha County, Pawnee County, Polk County, Richardson County, Saunders County, Seward County; Absent: Butler County, Otoe County, Saline County, Thayer County, York County. Motion carried.

ACTION / PRIORITY ITEMS

FY 25-26 Regional Budget Plan:

- Kreifels presented the Regional Budget Plan explaining that the Region took a different approach to the planning process for the upcoming fiscal year, and a Budget Plan Summary was provided demonstrating the process. This document provides the framework for the Budget providing information regarding Provider Contracts, Region Coordination, Pooled Services and Other Services for a total of \$19,795,492. Key budget considerations were noted. Kreifels reviewed a number of requests for additional funding, submitted to DHHS, and noted that the only request, for an additional \$440,000 for housing, was not denied.
- Zabrocki made a motion, seconded by Weiss, to approve the Regional Budget Plan as presented. Roll call vote followed: Voting Aye were Fillmore County, Gage County, Jefferson County, Johnson County, Lancaster County, Nemaha County, Pawnee County, Polk County, Richardson County, Saunders County, Seward County; Absent: Butler County, Otoe County, Saline County, Thayer County, York County. Motion carried.

FY 25-26 Office Budget:

- Kreifels reviewed the Office Budget noting that the budget numbers for FY 24-25 were provided to provide context for this year's budget figures. Total income for the Office Budget is \$7,152,271, and total expenditures are anticipated to be \$7,152,271. Kreifels noted that costs for health insurance and employee benefits are reasons for the increase in the Office Budget.
- Weiss made a motion, seconded by Lang, to approve the Office Budget as presented. Roll call vote followed. Voting Aye were Fillmore County, Gage County, Jefferson County, Johnson County, Lancaster County, Nemaha County, Pawnee County, Polk County, Richardson County, Saunders County, Seward County; Absent: Butler County, Otoe County, Saline County, Thayer County, York County. Motion carried.

FY 24-25 Contractual Agreement: Henning presented an Evidence-based Practice Contract with Intuitive Mind Training and Consulting to provide enhanced skills training for individuals trained in DBT). Harre made a motion, seconded by Lang, to approve the FY 24-25 Contractual Agreement as presented. Voting Aye were Fillmore County, Gage County, Jefferson County, Johnson County, Lancaster County, Nemaha County, Pawnee County, Polk County, Richardson County, Saunders County, Seward County; Absent: Butler County, Otoe County, Saline County, Thayer County, York County. Motion carried.

FY 25-26 Contractual Agreements: Henning presented contracts in the following categories:

- Housing and Urban Development (HUD): The three contracts with HUD provide for Rural Transition-age Permanent Housing for transition age youth, Rural Permanent Supportive Housing in rural Region 5, and Lincoln Permanent Supportive Housing. Lang made a motion, seconded by Agena, to approve the HUD Contractual Agreements as presented. Voting Aye were Fillmore County, Gage County, Jefferson County, Johnson County, Lancaster County, Nemaha County, Pawnee County, Polk County, Richardson County, Saunders County, Seward County; Absent: Butler County, Otoe County, Saline County, Thayer County, York County. Motion carried.
- Nebraska Department of Health & Human Services (DHHS): These several contracts with DHHS are for the purpose of providing prevention, rental assistance, the transition voucher program, behavioral health coordination, network management service, prevention activities for high risk drinking and vaping, activities that reduce opioid overdose related deaths and abuse of prescription and illicit opioid and stimulants, and to provide funding for Projects for Assistance in Transition from Homelessness (PATH). Weiss made a motion, seconded by Lang, to approve the DHHS Contractual Agreements as presented. Voting Aye were Fillmore County, Gage County, Jefferson County, Johnson County, Lancaster County, Nemaha County, Pawnee County, Polk County, Richardson County, Saunders County, Seward County; Absent: Butler County, Otoe County, Saline County, Thayer County, York County. Motion carried.

- Collaborative Projects: These contracts with the City of Lincoln, Four Corners Health Department, BHECN and Wellbeing Initiative provide funding for BETA and youth BETA, create an efficient and effective volunteer database, focus on workforce development in the behavioral health field and provide consumer coordination activities and promote consumer involvement, respectively. Lang made a motion, seconded by Zabrocki, to approve the Collaborative Projects Contractual Agreements as presented. Voting Aye were Fillmore County, Gage County, Jefferson County, Johnson County, Lancaster County, Nemaha County, Pawnee County, Polk County, Richardson County, Saunders County, Seward County; Absent: Butler County, Otoe County, Saline County, Thayer County, York County. Motion carried.
- Projects for Assistance in Transition from Homelessness (PATH): This contract with CenterPointe provides PATH services to individuals who are at risk of homelessness or are homeless. Weiss made a motion, seconded by Zabrocki, to approve the PATH Contractual Agreement as presented. Voting Aye were Fillmore County, Gage County, Jefferson County, Johnson County, Lancaster County, Nemaha County, Pawnee County, Polk County, Richardson County, Saunders County, Seward County; Absent: Butler County, Otoe County, Saline County, Thayer County, York County. Motion carried.
- Emergency Protective Custody (EPC): These contracts with various counties in the Region 5 catchment area establish an agreement to utilize MHCC, Mary Lanning, and Fremont Methodist Hospital as appropriate. The contract with MHCC establishes MHCC as primary provider for crisis stabilization services. Kreifels pointed out that the EPC contracts are different this year because of the pilot project which would use Fremont Methodist Hospital for EPCs in Butler and Saunders Counties and use Mary Lanning Hospital for EPCs in Fillmore, Polk, Thayer, and York Counties. These pilot projects are anticipated to increase bed capacity. Agena made a motion, seconded by Lang, to approve the EPC Contractual Agreements as presented. Voting Aye were Fillmore County, Gage County, Jefferson County, Johnson County, Lancaster County, Nemaha County, Pawnee County, Polk County, Richardson County, Saunders County, Seward County; Absent: Butler County, Otoe County, Saline County, Thayer County, York County. Motion carried.
- Mental Health First Aid (MHFA): These seven contracts with various individuals are to provide Adult and / or Youth Mental Health First Aid training in the community. Zabrocki made a motion, seconded by Lang, to approve the MHFA Contractual Agreements as presented. Voting Aye were Fillmore County, Gage County, Jefferson County, Johnson County, Lancaster County, Nemaha County, Pawnee County, Polk County, Richardson County, Saunders County, Seward County; Absent: Butler County, Otoe County, Saline County, Thayer County, York County. Motion carried.
- Opioid Steering Committee – Obvious Expenditure: This contract with Whispering Acres would provide funding for capital construction of group space and a restroom if Whispering Acres is awarded funds from the Opioid Treatment Infrastructure Cash Fund RFA. Lang made a motion, seconded by Weiss, to approve a \$13,500 match for Whispering Acres application to the DHHS Opioid Treatment Infrastructure Cash Fund RFA, and if the DHHS Opioid Treatment Infrastructure Cash Funds are not awarded to Whispering Acres, to approve the original request from the Opioid Steering Committee to fund the entire project up to \$135,000. Voting Aye were Fillmore County, Gage County, Jefferson County, Johnson County, Lancaster County, Nemaha County, Pawnee County, Polk County, Richardson County, Saunders County, Seward County; Absent: Butler County, Otoe County, Saline County, Thayer County, York County. Motion carried.
- Network Provider: The contracts with Mary Lanning Hospital and Fremont Methodist Hospital establish an agreement for the respective provider to serve as the primary provider for EPC services in the adjacent counties as noted above. The contracts with Network Providers are for the provision of mental health and / or substance use services for adults and / or youth in Region 5 System's geographical area. Harre made a motion, seconded by Weiss, to approve the Network Provider Contractual Agreements as presented. Voting Aye were Fillmore County, Gage County, Jefferson County, Johnson County,

Lancaster County, Nemaha County, Pawnee County, Polk County, Richardson County, Saunders County, Seward County; Absent: Butler County, Otoe County, Saline County, Thayer County, York County. Motion carried.

- **Prevention Federal Block Grant Recipients:** These contracts with Block Grant Recipients are for the purpose of addressing substance use prevention by the various prevention coalitions. The contracts with Lincoln Police Department and Nebraska State Patrol are for the purpose of creating a law enforcement / youth partnership to ensure establishments are not selling to minors. The contract with The Truth Initiative will provide the EX program to enhance education, training and intervention for those smoking/vaping, the contract with Laura Osborne is for the entry of multi-county data into the Nebraska Prevention Information and Reporting System, and the remaining contracts will provide meeting facilitation, minutes, recruitment activities, and various other prevention activities. Lang made a motion, seconded by Zabrocki, to approve the Prevention Federal Block Grant Recipients as presented. Voting Aye were Fillmore County, Gage County, Jefferson County, Johnson County, Lancaster County, Nemaha County, Pawnee County, Polk County, Richardson County, Saunders County, Seward County; Absent: Butler County, Otoe County, Saline County, Thayer County, York County. Motion carried.
- **Evidence-based Practice Contracts:** These contracts will provide for training and consultation for DBT and Motivational Interviewing (MI), as well as provide approved DBH training within the network. Weiss made a motion, seconded by Agena, to approve the Evidence-based Practice Contractual Agreements as presented. Voting Aye were Fillmore County, Gage County, Jefferson County, Johnson County, Lancaster County, Nemaha County, Pawnee County, Polk County, Richardson County, Saunders County, Seward County; Absent: Butler County, Otoe County, Saline County, Thayer County, York County. Motion carried.
- **Suicide Prevention:** These contracts are for the purpose of reducing overall suicide morbidity as well as the implementation of Zero Suicide Transformational Framework. Weiss made a motion, seconded by Lang, to approve the Suicide Prevention Contractual Agreements as presented. Voting Aye were Fillmore County, Gage County, Jefferson County, Johnson County, Lancaster County, Nemaha County, Pawnee County, Polk County, Richardson County, Saunders County, Seward County; Absent: Butler County, Otoe County, Saline County, Thayer County, York County. Motion carried.

Summer 2025 (FY 25-26) Prevention Mini-Grant Summary: Morrissey reviewed the eight applications for Summer Mini-Grants providing Review Committee rationale for decisions. A total of \$14,496.68 was requested, and \$11,521.68 was recommended. Agena made a motion, seconded by Lang, to approve the Prevention Mini-Grant Summary applicants as presented. Voting Aye were Fillmore County, Gage County, Jefferson County, Johnson County, Lancaster County, Nemaha County, Pawnee County, Polk County, Richardson County, Saunders County, Seward County; Absent: Butler County, Otoe County, Saline County, Thayer County, York County. Motion carried.

FY 25-26 CLAS Grant Award Summary: Morrissey reviewed the two applications for CLAS funding for FY 2025-2026, briefly describing the projects to be funded. Lang made a motion, seconded by Zabrocki, to approve the CLAS Grant Award Summary projects as presented. Voting Aye were Fillmore County, Gage County, Jefferson County, Johnson County, Lancaster County, Nemaha County, Pawnee County, Polk County, Richardson County, Saunders County, Seward County; Absent: Butler County, Otoe County, Saline County, Thayer County, York County. Motion carried.

Revised Financial Planning & Management Policy: Kreifels reviewed the revisions to the Policy noting that the policy was developed by DeShon with input from Michael and Kreifels and was reviewed by CCT and the RGB Executive Committee. Kreifels noted that language was incorporated from the revised Interlocal Agreement and revised RGB Bylaws, which were approved by the Board in May. To maximize public funds, this policy would allow the Regional Administrator discretion to make funding shifts within Network Provider Contracts, and to negotiate with the Division to make shifts between providers without

prior Board approval. The Board would be asked to ratify any Division approved funding shifts at the next available meeting. Weiss made a motion, seconded by Zabrocki, to approve the Revised Financial Planning & Management Policy as presented. Roll call vote followed. Voting Aye were Fillmore County, Gage County, Jefferson County, Johnson County, Lancaster County, Nemaha County, Pawnee County, Polk County, Richardson County, Saunders County, Seward County; Absent: Butler County, Otoe County, Saline County, Thayer County, York County. Motion carried.

Resolution Authorizing RA to Execute Division of Behavioral Health Funding Shift Form: Kreifels stated that this Resolution is required by DHHS and is supposed by the Revised Financial Planning and Management Policy just approved. Harre made a motion, seconded by Weiss, to approve the Resolution Authorizing the Regional Administrator the authority to be the sole designated authorized person approving funding shifts to the DHHS, Division of Behavioral Health. Voting Aye were Fillmore County, Gage County, Jefferson County, Johnson County, Lancaster County, Nemaha County, Pawnee County, Polk County, Richardson County, Saunders County, Seward County; Absent: Butler County, Otoe County, Saline County, Thayer County, York County. Motion carried.

IMPORTANT DATES

- June 16 – Network Provider Meeting – 9:00 a.m. – Teams
- August 27 – BHAC Meeting – 10:00 a.m. at 3600 Union Drive Lincoln, NE
- September 8 – RGB Meeting – 10:15 a.m. at Apace, 4433 S 70th Street, Lincoln

ADJOURN

Lang made a motion, seconded by Agena, to adjourn the meeting at 10:22 a.m.