

Examples of Priority Activities

(For illustration only - others may be considered)

Parent Empowerment

- Parent support networks or discussion groups (formal or informal)
- Parent networks to change community norms on teen alcohol use (such as “Safe Homes”)
- Interactive parent training (2 or more sessions)

Environmental Efforts

- Responsible Beverage Service training
- Policy panels
- Workplace policy reviews/training
- Community forums on ATOD issues
- Forming community groups to address specific harmful ATOD norms or policies

Education/Alternatives for Higher-Risk Populations (see list)

- Service Learning activities
- Mentoring/tutoring activities
- Drug-free leadership opportunities training
- Challenge/Adventure experiences
- Drug-free recreation experiences

Higher-Risk Factors

(Examples only—other factors related to ATOD use may be considered)

NOTE: These factors statistically increase a person’s chances for experiencing alcohol/drug problems, but do not cause those problems. A variety of resiliency or protective factors can similarly lower the risk for problems. Region 5 uses these factors to help focus intensive prevention efforts on those for whom they will do the most good, without labeling the individuals involved.

YOUTH IN HIGHER-RISK ENVIRONMENTS/SITUATIONS MAY INCLUDE:

- * Economically disadvantaged
- * Children of alcoholic/drug-abusing parents
- * Abused or neglected
- * Beginning to associate with gang-oriented or drug-using groups
- * Latchkey situations
- * Homeless or runaway
- * Pregnant or parenting
- * Dropped out of, or experiencing failure in school
- * Experiencing mental health problems (including considering suicide)
- * Committed a violent or delinquent act

RISKS AT OTHER LIFE STAGES

- * Pregnant or post-partum mothers who use alcohol, tobacco or other drugs
- * Adults in “mid-life” crisis
- * Elders/seniors 65 and over, especially when isolated due to retirement or widowhood

Service for populations at higher risk may be selective (group risk factors are identified) or indicated (individuals are identified at a very high risk, but not diagnosed with alcohol/drug problems).