

**Region V Systems**

Promoting Comprehensive Partnerships in Behavioral Health

**Regional Governing Board**

**AGENDA**

**September 9, 2024**

At Apace, 4433 S 70<sup>th</sup>, Lincoln, NE

10:15 a.m. – Noon

**Noon – 1:00 p.m. Lunch and 50<sup>th</sup> Anniversary Reception for RGB**

Phone: 402-441-4343

Webpage: [www.region5systems.net](http://www.region5systems.net)

**ALL RGB MEETINGS ARE OPEN TO THE PUBLIC AND ARE AUDIOTAPED**

<b>AGENDA ITEM</b>	<b>ACTION NEEDED</b>	<b>PAGE</b>
<b>1. Housekeeping</b> .....	Discussion	N/A
<b>2. Open Meetings Act Information</b> .....	Discussion	Posted
<b>3. Roll Call</b> .....	Call the Roll	N/A
<b>4. Approve Agenda</b> .....	<b>Motion</b>	N/A
<b>5. Public Comment</b> .....	Discussion	N/A
<b>6. Employee Recognition</b> .....	Discussion	N/A
<b>7. Network Provider Presentation – Associates in Counseling and Treatment</b> .....	Discussion	N/A
<b>8. Action / Priority Items</b>		
A. June 10, 2024, Regional Governing Board Minutes .....	<b>Motion</b>	1-8
B. Financial Report .....	<b>Motion</b>	9-11
C. FY 24-25 Performance Improvement Plan – Draft .....	<b>Motion</b>	Attached
D. FY 24-25 Risk Management Plan – Draft .....	<b>Motion</b>	Attached
E. Revised Interlocal Agreement .....	<b>Motion</b>	12-24
F. Resolution for Stylistic Change to Name .....	<b>Motion</b>	25
G. If Needed, Closed Session .....	<b>Motion</b>	N/A
H. Lease Negotiations .....	<b>Motion</b>	N/A
<b>9. Other Updates / Information</b>		
A. Behavioral Health / Legislative Updates .....	Discussion	N/A
B. CARF Accreditation Report .....	Discussion	Attached
C. Medicaid Unwind .....	Discussion	N/A
D. Opioid Remediation Settlement Funds		
• Flex Fund Guidelines and Reimbursement Request Form .....	Discussion	26-28
• PhysLab Letter to Counties and Reimbursement Request Form .....	Discussion	29-30
E. ACH / Direct Deposit .....	Discussion	N/A
F. Medicare Reimbursement .....	Discussion	N/A
G. Coordinated Specialty Care (For Treatment of First Episode Psychosis) .....	Discussion	31-38
H. Department of Justice Investigation Update .....	Discussion	N/A
I. Stepping Up Initiative .....	Discussion	N/A
J. Zero Suicide .....	Discussion	N/A
K. Emergency System Update .....	Discussion	N/A
L. Regional Prevention Coalition System Update		
• Student Health and Risk Prevention (SHARP) Survey .....	Information only	N/A
M. SquareOne and Voluntary Crisis Response Center .....	Discussion	N/A
N. Network Continuous Quality Improvement		
• FY 23-24 Network CQI Q4 Synopsis .....	Discussion	39
• Evaluation of Dialectical Behavior Therapy Implementation .....	Information Only	N/A
• Evaluation of Motivational Interviewing Implementation .....	Information Only	N/A
O. Year-end FY 23-24 Capacity Utilization Summaries .....	Discussion	40-59
P. Year-end FY 23-24 Network Management Report .....	Discussion	60-62
Q. FY 24-25 Training Plan .....	Information Only	63

**10. Important Dates**

- September 16 – Network Provider Meeting – 9:00 a.m. – Teams
- November 6 – BHAC Meeting – 10:00 a.m. – Region V Systems, 1645 N Street, Lincoln, NE
- November 18 – RGB Meeting – 10:15 a.m. – Hybrid / Apace, 4433 S 70<sup>th</sup> Street, Lincoln, NE

## ABBREVIATIONS

### General Terms

### General Terms (continued)

ACT Team	Assertive Community Treatment / PIER	NFFS	Non-Fee-for-Service / Expense Reimbursement
ARPA	American Rescue Plan Act	NMT	Network Management Team
ASO	Administrative Service Organization	NOMS	National Outcome Measures
BH	Behavioral Health	NP	Network Provider
BHAC	Behavioral Health Advisory Committee	NPP	Nebraska Partnership Project
BHECN	Behavioral Health Education Center of NE	OCO	Office of Consumer Affairs
CAG	Capacity Access Guarantee	OTO	One-time-only
CARF	Commission on Accreditation of Rehabilitation Facilities	PATH	Projects for Assistance of Transition from Homelessness
CCBHC	Certified Community Behavioral Health Clinic	PIER	Partners in Empowerment and Recovery (ACT)
CBC	Community Benefits Center	PIP	Performance Improvement Plan
CCT	Corporate Compliance Team	PPP	Prevention Professional Partner
CDS	Centralized Data System	PRR	Psychiatric Residential Rehabilitation
CFS	Children and Family Services	QPR	Question, Persuade, Refer
CHE	Community Health Endowment	RA	Regional Administrator
CLAS	Culturally and Linguistically Appropriate Services	RAP	Rental Assistance Program
CMS	Centers for Medicare and Medicaid Services	REAL	Respond, Empower, Advocate, Listen
COD	Co-occurring Disorder	RFA	Request for Approval
CPC	Civil Protective Custody	RFP	Request for Proposals
CPI	Civil Protective Custody	RFQ	Request for Qualifications
CQI	Continuous Quality Improvement	RGB	Regional Governing Board
CRT	Crisis Response Team	RPC	Regional Prevention Center
DBH	Division of Behavioral Health	RPH	Rural Permanent Housing
DBT	Dialectical Behavioral Therapy	RPSC	Regional Prevention System Coordination
DHHS	Department of Health & Human Services	RQIT	Regional Quality Improvement Team
DSH	Disproportionate Share Hospital	SAMHSA	Substance Abuse and Mental Health Services Administration
EBC	Evidence Based Practices	SAVE	Systematic Alien Verification for Entitlements
EHR	Electronic Health Record	SCIP	School Community Intervention Program
EMDR	Eye Movement Desensitization and Reprocessing	SED	Serious Emotional Disturbance
EMR	Electronic Medical Record	SMI	Serious Mental Illness
EPC	Emergency Protective Custody	SOC	System of Care
ERCS	Emergency Community Support	SPF	Strategic Prevention Framework
FFS	Fee for Service	SPMI	Serious and Persistent Mental Illness
FIF	Families Inspiring Families	SUD	Substance Use Disorder
FTE	Full-Time Equivalent (Staff)	TAPP	Transition Age Professional Partner
FYI	Family & Youth Investment	TASC	Targeted Adult Service Coordination
HIPAA	Health Insurance Portability and Accountability Act of 1996	TAY	Transition Age Youth
HOPE	Higher Opportunities Through the Power of Employment	TIC	Trauma Informed Care
HPRP	Homelessness Prevention and Rapid Re-housing Program	WRAP	Wellness Recovery Action Plan
HUD	Housing and Urban Development		
IMD	Institutions for Mental Disease		
ITN	Intent to Negotiate		
JBC	Joint Budget Commission		
LINCS	Linking Individuals/Families in Need of Community Supports		
LRC	Lincoln Regional Center		
MH	Mental Health		
MHB	Mental Health Board		
MHFA	Mental Health First Aid		
MHSIP	Mental Health Statistics Improvement Program		
NABHO	National Association of Behavioral Health Organizations		
NACO	Nebraska Association of County Officials		
NAMI	National Alliance on Mental Illness		
NDRA	Nebraska Disaster Response Adult		

### Funded Agencies

ACT	Associates in Counselling and Treatment
BVBH	Blue Valley Behavioral Health
BBH	The Bridge Behavioral Health
Cntpt	CenterPointe
GW	Goodwill Industries
HS	HopeSpoke
HOH	Houses of Hope
IBHS	Integrated Behavioral Health Services
LFS	Lutheran Family Services
MHA	Mental Health Association
MHCC	Mental Health Crisis Center
ML	Mary Lanning Hospital
ST. M'S	St. Monica's
TC	Telecare Recovery Center