



REGION **V** SYSTEMS

Supporting Wellness and Recovery

STRATEGIC PLAN

FY 24-25, FY 25-26, & FY 26-27

**Submitted by Patrick Kreifels, Regional Administrator
Regional Governing Board Approved June 10, 2024**

MISSION

Support the wellness and recovery of people through the ongoing development and coordination of the behavioral health system of care.

VISION

People experiencing, affected by, or at risk of, mental health or substance use challenges receive care and enhance personal wellbeing.

VALUES

WELLBEING

- Encourage people to live a self-directed life to reach their full potential, while focusing on their strengths and understanding the effects of trauma.
- Promote whole health care to support peoples' wellness, resiliency, and recovery from the multi-dimensional effects of mental health and substance use challenges.
- Embrace SAMHSA's four dimensions of recovery: health, home, purpose, and community.

COLLABORATION AND INCLUSION

- Promote comprehensive partnerships with stakeholders in the planning and development of the behavioral health system.
- Support the capacity of people with lived experience to participate in all aspects of system design, planning, and implementation.
- All People have the right to be heard, treated with dignity, respect, inclusion, and empowered to make informed decisions.
- Advance, cultivate, and preserve a culture of belonging that demonstrates our humanity through our connection and interactions with each other.

ACCESS

- Increase access to a robust continuum of care where every door is the right door for welcoming people with behavioral health needs.

INNOVATION AND FLEXIBILITY

- Support innovative approaches and evidence-based practices in prevention, early intervention, treatment, and recovery to encourage healthier individuals, stronger families, and safer communities.
- Promote recovery-oriented services and support to meet the gaps and needs in the behavioral health system of care.
- Sustain a system of care that is adequately financed and offers flexibility of service design, delivery, and payment methodology.

DATA AND QUALITY DRIVEN

- Commit to standards of excellence.
- Embrace a culture of continuous quality improvement.
- Utilize data and evidence to inform decision-making in the development and delivery of services.
- Enhance peoples' experience of care (availability, accessibility, quality, and reliability); improve health outcomes; promote services that are efficient and effective and foster provider satisfaction.
- Promote transparency by openly sharing data with all stakeholders.

MULTIDIMENSIONAL CULTURE OF LEARNING

- Appreciation of differences.
- Openness to new ideas.
- Allow time for reflection.

Goal 1: Ensure the infrastructure is efficient, effective, and fiscally responsible to promote long-term stability, viability, sustained public confidence to meet business needs of the organization and ultimately enhancing personal wellbeing of the people we serve.

Objective 1: Evaluate positions, roles, responsibilities within the organization's infrastructure.

Objective 2: Increase automation.

Objective 3: Streamline processes and enhance efficiency within current electronic health record systems.

Objective 4: Evaluate and plan for a long-term office structure.

Goal 2: Explore and evaluate diversified funding options and opportunities.

Objective 1: Evaluate need; increased capacity to respond to the needs in community as applicable.

Objective 2: Explore funding to meet the behavioral health needs of people in our 16-county catchment area.

Objective 3: Conduct a cost-benefits analysis of creating a 501c3.

Goal 3: Influence the behavioral health system by understanding and advancing treatment, prevention, and recovery evidence-based practices for the best possible outcome of the people we serve.

Objective 1: Promote evidence-based practices and informed practices in the behavioral health system of care.

Objective 2: Participate in National Council for Mental Wellbeing national conferences and committees.

Objective 3: Foster a robust relationship with Substance Abuse Mental Health Services Administration.

Objective 4: Aid in the system transformation of the Certified Community Behavioral Health Clinics (CCBHC).

Goal 4: Identifying and understanding the gaps, needs, and strategies within the system of care.

Objective 1: Facilitate and convene comprehensive planning for development, integration, and coordination of services.

Objective 2: Sustain strong partnerships and collaborate with system partners to support behavioral health gaps within the system of care.

Objective 3: Support the retention and recruitment of the behavioral health workforce.

Objective 4: Increase the awareness of the Emergency system and promote flow so that individuals can receive treatment.

Objective 5: Address individuals living with mental health challenges and involved in the criminal justice system.

Objective 6: Maximize funds within the system of care in the development of new or expansion of existing services.

Goal 5: Engage and inform Nebraska (Unicameral & State Senators/Representatives) Legislators, County Officials, and community stakeholders on the importance of the behavioral health system of care, complementary payor system, and public safety net.

Objective 1: Continue membership and advocacy efforts with the Nebraska Association of Behavioral Health Organizations.

Objective 2: Participate in National Council for Mental Wellbeing Hill Day annually to support policy solutions for shaping the future and engagement with elected officials.

Objective 3: Build ongoing relationships with Nebraska Unicameral Senators to support policy and legislative solutions for shaping the future of the behavioral health system.

Objective 4: Improve the awareness and understanding of the general public on how to access behavioral health services within the continuum of care.

Objective 5: Promote the integration of housing and behavioral health services, and advocate for the inclusion of housing-related provisions in state-level behavioral health initiatives and funding allocations.

Objective 6: Collaborate with the United States Housing and urban Development (HUD) and local housing authorities to implement Housing First initiatives within the behavioral health system of care.

Goal 6: Foster a strong partnership with the Nebraska Division of Behavioral Health

Objective 1: Identify areas where there are strong partnerships and build upon them.

Objective 2: Clearly understand and support the vision of the behavioral health system of care.

Objective 3: Increase insight of the challenges experienced at the state level across the divisions within the Nebraska Department of Health & Human Services.

Goal 7: Promote a multidimensional culture of learning.

Objective 1: Create a culture that supports innovation, ideas, and multiple perspectives.

Objective 2: Support the professional developmental capacity of all employees by offering and encouraging learning opportunities.

Objective 3: Increase racial and ethnic inclusivity and address disparities within the organization and the system of care.