

**Region V Systems**  
**Consumer/Family Advisory Committee**  
**Meeting Minutes**  
**February 13, 2024 9:00 am – 11:00 am**

**CALL TO ORDER:** 9:05 am

**ROLL CALL:**

**Present:** Jenn Nelson, Lisa DeCoteau, Peggy Galloway, Brian Linderholm, Ashley Morin, Angela Pillow, Jeanette Wachtel, Julie Wismer, Makenzie Crew, Kalli Fandrich, Alaina Hulette, Kim Kinell,

**Absent:** Heather Anders (excused), So Lieb (excused), Debbie Buckley (excused), Kayla Bopenhagen (excused), Bridgette Trumble (excused).

**Non-members Present:** Sarah Jackson, Erica Quintero

***Quorum established (12 of 17 needed at roll call)***

**1. Welcome**

**2. Housekeeping**

**3. CONSENT AGENDA ITEMS:**

- A.** Agenda February 13, 2024 – Discussion regarding Zoom account for CFAC
- B.** Minutes: (No January meeting) December 12, 2023: *Motion to approve-Brian; Second-Lisa; passed unanimously*

**4. Presentation:** None

**5. EXECUTIVE COMMITTEE REPORT – Heather (Meets the 1<sup>st</sup> Tue. of month 9:00–10:00 am, via Teams)**

- Debbie is leaving the CFAC. The Special Projects committee needs a chair and co-chair. Debbie will give guidance in planning this year's BHC in Lincoln.
  - Alaina has agreed to be the new chair. Makenzie has agreed to be the new co-chair.
- CFAC is currently using the Region's Zoom account but will be applying for funding to get a separate account specifically for CFAC. For subcommittees, Wade can set up the meetings for now and provide the log-in information needed.
- We need to look at other things we can do to extend the CFAC. Look into advocacy and programming for family support (i.e. Finding Hope and Parents of Addicted Loved ones).

**6. STANDING COMMITTEE REPORTS:**

- **Funding Committee: Lisa (Meets 3<sup>rd</sup> Wednesday of month 1:00-2:00 pm via Zoom)**
  - Financial Summary: \$22,230.14 unallocated; \$24,047.70 actual
  - Funding Applications:

- Wellbriety for Alcohol & Drug Solutions for \$1,180.34: *Motion to approve-Ashley; second-Makenzie; passed unanimously*
  - Women Helping Women for Antelope Valley for \$1,650: *Motion to approve-Peggy; second-Makenzie; passed unanimously*
  - WRAP for Antelope Valley for \$1,700: *Motion to approve-Brian; second-Angela; passed unanimously*
  - Wellbriety for the Indian Center for \$1,400: *Motion to approve-Ashley; second-Jenn; passed unanimously*
  - Prosocial Activities for Alcohol & Drug Solutions for \$3,000: *Motion to approve-Kim; second-Brian; passed unanimously*
- Next Meeting: February 21st @ 1:00 via Zoom
- **Membership & Communications Committee: Peggy/So (Meets the 4th Tue of month 9:30–10:30am via Zoom)**
  - We will be working on getting the next newsletter out by the end of February/early March.
  - New Membership Applications:
    - Erica Quintero with Antelope Valley. Unanimous approval.
    - Sarah Jackson with Antelope Valley & Sapphire Counseling: Unanimous approval.
  - Next Meeting February 27th at 9:30 am via Zoom.
- **Bylaws, Policies, and Procedures Committee: Ashley**
  - Discussion needs to be held on current bylaws regarding the Regional Representative member vs. voting privileges.
  - Ashley will remain chair, Julie is co-chair, other members are Jenn and Sarah.
  - Next meeting TBD
- **Special Projects Committee: Debbie (Meets 3rd Mon of the month, 10-11 am via Zoom):**
  - No updates given. Angela, Kim, Erica, Brian and Peggy are on the committee. Debbie will be assisting with 2024 planning of BHC in Lincoln.
  - Next Meeting: TBD

## 7. Other Reports:

- Final Project Reports-The Indian Center – Bingo Night and meal.

## 8. Educational: Makenzie Crew-Dialectical Behavioral Therapy (DBT)

## 9. Upcoming Education:

- March-So
- April-TBD

## 10. Other Business:

- CFAC members not already on a subcommittee needs to pick one (minimum) or more if so desired.

## 11. Open Floor:

- Brian will continue working on surveys at the BHC as well as the attendance.

**12. Important Dates:** Listed on Agenda

**ADJOURNMENT:** The meeting adjourned at 10:56 am.