

Region V Systems

Promoting Comprehensive Partnerships in Behavioral Health

Regional Governing Board

AGENDA

September 11, 2023

At Region V Services, 3600 Union Drive, Lincoln, NE

10:15 a.m.

Phone: 402-441-4343

Webpage: www.region5systems.net

ALL RGB MEETINGS ARE OPEN TO THE PUBLIC AND ARE AUDIOTAPED

AGENDA ITEM	ACTION NEEDED	PAGE
1. Housekeeping	Discussion	N/A
2. Open Meetings Act Information	Discussion	Posted
3. Roll Call	Call the Roll	N/A
4. Approve Agenda	Motion	N/A
5. Public Comment	Discussion	N/A
6. Employee Recognition	Discussion	N/A
7. Network Provider Presentation – Natalya Young, Exec. Director of St. Monica’s	Discussion	N/A
8. Action / Priority Items		
A. June 12, 2023 Regional Governing Board Minutes	Motion	1-9
B. Financial Report	Motion	10-13
C. FY 22-23 Year-end Provider Contract Amendments	Motion	14
D. FY 23-24 Contractual Agreements		15
• Mental Health First Aid	Motion	
• Prevention	Motion	
• Miscellaneous	Motion	
E. Voluntary Crisis Response Center RFP Recommendation	Motion	N/A
F. FY 22-23 Site Visit Report Summaries	Motion	16-24
G. FY 23-24 Risk Management Plan – Draft	Motion	Attached
H. FY 23-24 Performance Improvement Plan – Draft	Motion	Attached
I. FY 22-23 DHHS Audit Monitoring Reports	Motion	25-27
9. Other Updates / Information		
A. June 12, 2023 RGB Executive Committee Minutes	Discussion	28
B. Behavioral Health / Legislative Updates	Discussion	N/A
C. Behavioral Health Stabilization Funds Update	Discussion	N/A
D. Medicaid Unwind	Discussion	N/A
E. Opioid Remediation Settlement Funds	Discussion	N/A
F. Emergency System Update	Discussion	N/A
G. Regional Prevention Coalition	Discussion	N/A
H. Lancaster County ARPA Collaborative Project – Family Resource Center	Discussion	N/A
I. Recovery & Wellness Engagement & Outreach Center	Discussion	N/A
J. Strategic Planning Efforts for FY 23-24	Discussion	N/A
K. Network Continuous Quality Improvement / Regional Data Overview	Discussion	Attached
L. Year-end FY 22-23 and July 2023 Capacity Utilization Summaries	Discussion	29-66
M. Year-end FY 22-23 Network Management Report	Discussion	67-69
N. Wellbeing Initiative Quarterly Report	Information Only	70-71
O. FY 23-24 Training Plan	Information Only	72-74

10. Important Dates

- September 11 – Executive Committee Meeting
- September 18 – Network Provider Meeting – 9:00 a.m. – Teams
- November 1 – BHAC Meeting – 10:00 a.m. – Hybrid / Region V Systems, 1645 N Street, Lincoln, NE
- November 13 – RGB Meeting – 10:15 a.m. – Hybrid / Region V Services, 3600 Union Drive, Lincoln, NE

ABBREVIATIONS

General Terms

General Terms (continued)

ACT Team	Assertive Community Treatment / PIER	NFFS	Non-Fee-for-Service / Expense Reimbursement
ARPA	American Rescue Plan Act	NMT	Network Management Team
ASO	Administrative Service Organization	NOMS	National Outcome Measures
BH	Behavioral Health	NP	Network Provider
BHAC	Behavioral Health Advisory Committee	NPP	Nebraska Partnership Project
BHECN	Behavioral Health Education Center of NE	OCO	Office of Consumer Affairs
CAG	Capacity Access Guarantee	OTO	One-time-only
CARF	Commission on Accreditation of Rehabilitation Facilities	PATH	Projects for Assistance of Transition from Homelessness
CCBHC	Certified Community Behavioral Health Clinic	PIER	Partners in Empowerment and Recovery (ACT)
CBC	Community Benefits Center	PIP	Performance Improvement Plan
CCT	Corporate Compliance Team	PPP	Prevention Professional Partner
CDS	Centralized Data System	PRR	Psychiatric Residential Rehabilitation
CFS	Children and Family Services	QPR	Question, Persuade, Refer
CHE	Community Health Endowment	RA	Regional Administrator
CLAS	Culturally and Linguistically Appropriate Services	RAP	Rental Assistance Program
CMS	Centers for Medicare and Medicaid Services	REAL	Respond, Empower, Advocate, Listen
COD	Co-occurring Disorder	RFA	Request for Approval
CPC	Civil Protective Custody	RFP	Request for Proposals
CPI	Continuous Quality Improvement	RFQ	Request for Qualifications
CRT	Crisis Response Team	RGB	Regional Governing Board
DBH	Division of Behavioral Health	RPC	Regional Prevention Center
DBT	Dialectical Behavioral Therapy	RPH	Rural Permanent Housing
DHHS	Department of Health & Human Services	RPSC	Regional Prevention System Coordination
DSH	Disproportionate Share Hospital	RQIT	Regional Quality Improvement Team
EBC	Evidence Based Practices	SAMHSA	Substance Abuse and Mental Health Services Administration
EHR	Electronic Health Record	SAVE	Systematic Alien Verification for Entitlements
EMDR	Eye Movement Desensitization and Reprocessing	SCIP	School Community Intervention Program
EMR	Electronic Medical Record	SED	Serious Emotional Disturbance
EPC	Emergency Protective Custody	SMI	Serious Mental Illness
ERCS	Emergency Community Support	SOC	System of Care
FFS	Fee for Service	SPF	Strategic Prevention Framework
FIF	Families Inspiring Families	SPMI	Serious and Persistent Mental Illness
FTE	Full-Time Equivalent (Staff)	SUD	Substance Use Disorder
FYI	Family & Youth Investment	TAPP	Transition Age Professional Partner
HIPAA	Health Insurance Portability and Accountability Act of 1996	TASC	Targeted Adult Service Coordination
HOPE	Higher Opportunities Through the Power of Employment	TAY	Transition Age Youth
HPRP	Homelessness Prevention and Rapid Re-housing Program	TIC	Trauma Informed Care
HUD	Housing and Urban Development	WRAP	Wellness Recovery Action Plan
IMD	Institutions for Mental Disease		
ITN	Intent to Negotiate		
JBC	Joint Budget Commission		
LINCS	Linking Individuals/Families in Need of Community Supports		
LRC	Lincoln Regional Center		
MH	Mental Health		
MHB	Mental Health Board		
MHFA	Mental Health First Aid		
MHSIP	Mental Health Statistics Improvement Program		
NABHO	National Association of Behavioral Health Organizations		
NACO	Nebraska Association of County Officials		
NAMI	National Alliance on Mental Illness		
NDRA	Nebraska Disaster Response Adult		

Funded Agencies

ACT	Associates in Counselling and Treatment
BVBH	Blue Valley Behavioral Health
BBH	The Bridge Behavioral Health
Cntpt	CenterPointe
GW	Goodwill Industries
HS	HopeSpoke
HOH	Houses of Hope
IBHS	Integrated Behavioral Health Services
LFS	Lutheran Family Services
MHA	Mental Health Association
MHCC	Mental Health Crisis Center
ML	Mary Lanning Hospital
ST. M'S	St. Monica's
TC	Telecare Recovery Center