

Region V Systems
 Program / Service Specifications
Youth and Family Crisis Response Center
 Released September 11, 2023

Funding Available	Geographic Location
\$1,150,000.00	The facility will be located in Lincoln, Nebraska and will serve individuals from all of the 16 counties that comprise the Region V Systems service area (Butler, Fillmore, Gage, Jefferson, Johnson, Lancaster, Nemaha, Otoe, Pawnee, Polk, Richardson, Saline, Saunders, and York).

General Summary:

The primary function of the Youth and Family Crisis Response Center will be to utilize a crisis response approach, including de-escalation strategies, crisis management and planning tools, and identification of natural and professional supports available to the youth and families/caregivers. The service provider will be expected to integrate four services (Crisis Response, Crisis Outpatient Psychotherapy, Emergency Community Support, and Mental Health Respite) to provide a seamless approach to meeting the needs of the youth and their family/caregivers. The facility will be available 24 hours per day, 7 days per week, 365 days per year. The Mental Health Respite program will consist of four (4) beds. Youth may reside in the Mental Health Respite program for up to five (5) days.

Additional information about these services is available within the Nebraska Continuum of Care Manual for Mental Health and Substance Use Disorders from the Nebraska Department of Health and Human Services, Division of Behavioral Health.

Special Considerations:

Crisis Response, Mental Health Respite, and Emergency Community Support services will be reimbursed on an expense reimbursement basis. Crisis Outpatient Psychotherapy sessions will be reimbursed at the Division of Behavioral Health statewide rate for all youth who meet service eligibility, financial eligibility, and verification of lawful presence requirements. The provider selected to operate the Youth and Family Crisis Response Center shall be enrolled with Nebraska Medicaid and contracted with all Medicaid Managed Care Organizations as a provider for Crisis Psychotherapy services. The provider will bill Nebraska Medicaid or one of the Medicaid Managed Care Organizations for all individuals enrolled in Nebraska Medicaid.

Service Type	Service	Unit	Rate
Authorized	Crisis Psychotherapy – First Hour	One Hour	\$132.26
Authorized	Crisis Psychotherapy – Additional 30 minutes (in addition to First Hour)	30 minutes	\$58.83

NOTE: Please refer to the applicable service definition (DBH or Nebraska Medicaid) for information on service expectations, staffing requirements, and length of services.

The provision of Mental Health Respite services will require a facility license from the Nebraska Department of Health and Human Services, Division of Public Health.

Verification of lawful presence in the United States and verification of financial eligibility must be completed for youth to receive Crisis Outpatient Psychotherapy, Mental Health Respite, and

Emergency Community Support services. The selected provider will utilize the appropriate sliding fee schedules for these services to identify whether a copayment will be required.

Target

Population:

The target population for the facility is youth (aged 18 and under) who are experiencing a behavioral health crisis and their family/caregivers.

Staffing

Requirements:

Staffing requirements for Crisis Response, Crisis Outpatient Psychotherapy, Emergency Community Support, and Mental Health Respite are noted in the Nebraska Continuum of Care Manual for Mental Health and Substance Use Disorders from the Nebraska Department of Health and Human Services, Division of Behavioral Health.