

Region V Systems
Consumer/Family Advisory Committee
Meeting Minutes
July 11, 2023 9:00 am – 12:00 pm

CALL TO ORDER: 9:03 am

ROLL CALL:

Present: Heather Anders, Debbie Buckley, Makenzie Crew, Lisa DeCoteau, Peggy Galloway, Cameron Hayes, So Lieb, Brian Linderholm, Ashley Morin, Jenn Nelson, Jeanette Wachtel

Absent: Chris Allende, April Dean, Bridgett Trumble, Julie Wismer

Non-members Present: None

Quorum established (9 of 9 needed at roll call)

1. Welcome

2. Housekeeping

3. Announcements:

4. CONSENT AGENDA ITEMS:

A. Agenda July 11, 2023:

B. Minutes: June 13, 2023: *Motion to approve-Debbie; Second-Brian; passed unanimously*

5. Presentation: None

6. EXECUTIVE COMMITTEE REPORT – Heather (Meets the 1st Tue. of month 9:00–10:00 am, via Zoom)

- Discussed Zoom account and mini-BHC
- Next meeting August 1st, 9:00-11:00 am via Zoom

7. STANDING COMMITTEE REPORTS:

- **Funding Committee: Lisa (Meets 3rd Wednesday of month 1:00-2:00 pm via Zoom)**
 - Financial Summary: Ending balance over budget \$567.53 but unused funds on approved projects that are complete is enough to cover that
 - Funding Applications:
 - Indian Center Bingo Meals: *Motion-Jenn; Second-Debbie; approved unanimously*
 - Next Meeting: July 19 @ 1:00 via Zoom
- **Membership & Communications Committee: Chris/So (Meets the 4th Tue of month 9:30–10:30am via Zoom)**
 - New Membership Applications:

- Makenzie Crew (renew): *Motion-Lisa; Second-Jenn; approved unanimously*
 - Jeanette Wachtel (renewal): *Motion-Debbie; Second-Cameron; approved unanimously*
- Discussed CFAC binders to be given to new members, are considering creating a digital copy to be distributed.
- Peggy has been doing an awesome job on social media! Going to increase posts.
- Next Meeting July 25 at 9:30 am via Zoom
- **Bylaws, Policies, and Procedures Committee-Ashley:**
 - Policies & Procedures Revisions:
 - Reviewed & discussed proposed revisions
 - Approval of Changes: *Motion to approve-Peggy; Second-Jeanette; Approved unanimously*
 - Next meeting TBD
- **Special Projects Committee Debbie:**
 - Behavioral Health Conference:
 - Brian compiled some data and offered to compile further data.
 - 40 people registered, 69 walk ins, total of 109
 - Spent all money approved
 - Got positive feedback on presenters
 - Next year, will gather feedback on conference overall
 - Ideas for future:
 - Send registration materials out sooner
 - Recruit speakers earlier
 - More diversity of presenters gather feedback on conference overall
 - Booths for organizations to have tables
 - Bigger space, bigger budget with community partners
 - More raffle items for men
 - Gather raffle items earlier (discussed space to store)
 - Assistance with designing program
 - Printing was very expensive
 - Have some leftover materials/bags that can be used for mini-BHC
 - Have CFAC t-shirts or polos for members to wear at different events, not specific to BHC theme & order tablecloth to use at events:
 - Ashley will check with vendor she used for t-shirts
 - Heather will put in funding app for tablecloth to use at events
 - Peggy will email Ashley, Debbie, & Heather the jpeg of CFAC logo
 - Project Connect will be in October; we will register to have a table there.
 - St. Monica's fundraiser "The Amazing Chase" coming up September 9th – do we want to register a team?
 - Next Meeting: TBD

8. Other Reports:

- Final Project Reports

9. Educational:

- Cameron-SMART Recovery

10. Upcoming Education:

- August-Heather
- September-So
- October-Debbie

11. Other Business:

- CPSS re-certification, CEU University and CEU process:
 - All Certified Peer Support Specialists need to apply for re-certification by August 31st.
 - CPSS certified prior to September 1, 2022 need 20 hrs of CEUs including 6 hrs of Ethics training.
 - Have to re-do APS/CPS background check – this takes some time, so it is recommended to plan ahead.
 - Heather will send email out containing resources for CEUs, could potentially post on Facebook and add resources as we find them.
- Mini BHC:
 - Heather has meeting with Lisa at Nebraska City Resource Center to discuss how many people they think they might have, etc.
 - Tentatively looking at October
- Zoom Account issues:
 - Region V switched to Teams. Not everyone might have access to Teams.
 - Proposed putting a funding app in to pay for a subscription to Zoom.
- Heather asked that committee chairs send her meeting minutes by 7 days before the regular meeting.

12. Open Floor:**13. Important Dates:** Listed on Agenda

ADJOURNMENT: The meeting adjourned at 10:55 am.