

Region V Systems
Promoting Comprehensive Partnerships in Behavioral Health
Regional Governing Board
AGENDA
June 12, 2023
At Region V Services, 3600 Union Drive
10:15 a.m.
Phone: 402-441-4343
Webpage: www.region5systems.net

ALL RGB MEETINGS ARE OPEN TO THE PUBLIC AND ARE AUDIOTAPED

AGENDA ITEM	ACTION NEEDED	PAGE
1. Housekeeping	Discussion	N/A
2. Open Meetings Act Information	Discussion	Posted
3. Roll Call	Call the Roll	N/A
4. Approve Agenda	Motion	N/A
5. Public Comment	Discussion	N/A
6. Action / Priority Items		
A. May 8, 2023 Regional Governing Board Minutes	Motion	1-6
B. FY 22-23 Contractual Agreements	Motion(s)	7
• State Opioid Response (SOR) Grant		
• Dialectical Behavior Therapy and Motivational Interviewing		
C. FY 23-24 Contractual Agreements	Motion(s)	8-12
• Nebraska, DHHS, Division of Behavioral Health		
• Projects for Assistance in Transition for Homelessness (PATH)		
• Emergency Protective Custody (EPC)		
• Network Provider		
• Prevention Federal Block Grant Recipients		
• Mental Health First Aid		
• Southeast Nebraska Disaster Volunteer Database		
• Evidence-based Practice Contracts		
• Housing and Urban Development (HUD)		
• Building Partner		
• Miscellaneous		
D. Financial Report	Motion	13-16
E. Regional Budget Plan / Office Budget	Motion	17-19
F. Voluntary Crisis Response Center	Motion	N/A
G. Region V Systems 23-24 Strategic Plan	Motion	Attached
H. Summer 2023 Prevention Mini-Grant Summary	Motion	20
I. BHAC Member Reinstatement	Motion	21
7. Other Updates / Information		
A. May 8, 2023 RGB Executive Committee Minutes	Discussion	22
B. Exit Survey Responses	Discussion	23-28
C. Behavioral Health / Legislative Updates	Discussion	N/A
D. Emergency System Update	Discussion	N/A
E. Regional Prevention Coalition	Discussion	N/A
F. Opioid Settlement Funds	Discussion	N/A
G. Lancaster County ARPA Collaborative Project – Family Resource Center	Discussion	N/A
H. Network Continuous Quality Improvement		
• FY 22-23 Q3 Regional Data Overview	Discussion	Attached
• FY 22-23 Q3 Stable Living and Employment at Discharge	Discussion	29-31
• FY 22-23 Q3 Complaints, Appeals and Critical Incidents	Discussion	32-39
• FY 22-23 Q3 Waitlist Report	Discussion	40-43
• FY 22-23 Q3 Ineligibles and Denials	Discussion	44-48
• FY 22-23 Q3 Zero Suicide Report	Discussion	49-50
I. Capacity Utilization Summaries	Discussion	51-68
J. Network Management Report	Discussion	69-71
K. FY 22-23 Training Plan	Discussion	72-73
8. Important Dates		
• June 12 – Executive Committee Meeting		
• June 26 – Network Provider Meeting – 9:00 a.m.		
• August 30 – BHAC Meeting – 10:00 a.m. – Region V Systems, 1645 N Street, Lincoln, NE		
• September 11 – RGB Meeting – 10:15 a.m. – Region V Services, 3600 Union Drive, Lincoln, NE		

ABBREVIATIONS

General Terms

General Terms (continued)

ACT Team	Assertive Community Treatment / PIER	NFFS	Non-Fee-for-Service / Expense Reimbursement
ARPA	American Rescue Plan Act	NMT	Network Management Team
ASO	Administrative Service Organization	NOMS	National Outcome Measures
BH	Behavioral Health	NP	Network Provider
BHAC	Behavioral Health Advisory Committee	NPP	Nebraska Partnership Project
BHECN	Behavioral Health Education Center of NE	OCO	Office of Consumer Affairs
CAG	Capacity Access Guarantee	OTO	One-time-only
CARF	Commission on Accreditation of Rehabilitation Facilities	PATH	Projects for Assistance of Transition from Homelessness
CCBHC	Certified Community Behavioral Health Clinic	PIER	Partners in Empowerment and Recovery (ACT)
CBC	Community Benefits Center	PIP	Performance Improvement Plan
CCT	Corporate Compliance Team	PPP	Prevention Professional Partner
CDS	Centralized Data System	PRR	Psychiatric Residential Rehabilitation
CFS	Children and Family Services	QPR	Question, Persuade, Refer
CHE	Community Health Endowment	RA	Regional Administrator
CLAS	Culturally and Linguistically Appropriate Services	RAP	Rental Assistance Program
CMS	Centers for Medicare and Medicaid Services	REAL	Respond, Empower, Advocate, Listen
COD	Co-occurring Disorder	RFA	Request for Approval
CPC	Civil Protective Custody	RFP	Request for Proposals
CQI	Continuous Quality Improvement	RFQ	Request for Qualifications
CRT	Crisis Response Team	RGB	Regional Governing Board
DBH	Division of Behavioral Health	RPC	Regional Prevention Center
DBT	Dialectical Behavioral Therapy	RPH	Rural Permanent Housing
DHHS	Department of Health & Human Services	RPSC	Regional Prevention System Coordination
DSH	Disproportionate Share Hospital	RQIT	Regional Quality Improvement Team
EBC	Evidence Based Practices	SAMHSA	Substance Abuse and Mental Health Services Administration
EHR	Electronic Health Record	SAVE	Systematic Alien Verification for Entitlements
EMDR	Eye Movement Desensitization and Reprocessing	SCIP	School Community Intervention Program
EMR	Electronic Medical Record	SED	Serious Emotional Disturbance
EPC	Emergency Protective Custody	SMI	Serious Mental Illness
ERCS	Emergency Community Support	SOC	System of Care
FFS	Fee for Service	SPF	Strategic Prevention Framework
FIF	Families Inspiring Families	SPMI	Serious and Persistent Mental Illness
FTE	Full-Time Equivalent (Staff)	SUD	Substance Use Disorder
FYI	Family & Youth Investment	TAPP	Transition Age Professional Partner
HIPAA	Health Insurance Portability and Accountability Act of 1996	TASC	Targeted Adult Service Coordination
HOPE	Higher Opportunities Through the Power of Employment	TAY	Transition Age Youth
HPRP	Homelessness Prevention and Rapid Re-housing Program	TIC	Trauma Informed Care
HUD	Housing and Urban Development	WRAP	Wellness Recovery Action Plan
IMD	Institutions for Mental Disease		
ITN	Intent to Negotiate		
JBC	Joint Budget Commission		
LINCS	Linking Individuals/Families in Need of Community Supports		
LRC	Lincoln Regional Center		
MH	Mental Health		
MHB	Mental Health Board		
MHFA	Mental Health First Aid		
MHSIP	Mental Health Statistics Improvement Program		
NABHO	National Association of Behavioral Health Organizations		
NACO	Nebraska Association of County Officials		
NAMI	National Alliance on Mental Illness		
NDRA	Nebraska Disaster Response Adult		

Funded Agencies

ACT	Associates in Counselling and Treatment
BVBH	Blue Valley Behavioral Health
BBH	Bridge Behavioral Health
Cntpt	CenterPointe
GW	Goodwill Industries
HS	HopeSpoke
HOH	Houses of Hope
IBHS	Integrated Behavioral Health Services
LFS	Lutheran Family Services
MHA	Mental Health Association
MHCC	Mental Health Crisis Center
ML	Mary Lanning Hospital
ST. M'S	St. Monica's
TC	Telecare Recovery Center