Region V Systems
Consumer/Family Advisory Committee
Meeting Minutes
May 9, 2023 9:00 am – 12:00 pm

CALL TO ORDER: 9:07 am

### **ROLL CALL:**

**Present:** Chris Allende, Heather Anders, Debbie Buckley, April Dean, Peggy Galloway, So Lieb, Brian Linderholm, Ashley Morin (9:22 am), Jenn Nelson, Bridgett Trumble, Jeanette Wachtel, Julie Wismer

Absent: Lisa DeCoteau, Cameron Hayes,

Non-members Present: Dorothy Miles, Sebastian Coolidge, Sarah Kelly, Melissa Bauers

Quorum established (10 of 9 needed at roll call)

### 1. Presentation:

## 2. CONSENT AGENDA ITEMS:

- A. Agenda May 9, 2023: Additions-members exploring serving on other subcommittees
- B. Minutes April 11, 2023: Motion to approve-Chris; Second-Bridgett; passed unanimously

### 3. FINANCIAL SUMMARY REPORT - Lisa

Absent

## 4. EXECUTIVE COMMITTEE REPORT – Heather (Meets the 1<sup>st</sup> Tue. of month 9:00–10:00 am, via Zoom)

- Heather shared synopsis of meeting
- Next meeting June 6, 2023, at 9:00 am via Zoom

### 5. STANDING COMMITTEE REPORTS:

- Funding Committee: Lisa (Meets 3<sup>rd</sup> Wednesday of month 1:00-2:00 pm via Zoom)
  - \*\*\*Funding app votes via closed ballot\*\*\*
  - Funding Applications:
    - W.I. WRAP Seminar II: Don't have funds to approve; will resubmit request
       July 1 with agreement that manuals can be used again.
    - CFAC BHC: Motion to Approve-Ashley; Second-Julie; Approved Unanimously
  - Next Meeting May 24 @ 1:00 via Zoom

# • <u>Membership & Communications Committee:</u> So (Meets the 4th Tue of month 9:30–10:30am via Zoom)

- Main discussion was around newsletter
- Discussed distributing this month to highlight activities for Mental Health Awareness events

- Reviewed newsletter
- o Next Meeting May 30 at 9:30 am

### • Bylaws, Policies, and Procedures Committee:

- Ashley sent out email to members to try to coordinate a meeting, would like to have in May so CFAC can vote in June
- Need additional committee members
- Lisa voted last year as Co-Chair, but is not listed on Bylaws committee. She would need to step down so we can vote in June for new co-chair
- o Reach out to Ashley with ideas

## • Special Projects Committee:

- o Behavioral Health Conference
  - Got all the fidgets, stuffing bags today.
  - Bridget is in charge of speakers & workshop presentations
  - Main speaker \$100; other two speakers \$50; all workshop presenters \$25
  - Remaining to be completed: Application for presenters w/bio & send out, update on evaluations for workshops, certificates of completion
  - Need raffle prizes
- Next Meeting: Monday May 22<sup>nd</sup> @ 10 am via Zoom, will begin meeting weekly in June

## 6. Other Reports:

None

### 7. Educational:

Team building activity/stuffing bags

## 8. Upcoming Education:

June: BHC PlanningJuly: Cameron

• August: Heather-The Importance of Laughter

**9. Open Floor:** CFAC Co-Chair is up for vote in June.

ADJOURNMENT: The meeting adjourned at 10:20 am.