

**Region V Systems
Consumer/Family Advisory Committee
Meeting Minutes
March 14, 2023 9:00 am – 12:00 pm**

CALL TO ORDER: 9:08 am

ROLL CALL:

Present: Chris Allende, Heather Anders, Debbie Buckley, Lisa DeCoteau, Peggy Galloway, Cameron Hayes, So Lieb, Brian Linderholm, Ashley Morin, Jenn Nelson, Jeanette Wachtel, Julie Wismer

Absent: Bridgett Trumble (excused)

Non-members Present: Dorothy Miles

Quorum established (11 of 8 needed)

1. Presentation: None

2. CONSENT AGENDA ITEMS:

- A. Agenda March 14, 2023: *Stands with no additions*
- B. Minutes February 14, 2023: *Motion to approve-Brian; Second-Lisa; passed unanimously*

3. FINANCIAL SUMMARY REPORT – Lisa

- As of 02/28/2023: \$14,534.38 available

4. EXECUTIVE COMMITTEE REPORT – Heather (Meets the 1st Tue. of month 9:00–10:00 am, via Zoom)

- Heather shared synopsis of meeting
- Next meeting April 4, 2023 at 9:00 am via Zoom

5. STANDING COMMITTEE REPORTS:

- **Funding Committee: Lisa (Meets 3rd Wednesday of month 1:00-2:00 pm via Zoom)**
 - *****Funding app votes via closed ballot*****
 - Funding Applications:
 - Bingo @ Indian Center: *Motion to Approve: Jenn; Second: Chris; 10 approved with one abstain*
 - Surviving to Thriving: *Motion to Approve: Lisa; Second: Jenn; passed unanimously*
 - WRAP Supplies for CFAC: *Motion to Approve: Ashley; Second: Brian; passed unanimously*
 - WRAP Supplies for Touchstone: *Motion to Approve: Brian; Second: So; approved unanimously*
 - Next Meeting March 15 @ 1:00 via Zoom

- **Membership & Communications Committee: So (Meets the 4th Tue of month 9:30–10:30am via Zoom)**
 - Met February 28, 2023
 - Sent out Newsletter
 - Discussion:
 - Increasing membership & recruiting
 - Getting newsletter into hands of people who don't have electronic access
 - Next Newsletter:
 - Ashley is featured member
 - Report for garden project at Touchstone
 - Have info in submitted by April 4th
 - Heather will reach out to Oasis for community organization spotlight
 - Next Meeting March 28 at 9:30 am

- **Bylaws, Policies, and Procedures Committee:**
 - Ashley is new chair
 - In the process of setting a date for a meeting

- **Special Projects Committee:**
 - Met on February 27th.
 - Behavioral Health Conference
 - Date is June 22, 2023
 - Will have at City Impact
 - Start thinking about subcommittees to serve on
 - Will be able to do set up the evening prior to conference
 - Discussed having this meeting to stay after and stuff bags as a team-building activity; will do May 9th – will do business portion of meeting 9-10/10:30 & bag stuffing/team building 10/10:30-noon. Heather will order breakfast pizza & fruit
 - Would like to lock in a theme next meeting
 - Next Meeting: March 27th @ 10:00 am

6. Other Reports:

- None

7. Educational:

- **Jeanette:** Stress, Anxiety, & Fear

8. Upcoming Education:

- **April:** Dorothy-Pain
- **May:** NONE due to team building activity/bag stuffing
- **June:** Cameron
- **July:** Heather-The Importance of Laughter

9. Open Floor:

ADJOURNMENT: The meeting adjourned at 10:25 am