Region V Systems Consumer/Family Advisory Committee Meeting Minutes February 14, 2023 9:00 am – 12:00 pm

CALL TO ORDER: 9:08 am

#### **ROLL CALL:**

**Present:** Chris Allende, Heather Anders, Debbie Buckley, Lisa DeCoteau, Peggy Galloway, So Lieb, Brian Linderholm, Ashley Morin, Jenn Nelson, Jeanette Wachtel, Julie Wismer

**Absent:** Cameron Hayes (excused), Bridgett Trumble (excused)

Non-members Present: Melissa Bowers, Sebastian Coolidge

Quorum established (10 of 8 needed)

1. Presentation: None

#### 2. CONSENT AGENDA ITEMS:

- **A.** Agenda February 14, 2023: *Stands with no additions Motion to approve: Chris; Second-Jenn; passed unanimously*
- B. Minutes January 10, 2023: Motion to approve-Chris; Second-So; passed unanimously

#### 3. BYLAWS COMMITTEE CHAIR:

- Nominations:
  - Ashley Morin: Motion-Jenn; Second-Chris; passed unanimously

#### 4. FINANCIAL SUMMARY REPORT - Lisa

- As of 01/31/2023: \$17,035.60 available with two approved requests not added yet
- \$6,000 allocated for Behavioral Health Conference
- Only 3 months left to submit applications
- Encourage applications for funding Heather talking to outside agencies about Recovery projects for funding.
- WRAP Workbooks
  - Chris would like to submit larger order to replenish CFAC library 500?
  - Agencies wanting WRAP materials:
    - 1. LFS-120
    - 2. MHA-100
    - 3. St. Monica's-100
    - 4. Wellbeing Initiative-50

# 5. EXECUTIVE COMMITTEE REPORT – Heather (Meets the 1<sup>st</sup> Tue. of month 9:00–10:00 am, via Zoom)

- Heather shared minutes
- Next meeting March 7, 2023 at 9:00 am via Zoom

#### 6. STANDING COMMITTEE REPORTS:

- Funding Committee: Lisa (Meets 3<sup>rd</sup> Wednesday of month 1:00-2:00 pm via Zoom)
  - \*\*\*Funding app votes via closed ballot\*\*\*
  - Funding Applications:
    - Sacred Voices Wellbriety Meeting: Motion-So; Second-Brian; passed unanimously
    - Peer Support Training for Nicholle Soukup: Motion-Jenn; Second-Ashley;
      passed unanimously
  - Lisa collecting donations for bingo prizes at Indian Center, will be funding app next month
  - Next Meeting February 15 @ 1:00 via Zoom

## Membership & Communications Committee: So (Meets the 4th Tue of month 9:30– 10:30am via Zoom)

- Met January 24, 2023
  - Membership currently at 13
  - Discussed spreading the word about funding for recovery projects
  - Discussed setting up table at upcoming events to increase awareness & potentially holding a BHC outside of Lancaster Co.
- o Discussion: holding BHC in a county outside of Lancaster Co.
- Reviewed upcoming newsletter will be sending out by end of this week, will include a link to sign up for if people would like to be on mailing list. Chris encouraged members to distribute newsletter.
- Next Meeting February 28 at 9:30 am

#### • Bylaws, Policies, and Procedures Committee:

- Funding applications are supposed to be voted on via closed ballot per bylaws;
  Funding Committee will submit request to change that to open vote.
- o New chair elected earlier in this meeting.

### • Special Projects Committee:

- Met on January 31.
- o Will begin planning for Behavioral Health Conference
  - Need to decide date (May 25<sup>th</sup>?)
  - Debbie is inquiring about different venues
  - Taking ideas about themes
- Meeting February 27 @ 10:00 am

#### 7. Other Reports:

- None
- **8.** Educational: Brian Linderholm

#### 9. Upcoming Education:

- March-Debbie
- April-TBD

#### 10. CFAC Team Building Activity:

Heather collecting ideas for team building activity & times

# 11. Open Floor:

ADJOURNMENT: The meeting adjourned at 10:57 am