

**Region V Systems
Consumer/Family Advisory Committee
Meeting Minutes
November 8, 2022, 9:00 am – 12:00 pm**

CALL TO ORDER: 9:06 am

ROLL CALL:

Present: Chris Allende, Heather Anders, Lisa DeCoteau, Peggy Galloway, Cameron Hayes, Brian Linderholm, Ashley Morin (partial), Jenn Nelson, Bridgett Trumble

Absent: Austin Booher, Debbie Buckley, So Lieb (excused), Dorothy Miles (excused), Angela Pillow, Heidi Martinez-Reyes, Jeanette Wachtel (excused), Kellie Weirs, Caitlin Williams, Julie Wismer (excused)

Non-members Present: Jeanette Colby

Quorum not established (8 voting members of 11 needed)

1. Presentation: Jason's Heart – *jasonsheart.org*

2. Discussion:

- **Attendance:** We have struggled with attendance lately which prevents CFAC from conducting any business that require a vote. We have not met quorum several times & have had to reach out to members not in attendance in order to get votes. Membership on CFAC is a commitment, and members who have struggled with attendance are encouraged to evaluate whether membership is still something that fits into their lives. Meetings are 9am-12pm; members should plan to attend meeting in full. Meetings are open; anyone can attend regardless of membership. Please contact Heather if you need to miss a meeting and give your absentee votes on items requiring votes. Members can vote via text or email.
 - **Ideas:**
 - Can we re-write by-laws so that quorum is 60% of people in attendance vs. 60% of full membership? Could send the message that attendance is not required. Could also lead to small number of committee members making decisions for entire membership.

3. CONSENT AGENDA ITEMS:

- A. *Agenda November 8, 2022: stands with no additions*
- B. *Minutes October 11, 2022: Motion to approve-Bridgett; Second-Lisa; unanimously approved with 3 absentee electronic votes*

4. Bylaws: Tabled to next month's meeting

5. FINANCIAL SUMMARY REPORT – Lisa

- \$22,401.32 available; \$5,000 allocated for Behavioral Health Conference
- Only 6 months left to submit applications

6. EXECUTIVE COMMITTEE REPORT – Heather (Meets the 1st Tue. of month 9:00–10:00 am, via Zoom)

- Reviewed Minutes November 1, 2022
- Next meeting December 6, 2022 at 9:00 am via Zoom

7. STANDING COMMITTEE REPORTS:

- **Funding Committee: Lisa (Meets 3rd Wednesday of month 1:00-2:00 pm via Zoom)**
 - Funding Apps:
 - Helping Women Recover (LFS) - \$1600: *Motion to Approve-Jenn, Second-Chris; Unanimous approval with 4 absentee electronic votes*
 - Voting on Funding Applications is to be done via closed ballot per By-laws/Policies & Procedures
 - Final Project Reports: none
 - New meeting time: 3rd Wednesday of month 1:00-2:00 pm via Zoom
 - Reach out to Lisa if interested in being on Funding Committee
 - Next meeting November 16, 2022 at 1:00 pm via Zoom
- **Membership & Communications Committee: Chris (Meets the 4th Tue of month 9:30–10:30am via Zoom)**
 - Reviewed minutes from last meeting 10/25/22
 - Newsletter:
 - Coming out this week
 - Contains a lot of resources for holiday season
 - Need to get the newsletters in people’s hands. Members are encouraged to pass the newsletter on as well as print the newsletter to distribute to staff at respective organizations as well as individuals accessing services.
 - Brian speaking with group homes to discuss getting newsletter into the hands of residents.
 - Reviewed newsletter
 - Meetings are open meetings. Even if people can’t vote, they can be heard.
 - Next meeting November 22, 2022 at 9:30 am
- **Bylaws, Policies, and Procedures Committee: Dorothy (absent)**
- **Special Projects Committee: Debbie (Absent)**

8. Other Reports:

- None

9. Educational: Heather – “Finding Purpose”

10. Upcoming Education:

- **December**-Lisa
- **January**-Austin

11. Open floor:

- Members are encouraged to attend in person if possible.

ADJOURNMENT: The meeting adjourned at 10:31 am