

**Region V Systems**  
**Promoting Comprehensive Partnerships in Behavioral Health**

**Behavioral Health Advisory Committee (Hybrid)**

February 1, 2023

10:00 a.m. – 11:30 a.m.

1645 N Street, Lincoln, Nebraska

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Webpage: [www.region5systems.net](http://www.region5systems.net)

**ALL BHAC MEETINGS ARE OPEN TO THE PUBLIC AND ARE AUDIOTAPED**

Zoom: <https://us02web.zoom.us/j/87504672999?pwd=ZWtuMkR3OWk3RTRmaERZYkZWZ0NnZz09>

AGENDA ITEM	ACTION NEEDED	PAGE
1. Housekeeping and Introductions .....	Discussion	N/A
2. Additions to Agenda (Non-Motion Items) .....	Discussion	N/A
3. Open Meeting Act Information .....	Discussion	N/A
4. Public Comment .....	Discussion	N/A
5. Employee Recognitions .....	Discussion	N/A
6. Consent Agenda .....	<b>Motion</b>	1-9
• Minutes – November 2, 2022		
• FY 22-23 Compliance Management Report		
• Regional Governing Board Report		
7. Action / Priority Items		
A. Contracts – Strategic Prevention Framework .....	<b>Motion(s)</b>	10
• Lincoln Police Department		
• Mental Health Association		
• Partners for Insightful Evaluation		
• Starfish Enterprises Ltd.		
• Trevor Linn		
• Intuitive Mind Training and Consulting		
B. Conflict of Interest Summary Report.....	<b>Motion</b>	11
8. Other Updates / Information		
A. Behavioral Health / Legislative Updates .....	Discussion	Attached
B. Division of Behavioral Health Transition – Tony Green.....	Discussion	N/A
C. Network Provider Service Expansion.....	Discussion	N/A
D. Budget Plan Process and Timeline .....	Discussion	N/A
E. Bipartisan Safer Community Act Grant.....	Discussion	12-17
F. DBH – Transformation of the System .....	Discussion	18
G. Lancaster County ARPA Collaborative Projects.....	Discussion	N/A
H. Opioid Settlement Funds .....	Discussion	N/A
I. MLTC Continuous Coverage Requirement Unwind .....	Discussion	Attached
J. Emergency System .....	Discussion	19-23
K. Network Continuous Quality Improvement .....	Discussion	N/A
L. FY 22-23 Capacity Utilization Summaries.....	Discussion	24-40
M. Wellbeing Initiative Quarterly Report Q2 .....	Discussion	41-42
N. 2023 BHAC Survey.....	Discussion	N/A
O. Training		
• EMDR Training Options.....	Discussion	N/A
• WRAP Facilitator Training (Provided by Wellbeing Initiative, Inc).....	Discussion	43
• FY 22-23 Training Plan .....	Discussion	44-46
9. Other Business		
10. Important Dates		
• February 9 – 9:00 a.m. – Regional Prevention Coalition		
• February 13 – 10:30 a.m. – RGB Meeting at Region V Services / Hybrid		
• February 27 – Network Provider Meeting / Zoom		
• March 1 – 10:00 a.m. – BHAC Meeting / Hybrid		

## ABBREVIATIONS

### General Terms

ACT	Assertive Community Treatment / PIER
AMSR	Assessing and Managing Suicide Risk
ASO	Administrative Service Organization
BH	Behavioral Health
BHAC	Behavioral Health Advisory Committee
BHECN	Behavioral Health Education Center of Nebraska
CACI	Complaints, Appeals and Critical Incidents
CAG	Capacity Access Guarantee
CARF	Commission on Accreditation of Rehabilitation Facilities
CBC	Community Benefits Center
CCT	Corporate Compliance Team
CDS	Centralized Data System
CFS	Children and Family Services
CHE	Community Health Endowment
CLAS	Culturally and Linguistically Appropriate Services
CMS	Centers for Medicare and Medicaid Services
COD	Co-occurring Disorder
CQI	Continuous Quality Improvement
CRT	Crisis Response Team
DBH	Division of Behavioral Health
DBT	Dialectical Behavior Therapy
DHHS	Department of Health & Human Services
EBP	Evidence Based Practices
EHR	Electronic Health Record
EMDR	Eye Movement Desensitization and Reprocessing
EMR	Electronic Medical Record
EPC	Emergency Protective Custody
ERCS	Emergency Community Support
FFS	Fee for Service
FIF	Families Inspiring Families
FTE	Full-Time Equivalent (Staff)
FYI	Family & Youth Investment
HIPAA	Health Insurance Portability and Accountability Act of 1996
HOPE	Higher Opportunities Through the Power of Employment
HPRP	Homelessness Prevention and Rapid Re-housing Program
HUD	Housing and Urban Development
IMD	Institutions for Mental Disease
ITN	Intent to Negotiate
JBC	Joint Budget Commission
LINCS	Linking Individuals/Families in Need of Community Supports
MCO	Managed Care Organization
MH	Mental Health
MHB	Mental Health Board
MHFA	Mental Health First Aid
MHSIP	Mental Health Statistics Improvement Program
MI	Motivational Interviewing
NABHO	National Association of Behavioral Health Organizations
NACO	Nebraska Association of County Officials
NAMI	National Alliance on Mental Illness
NFFS	Non-Fee for Service / Expense Reimbursement
NMT	Network Management Team

### General Terms (continued)

NOMS	National Outcome Measures
NP	Network Provider
NPP	Nebraska Partnership Project
OCO	Office of Consumer Affairs
OTO	One-time-only
PATH	Projects for Assistance of Transition from Homelessness
PIP	Performance Improvement Plan
PPP	Prevention Professional Partner
PRR	Psychiatric Residential Rehabilitation
QPR	Question, Persuade, Refer
RA	Regional Administrator
RAP	Rental Assistance Program
REAL	Respond, Empower, Advocate, Listen
RFA	Request for Approval
RFP	Request for Proposals
RFQ	Request for Qualifications
RGB	Regional Governing Board
RPC	Regional Prevention Center
RPH	Rural Permanent Housing
RPSC	Regional Prevention System Coordination
RQIT	Regional Quality Improvement Team
SAMHSA	Substance Abuse and Mental Health Services Administration
SAVE	Systematic Alien Verification for Entitlements
SCIP	School Community Intervention Program
SED	Serious Emotional Disturbance
SMI	Serious Mental Illness
SOC	System of Care
SPF	Strategic Prevention Framework
SPMI	Serious and Persistent Mental Illness
SUD	Substance Abuse Disorder
TAD	Turnaround Document
TAPP	Transition Age Professional Partner
TAY	Transition Age Youth
TIC	Trauma Informed Care
WRAP	Wellness Recovery Action Plan

### Funded Agencies

ACT	Associates in Counselling and Treatment
BVBH	Blue Valley Behavioral Health
BBH	Bridge Behavioral Health
Cntpt	CenterPointe
GW	Goodwill Industries
HOH	Houses of Hope
IBHS	Integrated Behavioral Health Services
HS	HopeSpoke
IBHS	Integrated Behavioral Health Services
LFS	Lutheran Family Services
LRC	Lincoln Regional Center
MHA	Mental Health Association
MHCC	Mental Health Crisis Center
ML	Mary Lanning Hospital
PIER	Partners in Empowerment and Recovery (ACT)
ST. M'S	St. Monica's
TASC	Targeted Adult Service Coordination
TC	Telecare Recovery Center