

## REGIONAL GOVERNING BOARD

### REGION V SYSTEMS MINUTES

September 12, 2022

Region V Services  
3600 Union Drive  
Lincoln, NE  
10:30 a.m.

**MEMBERS PRESENT:** Kenny Harre, Fillmore County; Emily Haxby, Gage County; Gale Pohlmann, Jefferson County; Christa Yoakum, Lancaster County; Dan Crownover, Otoe County; Jan Lang, Pawnee County; John Caverzagie, Richardson County; Janet Henning, Saline County; Ken Schmieding, Seward County; Dean Krueger, Thayer County; Bill Bamesberger, York County

**MEMBERS ABSENT:** Ryan Svoboda, Butler County; Jim Erickson, Johnson County; Larry Holtzman, Nemaha County; Jerry Westring, Polk County; John Zaugg, Saunders County

**OTHERS PRESENT:** David Buntain, Board Counsel; Patrick Kreifels, Kim Michael, Sandy Morrissey, Amanda Tyerman-Harper, Marti Rabe, Region V Systems

#### HOUSEKEEPING

Pohlman stated that Kreifels was acting as Interim Regional Administrator following C.J. Johnson's resignation. Further discussion will take place while in Closed Session.

#### OPEN MEETINGS ACT INFORMATION

Pohlmann noted the Open Meetings Act information is posted in the meeting room and reminded Board members that the meetings are open to the public and are audiotaped. The agenda is posted for public viewing at [region5systems.net](http://region5systems.net). Notification of this meeting and information regarding availability of the agenda was provided through a legal notice in the Lincoln Journal Star, published September 4, 2022.

#### CALL TO ORDER / ROLL CALL / AGENDA

Pohlmann called the meeting to order at 11:15 a.m. followed by roll call. A quorum was present.

Present: Fillmore County, Gage County, Jefferson County, Lancaster County, Otoe County, Pawnee County, Richardson County, Saline County, Seward County, Thayer County, York County

Absent: Butler County, Johnson County, Nemaha County, Polk County, Saunders County

It was noted that Agenda Item E, ARPA Subcontracts, would be removed from the agenda as this topic will be covered under another Agenda items. Harre made a motion, seconded by Lang, to approve the September 12, 2022, revised agenda including the additional documents provided this morning. Voting will take place by voice vote unless there is an objection. Voting aye were Fillmore County, Gage County, Jefferson County, Lancaster County, Otoe County, Pawnee County, Richardson County, Saline County, Seward County, Thayer County, York County; nays none. Motion carried.

#### PUBLIC COMMENT

None

**ACTION / PRIORITY ITEMS**

**Regional Governing Board Minutes, June 13, 2022:** Henning made a motion, seconded by Schmieding, to approve the June 13, 2022, minutes as presented. There was no discussion regarding the Executive Committee minutes of July 21, 2022, and August 26, 2022. Voting aye were Fillmore County, Gage County, Jefferson County, Lancaster County, Otoe County, Pawnee County, Richardson County, Saline County, Seward County, Thayer County, York County; nays none. Motion carried.

**Financial Report:** Copies of the Financial Report were available this morning. Kreifels presented the fiscal report for July in DeShon's absence, briefly reviewing income and expenditures for substance abuse treatment, mental health treatment and other administrative / program costs. With 8.33 percent of the fiscal year completed, total expenditures stand at 8.84 percent. Kreifels provided rationale for several highlighted areas where expenditures were over 8.33 percent noting that these items were annual fees or represented a two-month period. Bamesberger made a motion, seconded by Krueger, to approve the Financial Report as presented. Voting aye were Fillmore County, Gage County, Jefferson County, Lancaster County, Otoe County, Pawnee County, Richardson County, Saline County, Seward County, Thayer County, York County; nays none. Motion carried.

**Amended FY 22-23 Office Budget:** The amended Office Budget document was available this morning. Tyerman-Harper presented the amended document noting that the budget includes \$244,393 additional funding from a coordination proposal submitted to and approved by DBH. These additional funds were approved to add a CQI position and a Network position. A request to approve expenses for H4T software in the amount of \$20,000 was denied and has been covered by other less restrictive fund sources. Henning made a motion, seconded by Crownover, to approve the amended FY 22-23 Office Budget as presented. Voting aye were Fillmore County, Gage County, Jefferson County, Lancaster County, Otoe County, Pawnee County, Richardson County, Saline County, Seward County, Thayer County, York County; nays none. Motion carried.

**FY 22-23 Contractual Agreements:** Kreifels reviewed contractual agreements in the following categories:

- **ARPA Projects:** These two contracts between Region V and Lancaster County are for the purpose of establishing collaborations to develop a family resource center and a crisis stabilization and / or respite service. The family resource center would serve the entire geographical area and leverage behavioral health dollars to assist families in crisis. Immediate needs would be met, and families would receive follow-up. The second contract would provide a safe place to land to adults in crisis and help them avoid incarceration or emergency room contacts. Currently service definitions for this service are being reviewed and revised. No dollars are involved in these contracts at this time; these will be for agreements to define the respective roles and responsibilities of each party.
- **Evidence-Based Practice Implementation:** Fidelity models for each of the two evidence based practices were approved last year and align with prevention initiatives. The first two contracts, with Integrated Behavioral Health Services (IBHS) and Lincoln Regional Center (LRC), are for the purpose of implementing Motivational Interviewing through ongoing staff training, etc. The contract amount with IBHS is \$188,860 while no funds are involved with the contract with LRC. The contract with LRC for Dialectic Behavioral Training (DBT) includes no funds but will support LRC through collaboration to implement DBT and train staff to become competent and confident in its usage.
- **Trauma Training Series:** Morrissey explained that a series of videos on trauma will be developed and posted on the Talk Heart to Heart website and accessible statewide. Various topics will include basic trauma information to more complex topics and will also include testimonies from individuals with lived experience. The contract with Kimberly Carpenter includes up to \$15,000, and KidGlov, the marketing platform, will be up to \$75,000.

Lang made a motion, seconded by Henning, to approve all the contracts in these three categories. Voting aye were Fillmore County, Gage County, Jefferson County, Lancaster County, Otoe County, Pawnee County, Richardson County, Saline County, Seward County, Thayer County, York County; nays none. Motion carried.

**BHAC Applications:** Tyerman-Harper briefly reviewed the three applicants for membership on the BHAC noting the applications had been reviewed by the Nominating Subcommittee and the BHAC, which recommended moving the applicants forward to the Governing Board. Applicants include Rachel Mulcahy, Kimberly Schroeder, and Kelsey Schwab. Yoakum made a motion, seconded by Bamesberger, to approve the three BHAC applicants contingent on successful background checks. Voting aye were Fillmore County, Gage County, Jefferson County, Lancaster County, Otoe County, Pawnee County, Richardson County, Saline County, Seward County, Thayer County, York County; nays none. Motion carried.

**Site Visit Report Summaries:** Tyerman-Harper reviewed the site visit summary reports for Associates in Counseling and Treatment, HopeSpoke, Integrated Behavioral Health Services and Mental Health. All units were verified at 100% and the program fidelity audit for ACT was successful. Program fidelity audits were not required this year for the other providers. All providers were found to be in substantial compliance with minimum standards and contractual requirements. Henning made a motion, seconded by Yoakum, to approve the site visit reports as presented and place them on file. Voting aye were Fillmore County, Gage County, Jefferson County, Lancaster County, Otoe County, Pawnee County, Richardson County, Saline County, Seward County, Thayer County, York County; nays none. Motion carried.

### **2023 Meeting Format:**

- Michael explained that the Open Meetings Act was revised in response to Covid with respect to public meetings, and now states that half of the meetings in a calendar year can be held via telecommunication or hybrid. There is a provision for an emergency meeting outside the scope of the Act. Because the Board typically meets seven times a year, that allows for three of the meetings to be held in an alternative format. Buntain was present at this time and concurred. Several options were noted. Harre made a motion, seconded by Schmieding, to plan to use Zoom / hybrid in February and March and reserve the opportunity to schedule a third meeting via Zoom / hybrid if necessary. Voting aye were Fillmore County, Gage County, Jefferson County, Lancaster County, Otoe County, Pawnee County, Richardson County, Saline County, Seward County, Thayer County, York County; nays none. Motion carried.
- Buntain agreed to review the revised Act and advise Michael on whether these same changes apply to county meetings.

### **Regional Administrator Transition:**

- Closed Session: At 11:50 Henning made a motion, seconded by Haxby, that the Board go into closed session to discuss legal issues and receive legal advice from our Board Counsel concerning the transition process for the Regional Administrator. Kreifels and Michael were invited to remain in the session. Voting aye were Fillmore County, Gage County, Jefferson County, Lancaster County, Otoe County, Pawnee County, Richardson County, Saline County, Seward County, Thayer County, York County; nays none. Motion carried.
- At 12:08 p.m. Bamesberger made a motion, seconded by Henning, to move that the Board come out of closed session. Voting aye were Fillmore County, Gage County, Jefferson County, Lancaster County, Otoe County, Pawnee County, Richardson County, Saline County, Seward County, Thayer County, York County; nays none. Motion carried.
- Yoakum made a motion, seconded by Henning, to move that the Executive Committee be directed to conduct a search process for a permanent Regional Administrator to be appointed by a vote of the full Board. Voting aye were Fillmore County, Gage County, Jefferson County, Lancaster County, Otoe County, Pawnee County, Richardson County, Saline County, Seward County, Thayer County, York County; nays none. Motion carried.
- Pohlmann thanked Buntain and Michael for their assistance in working with the Executive Committee on this process, acknowledged Johnson's service to Region V over many years, and thanked Management Team for continuing to move the Region forward through this challenging period.

### **OTHER UPDATES / LEGISLATION / INFORMATIONAL ITEMS**

**Behavioral Health Updates:** Kreifels briefly reported the following:

- Region V continues to meet with DHHS and Director Sheri Dawson regarding collaborations which will allow for flexibility and innovation.
- Two of the Region's top priorities are being addressed through reinvestment funds freed up by Medicaid expansion.
- The Region received a request to collaborate regarding navigation services for grades K-12 for a grant ESU 2 is applying for. Involvement would involve sitting on an advisory committee.

**Opioid Litigation Settlement Dollars:** Theresa Henning, Director of Special Projects, is attending a meeting with Dawson today to learn more about these settlement dollars. Nebraska will receive approximately eighty-one million dollars over the course of 18 years.

#### **Prevention:**

- Morrissey reported that Region V no longer houses Narcan for first responders, which includes law enforcement, EMTs and Fire and Rescue. First responders can go directly to [stopodne.com](http://stopodne.com) and order Narcan. Others must now go to participating pharmacies and can receive four boxes at a time. Participating pharmacies are listed on the [stopodne.com](http://stopodne.com) website. Efforts continue to add more pharmacies to make Narcan more widely available.
- Region V continues to work with the Behavioral Health Education Center of Nebraska (BHECN) which uses a number of strategies, aided by ARPA funds, to address the workforce shortage.

**Network Continuous Quality Improvement:** Kreifels briefly reported the following:

- Zero Suicide System of Excellence FY 22 Report: This report will be provided on a quarterly basis and reflects adherence to best practices including screening for suicide risk and prompt follow-up regarding hospital / ER visits and missed appointments.
- Regional Data Overview FY22Q4 – This report is a summary of the business activities monitored for the year and was attached for informational purposes. The data is reported quarterly.

**988:** The 988 hotline went live July 15 and has been seeing an average of 50-60 calls per day. Initially mobile crisis providers were concerned that the number of crisis calls would be significant, but to date mobile crisis has only been activated one time in Region V.

**Wellbeing Initiative Quarterly Report:** Wellbeing Initiative contracts with Region V for assistance with consumer activities. This report is provided for informational purposes.

**FY Year-end 21-22 Capacity Utilization Summary Reports:** These documents are monitored closely in order to determine when / if a contract shift is necessary in order to maximize funding.

**FY Year-end 21-22 Compliance Management Report:** Provided for informational purposes.

**FY 22-23 Training Plan:** Provided for informational purposes.

### **IMPORTANT DATES**

- September 19 – Network Provider Meeting
- November 2 – BHAC Meeting – 10:00 a.m.
- November 14 – RGB Meeting – 10:30 a.m. – Region V Services

### **ADJOURN**

There being no further business the meeting adjourned at 12:20 p.m.