

BEHAVIORAL HEALTH ADVISORY COMMITTEE

MINUTES Hybrid Meeting

January 26, 2022
10:00 a.m.
Region V Systems, 1645 N Street

MEMBERS PRESENT: Christine Cooney, Karen Helmberger, Greg Janak, Corrine Jarecke, Corrie Kielty, Stephanie Knight, Jill Kuzelka, Rebecca Meinders, Linda Mesteth, Barbara Murphy, Laura Osborne, Gale Pohlmann

MEMBERS ABSENT: Darla Winslow

OTHERS PRESENT: Stephanie Henderson, Intern; C.J. Johnson, Tami DeShon, Patrik Kreifels, Sandy Morrissey, Amanda Tyerman-Harper, Marti Rabe, Region V Systems

HOUSEKEEPING AND INTRODUCTIONS

Osborne called the meeting to order at 10:04 a.m. followed by rollcall.

ADDITIONS / CHANGES TO AGENDA

There were no changes to the agenda. Documents regarding additional contract shifts had been emailed this morning.

OPEN MEETING ACT INFORMATION

Osborne referenced that Open Meeting Act information is posted as required by the Open Meetings Act at Region V Systems. Notification of this meeting and information regarding availability of the agenda was provided through a legal notice in the Lincoln Journal Star, published January 12, 2022.

PUBLIC COMMENT

There was no Public Comment.

CONSENT AGENDA ITEMS

Osborne noted that voice vote rather than rollcall would be used if there were no objections; none were expressed. Janak made a motion, seconded by Helmberger, to approve the Consent Agenda (Minutes – October 27, 2021, FY 21-22 Compliance Management Report, RGB Report) as presented. Motioned carried.

ACTION / PRIORITY ITEMS

Contracts for Ratification: Johnson reviewed the following contracts, seeking ratification:

- Integrated Behavioral Health Services (IBHS): This contract was increased by \$81,849 for implementation of Dialectical Behavior Therapy (DBT) training. While all network providers were eligible for this funding, for IBHS it represented more than a 15% increase in their total contracted amount, which makes it necessary to approve the contract increase. These funds are for the purpose of reimbursing agencies for potential loss of productivity while staff is involved in the training.
- Mental Health Association (MHA): This contract is for the purpose of providing free trainings in LPS schools and promote WRAP training for the community. The contract amount has been reduced from \$7,200 to \$6,000.
- KidGlov: KidGlov provides expertise in promoting website activities, social media, and other prevention campaigns. This contract is being reduced from \$90,600 to \$66,400.
- Bob Kunz: This contract aids Faith Partners in the promotion of trainings, development of list serves and other organizational functions. The contract is increased from \$3,000 to \$3,600.

Knight made a motion, seconded by Pohlmann, to recommend the Board ratify these contracts as presented. Motion carried.

Contract Amendments / Shifts: DeShon reviewed the following contract shifts providing rationale and noting that the Region put funds in an unallocated line item when it became evident that Network Providers would not be pulling down their usual allocation due to Medicaid expansion.

October Shifts:

- \$6,736 from Unallocated to IBHS – Secure Residential Room and Board
- \$20,000 from Supported Employment (SE) MH to SE SUD
- \$32,640 from Recovery Support MH to Recovery Support SUD
- \$227,000 from Social Detox to Medically Managed Withdrawal (Bridge Behavioral Health)
- \$604,483 from Unallocated to DBT Training
- \$162,492 from Unallocated to MI Training
- \$70,420 from Unallocated to Consumer Coordination
- \$10,400 from Unallocated to Crisis Response (CenterPointe)
- \$323,237 from Unallocated to Professional Partner Program (Region V Systems)
- \$152,359 from Unallocated to MH Outpatient / Adult (TBD)
- \$37,010 from Unallocated to MH Outpatient / Youth (TBD)
- \$1,100 from Prevention-Education to Prevention-Alternative Activities
- \$1,944 from Prevention-Community Based to Prevention-Alternative Activities

December Shifts:

- \$31,330 from Supported Housing to Landlord Risk Management Funds
- \$3,145 from Supported Housing – TAY to Landlord Risk Management Funds
- \$4,000 from Prevention Mini Grants to Prevention-Environmental
- \$95,981.40 from Community Support to Assessments / Adult MH (CenterPointe)
- \$4,018.60 from Community Support (Cost Model) to Unallocated Cost Model (CenterPointe)

Reinvestment Shifts – January:

- \$160,934 from Unallocated to TASC – Recovery Support (Rural)
- \$53,645 from Unallocated to TASC – Recovery Support (Rural)
- \$53,108 from Mental Health Crisis Center to EPC – Service Enhancement
- \$53,107 from Mental Health Crisis Center to EPC – Service Enhancement

Janak made a motion, seconded by Kuzelka, to recommend the Board approve the various contract shifts as presented. Motion carried.

FY 20-21 Annual Report (Draft): Johnson reviewed the various components of the annual report, noting that the report includes information regarding structure and governance, funding and expenditures, network administration, children and family services, partnerships and collaborations and Region V staff. Johnson noted that the Region V audit has been delayed due to Covid concerns, and the information presented on page five, the financial information, has not been updated. When the audit is complete, this single page will be brought back to the BHAC for approval. Pohlmann made a motion, seconded by Meinders, to recommend the Board approve the FY 20-21 Annual Report as presented. Motion carried.

FY 21-22 Performance Improvement Plan (PIP) (Draft): Johnson explained that the Region has been operating under this PIP even though approval has been delayed because of Covid and other issues. A total of 37 indicators are monitored to ensure that contract deliverables are met, and other activities are occurring as expected. Indicators

January 26, 2022

Behavioral Health Advisory Committee Minutes

Page 3 of 5

are present for Adult Network Services, Children and Family Services, Continuous Quality Improvement, Fiscal and Operations / Human Resources. In answer to the question of why counties outside of Region V were included in some indicators, Johnson noted that Federal HUD housing grants often include counties outside our catchment area. Knight made a motion, seconded by Mesteth, to recommend the Board approve the FY 21-22 Performance Improvement Plan as presented. Motion carried.

FY 20-21 Management Report (Draft): Johnson briefly reviewed the FY 20-21 Management Report noting that this type of report is a requirement for agency accreditation. As a sidenote, Johnson noted that Region V's CARF survey was conducted last October and the Region received a three-year re-accreditation with no recommendations, a significant achievement as over 2,000 standards must be met. The Management Report includes PIP Indicators that were monitored in 20-21, information regarding Network Services Data Management, Continuous Quality Improvement – Concerns / Requests, Professional Partner Program (FYI) Wraparound Fidelity Index, and Housing-Rental Assistance Program internal file review. Helmberger made a motion, seconded by Kielty, to recommend the Board approve the FY 20-21 Management Summary as presented. Motion carried.

Conflict of Interest Summary Report for FY 21-22: Three individuals indicated a possible conflict of interest. There was no other discussion. Knight made a motion, seconded by Jarecke, to accept the FY 21-22 Conflict of Interest Summary Report. Motion carried.

OTHER UPDATES/INFORMATION

Behavioral Health/Legislative Updates:

Legislation:

- Johnson reported that the Legislative Review Committee for NABHO has identified 70 bills that may have an impact on behavioral health. Senator Lathrop has introduced a bill which would require the Correctional System to improve their reporting on how they evaluate incarcerated individuals, what programming is available, to them, etc. The goal is to ensure these individuals are getting proper treatment while incarcerated to increase their ability to function and get connected in the community once they are released, reducing recidivism.
- A bill has been introduced which would raise rates to Probation, Child Welfare, and Network Providers by ten percent. This additional funding is designed to be temporary based on the impact of Covid. Testimony on that bill is scheduled for Monday. Johnson commented that providers are struggling as some programs / services are not able to operate at full capacity due to Covid. This additional funding would come from reinvestment funds.
- A bill was introduced nationally that would require all states to develop a 988 line that would replace the current Boys Town hotline. This line would operate like 911 and would be for individuals experiencing a behavioral health crisis. The timeline for implementation is aggressive with a start date of July 1. One challenge is ensuring there is integration between the 911 and 988 lines. Johnson indicated that the timeline may be pushed back if the various components are not in place to ensure a successful launch.

Reinvestment Funds / ARPA Funds:

ARPA Funds: Johnson explained that there are three layers of ARPA funding. Funding is available to counties, the Division of Behavioral Health (with flow through to the Regions through block grant funds), and the State with variable restrictions. Over the past six months the Region has been working with the Division on different ways this funding can be invested in the behavioral health system. This week a proposal related to Federal funding will be submitted. ARPA funds allocated to counties can be used for capital construction which creates opportunities not available through the other streams. The Region is working to collaborate wherever possible to ensure that these dollars are maximized. The state dollars designated to behavioral health are not substantial; however, Johnson speculated that the funding for increased rates would come from that pool of dollars.

Medicaid Expansion: Due to Medicaid expansion a substantial number of services previously paid for by Region V funding are now being covered by Medicaid. Provider drawdown of funding has been significantly reduced. The funds that were not anticipated to be drawn down in the traditional way were placed in line items for unallocated funding as previously noted. The Region has been submitting a series of proposals on how to reinvest those dollars

as indicated by the contract shifts discussed earlier. Again, the goal is to maximize available dollars, particularly those which are limited to one-time-only activities. Johnson explained that the Region had utilized a series of focus meetings and other methods of determining existing gaps and needs for services and reiterated some of the proposals that have been accepted to date and outlined several that are being proposed. Complete information about these proposals is outlined in the agenda packet.

Emergency System:

- Johnson reported that the Regions have been working diligently with DBH regarding bed allocations at the Lincoln Regional Center (LRC). When behavioral health reform was implemented, there were 90-100 beds available statewide. Currently only 36 beds are available, with Region V individuals presently occupying 12 of those beds. Given this significant reduction in beds, it is nearly impossible to admit someone who is committed inpatient. Law enforcement, especially in rural areas, has struggled to find an available hospital bed for an EPC'd individual. A bill is being introduced which would include language to reinstate 90 beds.
- As the length of stay (LOS) at the Crisis Center has increased, programming will be increased through the addition of a social worker who would help with discharge planning.
- The first of several BETA (Behavioral Health Threat Assessment) trainings, targeting law enforcement, was held last week.

Prevention:

- Morrissey reported that Prevention is currently focused on the following three areas: under-age drinking, lethal means / gun safety, and opioid laced with fentanyl and other drugs. The Region is using KidGlov for marketing and other aspects of these various campaigns. Prevention continues to offer Mental Health First Aid and QPR (Question, Persuade, Refer) trainings on a regular basis.
- Significant efforts have gone toward youth and programs such as Second Step, Hope Squads, WRAP training, etc. have been implemented.
- DHHS is assisting with implementation of a trauma video series that will be available on the TalkHeart2Heart Website.

BHAC Membership Resignation / Recruiting: BHAC membership currently stands at 13; bylaws state that membership should be between 15-20. BHAC members are asked to help with the recruitment process. The BHAC application is available on the Region V website.

Network Continuous Quality Improvement: Kreifels gave a brief overview of the following reports:

- FY 21-22 Q1 Consumer Recovery Outcomes: Network Providers report rates of recovery based on a comparison of admission and discharge scores with each service having a different target goal. The proportion of individuals achieving clinically significant improvement for the network is up from last year and is currently 58%.
- FY 21-22 Q1 National Outcomes Measures (NOMS): This report shows the comparison between other Regions, states, and the nation. Outcomes are measured in the areas of employment, stable housing, criminal justice and alcohol and drug abstinence.
- FY 21-22 Q1 Stable Living and Employment at Discharge: The Division uses this report to review outcomes. This is similar to the NOMS but is based on discharge data only.
- FY 21-22 Q1 Region V CACI Report: There were no complaints or appeals to date for the first quarter. Critical incidents are monitored to note trends and effect change to reduce these types of incidents. A list of observations and provider quality improvement action steps was included in the report.
- FY 21-22 Ineligibles and Denials: This data is reviewed to determine why an individual was deemed ineligible or denied services. A significant number of individuals are denied short-term residential treatment because a different level of care was recommended. This leads to the need to identify issues with assessments.

January 26, 2022

Behavioral Health Advisory Committee Minutes

Page 5 of 5

Wellness Initiative Quarterly Report: This report is attached for your information, as Wellness Initiative is the Region V Services contracted peer run organization. Chris Allende is the agency representative. Allende is planning to attend audits for agencies with peer specialist services.

Capacity Utilization Summaries (CAP): CAP summaries through November were provided for informational purposes. Johnson briefly explained how the spreadsheets function and how they are used by Region V. Decisions regarding contract shifts are driven by this data.

FY 21-22 Training: A list was provided for informational purposes.

IMPORTANT DATES

- February 10 – 9:00 a.m. – Regional Prevention Coalition
- February 14 – 10:30 a.m. – RGB Meeting – at Region V Services
- February 28 – 9:00 a.m. – Network Providers Meeting
- March 2 – 10:00 a.m. – BHAC Meeting

OTHER BUSINESS

- Those individuals celebrating milestone anniversaries noted in the annual report were commended.

ADJOURN

- There being no further business the meeting was adjourned at 11:50 a.m.