

Region V Systems

Promoting Comprehensive Partnerships in Behavioral Health

Region V Systems: Level of Care Meeting

May 19, 2021

1:00 p.m.

Zoom Teleconference

Present: Present: Kim Scrivener, Blue Valley Behavioral Health; Katie Kimmerling, The Bridge Behavioral Health; Stephanie McLeese, CenterPointe; Ashely Borchers, Community Corrections; Tim Kennett, Lincoln Police Department; Jill Kuzelka, Public Health Department; Kristin Nelson, Gretchen Mills, Region V Systems

Welcomes were made followed by brief introductions.

System Updates

- Nelson reported that telehealth was approved by the State to continue through July and Mental Health Providers received a two percent increase across the board. The Covid Gap funding has ended with the April billing cycle.
- Nelson and Cheryl Turner are facilitating 15 Lincoln Fire and Rescue (LFR) BETA trainings, for over 400 LFR employees for an introduction to behavioral health training that covers behavioral health issues, stigma, and resources. The Mental Health Association (MHA) has provided peers to speak about recovery as well.
- Nelson gave a reminder that the High Utilizer Review Team (HURT) meets every Thursday, and if you have a consumer you would like to discuss, email Nelson at knelson@region5systems.net and she will send you a release form (if you can get one signed, it is easier to speak freely).

Agency Updates

- **Community Corrections:** Women's treatment was started within the jail.
- **Nebraska Strong:** They were able to shift money around to get more vouchers, and anyone in the flood-affected counties they are serving can get a voucher.
- **Public Health Department:** They are busy, the Health Department is moving into an old nursing home, they are excited, they have some Mental Health First Aid trainings set up and everyone is starting to get back to in person activities again.
- **Lincoln Police Department:** The data is not in yet, however Mental Health Calls are up but EPCs are down. They are having a hard time keeping/getting recruit.
- **The Bridge Behavioral Health:** AA/NA is back in the building, they are increasing capacity and will be in full capacity by June 30. The waitlist is 2-3 weeks out. If a consumer comes in and has a vaccine, they do not have to quarantine, if they do, they can be put directly into programming. There are signs that the "one and done" shots are a better option than the two shots as consumers often have a hard time finding transportation or keeping appointments.
- **Community Transitions:** There will be a male opening in the next month, there are two to three months wait for female opening. Jun 1, staff will be back face-to-face as well as groups, they have a new medication manager starting soon, Tammy Orton, which is very exciting news.

- **Blue Valley Behavioral Health:** BVBH had no new updates other than being busy and taking referrals. They are operating via telehealth and in-person. They need staff to meet the demands. Telehealth has been wonderful for them, as more people show up to their appointments.

Other Business

Nelson reported that the ASAP training will be held in Omaha in October 7-8 and the focus of the training is “Knowing What to Do When Crisis Hits.” She will send out more information.

Next Meeting

- Wednesday, July 21, no meeting in June.