

## BEHAVIORAL HEALTH ADVISORY COMMITTEE

### MINUTES

June 2, 2021

10:00 a.m.

Region V Systems, 1645 N Street

**MEMBERS PRESENT:** *Christine Cooney, Karen Helmberger, Greg Janak, Corrine Jarecke, Corrie Kielty, Stephanie Knight, Jill Kuzelka, Barbara Murphy, Laura Osborne*

**MEMBERS ABSENT:** *Gene Cotter, Irene Duncan, Rebecca Meinders, Lucinda Mesteth, Darla Winslow, J. Rock Johnson, Richard Pethoud*

### **OTHERS**

**PRESENT:** *Gloria Christian, Integrated Behavioral Health Services; Tami DeShon, C.J. Johnson, Patrick Kreifels, Gretchen Mills, Marti Rabe, Amanda Tyerman-Harper; Region V Systems*

### **HOUSEKEEPING AND INTRODUCTIONS**

Knight called the meeting to order at 10:04 a.m. followed by rollcall. Knight asked the committee for permission to vote by voice rather than rollcall to facilitate the meeting format. There was no dissent.

Gloria Christian was present from Integrated Behavioral Health Services, and she was introduced as a representative of a new provider in the Region V System. Christian briefly described the work that they do and explained that their services are Medicaid funded.

### **ADDITIONS / CHANGES TO AGENDA**

There were no changes to the agenda.

### **OPEN MEETING ACT INFORMATION**

Knight referenced that Open Meeting Act information is posted as required by the Open Meetings Act at Region V Systems. Notification of this meeting and information regarding availability of the agenda was provided through a legal notice in the Lincoln Journal Star.

### **PUBLIC COMMENT**

There was no Public Comment.

### **CONSENT AGENDA ITEMS**

Kuzelka, made a motion, seconded by Jarecke, to approve the Consent Agenda (Minutes – April 28, 2021, FY 20-21 Compliance Management Report, RGB Report) as presented.

Motion carried.

### **ACTION / PRIORITY ITEMS**

**Election of Officers for FY 21-22:** Johnson discussed that it is Knight's final year to serve as the Chair of the BHAC. Johnson mentioned that Darla Winslow, though she is not present at the meeting, it is assumed that she will step in as Chair if recommended, if not the committee will revisit the slate in August. The committee agreed with this plan. Johnson recommended the following slate: Darla Winslow as Chair, Laura Osborne as Vice Chair; Christine Cooney as Member at Large.

Helmberger made a motion, seconded by Janak to approve the slate as presented.

Motion carried.

**Contractual Agreements:** A quick discussion was held on the comparison of these contract numbers from years prior. Johnson stated that the DHHS contracts reflect the 2% increase, and most of the other contracts are consistent from year to year. Johnson presented the following contracts (all available in the packet).

- Nebraska Department of Health and Human Services
- Network Provider Contracts (Associates in Counseling & Treatment, Blue Valley Behavioral Health, The Bridge Behavioral Health, CenterPointe, CenterPointe (PIER), HopeSpoke, Houses of Hope, Houses of Hope (TASC), Houses of Hope (Touchstone), Integrated Behavioral Health Services, Lutheran Family Services, Mental Health Association of Nebraska, Mental Health Crisis Center, St. Monica's, and Telecare
- Project for Assistance in Transition for Homelessness (PATH; through CenterPointe)
- Southeast Nebraska Disaster Volunteer Database
- Housing and Urban Development (HUD)
- Disproportionate Share Hospital Contracts with Mary Lanning Memorial Hospital and the DHHS
- Mental Health First Aid contracts with Angela Gebhardt, Francisca Peterson, Jeri Schelkopf, Cheryl Turner, Jill Kuzelka, Maria Elena Villasante, St. Monica's, Nebraska Children and Families Foundation.
- Miscellaneous Contracts with University of Nebraska Public Policy Center, H4 Technology LLC, Families Inspiring Families (FIF), Kissel Kohout ES Associates, LLC, University of Nebraska Medical Center
- Prevention Federal Block Grant Recipients for the various Coalitions and Partnerships
- Strategic Prevention Framework- Partnerships for Success Sub-Contractors,

Johnson discussed the reallocation of funding that providers did not draw down due to the pandemic and said that several ideas of reinvestment have been presented to DHHS, however, nothing has been currently decided. Otherwise, the monies are held in an unallocated line items to keep the funding available. The reinvestment ideas are being looked at in the form of supported housing and supported employment.

Kielty made a motion, seconded by Janak to recommend the Regional Governing Board approve these contracts as presented. (Kuzelka abstained from voting for her contract with Region V Systems.)

Motion carried.

**One-Time-Only Fund Report:** Johnson gave a brief description of the One-Time-Only Fund that was given to the Region in 2008, of 4.2 million. The remaining funds as of April 30, 2021 is 121,583. Over the years spending has been on infrastructure, centralized data system, and other projects that have assisted providers.

Osborne made a motion, seconded by Kielty to recommend to the Board the approval of the One-Time-Only Fund report as presented.

Motion carried.

**Regional Budget Plan:** Johnson discussed the summary of the Regional Budget Plan submitted to DHHS for the Fiscal Year 21-22 in the amount of \$21,474,520. The summary includes the following broken out line items for:

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- Provider Contracts, in the amount of \$14, 773, 073
- Network Management Services in the amount of 213, 264 including Pooled and Other Services. Johnson explained that Pooled Services is a flexible fund if someone goes to the Mental Health Crisis Center and the Center needs money beyond their scope.

Jarecke made a motion, seconded by Osborne to recommend the Board approve the Regional Budget Plan as presented.

Motion carried.

**FY 21-22 Strategic Plan (draft):** Johnson explained DHHS strategic Plan has been delayed, and the Region did not want to make too many changes prior to seeing theirs. The Region has not made any substantial changes, so this draft may be brought back in August if additional changes need to be implemented.

Helmberger made a motion, seconded by Kuzelka to recommend the Board approve the FY 21-22 Strategic Plan (draft) as presented.

Motion carried.

**FY 21-22 CLAS Grants:** The following Grants were given out as part of this cycle:

- St. Monica's: Women are Sacred- treatment for Native American women and children (substance abuse, trauma, mental health). They received a grant for \$1,500 to promote this new program.
- Lincoln Medical Educational Partnership (LMEP) received a grant for cultural competency training for staff members in the amount of \$450.00.
- School Community Intervention and Prevention (SCIP) received a grant for translation of prevention materials for parents in the amount of \$650.00.

Kielty made a motion, seconded by Jarecke to recommend that the Board approve the FY 21-22 CLAS Grants as presented.

Motion carried.

**Site Visit Report Summaries:** Tyerman-Harper discussed the following site visit reports:

- Associates in Counseling and Treatment; they demonstrated substantial compliance with Minimum Standard and contractual requirements.
- Houses of Hope (TASC/Touchstone); they demonstrated substantial compliance with Minimum Standards and contractual requirements; fiscal audit will be completed by a later date.

Helmberger made a motion seconded by Janak that the Board approve the Site Visit Report Summaries as presented.

Motion carried.

**OTHER UPDATES/INFORMATION**

**Behavioral Health/Legislative Updates:** The biggest item of discussion is the 2% increase across the board for the Medicaid system. Johnson discussed Senator Flood, and his efforts to advocate for Hastings and Norfolk Regional Centers. Over the next several months there will be hearings on LR 203; the role of regional centers will be looked at.

**Emergency System:** LR 203 will be looked at to monitor outcomes of Lincoln Regional Center and its effects on the Region.

**Prevention:** Morrisey stated they are having June Jam on Saturday June 5, 2021 and have close to 90 participants. A Statewide Prevention Media Campaign will soon be launched including billboards in counties, digital media, stand up banners that can be utilized in schools. The lock boxes for medication and guns continue to be distributed and are being utilized. The Zero Suicide Academy is going well with the System of Excellence and there will be a future training with the UNL Public Policy Center. The opioid grant funding supporting the distribution of Detera (drug deactivation envelopes) and Narcan (nasal spray used in the treatment of suspected overdose) are going well, latest numbers show folks living in rural areas prefer to travel to Lancaster County to obtain a supply, they don't want to be identified at local pharmacies. Prevention is hopeful that upcoming radio spots will increase the willingness to pick up Narcan locally.

**Wellness Initiative Quarterly Report:** Chris Allende is the primary point of contact for the Wellness Initiative; he isn't a Region V Systems' employee; however, he will be attending events in the community as representation for Region V Systems for consumer coordination activities. Updates will be provided to BHAC and the Board. Care is taken into insuring that their activities complement the Region's activities with trainings and other activities.

**Network Continuous Quality Improvement:** Kreifels gave a brief overview of several reports provided in attachments.

- FY 20-21 Q1-3 Assessments – SUD: This report explores the average number of days to complete assessment by priority populations to mark efficiency of IV drug users, including pregnant population and women with dependent children.
- FY 20-21 Q1-3 National Outcomes Measures: This report explores the comparison of employment, housing, criminal justice, alcohol abstinence and drug abstinence from Consumer's admission to discharge status. Halfway House and Supported Employment had the largest rates of improvement in employment status. Regarding consumers employed at discharge, Region V Network is in line with the Nebraska proportion (60%) and higher than the U.S. figures (47%).
- FY-22 Persons Served Recovery Measures – Proposed Targets and Thresholds: This report explores the way we look at measuring people's recovery in diverse ways, as different providers use different assessment tools. This report also shows change in lower thresholds.

Kreifels commented on the Network Performance Improvement Plan for FY 21-22, explaining it as a guidebook for providers and BHAC to understand what we are tracking, and the data sources used. In the draft, highlights indicate latest informational changes, and the cross outs are what is being changed. Accolades were given to the content and information included in this report.

**BHAC Attendance Report:** Included for informational purposes. Johnson did mention that there were certificates of appreciation sent to J Rock Johnson and Gene Cotter for their participation as BHAC members. As far as the attendance with 2020, it has been an odd year due to the Pandemic, and this year will make an appeal to the Board asking them to make an exception to the BHAC attendance bylaws and reset for the coming year.

**Capacity Utilization Summaries:** There were a lot of factors involved last year due to the pandemic, some had Federal CARES dollars, the Region was able to provide Covid-gap funding and these summaries show the types of services and amended contracts, draw down of contracts and projected billing.

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**Training:** Provided for informational purposes. Johnson discussed remaining hoping that there will be an uptick in trainings; some types of trainings were challenging over zoom. For example, Mental Health First Aid was not successful via Zoom.

**IMPORTANT DATES**

- June 14 – 10:30 a.m. – RGB Meeting – Region V Services
- June 10 – 9:00 a.m. – Regional Prevention Coalition
- June 21 – 9:00 a.m. – Network Providers Meeting
- September 1 – 10:00 a.m. – BHAC Meeting
- Level of Care is canceled in June and will resume in July.

**ADJOURN**

There being no further business the meeting was adjourned at 11:26 a.m.