

REGIONAL GOVERNING BOARD

MINUTES

November 9, 2020
Region V Services
3600 Union Drive
Lincoln, NE
10:30 a.m.

MEMBERS PRESENT: Greg Janak, Butler County; Dennis Byars, Gage County; Gale Pohlmann, Jefferson County; Christa Yoakum, Lancaster County; Jan Lang, Pawnee County; John Caverzagie, Richardson County; Janet Henning, Saline County; Doris Karloff, Saunders County; Ken Schmieding, Seward County; Dean Krueger, Thayer County; Bill Barnesberger, York County; via Zoom: Doris Karloff, Saunders County

MEMBERS ABSENT: Kenny Harre, Fillmore County, Jim Erickson, Johnson County, Larry Holtzmann, Nemaha County; Dean Speth, Otoe County; Jerry Westring, Polk County

OTHERS PRESENT: Aaron Adams, DHHS; Sharon Dalrymple, Tami DeShon, Theresa Henning, C.J. Johnson, Patrick Kreifels, Kim Michael, Sandy Morrissey, Marti Rabe, Amanda Tyerman-Harper and Gretchen Mills, Region V

OPEN MEETINGS ACT INFORMATION

Byars noted the Open Meetings Act information is posted in the meeting room and reminded Board members that the meetings are open to the public and are audiotaped. The agenda is posted for public viewing. Notification of this meeting and information regarding availability of the agenda was provided through a legal notice in the Lincoln Journal Star.

CALL TO ORDER / ROLL CALL / AGENDA

Byars called the meeting to order at 10:39 a.m. followed by roll call.

Present: Butler County, Gage County, Lancaster County, Pawnee County, Richardson County, Saline County, Saunders County, Seward County, Thayer County, York County

Absent: Fillmore, Johnson, Nemaha, Otoe, Polk

PUBLIC COMMENT

None.

ACTION / PRIORITY ITEMS

Regional Governing Board Minutes: Byars disseminated that there will be a consensus voice vote to facilitate the meeting format (hybrid in-person and via Zoom). Johnson asked that the agenda be modified that the Board be able to vote on items G, H, I, J collectively after the report-outs. Saline made a motion, seconded by Pawnee, to approve the November 9, 2020, Revised RGB Agenda.

Yes: Butler County, Gage County, Jefferson County, Lancaster County, Pawnee County, Richardson County, Saline County, Saunders County, Seward County, Thayer County, York County

Motion carried.

PRESENTATIONS: SAMHSA / FEMA GRANT & NE DISASTER RESPONSE ADULT GRANT (NDRA)

Dalrymple gave an overview of the SAMSHA Grant. She is one of two team leaders, in charge of 17 Crisis Counselors/Outreach Workers. Staff also includes an administrative assistant and a part time outreach associate. The grant is in phase two. The Immediate Services Program (ISP) Grant ran from April 30 – September 26, 2020. The Regular Services Program (RSP) runs from September 27 – June 26, 2021. The outreach activities have included focusing on connection with businesses, flea markets, car shows, farmer's markets, attending meetings such as the school board, city council, PTOs, and being visible in the communities via participation and outreach at restaurants, coffee shops, child-care providers, libraries, homeless coalitions, nursing homes. There are referrals coming in through the Nebraska Rural Response Hotline and the Nebraska Family Helpline.

The ISP grant had 4,548 contacts (52% in person brief education or supportive contact and distributed 24,372 brochures and/or information guides) and 55% of the ISP target goal was met within the 7 weeks of in-person community outreach work. The RSP has targeted goals for each county with the focus on individual and family contacts, including group counseling via Zoom.

Henning gave an overview of the NDRA grant, which runs from April 2020 – October 2021, and is focusing on the expansion of mental health access due to the floods of 2019. Region V Systems is partnering with Region 3 and Region 4, the Public Policy Center, and the Rural Response Hotline. Their goal is to distribute 900 vouchers by October 2021. These vouchers are for outpatient therapy for individuals who have no insurance or other means of payment. To date 290 vouchers have been distributed. Currently they are engaging in outreach to increase mental health awareness and education and Mental Health First Aid within the communities. A post-traumatic stress disorder (PTSD) training will be offered to clinicians.

Fiscal/Financial Report: DeShon presented the financial report through September reviewing revenue and expenditures for the Region. DeShon explained that while expenditures appear to be over budget, many expenses are Covid-19 related (additional equipment and supplies for the office) and there is no concern that the line items will remain over budget, they will continue to be monitored over the fiscal year. The overall administrative budget is 4.2 % below budget currently. Pohlman made a motion, seconded by Yoakum to approve the Fiscal/Financial Report as presented.

Yes: Butler County, Gage County, Jefferson County, Lancaster County, Pawnee County, Richardson County, Saline County, Saunders County, Seward County, Thayer County, York County

Motion carried.

October Contract Shifts: This shift reflects monies that were allocated for "regular IOP" as additional Matrix IOP monies were appropriated, shifting from Lutheran Family Services to the TASC program (\$10,000) and Families Inspiring Families (\$5,000) so these providers can provide youth crisis response and follow up with families. Henning made a motion, seconded by Janak to ratify the October shifts.

Yes: Butler County, Gage County, Jefferson County, Lancaster County, Pawnee County, Richardson County, Saline County, Saunders County, Seward County, Thayer County, York County

Motion carried.

November Contract Shifts: There is a new agreement with the Division of Behavioral Health for service enhancement dollars, approved November 5, 2020. The monies were in an unallocated line item being shifted to The Bridge Behavioral Health, Blue Valley Behavioral Health, Lutheran Family Services, and St. Monica's for service enhancements. Lang made a motion, seconded by Bamesberger to approve these

shifts. A discussion was held regarding if these shifts had affected provider operations, Johnson affirmed that all service enhancements were funded through the first quarter of FY 21.

Yes: Butler County, Gage County, Jefferson County, Lancaster County, Pawnee County, Richardson County, Saline County, Saunders County, Seward County, Thayer County, York County

Motion carried.

One-Time-Only Fund Report: Johnson gave a brief history on this funding and iterated that it has been used well over the years within different projects. Karloff made a motion, seconded by Henning to approve the One-Time-Only Fund Report as presented.

Yes: Butler County, Gage County, Jefferson County, Lancaster County, Pawnee County, Richardson County, Saline County, Saunders County, Seward County, Thayer County, York County

Motion carried.

Consumer Coordination: Johnson spoke about the many talents, contributions, and coordination carried out by the late Phyllis McCaul, as the Region's Consumer Coordinator. In discussion about her position, it was decided to explore working with the local consumer initiative, Wellbeing Initiative, Inc., as opposed to hiring one person to fill McCaul's former position. Their organization works with consumers in recovery, they have federal and state contracts in place, and offer peer training with consumer activities. Johnson stated that the Region is asking to move forward contracting with Wellbeing Initiative, Inc., who in turn will create a year and a half plan on how they will promote consumer involvement and coordination. Henning made a motion, seconded by Pohlmann to move forward into a contract with Wellbeing Initiative, Inc.

Yes: Butler County, Gage County, Jefferson County, Lancaster County, Pawnee County, Richardson County, Saline County, Saunders County, Seward County, Thayer County, York County

Motion carried.

FY 19-20 Region V Annual Reports (draft): Johnson pointed out this extensive report is a handy tool, encouraged everyone to have a look and contact the Region with any questions.

FY 20-21 Risk Management Plan (draft): Johnson highlighted one change to the Risk Management Plan involving electronic signatures when getting Releases of Information. This is due to the pandemic and increase in telehealth. It also is applicable in the Region's Business Interruption Plan.

FY 20-21 Performance Improvement Plan (draft): Johnson spoke about how this plan is continually monitored with service indicators and is especially helpful in monitoring rural programs and keep them similar to the urban programs.

FY 20-21 Strategic Plan (draft): Johnson discussed the Division's strategic plan efforts, which will be ready for public consumption in December. Some things were added due to this being an unprecedented time. This plan includes overarching organizational goals and system goals. Kreifels CQI team was instrumental in gathering data to reinforce the need for service enhancements.

Henning made a motion, seconded by Yoakum to approve the reports (items G-J).

Yes: Butler County, Gage County, Jefferson County, Lancaster County, Pawnee County, Richardson County, Saline County, Saunders County, Seward County, Thayer County, York County

Motion carried.

FY 20-21 Prevention Mini-Grant Recommendations – Winter Cycle: Morrissey gave a report on the Winter Cycle Prevention Mini-Grant recommendations, approved by the Behavioral Health Advisory Committee. There are six (6) grants being recommended for review, totaling \$9,698.90: Family Service of Lincoln to operate a support group for grandparents raising grandchildren; Exeter-Milligan FCCLA Chapter to support 5th quarter activities for 7th-12th graders; Seward High School for a Positive Behavior Intervention and Support Program; Saunders County Youth Services/ACT to create business cards with local resources; Gage County MAPS Community Coalition for a speaker fee for their Youth Frontiers program; Four County Juvenile Justice Team to complete Diversion Program Data Evaluations. Yoakum made a motion, seconded by Bamesberger to approve the Mini-Grant Recommendations.

Yes: Butler County, Gage County, Jefferson County, Lancaster County, Pawnee County, Richardson County, Saline County, Saunders County, Seward County, Thayer County, York County

Motion carried.

FY 19-20 CLAS Coalition Funding Report: Johnson spoke about the use of funding, particularly in the purchase of Travis the Translators for local providers. This device will translate on the spot and is in use at the Mental Health Crisis Center on a regular basis. The amount is lower this 19-20 fiscal year, most likely due to the pandemic and this funding will be monitored. Yoakum made a motion, seconded by Kruger to approve the CLAS Coalition Funding Report.

Yes: Butler County, Gage County, Jefferson County, Lancaster County, Pawnee County, Richardson County, Saline County, Saunders County, Seward County, Thayer County, York County

Motion carried.

FY 20-21 CLAS Grant Award Summary: Johnson reported that this funding will be given to the School Community Intervention and Prevention LMEP (SCIP) for translation of parent materials and Stepping Stones LMEP for a cultural competency training for staff. Henning made a motion, seconded by Yokaum to approve the FY 20-21 CLAS Grant Award Summary.

Yes: Butler County, Gage County, Jefferson County, Lancaster County, Pawnee County, Richardson County, Saline County, Saunders County, Seward County, Thayer County, York County

Motion carried.

OTHER UPDATES / LEGISLATION / INFORMATIONAL ITEMS

Behavioral Health / Legislative Updates: Johnson reported that with the Covid-Gap Funding, providers got paid for their unit gaps, so they haven't missed out on their contracts. He had no new information on legislative updates.

Emergency System: Tyerman-Harper discussed that Kristin Nelson will present a letter to the Board and the major concern right now is the Region's ability to access higher levels of care. She is also working on how BETA will be held to provide continual training with law enforcement.

Network Continuous Quality Improvement: reports included in packets for informational purposes

- FY 19-20 Consumer Recovery Outcomes – Q1-4:
- FY 20 Region V Quality File Review Q1-Q3 – Aggregate Report:
- FY 20 Complaints, Appeals and Critical Incidents (CACI) Report:
- FY 20-21 Network Performance Improvement Summary:

FY 20-21 Capacity Utilization Summary Reports:

FY 20-21 Compliance Management Report:

Training Schedule: for informational purposes

ADJOURN

The meeting was adjourned at 11:56

IMPORTANT DATES

- November 16 – Network Provider Meeting – via Zoom
- January 27 – BHAC Meeting – 10:00 a.m.
- February 8 – RGB Meeting – 10:30 a.m.