

## Region V Systems

Promoting Comprehensive Partnerships in Behavioral Health

Region V Systems: Level of Care Meeting

December 16, 2020

1:00 p.m.

Zoom Teleconference

Present: Present: Alex, Associates in Counseling and Treatment; Kim Scrivner, Blue Valley Behavioral Health; Katie Kimmerling, The Bridge Behavioral Health; Shala Heartman, Kurt Lockhard, Stephanie McLeese, CenterPointe; Ashley Borchers, Community Corrections; Kerri Anderson, Integrated Behavioral Health; Tim Kennett, Lincoln Police Department; Dina Critel-Rathje, Lutheran Family Services; Scott Etherton, Mental Health Crisis Center; Public Health Solutions, Jill Kuzelka; Kristin Nelson, Gretchen Mills, Region V Systems

### System Updates

- There are not many Emergency System updates right now. The biggest news is the distribution of the vaccine for Covid-19.
- Discharges are currently difficult. Many nursing homes aren't admitting new patients right now. The Crisis Center was full last week.
- Nelson thanked everyone for expediting discharges and seeing people quickly. The next few months may prove to be a tough road.
- If your agency is experiencing clients who are struggling, reach out sooner than later, especially with the Crisis Center being at capacity. Brainstorming together may help decrease law enforcement involvement. The Crisis Center has not been able to admit to Mary Lanning for quite a while, LRC admissions are slow. However, admissions to the Crisis Center are lower than they were last fall.

### Specific Case Discussion

- There were no specific cases to discuss currently.

### Agency Updates

- **Integrated Behavioral Health Services:** The Secure Residential Program is not open yet, there were some hang-ups with licensure. Nelson interjected that she had just received news that they can open on Monday with 12 beds (as opposed to 16). They will move consumers into the facility in staggered groups of four. IBHS Secure Residential is fully staffed. The Psych Residential Program is transitioning a few people out and there may be an opening or two available. They are always taking referrals for the Day Psych program. There is a few- weeks- to- months waitlist for outpatient services. Preauthorization has been a bit of a challenge recently.

- **CenterPointe:** Outpatient is now adjusted to telehealth only. Consumers can still come in the facility if they do not have access to phone/internet. Staff is remote. They are down a medication provider and are not taking new admissions for medication management right now. Adult Residential is short on females, and there will be two or three PIER openings in about a month. Community Transitions has male openings at the end of December and female opening in January and they are accepting referrals for both.
- **The Bridge Behavioral Health:** They are at ½ capacity in most programs. Under the current directive health measures, in-person NA and AA have been suspended. They are using the directive health measures and the Covid-19 Dial as a guide to services and capacity, as is CenterPointe.
- **Blue Valley Behavioral Health:** Very busy time right now. Waitlists have come down, except for Gage County, their waitlists are growing. Therapists are busy and meeting both in-person and telehealth, dependent upon the consumers' needs. There were some authorization problems with United Health Care.
- **Lincoln Police Department:** They are extremely busy. LPD staff are dealing with Covid-19. The force has been shrinking, down at least 17 officers since the riots; mostly due to retirements. It has been tough. LPD is very appreciative of Emergency Services and these sorts of LOC meetings.
- **Mental Health Crisis Center:** There are no major staffing issues. The vaccine is on the way, should be available next week and help on a staffing standpoint.
- **ACT:** They are very busy.
- **Public Health Solutions:** They are preparing to get the vaccine and they have been very busy, hanging on.

### **Other Business**

- BETA Training is projected to be held in April or May 2021. Hopefully it will be an in-person training. BETA is free to Law Enforcement and individuals working in Crisis Response. A nominal fee is charged to others who wish to participate.
- Nelson cannot thank everyone enough. This has been a tough year and the collaboration that agencies have shown with Emergency Systems and Law Enforcement has been phenomenal. She appreciates everyone's involvement.

### **Next Meeting**

- The next LOC meeting will be held via Zoom on January 20, 2021. Please reach out to Gretchen if there are issues with the email distribution list or if you need to be deleted or add another individual. [gmills@region5systems.net](mailto:gmills@region5systems.net)