

Region V Systems

Promoting Comprehensive Partnerships in Behavioral Health

Region V Systems: Level of Care Meeting

October 21, 2020

1:00 p.m.

Zoom Teleconference

Present:

Present: Meghan Leikam, Associates in Counseling and Treatment; Kim Scrivner, Blue Valley Behavioral Health; Katie Kimmerling, The Bridge Behavioral Health; Shala Heartman, Stephanie McLeese, Jordan Wiedman, CenterPointe; Aaron Adams, Division of Behavioral Health; Kerri Anderson, Integrated Behavioral Health; Tim Dolberg, Lincoln Police Department; Dina Critel-Rathje, Lutheran Family Services, Kristin Nelson, Gretchen Mills, Region V Systems

Emergency System Updates: Nelson expressed how 2020 has been a tough year. Numbers are in, she will follow up with an email. EPCs repeats are up, not a lot of positive improvements with numbers right now. Demand for services is increasing. At the Regional Center, length of stay is down, however, access to LRC has decreased as capacity is reduced due to Covid. The Mental Health Crisis Center has been consistently full this year and they are asking to partner with providers in the community. Contact Sara Price.

LPD Update/Thursday 10:00 a.m. Meetings: Tim Dolberg LPD1613@cjis.lincoln.ne.gov was hired as the mental health specific law enforcement liaison. Nelson and providers are currently holding an open meeting at 10:00 a.m. on Thursdays to meet about specific consumers who are struggling with contacting and/or visiting emergency services too frequently. Numbers have been pulled on consumers attending the Crisis Center and LPD pulled numbers on calls. Through this five (5) consumers have been identified as needing additional support. RW, for instance, has been calling ER services up to 70 times per week and by partnering with Integrated Behavioral Health, she now has a Plan for One being developed. Plan for One dollars are unique and not tied to services and helps deflect consumers from using emergency services. Plan for Ones need to be justified, are time limited (for example 120 days or six (6) months). RW's plan involves additional support, a paid mentor, not professional support.

Providers are encouraged to join the Thursday meetings. Providers will be required to give a client presentation and highlight what struggles you are facing. Email Nelson a week ahead of time so they can pull data on the consumer.

The current data being used is from Lincoln. This is not an exclusionary group, but the group is currently unaware about rural areas.

CenterPointe Update: CenterPointe was the recipient of a sustainable model grant through SAMSHA for a Certified Community Behavioral Health Clinic (CCBHC). They have two (2) million dollars for this year and the next. If Nebraska adopts the CCBHC as a model, lobbying to the state will become paramount. This is a wrap around health service for any age, people are not turned away from services regardless on their insured status or ability to pay. The CCBHC has a GP and added 17 additional staff including a Health and Wellbeing Coordinator, Medical Care Coordinator, Youth and Family therapists,

an additional medication provider, and expanded crisis services. There is a community response team in place now that can go out without LPD into the community. Youth are also now served through the CCBHC.

Youth Services at CenterPointe are on Tuesday/Thursday evenings and there are open hours between 9-1 on Saturdays now. Participants are struggling to do Telehealth programs, only 1 out of 50 consumers can telehealth, so individuals are seen face-to-face as well. If there is a full shutdown again, consumers will struggle.

The P.I.E.R. Program now has a consultation program with ACT and there are good resources available.

The Psych Res Rehab has some opening coming up and consumers are still involved in day programming Monday-Friday. They have not seen any positive cases.

Lutheran Family Services Update: LFS is also in receipt of the SAMSHA CCBHC grant. They have added a care coordination for anyone who walks through the door, they don't have to have a diagnosis and it is also available to any LFS client. They have expanded children's services, added a medical director and therapists. Grants for financial assistance are available on the LFS website.

Rural Update: There has been an increase in consumers, more are now on the waiting list. They have added more staff and a psychologist to the Beatrice area. Some consumers can participate in telehealth with Lincoln providers. Hope/Wymore is accepting referrals but are on lockdown and at full capacity.

Integrated Behavioral Health: Secure residential will open mid-November. They are accepting referrals and are not to capacity yet.

The Bridge: Since the start of the pandemic, they have stayed full. There is reduced capacity.

Training/events: Please let Nelson know of any ideas for training that would be beneficial to both providers and law enforcement. Training has been a challenge for some via Zoom, however there are training dollars.

No Specific Case Discussion.

No Other Business.

Next Meeting

- November 18, 2020 via Zoom. Gretchen will send out invite reminders.

Meeting adjourned at 1:45 p.m.

Email from DHHS included as an attachment below:

From: DHHS-BehavioralHealthProviders <DHHS-BEHAVIORALHEALTHPROVIDERS@LISTSERV.NEBRASKA.GOV> **On Behalf Of** DHHS Behavioral Health Division

Sent: Wednesday, October 7, 2020 7:03 AM

To: DHHS-BEHAVIORALHEALTHPROVIDERS@LISTSERV.NEBRASKA.GOV

Subject: CoE-PHI Resources

The Director of the Division of Behavioral Health is sending you this.

Partners,

We want to share a great resource (funded by SAMHSA) that is available to our partners. As you know, 42 CFR Part 2 has changed. Many of you are appropriately working with your agency's legal team to update policies and forms. Additionally, with the increase in telehealth utilization, there are resource related to PHI and telehealth.

The links below contain free webinars, fact sheets, and general telehealth and protected health information topics. Please keep in mind that *resources, training, technical assistance, and any other information provided through the CoE-PHI do not constitute legal advice*. Likewise, the DBH cannot provide you with specific legal guidance or advice. Therefore this information should not be considered as such. We hope the information will be helpful as you do consult and work with your agency legal counsel and others to make any 42 CFR Part 2 updates or telehealth updates to your policies and processes. I want to thank all of you for serving Nebraskans with behavioral health illnesses. It is a critical time to ensure the health and well-being of individuals and communities. Thanks.

Resources are from the Center of Excellence for Protected Health Information (CoE-PHI) funded by SAMHSA. The CoE-PHI develops and disseminates resources, training, and TA for states, healthcare providers, school administrators and individuals and families to improve understanding and application of federal privacy laws and regulations, including FERPA, HIPAA, and 42 CFR Part 2, when providing and receiving treatment for SUD and mental illness.

Resources, training, technical assistance, and any other information provided through the CoE-PHI do not constitute legal advice.

- <https://www.samhsa.gov/national-center-excellence-protected-health-information>
- https://www.caiglobal.org/index.php?option=com_content&view=article&id=1149&Itemid=1953
- [CoE-PHI Webinar- Understanding the New Changes to 42 CFR Part 2](#)
- [Fact Sheet: SAMHSA 42 CFR Part 2 Revised Rule](#)
- Resources outlining **2017** and **2018** changes to Part 2:
 - [2017 changes](#)
 - [2018 changes](#)

- Telehealth Resources:
 - [Focus:PHI Telehealth Tips for Clients/Patients](#)
 - [Focus:PHI Recomendaciones Para Mantener Privada Su Consulta Por Telesalud](#)
 - [Focus:PHI VIDEO Telehealth Tips for Clients/Patients](#)
 - [FocusPHI VIDEO:Focus:PHI Recomendaciones Para Mantener Privada Su Consulta Por Telesalud](#)
 - [Focus:PHI Tips- Federal Guidance for SUD and Mental Health Providers](#)
 - [Podcast of CoE-PHI Top 7 Telehealth Privacy Considerations](#)
 - An archived webinar available on the homepage of [the CoE-PHI website](#) titled *“Understanding the New SAMHSA and OCR Guidance for Telehealth SUD and Mental Health Services”*

Sheri Dawson | *Director of Behavioral Health*

BEHAVIORAL HEALTH

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