

## BEHAVIORAL HEALTH ADVISORY COMMITTEE

### MINUTES

October 28, 2020  
10:00 a.m.  
At Region V Services  
3600 Union Drive  
Lincoln, NE

**MEMBERS PRESENT:** Irene Duncan, Greg Janak, Corrine Jarecke, Stephanie Knight, Jill Kuzelka, Barbara Murphy, Laura Osborne, Lucinda Mesteth. Present via Zoom Karen Helmberger & Laura Osborne

**MEMBERS ABSENT:** Christine Cooney, Gene Cotter, J. Rock Johnson, Corrie Kielty, Rebecca Meinders, Barbara Murphy, Richard Pethoud, Darla Winslow, Constance Zimmer.

**OTHERS PRESENT:** Aaron Adams, Division of Behavioral Health; Sharon Dalrymple, Tami DeShon, Theresa Henning, C.J. Johnson, Gretchen Mills, Sandy Morrissey, Kerri Peterson, Marti Rabe, Region V Systems

### **HOUSEKEEPING AND INTRODUCTIONS**

Knight called the meeting to order at 10:06 a.m. followed by rollcall. Knight asked permission to vote by voice vote rather than rollcall to facilitate the lengthy agenda. There was no dissent.

### **ADDITIONS / CHANGES TO AGENDA**

There were no changes to the agenda.

### **OPEN MEETING ACT INFORMATION**

Knight referenced that Open Meeting Act information is posted as required by the Open Meetings Act at Region V Systems. Notification of this meeting and information regarding availability of the agenda was provided through a legal notice in the Lincoln Journal Star.

### **PUBLIC COMMENT**

There was no public comment.

### **PRESENTATIONS: SAMHSA/FEMA GRANT & NEBRASKA DISASTER RESPONSE ADULT GRANT (NDRA)**

Dalrymple gave an overview of the SAMSHA Grant. She is one of two team leaders, in charge of 17 Crisis Counselors/Outreach Workers. They have an administrative assistant and a part time outreach associate as well. The grant is in phase two. The Immediate Services Program (ISP) Grant ran from April 30 – September 26, 2020. The Regular Services Program (RSP) runs from September 27 – June 26, 2021. The outreach activities have included focusing on connection with businesses, flea markets, car shows, farmer's markets, attending meetings such as the school board, city council, PTOs, and being visible in the communities via participation and outreach at restaurants, coffee shops, child-care providers, libraries, homeless coalitions, nursing homes. There are referrals coming in through the Nebraska Rural Response Hotline and the Nebraska Family Helpline. The ISP grant had 4,548 contacts (52% in person brief education or supportive contact and distributed 24, 372 brochures and/or information guides) and 55% of the ISP target goal was met within the 7 weeks of in-person community outreach work.

The RSP has targeted goals for each county with the focus on individual and family contacts, including group counseling via Zoom.

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Peterson gave an overview of the NDRA grant, which runs from April 2020 – October 2021, and is focusing on the expansion of mental health access due to the floods of 2019. Region V Systems is partnering with Region 3 and Region 4, the Public Policy Center, and the Rural Response Hotline. Their goal is to distribute 900 vouchers by October 2021. These vouchers are for outpatient therapy for individuals who have no insurance and means of payment. 290 vouchers have been distributed. Currently they are engaging in outreach to increase Mental Health education and Mental Health First Aid within the communities and a PTSD training will be offered to clinicians.

**CONSENT AGENDA ITEMS**

No action can be taken, due to the lack of Quorum. Johnson discussed redefining a Quorum for this advisory committee. A consensus can be taken and provide a recommendation to the Regional Governing Board. There was no discussion or dissent regarding the Consent Agenda. There was consensus agreement.

**ACTION / PRIORITY ITEMS**

**Contract Amendments:** The System of Care Grant funding ended, and with that the funding for crisis response teams partnering with law enforcement for family crisis calls ended. To continue this service, other funding sources were examined and there is a motion to shift funding from Intensive Outpatient (IOP) to Crisis Response-Youth and Family Peer Support in the amount of \$15,000.

Jarecke recommended that the contract amendment be moved forward to the Regional Governing Board. There was no discussion or dissent.

**One-Time-Only (OTO) Fund Report:** Johnson presented the One-Time Funding expenditures and gave a brief overview of the usage of the funding.

Duncan recommended that the OTO Fund Report be moved to the Regional Governing Board as presented. There was no discussion or dissent regarding the OTO Fund Report

**FY 19-20 Annual Report (draft):** Johnson thanked the Region V Systems CQI department for putting the report together. Johnson suggested that everyone look over the report and any feedback is appreciated.

**FY 20-21 Risk Management Plan (draft):** Johnson noted that the Risk Management Plan is required for accreditation. This plan maps out loss exposure and how prepared the Region is for unexpected events. The pandemic gave an opportunity to evaluate the ways remote working had an impact on services. Overall, providers across the state did a great job adopting alternative technology and telehealth.

**FY 20-21 Performance Improvement Plan (draft):** Johnson stated that Region V Systems is always looking for performance improvement and ways for rural areas to get funding. There are 40 indicators being monitored in this plan.

**FY 20-21 Strategic Plan (draft):** Johnson gave a brief summary of the strategic plan and the goals and objectives. The Department of Behavioral Health is updating their Strategic Plan, and the plan will be updated with pandemic practices as we move forward with this new landscape.

Kuzelka recommended that the reports and plans be moved forward to the Regional Governing Board. There was no discussion or dissent.

**FY 20-21 Prevention Mini-Grant Recommendations – Winter Cycle:** Morrissey gave a summary of the Winter Mini-Grants that have been provided. The Winter Cycle was moved up so participants could utilize their funding for a longer time period. The amount requested from the six applicants was \$15,341.90. The amount the committee recommends for distribution is \$9,698.90.

Duncan recommended that the Mini-Grant Recommendations move forward to the Regional Governing Board. There was no discussion or dissent.

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**FY 19-20 CLAS Coalition Funding Report / FY 20-21 CLAS Award Summary:** Johnson discussed the CLAS funding expenses for interpretation requests and the total was \$5,979.34. The device called “Travis the Translator” is being used at the Crisis Center and out in Field. The CLAS 20-21 awards were given to SCIP (for translation of parental materials) in the amount of \$1,019.00 and to LMEP (for cultural competency training for staff members) in the amount of \$1,000.00.

Jarecke recommended that the FY 19-20 CLAS Coalition Funding Report and the FY 20-12 CLAS Award Summary be moved forward to the Regional Governing Board. There was no discussion or dissent.

**OTHER UPDATES/INFORMATION**

**Behavioral Health / Legislative Updates:**

- **COVID 19 Impact:** Johnson reported that the Region is working closely with the Division of Behavioral Health to recognize how the pandemic has impacted providers, the number of units being used, and contractual agreements. The Region has been able to provide Covid-gap funding to providers so they could continue to work throughout the pandemic. The Covid-gap funding has continued through September billing, and will be provided during October and November, though it will look a little different due to Medicaid expansion. Providers adapted quickly to challenges and there was no significant reduction in services. Overall, they system kept running well.
- **Consumer Specialist Position:** The Region is looking into contracting with a local agency, Wellbeing Initiative instead of hiring one person to continue with this position. The Wellbeing Initiative is consumer run and would be able to promote consumer involvement throughout the Region. The Board’s approval will be sought to move forward with this idea.

**Emergency System:** No updates.

**Prevention – Zero Suicide:** Morrissey gave an overview of the subgrant awarded to Region V through the Garret Lee Smith Grant in conjunction with the Public Policy Center. The Zero Suicide Initiative provides training and an opportunity for providers to assess their processes and policies pertaining to suicide, suicidal ideation, and ongoing suicide assessment for an entire year: 12 organizations are participating in this round, and a second round will begin soon. In addition to the Zero Suicide training and monthly calls, Morrissey will offer technical assistance as needed. The goal is that providers become better equipped with ongoing suicide assessment tools and best practices.

**System of Care:** Grant has ended.

**Network Continuous Quality Improvement:**

- FY 19-20 Consumer Recovery Outcomes – Q1-4:
- FY 20 Region V Quality File Review Q1 – Q3 – Aggregate Report:
- FY 20 Complaints, Appeals and Critical Incidents (CACI) Report:
- FY 20-21 Network Performance Improvement Summary:

**Capacity Utilization Summary Reports:** Provided for informational purposes.

**Training:** Provided for informational purposes.

**IMPORTANT DATES**

- November 9 – 10:30 a.m. – RGB Meeting
- November 16 – 9:00 a.m. – Network Provider Meeting
- January 27 – 10:00 a.m. – BHAC Meeting

**ADJOURN**

There being no further business the meeting was adjourned at 11:39 a.m.