

BEHAVIORAL HEALTH ADVISORY COMMITTEE

MINUTES

April 29, 2020
10:00 a.m.
Teleconference
1645 'N' Street
Lincoln, NE

MEMBERS PRESENT: Irene Duncan, Karen Helmberger, Greg Janak, Corrine Jarecke, J. Rock Johnson, Corrie Kielty, Stephanie Knight, Jill Kuzelka, Rebecca Meinders, Lucinda Mesteth, Laura Osborne, Tracy Pella, Darla Winslow

MEMBERS ABSENT: Christine Cooney, Barbara Murphy, Richard Pethoud, Constance Zimmer

OTHERS PRESENT: Tami DeShon, C.J. Johnson, Gretchen Mills, Sandy Morrissey, Amanda Tyerman-Harper, Marti Rabe, Region V Systems

HOUSEKEEPING AND INTRODUCTIONS

Knight called the meeting to order at 10:03 a.m. followed by introductions.

ADDITIONS / CHANGES TO AGENDA

No additions or changes were made to the agenda.

OPEN MEETING ACT INFORMATION

Knight referenced that Open Meeting Act information is posted as required by the Open Meetings Act at Region V Systems. Notification of this meeting and information regarding availability of the agenda was provided through a legal notice in the Lincoln Journal Star.

PUBLIC COMMENT

There was no public comment.

CONSENT AGENDA ITEMS

Johnson made a motion, seconded by Pella, to approve the Consent Agenda (February 26, 2020 minutes, FY 19-20 Compliance Management Report and RGB Report) as presented.

Roll Call: Yes: Duncan, Helmberger, Janak, Jarecke, Johnson, Kielty, Knight, Kuzelka, Meinders, Osborne, Pella, Winslow

Absent: Cooney, Cotter, Mesteth, Murphy, Pethoud, Zimmer

Motion carried.

ACTION / PRIORITY ITEMS

Network Provider Contract Amendments: Johnson provided an overview of Region V Systems Contractual Agreements and the amendments that are suggested.

- KidGlov

This amendment will increase spending from \$75,000 to \$90,600 to add social media support for the Partnership for Success website including social media posts, website updates, and monthly meetings.

- Department of Health and Human Services/Substance Abuse and Mental Health Services Administration
Region V Systems will receive \$999,968 which is essentially an extension to the FEMA flood grant to serve adults with mental health or substance abuse issues in 23 Nebraska counties. The grant will be administered by SAMHSA rather than FEMA. This project will extend mental health access and provide treatment vouchers to those within flooding impacted areas, including Butler, Saunders, Otto, Nemaha, Richardson, and Saline Counties in Region V.
- Building Partners
Building Partners have contracts with Region V Systems for providing facilities usage, office space, phone, and informational technology support. The annual (FY 20-21) contract amounts are as follows: Families Inspiring Families (\$16,986), Cause Collective (\$1,368), and Mental Health Association of Nebraska (\$52,578).

Osborne made a motion, seconded by Duncan to move these contracts forward to the Board for approval.

Roll Call: Yes: Cotter, Duncan, Helmberger, Janak, Jarecke, Johnson, Kielty, Knight, Kuzelka, Meinders, Osborne, Pella, Winslow

Absent: Cooney, Mesteth, Murphy, Pethoud, Zimmer

Motion carried.

- Network Provider Contract Amendments – 3rd Quarter: April Contract Shifts: COVID Gap Funding
Johnson explained that DHHS is providing gap funding to offset under-produced units related to the COVID pandemic. Because it is unclear how DHHS will regard the gap funding in relation to over-produced units, the Region took a conservative approach to the April shifts. It was decided, in conjunction with providers, to use available non-service funds for existing over-produced or held units for applicable services rather than shift dollars between agency programs.

Shift requests are as follows:

- CenterPointe Contract Shifts:
 - From Trauma Informed Care to Assertive Community Treatment \$8,506.00
 - From Behavioral Health Integration (BHI) to Adult Outpatient \$11,606.00
 - From Sub-Acute Inpatient to Psych Residential Rehab \$6,085.00
 - From Acute Inpatient to Psych Residential Rehab \$86,529.00
- Lutheran Family Services Contract Shifts:
 - From BHI to Adult Outpatient \$19,900.00
- Blue Valley Behavioral Health Contract Shifts:
 - From BHI to BVBH Adult-Out Patient \$6,004.00
- Supported Housing Contract Shifts:
 - From BHI to Supported Housing \$30,000.00

A motion was made by Cotter, seconded by Duncan, to recommend the Board ratify these contract shift requests.

Roll Call: Yes: Cotter, Duncan, Helmberger, Janak, Jarecke, Kielty, Knight, Kuzelka, Meinders, Osborne, Pella, Winslow

No: Johnson

Absent: Cooney, Mesteth, Murphy, Pethoud, Zimmer

Motion carried.

Alternative Compliance - Community Support

Tyerman-Harper discussed the annual Alternative Compliance request which allows providers to be paid in 15-minute increments when providing community support services. 206 Regulations require three meetings per month, or a total of three hours, in order to bill for this service; this request for Alternative Compliance to the regulations allows providers to bill for services provided and is consistent with how Medicaid pays for the service. The providers are CenterPointe, Blue Valley Behavioral Health, and Lutheran Family Services. Kielty made a motion seconded by Johnson, to move the request for Alternative Support forward to the Board for approval.

Roll Call: Yes: Cotter, Duncan, Helmberger, Janak, Jarecke, Johnson, Kielty, Knight, Kuzelka, Meinders, Osborne, Pella, Winslow

Absent: Cooney, Mesteth, Murphy, Pethoud, Zimmer

Motion carried.

Site Visit Reports

Tyerman-Harper reported on the site visit summaries for Lutheran Family Services and St. Monica's. One hundred percent of all units were accounted for and the agencies demonstrated satisfactory compliance with contract requirements and other grant/service-related requirements. Program fidelity audits are done on a three-year cycle and were not required for St. Monica's. LFS was in satisfactory compliance with program standards. A clarification was made about performance improvement measures, which are conducted on a quarterly and monthly basis and are not a part of the site visit audits. Johnson made a motion, seconded by Jarecke, to recommend the Board approve the site visit summaries as presented.

Roll Call: Yes: Cotter, Duncan, Helmberger, Janak, Jarecke, Johnson, Kielty, Knight, Kuzelka, Meinders, Osborne, Pella, Winslow

Absent: Cooney, Mesteth, Murphy, Pethoud, Zimmer

Motion carried.

OTHER UPDATES/INFORMATION

Behavioral Health / Legislative Updates:

- Johnson discussed the economic impact that COVID-19 has had on the Network Providers and how they have gone out of their way to continue to provide support and services to individuals through telehealth, telephonic, and other creative ways to provide services. CenterPointe divided up their day rehab program into multiple sites so there would be no gap in service to people in this program. Some providers have delivered food to those in need as well. It is impressive and commendable work.
- Johnson provided assurance that over the course of the last month and a half, he has been meeting regularly with NABHO, the Division and RAs to keep informed of the current situation. Network Providers have been meeting weekly (typically monthly prior to COVID-19).
- It was disseminated by the Division that there has been additional funding located from Program 38 to bring into the system so overproduced units are covered for providers. There was discussion regarding the programs they drew the money from, and it isn't certain but was communicated that multiple activities within Program 38 were scrutinized to find extra dollars. Johnson discussed COVID Gap Funding and that negotiations are taking place about what it will look like. Several senators are very supportive to advocate for what the providers need. Due to the legislature not meeting to finish the appropriations bill, the Medicaid Implementation Impact that will have to be considered, is currently on hold.
- Tyerman-Harper addressed that providers are considered health care providers, have priority for testing and they have implemented measures as taking temperatures of employees, having people stay at home if they are exhibiting any signs of illness, and limiting/carefully monitoring the traffic in and out of facilities.

Emergency Systems: Tyerman-Harper reported that the Saunder's County BETA is postponed. BH health calls to law enforcement have increased due to Covid 19. Emergency Providers have been meeting with LPD on a weekly basis to talk about services that they can refer people to, as providers can offer warm lines, telehealth/telephonic services and have been able to expand those types of services. Crisis Response Teams in rural areas continue to provide services, mostly via telehealth.

Prevention:

- Morrissey reported that they have had to reschedule many trainings and that national speakers have been accommodating with rescheduling. They will be going virtual with June Jam in conjunction with a program called Set Me Free (a human trafficking/substance abuse program run out of Omaha) and will have 10 segments (five for middle schoolers and five for high schoolers). KidGlov will provide marketing services.
- The Opioid grant ends on September 30, 2020, and a new grant will be issued that is inclusive of stimulants; this is important as meth is currently a concern in Region V. Region V was selected to host a NARCAN pilot program as well. Morrissey reported that NARCAN distribution will be expanded to include more pharmacies including York and Waverly. The goal will be to go statewide after this pilot, which has been very successful.
- Morrissey discussed a new prescription drug disposal program called DETERRA. Information can be found here: <https://deterrasystem.com/>. DETERRA pouches will be distributed to senior centers, law enforcement, home health care workers, and treatment providers for the safe disposal of unused medications.
- Morrissey reported that Prevention Mini-Grants have been announced, letters of intent have been received, and they will be selecting recipients mid-May.

System of Care (SOC): The SOC grant is in its last year and efforts are underway to find sustainability for the children's side of the grant. The grant provides crisis response for youth and includes follow up with Families Inspiring Families for parent partners and access to the Professional Partner program at Region V. This grant ends on September 30, 2020. Smith, CEO of DHHS has pushed to have all the divisions under DHHS work together to pull together funding to sustain the SOC program.

Network CQI: No updates

FY 19-20 Capacity Utilization: Report provided; no discussion.

BHAC Attendance Report: Provided for informational purposes.

Trainings: Johnson stated that due to COVID Crisis, several trainings are rescheduled or being scheduled as virtual trainings when appropriate.

LEVEL OF CARE MEETING UPDATES/DATES

No updates.

OTHER BUSINESS

Johnson clarified an inquiry about the sources of funding for the five different rental assistance tracks/programs within Region V and the individuals served under each funding source. Those served include homeless individuals in rural counties with a disability (physical or behavioral health), transition-aged youth in rural counties, transition-aged youth, homeless individuals with a substance abuse issue, and individuals who have a mental health diagnoses and are homeless/near homeless. He also clarified that the BHI funding that was shifted was primarily for people experiencing substance abuse issues and will go to other substance abuse programs and mental health activities.

IMPORTANT DATES

- May 11 – 10:30 a.m. – RGB Meeting
- May 18 – 9:00 a.m. – Network Provider Meeting
- May 27 – 10:00 a.m. – BHAC Meeting

ADJOURN

There being no further business the meeting was adjourned at 11:10 a.m.