

**Minutes of the Region V Systems
Consumer/Family Advisory Committee (CFAC)
Meeting August 14, 2018**

Present: Dusty Lord, Sadie Thompson, Retha Knapp, Dorri Smith, Debbie Buckley, Jae Job, Rebecca de la Motte, Dorothy Miles, Danielle Smith, Amie Jackson, Meg Damme

Absent: Julie Loftin (Excused), Richard Pethoud, Shawna Mason (Unexcused)

Non-Members Present: Lee Clausen, Karen Soucie, Donna Dekker, Phyllis McCaul

CALL TO ORDER: The meeting was called to order at 9:01 a.m. by the Chair, Danielle Smith. Dorothy Miles read over committee rules. Introductions were made.

ROLL CALL: Donna Dekker read the roll call; quorum was established.

1. CONSENT AGENDA ITEMS:

A. Agenda August 14, 2018

- Agenda was approved with the following changes:
 - Omit 7.A. bullets - Birth Certificates for Corrections Re-Entrants and Nebraska State ID's for DOC Re-Entrants
 - Add 7.B. Membership Application (Lee Clausen)
 - Add 9. Other Business: Project Homeless Connect, The Orchard, Jae's Blank-Face Activity

B. Minutes July 10, 2018

- After reviewing, Sadie Thompson made a motion to approve, Debbie Buckley, seconded, and members unanimously approved the minutes as written.

2. FINANCIAL SUMMARY REPORT (Retha) *Unallocated funds* \$23,616.82

3. EXECUTIVE BOARD REPORT – No Report

4. STANDING COMMITTEE REPORTS:

A. Funding Committee – (Dusty) Two funding applications were received and reviewed.

- WRAP® at Fresh Start (\$165.00) Phyllis McCaul – *Unanimously Approved*
- Take Flight Peer Equine Group – Part 2 (\$1,003.96) Sadie Thompson – *Unanimously Approved (Sadie answered questions and took suggestions regarding this application)*

Above applications will be forwarded to Regional Administrator for final approval.

B. Membership & Communications Committee – (Rebecca)

- Rebecca read the membership application received from Lee Clausen. She made a motion to accept, Dorri seconded the motion; membership was unanimously approved by members. With a goal to have 5 members under representing each applicable experience (Consumer of - Substance Use, Mental Health, or Family Member) there was an opening under Family Member. Lee will serve a 3-yr term (2018-2021) representing Consumer of Family Member.
- CFAC now has 15 members. Dusty reminded everyone that it takes 60% of members to be present to establish quorum.

C. Bylaws, Policies, and Procedures Committee – (Richard absent) No Report

- Dusty mentioned tentative review plans of bylaws, policies, and procedures. As mentioned last month, Meg has offered to help Richard.

5. Other Reports: Final Project Reports – Dusty and Danielle read final funding reports for the following:

- Ending Inventory
- Take Flight Peer Equine Group – Sadie Thompson
- WRAP Facilitator Training – Mary Rittenburg
- WRAP for Life – Dusty Lord
- Community WRAP – Madeline Hendrix-Jones
- Peer to Peer Support Group – Phyllis McCaul
- Region V Consumer Conference – Dusty Lord / Phyllis McCaul
- WRAP Facilitator Training – Debbie Buckley
- WRAP Group @ LFS – Danielle Smith
- WRAP Facilitator Training – Jae Job
- Children’s Mental Health Awareness Event – Sandy Thompson
- Treatment Coins – Jessie Thompson
- SRO Transitional Living Program (MHA) – Kasey Moyer
- Wellness Engagement Training – Dusty Lord / Phyllis McCaul
- Promotional Items for Workshops – Dusty Lord

Dusty mentioned there are reports yet to be received by next month. She will send out a reminder email.

6. Other Business:

- **Project Homeless Connect** – October 16 (Tuesday) Dusty asked if there was an interest in setting up a booth this year just as they have done in past years? She explained to the newer members what help is needed. The group decided this is something they want to do again this year and will add this to next month’s agenda for further planning.
- **The Orchard** – The Orchard is temporarily meeting at Barnabas Community located at 931 Saunders Avenue, for a few hours on Wednesday’s and possibly a few drop-in hours.
- **Blank Face Activity** – Jae Job
Jae asked everyone to take a ‘blank face’ (handout sheet of paper with the outline of a face) and two markers, then:
 - Write their name in the hair region.
 - Write in the face area, how they believe others see them.
 - Everyone was then asked to pass their ‘face’ around the room to each member, who then wrote a word or two outside of the face, depicting how they view that person. Keep passing the sheet to the next person until everyone is in possession of their own face.
 - Open floor discussion was held about the outcomes.
- **Snacks** – Danielle
Danielle asked the committee their thoughts on snacks. Fruit tray, donut holes, fruit bread, other. After discussion, it was decided to keep having a fruit tray and replace the donut holes/fruit bread with a veggie tray. *Unanimously Approved*

Dusty read over upcoming dates before ending the meeting.

ADJOURNMENT: The meeting was adjourned at 11:06 am.