

REGIONAL GOVERNING BOARD

MINUTES

September 10, 2018
1645 'N' Street
Lincoln, NE
10:30 a.m.

MEMBERS Greg Janak, Butler County; Susan Johnson, Fillmore County; Gale Pohlmann, Jefferson County;
PRESENT: Todd Wiltgen, Lancaster County; Marvin Bohling, Nemaha County; Dean Speth, Otoe County;
Jan Lang, Pawnee County; Jim Davidson, Richardson County; Janet Henning, Saline County;
Doris Karloff, Saunders County; Roger Glawatz, Seward County; Dean Krueger, Thayer County;
Bill Bamesberger, York County

MEMBERS Dennis Byars, Gage County; Les Agena, Johnson County; Jerry Westring, Polk County
ABSENT:

OTHERS Sheri Dawson, Tamara Gavin, DHHS; C.J. Johnson, Tami DeShon, Kim Michael, Sandy
PRESENT: Morrissey, Amanda Tyerman- Harper, Paul Van De Water, and Marti Rabe, Region V Systems

OPEN MEETINGS ACT INFORMATION

Janak noted the Open Meetings Act information is posted in the meeting room. Notification of this meeting and information regarding availability of the agenda was provided through a legal notice in the Lincoln Journal Star.

CALL TO ORDER / ROLL CALL / AGENDA

The meeting was called to order by Janak at 10:34 a.m., followed by roll call.

Roll Call: Present: Butler County, Fillmore County, Jefferson County, Lancaster County, Nemaha County, Otoe County, Pawnee County, Richardson County, Saline County, Saunders County Seward County, Thayer County, York County

Absent: Gage County, Johnson County, Polk County

Karloff made a motion, seconded by Johnson, to approve the agenda. There was no discussion.

Roll Call: Present: Butler County, Fillmore County, Jefferson County, Lancaster County, Nemaha County, Otoe County, Pawnee County, Richardson County, Saline County, Saunders County Seward County, Thayer County, York County

Absent: Gage County, Johnson County, Polk County

Motion carried.

PUBLIC COMMENT

There was no public comment.

STAFF RECOGNITION

Janak presented a certificate of recognition and appreciation to Scott Stemper, Prevention Specialist, for five years of service, Sandy Morrissey, Prevention Director for fifteen years of service, and Marti Rabe, Network Specialist, for twenty years of service. Janak briefly discussed these staff members' roles and responsibilities, noted their many contributions to Region V Systems, and thanked them for their service.

DIVISION OF BEHAVIORAL HEALTH (DBH) PRESENTATION:

Sheri Dawson, Director of BH, and Tamara Gavin Associate Director with the Division of Behavioral Health (DBH), were in attendance to present DBH's annual report to the Region. The following key points were discussed:

- DBH organizational changes were highlighted. Dawson anticipates that the Governor will select someone to serve as CEO of DHHS to fill the vacancy left by Courtney Phillips during the transition period.
- During the previous fiscal year 2,400 more individuals were provided with behavioral health services. Eighty-eight percent of consumers surveyed answered "yes" to the question "these services made a difference in their life."
- Dashboard targets and current scores for Region V were noted relating to Goal 1 (Increase the percentage of consumers in stable living at discharge); Goal 2 (Improve consumer score for question "I am better able to deal with crisis."); Goal 3 (Increase number of consumers employed) including discharge from Supported Employment; Goal 4 (Improve public safety). The intent is to show measurable improvement in these areas as Regions work to improve outcomes and reach target scores. Goal 4 specifically intends to increase the percentage of individuals who are not readmitted to the emergency system and / or increase the length of time within the community following an EPC.
- Average length of stay (LOS) for Region V consumers at the Regional Center (LRC) is 659 days, a significant reduction from the previous year when it was 1,035 days.
- Regional contracts for BH and Network Management show that \$1,353,004 was unused by Regions for various reasons in the previous fiscal year. Region V expended 99.3 percent of dollars allocated. There was discussion regarding what DHHS does with funds that are not expended. Dawson explained that some of the funds are designated / set aside for specific services and can't be reallocated. Other dollars are shifted at the end of the fiscal year. The Division has historically been able to use unexpended funds to pay for over-produced fee-for-service services across the state.
- Remaining amounts of unexpended one-time-only (OTO) funds were reported. Two Regions have expended their entire OTO funding. Region V has a balance of \$561,007 remaining, a small discrepancy with the amount shown by DHHS.
- The Division has automated wait list reporting for specific services. Number of wait days and number of individuals waiting were reported. Lengthy waits for community support at CenterPointe are related to the need for housing.
- Strengths and opportunities were shared.

ACTION / PRIORITY ITEMS

Regional Governing Board Minutes: Wiltgen made a motion, seconded by Bohling, to approve the Minutes of the June 11, 2018, meeting. There was no discussion.

Roll Call: Present: Butler County, Fillmore County, Lancaster County, Nemaha County, Otoe County, Pawnee County, Richardson County, Saline County, Saunders County Seward County, Thayer County, York County

Abstain: Jefferson County

Absent: Gage County, Johnson County, Polk County

Motion carried.

Fiscal/Financial Report:

- The year-end fiscal report will be presented following the completion of the CPA audit. Region V did finish the year approximately \$400,000 under the operating budget.
- Copies of the report were available Monday morning. Van De Water presented the financial report through July reviewing revenue and expenditures. With 8.33 percent of the FY year completed, the Regional budget stood at 7.43 percent. Van De Water commented that there are a number of one-time leases, maintenance agreement, subscription / books, etc. that occur early in the fiscal year. The budget is almost one percent

under budgeted funding. Henning made a motion, seconded by Bamesberger, to approve the Financial Report as presented.

Roll Call: Present: Butler County, Fillmore County, Jefferson County, Lancaster County, Nemaha County, Otoe County, Pawnee County, Richardson County, Saline County, Saunders County Seward County, Thayer County, York County

Absent: Gage County, Johnson County, Polk County

Motion carried.

Contract – Nebraska Children and Families Foundation: This contract, in the amount up to \$4,038 was used to support expenses for Region V employees to allow them provide cluster-based planning training in several other Regions. Davidson made a motion, seconded by Pohlman, to ratify the Nebraska Children and Families Foundation Contract as presented.

Roll Call: Present: Butler County, Fillmore County, Jefferson County, Lancaster County, Nemaha County, Otoe County, Pawnee County, Richardson County, Saline County, Saunders County Seward County, Thayer County, York County

Absent: Gage County, Johnson County, Polk County

Motion carried.

June / July Contract Amendments: Johnson explained that the Division’s electronic billing system has limited the ability to allow shifts throughout the year. At the June Board meeting the Board approved June shifts and pre-approved any shifts that the Region would deem necessary by July 30. Karloff made a motion, seconded by Wiltgen, to ratify the shifts that had been pre-approved at the June meeting.

Roll Call: Present: Butler County, Fillmore County, Jefferson County, Lancaster County, Nemaha County, Otoe County, Pawnee County, Richardson County, Saline County, Saunders County Seward County, Thayer County, York County

Absent: Gage County, Johnson County, Polk County

Motion carried.

October Contract Amendments: Johnson explained that because of the difficulty in shifting funds within the electronic billing system the Division has set a timeline for when shifts can be made. The first opportunity to shift funds will occur in October prior to the next RGB meeting. Because eligible quarterly shift opportunities do not align with the current meeting schedule, this timeline will not allow for the usual meeting cycle (Network Provider, BHAC and RGB) to review and approve shift requests. Network Providers and BHAC members have indicated that they are comfortable with this development as long as they are notified of pending shifts. Johnson asked for Board approval for this process. Henning made a motion, seconded by Bohling, to approve any network provider-requested or Region-recommended contract shifts after discussion and / or notification to the network providers and BHAC, following the September billing cycle as approved by Region V administration.

Roll Call: Present: Butler County, Fillmore County, Jefferson County, Lancaster County, Nemaha County, Otoe County, Pawnee County, Richardson County, Saline County, Saunders County Seward County, Thayer County, York County

Absent: Gage County, Johnson County, Polk County

Motion carried.

Draft FY 18-19 Risk Management Plan: Michael presented the FY 18-19 Risk Management Plan noting that this type of plan is a CARF requirement. Michael reviewed the headings to explain how the process worked explaining that the plan is written in a negative way (if something doesn't happen, what would be the risk to the agency). Headings include: assessing risks, severity, likelihood of occurrence, loss exposure analysis score, preparedness assessment, ongoing maintenance and new action steps (where applicable). Michael reviewed each domain that is measured and pointed out where new action steps have been incorporated. A BHAC member suggested that language regarding confidentiality (Domain C3c) be amended to say that policy/procedures are "implemented and enforced" rather than "established." Johnson made a motion, seconded by Pohlman, to approve the draft FY 18-19 Risk Management Plan as presented

Roll Call: Present: Butler County, Fillmore County, Jefferson County, Lancaster County, Nemaha County, Otoe County, Pawnee County, Richardson County, Saline County, Saunders County Seward County, Thayer County, York County

Absent: Gage County, Johnson County, Polk County

Motion carried.

Prevention Contract Follow Up – Otoe, Johnson, Pawnee and Richardson Counties: The Board approved partial funding (\$26,000) for the consortium of Otoe, Johnson, Pawnee and Richardson Counties at the June meeting and had asked for clarification as to why this consortium was granted a proportionately larger grant than other Counties. Morrissey was on hand to explain the funding process for prevention coalitions. Each coalition is awarded \$6,500 for their individual community strategies and an additional \$5,100 for their multi-county strategies for all of southeast Nebraska. Southeast Health District in partnership with Region V Prevention Coordination will assist in coordinating a multi-county coalition in Richardson, Pawnee, Johnson and Otoe Counties. Morrissey also explained a discrepancy in the name of the Nemaha County coalition. Glawatz made a motion, seconded by Krueger, to approve the entire dollar amount for SE District Department and recognizes that the two mentioned coalitions in the June meetings are one and the same entity.

Roll Call: Present: Butler County, Fillmore County, Jefferson County, Lancaster County, Nemaha County, Otoe County, Pawnee County, Richardson County, Saline County, Saunders County Seward County, Thayer County, York County

Absent: Gage County, Johnson County, Polk County

Motion carried.

One-Time-Only (OTO) Funding Report: Over the ten years the Region has managed these dollars, funds have been used for a variety of programs, grants, initiatives, etc., with \$561,007 remaining. Johnson reviewed the current line items and amounts allocated. Funds are allocated to Network Provider service capacity expansion, the Regional data system, cluster-based planning and CQI consultation. Karloff made a motion, seconded by Lang, to approve the OTO Funding Report as presented.

Roll Call: Present: Butler County, Fillmore County, Jefferson County, Lancaster County, Nemaha County, Otoe County, Pawnee County, Richardson County, Saline County, Saunders County Seward County, Thayer County, York County

Absent: Gage County, Johnson County, Polk County

Motion carried.

Site Visit Report Summary: Tyerman-Harper presented the site visit report for Mental Health Association (MHA) and noted the following:

- One hundred percent of units were approved.

- In 2016 the Supported Employment program was integrated with Vocational Rehabilitation (VR) and payment for services was based on a “milestone” system. As a result, VR now serves as the gatekeeper for referrals; VR is currently under Order of Selection and has no funding until October 1 so very few referrals have been made. The viability of the program is at risk.
- The Region pays for Supported Employment on a Milestone format, and had been paying only for Milestones 2 and 5. Because of the small number of referrals from VR, the Region will be paying for all five Milestones this fiscal year.

Bohling made a motion, seconded by Glawatz, to approve the Site Visit Report for MHA as presented.

Roll Call: Present: Butler County, Fillmore County, Jefferson County, Lancaster County, Nemaha County, Otoe County, Pawnee County, Richardson County, Saline County, Saunders County Seward County, Thayer County, York County

Absent: Gage County, Johnson County, Polk County

Motion carried.

OTHER UPDATES / LEGISLATION / INFORMATIONAL ITEMS

Behavioral Health / Legislation Updates: Johnson provided the following updates:

- The Region has recently received three-year accreditation for FYI and Prevention and has additionally been accredited in Network Administration. CARF reviewed over 2,000 standards and only identified one area of improvement. Johnson credited Michael for her significant contribution to that achievement.
- DHHS has been conducting cost model (rate) studies for behavioral health (BH) services. Based on early studies, rates were raised for Medication Management and Half Way House. No further rate increases have occurred although the studies have been completed. NABHO has requested that rates for Child Welfare and Juvenile Justice also be increased. A concern is that raising rates without a subsequent increase in funding has the effect of reducing capacity. It is anticipated that DHHS will approach the Legislature regarding an increase in funding for BH services.
- DHHS is moving toward requiring that all services become Medicaid eligible. TASC has always been funded entirely on an expense-based (NFFS) basis and does not have the infrastructure in place to bill Medicaid. It was also noted that when an individual is in a crisis, it is not in the best interest of that individual to have to get a pre-authorization and ask for paperwork and Medicaid information.
- A number of providers have been seeking legal opinions regarding entering non-NBHS consumers in the electronic data system wait list concerned that doing so would be a breach of 42CFR which governs confidentiality relating to substance use treatment. DHHS has stated that providers are required to have

Emergency System: No updates.

Continuous Quality Improvement: Provided for informational purposes.

Year-end FY 17-18 Capacity Utilization Summary Report: Provided for informational purposes.

Year-end FY 17-18 Management Report and Training: Provided for informational purposes.

OTHER BUSINESS

- Tyerman-Harper discussed the opioid grant which is in its second year. The grant has been used to pay for prevention activities and is paying for buprenorphine for consumers on medication assisted treatment. Region V does not have a large numbers of prescribers for buprenorphine and has been looking at the possibility of expanding that number by using private providers. Another two-year grant was just submitted which could pay for additional medications.
- Grant funding has been used to make Narcan available. Narcan is used in an emergency situation when someone is suspected of a drug overdose. Lincoln Police Department has used Narcan for officer safety. Health districts will house additional supplies for use by local law enforcement and emergency responders.

- The Bridge has received licensure for Civil Protective Custody but is unaccredited in that program. Because the Division will not pay for a non-accredited program, the Region is not able to continue to fund the program. The Bridge is seeking alternative funding.

ADJOURN

The meeting was adjourned at 12:41 p.m.

IMPORTANT DATES

September 17 – Network Provider Meeting – 9:00 a.m.

October 24 – BHAC Meeting – 10:00 a.m.

November 5 – RGB Meeting – 10:30 a.m.