

Region V Systems

Promoting Comprehensive Partnerships in Behavioral Health

Region V Level of Care Meeting

July 16, 2018

1:30 p.m.

1645 'N' Street

Lincoln, NE

Present: Dina Critel-Rathje, Lutheran Family Services; Sara Draus, Bryan West; Scott Etherton, Mental Health Crisis Center; Julie Fisher-Erickson, Lutheran Family Services; Jacob Grell, Stephanie McLeese and Shala Hartmann, CenterPointe, Jane Harms, Adult Protective Services; Bridget; Tesia Risk; Natalie Bolles, The Bridge; Jennifer Jennings, Lincoln Regional Center; Sarah Meints, Dept of Veteran Affairs; Tesia Risk, United Health Care – My Connections; Ryana Swift, Aging Partners; Natalya Young, St. Monica's; Bridget Thompson, Lee Heflebower, and Kim Whaley, Region V Systems.

1. Welcome, Introductions and Additions to the Agenda

Introductions were done. The agenda, minutes from the meeting on June 18, 2018, as well as the draft of the Consumer Flexible Funding Policy were distributed.

The Compass training for flex funds will be held on July 25, 2018, from 12:30-2:30 pm.

2. System Updates

Agencies present reviewed their capacity availability. The Emergency System is somewhat backed at the present time.

3. Specific Case Discussions

System Issues: Housing seems to be the biggest issue.

Jennings reported they have, that is they had a plan, for how she could be out in the community. However, she has burned a lot of bridges. If they are unable to come up with a plan, she will most likely be sent to prison. It was suggested that Jennings staff the case with Kristin to see if the Region would reconsider her for housing. Another possible placement to consider is the Fresh Start residential living program

Jennings also stated that a consumer has been at the Regional Center for the last year because he makes \$12 too much to qualify for day treatment with Medicaid A & B. He has taken out insurance in the past and it was suggested he may need to increase his insurance, so he can get below the \$12 that he is over.

Fisher-Erickson reported they had a client that had been released from the Crisis Center that LFS saw previously. They had him scheduled for an appointment but every time he went to

meet with the counselor, he would get up and leave, come back through the front door and state he had an appointment. This happened multiple times. At the end of the day when LFS was trying to close they had to call LPD to get him to leave. LPD thought he was on drugs but he tested negative at the crisis center when he was there and it seemed to be more of a cognitive issue. He was unable to do the paperwork or sit still long enough to meet with the therapist. The last time he was at the LFS office was on July 4. His mom called and said she has Power of Attorney, but not guardianship, and wanted to know what she could do. It was recommended that the mom try and get him to go to the hospital but there is not enough criteria to have him taken into EPC. Mom was also going to contact the county attorney. It was suggested that he be referred to the REAL program at MHA.

It was reported that there is about a six month wait for a guardianship appointment due to the length of time it takes to either find a relative or someone in the community who is willing to be a guardian.

4. Other Business (Funding Opportunities, Agency Updates, etc.)
No reports.
5. Next Meeting: August 20, 2018, 1:30-3:00 p.m.