

**Minutes of the Region V Systems
Consumer/Family Advisory Committee (CFAC)
Meeting July 10, 2018**

Present: Dusty Lord, Sadie Thompson, Richard Pethoud, Retha Knapp, Dorri Smith, Debbie Buckley, Jae Job, Shawna Mason, Rebecca de la Motte, Dorothy Miles, Danielle Smith, Amie Jackson

Absent: Julie Loftin (Excused)

Non-Members Present: Meg Damme, Donna Dekker, Phyllis McCaul

CALL TO ORDER: The meeting was called to order at 9:02 a.m. by the Chair, Danielle Smith. Richard Pethoud read over committee rules. Introductions were made.

ROLL CALL: Donna Dekker read the roll call; quorum was established.

1. CONSENT AGENDA ITEMS:

A. Agenda July 10, 2018

- Agenda was approved with the addition of a Membership Application to be reviewed.

B. Minutes June 12, 2018

- After reviewing, Dorri Smith made a motion to approve, Sadie Thompson seconded, and members unanimously approved the minutes as written.

2. FINANCIAL SUMMARY REPORT (Retha) *Unallocated funds \$24,394.27*

- Amie asked if final progress reports were being handed for funds that have been allocated, per procedures manual. Dusty is still following up on some.

3. EXECUTIVE BOARD REPORT – No Report

- Dusty mentioned, Juli and Dorri would like to help Rebecca with the Membership & Communications Committee.

4. STANDING COMMITTEE REPORTS – *Dusty has asked members to think about what committees they would be willing to serve on.*

A. Funding Committee – (Dusty) No Report

- Several funding applications will be coming in the next couple of months.

B. Membership & Communications Committee – (Rebecca)

- Rebecca read the membership application received from Margaret (Meg) Damme. Dorri made a motion to accept, Debbie seconded the motion; membership was unanimously approved by members. Meg will serve a 3yr term as a Consumer of Mental Health.

C. Bylaws, Policies, and Procedures Committee – (Richard) No Report

- Meg has volunteered to help with this committee.

5. Other Reports: CFAC Behavioral Health Conference Update

- 52 Attendees
- Phyllis handed out the signed certificates that she has thus far.
- Evaluations are still coming in but the group thought, overall, the conference went well:

Pro's

- Good location
- Consumers are already asking if it will be held next year
- Great keynote speaker

Improvement Needs

- More promotion (more effort distributing fliers, **Public Service Announcements**, drop-ins with follow-up contact, word of mouth, social network)
- Evaluations – Fill out and turn in sooner. Need better participation (have someone in each workshop to remind or ask the consumer to fill out the evaluation as they finish each workshop, instead of waiting until the end of the conference).
- State Conference next year- the question was brought up, “If a State Conference is held next year, would we still try to have our conference?” This will be determined once more is known about the State Conference.

6. Myers Briggs Personality Test – Sadie

The **Myers Briggs** Personality Test is a free tool that is used to identify how people see the world and make decisions. It's also used as a personality assessment to explore career, relationship, and personal guidance based on your MBTI personality type. The committee was asked to take the test and bring their results to the meeting, where Sadie facilitated an open floor discussion.

7. Other Business - Suggestions on future speakers or activities

- Community Inclusion – Danielle is going to e-mail Mark Salazar and ask him if he would share his PowerPoint from his conference presentation. She thought it could be used as a tool for group discussion or she could touch on the main points within his PowerPoint. She even suggested trying to get a Community Inclusion training at Region V.
- Trauma Informed Care – Marti Rabe
- Honu House – Kasey Moyer
- Family Education Program
- Blank Face Activity – Jae Job (August)

Dusty read over upcoming dates before ending the meeting.

ADJOURNMENT: The meeting was adjourned at 11:07 am.