

REGIONAL GOVERNING BOARD

MINUTES

November 13, 2017

1645 N Street

Lincoln, NE

10:30 a.m.

MEMBERS PRESENT: Greg Janak, Butler County; Susan Johnson, Fillmore County; Dennis Byars, Gage County; Gale Pohlmann, Jefferson County; Les Agena, Johnson County; Todd Wiltgen, Lancaster County; Marvin Bohling, Nemaha County; Dean Speth, Otoe County; Jan Lang, Pawnee County; Jerry Westring, Polk County; Jim Davidson, Richardson County; Janet Henning, Saline County; Roger Glawatz, Seward County; Dean Krueger, Thayer County; Bill Bamesberger, York County

MEMBERS ABSENT: Doris Karloff, Saunders County

OTHERS PRESENT: Bill Rubin, Synthesis Inc.; Ed Packard, Shane Ideus, UNICO; C.J. Johnson, Tami DeShon, Renee Dozier'; Patrick Kreifels, Kim Michael, Sandy Morrissey, Paul Van De Water, and Marti Rabe, Region V Systems

OPEN MEETINGS ACT INFORMATION

Byars noted that Open Meetings Act information was posted in the meeting room. Notification of this meeting and information regarding availability of the agenda was provided through a legal notice in the Lincoln Journal Star.

CALL TO ORDER / ROLL CALL / AGENDA

The meeting was called to order by Chair, Dennis Byars, at 10:35 a.m., followed by roll call.

Roll Call: Present: Butler County, Fillmore County, Gage County, Jefferson County, Johnson County, Lancaster County, Nemaha County, Otoe County, Pawnee County, Polk County, Richardson County, Saline County, Seward County, Thayer County, York County

Absent: Saunders County

Bamesberger made a motion, seconded by Johnson, to approve the revised agenda as presented. There was no discussion.

Roll Call: Yes: Butler County, Fillmore County, Gage County, Jefferson County, Johnson County, Lancaster County, Nemaha County, Otoe County, Pawnee County, Polk County, Richardson County, Saline County, Seward County, Thayer County, York County

Absent: Saunders County

Motion carried.

PUBLIC COMMENT

There was no public comment.

STAFF RECOGNITION

Byars presented a certificate of recognition and appreciation to Malcom Miles, Professional Partner Supervisor, for 20 years of service. Byars briefly discussed Miles' roles and responsibilities and noted his many contributions to the professional partner program and Region V Systems as well as his broad experiences working with youth and families.

ACTION / PRIORITY ITEMS

Regional Governing Board Minutes: Henning made a motion, seconded by Agena, to approve the September 11, 2017, minutes as presented. There was no further discussion. No action was required regarding the Executive Committee minutes of the same date.

Roll Call: Yes: Butler County, Fillmore County, Jefferson County, Johnson County, Lancaster County, Nemaha County, Otoe County, Pawnee County, Richardson County, Saline County, Seward County, Thayer County, York County

Abstain: Gage County, Polk County

Absent: Saunders County

Motion carried.

Organizational Liability Annual Insurance Review: Ed Packard and Shane Ideus were present from UNICO. Packard presented Region V's array of insurance coverage reviewing the types of liability coverage in place which include: property, general liability, professional liability, crime, auto, cyber, directors and officers, worker's compensation and umbrella / excess liability. Packard noted that a modest increase in fees was related to an increase in number of employees insured as well as a modest change in the experience mod which affects worker's compensation costs. Ideus complimented Region V for ensuring that coverage was adequate and the Region was well prepared for any foreseeable risks. Davidson made a motion, seconded by Glawatz, to approve and place on file the Organizational Liability Annual Insurance Review and Region V's coverage as presented.

Roll Call: Yes: Butler County, Fillmore County, Gage County, Jefferson County, Johnson County, Lancaster County, Nemaha County, Otoe County, Pawnee County, Polk County, Richardson County, Saline County, Seward County, Thayer County, York County

Absent: Saunders County

Motion carried.

Fiscal / Financial Report:

- Van De Water explained that ordinarily the Region V CPA audit would be finished and presented to the Board at the November meeting. For a number of reasons, the audit is not finalized at this time. Field work was finished several weeks ago, and no issues were noted. The final audit document will be presented at the February meeting.
- Van De Water presented the financial report through September (handout) reviewing revenue and expenditures and noted rationale for areas that were over the target which include annual subscriptions and other one-time payments. With 25 percent of the current fiscal year expended, the Regional budget stood at 22.33 percent, 2.6 percent below projections, in the amount of approximately \$130,000. Janak made a motion, seconded by Bohling, to approve the Financial Report as presented

Roll Call: Yes: Butler County, Fillmore County, Gage County, Jefferson County, Johnson County, Lancaster County, Nemaha County, Otoe County, Pawnee County, Polk County, Richardson County, Saline County, Seward County, Thayer County, York County

Absent: Saunders County

Motion carried.

Contracts: Johnson explained that the BHAC did not have a quorum for the November 1 meeting; as a result contract recommendations are based on consensus rather than the typical motion process.

DHHS – NE Targeted Response to the Opioid Project: This contract, in the amount of \$190,000, is for the purpose of funding activities that reduce opioid overdose related deaths and abuse of prescription and illicit opioid use. The grant cycle is from October 1, 2017, through April 30, 2018. Originally \$120,000 was to be used to provide medication to support individuals going through recovery; however, prescribers have questioned whether it is appropriate to start administering Medication Assisted Treatment (MAT) if funding will not be ongoing. In addition to Lancaster County, which will receive \$35,000, southeastern Nebraska has been identified as a “hot spot” and \$35,000 will be available for a variety of prevention projects in Richardson, Pawnee, Johnson, Nemaha, and Otoe Counties. Lancaster County Health Department provided data and Prevention has met with the Nebraska Pharmaceutical Association regarding strategies to effectively use the available funds. Morrissey commented that Prevention is moving quickly in southeast Nebraska and some funding will be used to purchase med boxes for the safe disposal of unused medications. Johnson made a motion, seconded by Pohlman, to approve this contract as recommended by consensus by the BHAC.

Roll Call: Yes: Butler County, Fillmore County, Gage County, Jefferson County, Johnson County, Lancaster County, Nemaha County, Otoe County, Pawnee County, Polk County, Richardson County, Saline County, Seward County, Thayer County, York County

Absent: Saunders County

Motion carried.

Kissel, Kohout, ES Associates LLC: This contract, in the amount of \$19,400, is to secure legislative and lobbying services. Joe Kohout has served the Regions in this capacity for a number of years, and the Regions have been happy with his services. Agena made a motion, seconded by Henning, to approve this contract as recommended by consensus by the BHAC. Johnson commented that she is against lobbyists in general because she feels that entities that have the most money are able to bring the most influence to bear on legislative issues.

Roll Call: Yes: Butler County, Gage County, Jefferson County, Johnson County, Lancaster County, Nemaha County, Otoe County, Pawnee County, Polk County, Richardson County, Saline County, Seward County, Thayer County, York County

No: Fillmore County

Absent: Saunders County

Motion carried.

National Association of Case Management (NACM): This contract, in the amount of up to \$18,400, is to provide NACM with effective management of daily tasks associated with NACM including fiscal support, operational / administrative support, and annual / regional conferences. The annual conference was held in October in Omaha and went very well. Glawatz made a motion, seconded by Lang, to approve this contract as recommended by consensus by the BHAC.

Roll Call: Yes: Butler County, Fillmore County, Gage County, Jefferson County, Johnson County, Lancaster County, Nemaha County, Otoe County, Pawnee County, Polk County, Richardson County, Saline County, Seward County, Thayer County, York County

Absent: Saunders County

Motion carried.

Network CARF Policies: Michael discussed the three-year cycle for accreditation activities noting that the CARF site visit is scheduled for this coming spring. In addition to accreditation in Prevention and Professional Partner services / programs, the Region intends to seek accreditation in Network Administration which

encompasses Region V and its funded service providers. The Executive Committee met on September 11 and reviewed the policies under discussion and supported bringing the policies forward to the full Board. Michael very briefly reviewed the following CARF policies which are largely self-explanatory: Network Structure; Network Scope; Integrated Planning Processes; Unanticipated Changes in Services; Minimum Standards for Provider Network; Ineligible to Participate; Written Contracts with Network Providers; Conflicts of Interest; Contract Negotiations and Service Reimbursement Methods; Quality Review and Analysis of Services; Data Collection, Analysis, and Performance Improvement; Entry/Access, Transitions, and Exit/Discharge; System of Communication / Exchange of Information; and Analysis of Services Provided. Wiltgen made a motion, seconded by Bohling, to approve these Network CARF Policies as presented.

Roll Call: Yes: Butler County, Fillmore County, Gage County, Jefferson County, Johnson County, Lancaster County, Nemaha County, Otoe County, Pawnee County, Polk County, Richardson County, Saline County, Seward County, Thayer County, York County

Absent: Saunders County

Motion carried.

Unexpended Revenue (handout): Johnson reiterated that ordinarily the Region V audit has been finalized by the November Board meeting. While final numbers are not available, enough information was accessible to move forward with discussion regarding unexpended revenue. Three areas were covered:

- Unreimbursed Fee-for-Service (FFS) Units: Provider agencies which have over-produced FFS units in FY 16-17 were identified and the amounts of unreimbursed FFS expenditures were noted. It is anticipated that \$175,000 will be available and a total of \$149,734.28 will be disbursed to Network Providers upon approval by the Board. Network Providers will be given an opportunity to discuss how best to invest the remaining \$25,265.72. One area under consideration may be consultation services or other aids to address the workforce shortage that behavioral health providers are experiencing. That discussion will be brought to the Board at the February meeting for approval.
- State Amendment #1 Recap: In order to avoid running out of medication support and community support flex funds, the Region is asking to amend its contract with the State to move \$25,000 from the SA Residential / Mental Health Needs “pool” and shift \$12,500 to each of the underfunded pools noted above. CenterPointe is not pulling down as many mental health dollars for its dual disorder residential treatment program and is asking to pull \$135,000 from the mental health contracted sum and shift to the substance use disorder contracted sum.
- Provider Amendment #1 Recap: The shift in funds between MH and SUD for Dual Residential will require a contract amendment with CenterPointe.

Davidson made a motion, seconded by Bohling, to approve the distribution of unexpended revenue in the amount of \$149,734.28 for FFS services which were over-produced.

Roll Call: Yes: Butler County, Fillmore County, Gage County, Jefferson County, Johnson County, Lancaster County, Nemaha County, Otoe County, Pawnee County, Polk County, Richardson County, Saline County, Seward County, Thayer County, York County

Absent: Saunders County

Motion carried.

OTHER UPDATES / LEGISLATION / INFORMATIONAL ITEMS

Behavioral Health / Legislation Updates:

- Johnson explained that the Division plans to re-introduce legislation that would allow for competency restoration and evaluation to take place at sites other than the Lincoln Regional Center (LRC) on an outpatient basis. Currently 27 individuals are waiting for a bed at LRC for competency restoration. This

backlog has a significant impact on the emergency system as psychiatric beds are not available for Region V consumers who may need that level of care. Wiltgen commented that Lancaster County has been actively working to address these issues through contact with senators, the County Attorney, Public Defenders and other stakeholders.

- Due to statewide budget shortfalls, behavioral health may be looking at a two percent cut in funding in the current fiscal year. This would be approximately \$250,000 for Region V. A four percent cut in funding is being discussed for the next fiscal year which would require some thoughtful decision making in order to maintain current capacity.
- On November 9 the Region was notified by the Division of Children and Family Services that the contract with Region V would not be extended and would end as of October 30. The Region is currently serving 40 families and has committed to maintaining those families and the three affected employees until December 15 as efforts are made to transition these vulnerable families to other services. Johnson noted that the Region has served over 500 families, working to keep these families from re-entering the child welfare system.

Emergency System:

Behavioral Health Threat Assessment Training (BETA):

- The ninth annual four-day BETA training is scheduled for January 29 – February 1.
- An eight-hour mini-BETA is being piloted in Gage County on December 11. This abbreviated format (8 hours) will assist rural law enforcement personnel obtain better outcomes when encountering persons with mental illness in the course of their duties. All presenters have agreed to provide their services at no cost.

Behavioral Health Threat Assessment Training Evaluation: Kreifels explained that law enforcement and other attendees at the 2017 BETA training were asked to complete a pre- and post-test when taking the training. The evaluation showed a statistically significant increase in knowledge following completion of the training.

Cluster-Based Planning / Synthesis, Inc.: At this time Johnson introduced Bill Rubin with Synthesis, who is currently in Nebraska to provide additional training in cluster-based planning. Rubin spoke briefly regarding his 30 years of experience in working with “clustering” behavioral health consumers in order to better understand the people we work with and how best to serve them. Rubin noted that by classifying consumers in meaningful subgroups based on common strengths and challenges better outcomes are possible.

Continuous Quality Improvement: Kreifels presented the following information:

Network Performance Improvement Summary: This summary is related to the CARF accreditation process for Network Administration and provides a means to ensure areas needing improvement are addressed. Two quality concerns were added in September 2017 and have not yet reached resolution. One item has to do with failure to meet the contract requirement to submit Consumers Cluster Memberships and the other is regarding providers’ failure to attend 80 percent of required meetings.

National Outcome Measures (NOMS): NOMS were developed by Substance Abuse and Mental Health Services Administration (SAMHSA) in collaboration with each state. NOMS are comparisons between the statuses of a client at admit versus discharge from services in the domains of employment / education, stable housing, criminal justice, alcohol abstinence and drug abstinence. Kreifels reviewed data comparing Region V to State and U.S. averages in the domains noted. Region V CQI team is visiting with individual providers to review the data to determine if specific trends or emerging issues can be identified and quality improvement activities are indicated to improve outcomes.

FY 16-17 Quarter 1-4 Consumer Outcome Measures / Clusters: Kreifels referenced the attachment which provides two years of aggregate data regarding outcome measures. This information provides a baseline which will allow the network to increase knowledge of which services / clusters are getting the best outcomes and identify and review any trends which may indicate a need for systemic change.

Denials & Ineligibles Report: Provided for informational purposes.

Complaints, Appeals, and Critical Incidents: Provided for informational purposes.

Discharge Non-Compliance Report: Provided for informational purposes.

FY 17-18 Capacity Utilization Summary Reports: Capacity utilization summaries through September are presented for informational purposes. These summaries are used to monitor how contract dollars are being pulled down in order to maximize funding.

FY 17-18 Site Visit Schedule (Revised / Draft): Provided for informational purposes.

Training: Provided for informational purposes.

OTHER BUSINESS

Pohlman commented that he is working with the Seward Truancy Program and noted that the program has experienced a lot of frustration. Seward's truancy rate is currently around ten percent with a significant number of contributing factors including slow follow-through from the County Attorney, lack of meaningful consequences, MH and SUD issues, parental issues and transportation among others. Pohlman inquired whether or not it would be possible to provide a mental health counselor in the schools. A number of interventions / programs / services were noted including SCIP, Blue Valley's student assistance program, and the possibility of applying to Medicaid for funding for a professional position in the school. Byars commented that the State Dept. of Education has programs available to work with youth and families.

ADJOURN

The meeting was adjourned at 12:05 p.m.

IMPORTANT DATES

November 20 – Network Provider Meeting – 9:00 a.m.

January 31 – BHAC Meeting – 10:00 a.m.

February 12 – RGB Meeting – 10:30 a.m.