

**Minutes of the Region V Systems
Consumer/Family Advisory Committee (CFAC)
Meeting July 11, 2017**

Present: Dusty Lord, Rebecca de la Motte, Shawna Mason, Amie Jackson, Richard Pethoud, Dorothy Miles, Marlene Sorenson

Absent: Cathleen Collett, Danielle Smith (unexcused) Retha Knapp, Annette Kitsmiller, James Garvey (excused)

Non-Members Present: Donna Dekker, Phyllis McCall, Sadie Thompson

CALL TO ORDER: The meeting was called to order at 9:02 a.m. by the Chair, Dusty Lord.

ROLL CALL: Donna Dekker read the roll call; quorum was established.

1. CONSENT AGENDA ITEMS:

A. Agenda, July 11, 2017

- Agenda was approved with changes

B. Minutes, June 13, 2017

- Rebecca de la Motte made a motion to approve the minutes; Dorothy Miles seconded the motion. Unanimously approved.

2. FINANCIAL SUMMARY REPORT (Dusty)

- Funds unallocated: \$23,250.14

3. EXECUTIVE BOARD REPORT No report

4. STANDING COMMITTEE REPORTS

A. Bylaws, Policies, and Procedures Committee- No Report

B. Funding Committee (Dusty)

- Final Report- WRAP for Life at the VA - Dusty went over the final report and program evaluations. Plans are being made to hold another WRAP for Life series. One of the recovery plans offered was *WRAP for Reducing Clutter* which was well attended. Some of the attendees are starting a support group that will continue to meet after the program. Other action plans covered were; *WRAP for Becoming a Non-Smoker*, *WRAP for Weight Loss*, and *WRAP for Issues Related to Aging*.

C. Membership & Communications Committee (Rebecca)

- A meeting was held at Region V Systems on June 20, 2017. Coalition membership promotion ideas were discussed. Some ideas include: distributing brochures to psychologist offices, Public Service Announcements (KZUM), and lemonade stand social. More discussion will take place at the next meeting scheduled for July 20, 2017, 2:30 pm – 3:30 pm.
- Term memberships were discussed as four members (Marlene, Dusty, Cathy, and Rebecca) reach their term limit. Open floor discussion was held to automatically extend the memberships of the four without requiring them to reapply. All four members are still

interested and the group unanimously approved the extension for the next year term (July 1, 2017-June 30, 2018).

- One new membership application was received from Sadie Thompson. Rebecca read the application to the group and a vote was taken, unanimously approved. Consumer of Addiction (Substance Abuse) will be her area of focus.

D. 2017 Nebraska Behavioral Health Conference (Dusty)

- Final billings have been submitted and this headline will be removed from future agendas.

E. The Eight Dimensions of Wellness – Dusty filled in during James’ absence speaking on Emotional. Open floor discussion was held.

5. OTHER BUSINESS: Project Homeless Connect, October 11, 2017

- Ad Hoc Committee volunteers: Richard, Marlene, Phyllis, Dusty, Rebecca, Shawna, Dorothy
- Dusty will print the materials needed to go into the packets. A discussion was held about possibly building packets at the booth the night before.

ADJOURNMENT: The meeting was adjourned at 11:28 a.m.