

## **Region V Systems**

Promoting Comprehensive Partnerships in Behavioral Health

### Community Support / Non Residential Level of Care Meeting Minutes

July 17, 2017

1:30 p.m.

1645 'N' Street

Lincoln, NE

Present: Greg Bernt, BVBH; Elizabeth Lamer, Lancaster County Corrections; Dina Critel-Rathje, LFS; Jacob Grell, CenterPointe; John Turner and Breanne Chandler, Region V Systems

#### 1. **Welcome, Introductions, Announcements, Additions to the Agenda**

- Introductions were made.

#### 2. **Case Discussion:**

- John discussed an individual that was referred to him for one-time assistance from The Bridge, he was discharged without community support. He ran out of meds and ended up back in the hospital needing assistance with rent. He was told by John, after helping him with rent again that he would need to have a community support worker before receiving anymore rental assistance. John discussed the importance of setting up services for individuals before they are discharged.
- Elizabeth clarified that there is a list of medications that inmates are not allowed to have while incarcerated. She further explained that often inmates receive medication substitutions if there is an equally effective but less expensive medication available.
- John shared that he had a long-time consumer of Lincoln services walk-in today. This individual is chronically homeless, has an income and when housed he hoards. CP has housed him twice, RAP has housed him once and he has had 3 or 4 court eviction.
- Dina discussed finding housing for a consumer who is a felon, and has a Pitbull for a companion animal. The group suggested referring him to Sherri VerKamp, Housing locator at MTKO.

#### 3. **System Issues**

- John brought up the idea of holding a bed bug training for support workers. Everyone in attendance felt this would be very helpful. It was also discussed to have a CS Safety training.
- John reported that he has put together a group to brainstorm the creation of a facility that could house some of Lincoln's top utilizers. The facility will have 24/7 onsite peer support which MHA is on board to provide. The largest barrier thus far is finding the funding to pay for the services. John shared that the project planning is in its early stage and that they would love to have something up and running next year.

#### 4. **Bed / Capacity Availability / Other Agency Updates**

- Region V: Only accepting Priority 1 consumers and there is a waiting list for rural assistance.
- Blue Valley: CS is now fully staffed in Lincoln and has openings; there is a long waiting list in Beatrice, short waitlists in Nebraska city, Seward, Wahoo, David City, and York.
- CenterPointe: Still having open screenings, openings depend on priority but CS is rather full.
- LFS: Waiting list for CS is a couple weeks.

#### 5. **Next Meeting**

- The next meeting date is **September 18, 2017**, 1:30 p.m. – 3:00 p.m.