

Serving youth and young adults who reside  
in the following counties:

- |             |             |              |            |
|-------------|-------------|--------------|------------|
| ♦ Butler    | ♦ Johnson   | ♦ Pawnee     | ♦ Saunders |
| ♦ Fillmore  | ♦ Lancaster | ♦ Polk       | ♦ Seward   |
| ♦ Gage      | ♦ Nemaha    | ♦ Richardson | ♦ Thayer   |
| ♦ Jefferson | ♦ Otoe      | ♦ Saline     | ♦ York     |

INTERPRETATION SERVICES AVAILABLE UPON REQUEST

Region V Systems prohibits discrimination, in its operation, on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, gender identity, marital or family status, disabling condition, or genetic information in conformity with applicable laws.

*Region V Systems' Family & Youth Investment Program is funded in part from the federal Substance Abuse and Mental Health Services Administration (SAMHSA), the Nebraska Department of Health and Human Services, Division of Behavioral Health (DBH), and the Administrative Office of Probation. Funding includes federal Catalog of Federal Domestic Assistance (CFDA) grant #93.958 (\$302,975 or 16%), state funding through Probation and DBH contract #67635-Y3 (\$1,645,226 or 84%).*



Region V Systems is accredited by the Commission on Accreditation of Rehabilitation Facilities.

**If you are in crisis and need immediate help, contact:**

**Boys Town Nebraska Family Helpline**

**1-888-866-8660**

**Hearing and speech impaired callers dial 711 utilizing TRS service.**

(Revised 08-02-2022)



REGION **V** SYSTEMS

## Family & Youth Investment Program

Strength-based, intensive, individualized care management  
for children and young adults with serious or complex needs



**402-441-4343**

[region5systems.net/how-we-help/family-youth-investment-program/](https://region5systems.net/how-we-help/family-youth-investment-program/)

**Region V Systems**  
1645 'N' Street  
Lincoln, NE 68508

**Toll-free: 1-877-286-4343**  
**Fax: 402-441-4335**  
[fyi@region5systems.net](mailto:fyi@region5systems.net)

When a youth or young adult is living with a serious mental health disorder, it comes with a special set of challenges for the family. Region V Systems' Family & Youth Investment (FYI) program is here to help. FYI uses a "wraparound" approach—utilizing the family's trusted allies and natural support systems right in their community. Families in the FYI program learn creative ways to meet their goals and identify the resources and supports that are unique to mental health issues.



The approach begins with the principle "voice and choice," meaning, the perspectives of the family—including the child or young adult—are given primary importance during planning and activities. This allows for goals to be individualized, family driven, culturally competent, and community based.

The FYI Program's primary areas of focus are to:

- Avert children from becoming state wards, preventing out-of-home placements, or involvement in emergency services;
- Reduce juvenile crime or contact with adult criminal justice systems;
- Increase school performance; and
- Facilitate a seamless transition from the youth to the adult behavioral health system.



### Who do we serve?

FYI serves youth and young adults up to age 25 who have a serious mental illness. Please call for a confidential screening.

**Families must meet financial and diagnostic\* program eligibility requirements to receive support at no cost. For families not meeting eligibility criteria, the option of paying a monthly rate for participation is available. Please call 402-441-4343 for an appointment to determine if the FYI program is the right fit for your family.**

\*Participants who are diagnosed with a serious mental illness under the current edition of the *Diagnostic and Statistical Manual* published by the American Psychiatric Association.



### Is this a confidential service?

Information will not be shared without a *release of information* signed by the parent or guardian.

