

BEHAVIORAL HEALTH ADVISORY COMMITTEE

MINUTES

January 29, 2020

10:00 a.m.

1645 'N' Street

Lincoln, NE

MEMBERS PRESENT: Christine Cooney, Gene Cotter, Irene Duncan, Greg Janak, Corrine Jarecke, Corrie Kielty, Stephanie Knight, Jill Kuzelka, Rebecca Meinders, Lucinda Mesteth, Barbara Murphy, Laura Osborne, Tracy Pella, Richard Pethoud, Constance Zimmer

MEMBERS ABSENT: Karen Helmberger, J. Rock Johnson, Darla Winslow

OTHERS PRESENT: Tami DeShon, C.J. Johnson, Amanda Tyerman-Harper, Gretchen Mills, Patrick Kreifels, Sandy Morrissey, Region V Systems

HOUSEKEEPING AND INTRODUCTIONS

Knight called the meeting to order at 10:00 a.m. followed by introductions. BHAC members were reminded to fill out mileage sheets and that meetings are now being recorded.

ADDITIONS / CHANGES TO AGENDA

There were no additions or changes to the agenda.

OPEN MEETING ACT INFORMATION

Knight pointed out that Open Meeting Act information is posted as required by the Open Meetings Act. Notification of this meeting and information regarding availability of the agenda was provided through a legal notice in the Lincoln Journal Star.

PUBLIC COMMENT

There was no public comment.

CONSENT AGENDA ITEMS

Zimmer made a motion, seconded by Pella to approve the Consent Agenda (October 23, 2019 minutes, FY 19-20 Compliance Management Report and RGB Report) as presented.

Roll Call: Yes: Cooney, Duncan, Janak, Jarecke, Kielty, Knight, Kuzelka, Mesteth, Murphy, Osborne, Pella, Pethoud, Zimmer

Absent: Cotter, Helmberger, Johnson, Meinders

Motion carried.

ACTION / PRIORITY ITEMS

Network Provider Contract Amendment: Johnson spoke about the current shifts within HopeSpoke and St. Monica's Contracts, highlighted on the handout. Janek made a motion, seconded by Osborne, to recommend the Board ratify these contract shifts as presented.

Roll Call: Yes: Cooney, Duncan, Janak, Jarecke, Kielty, Knight, Kuzelka, Mesteth, Murphy, Osborne, Pella, Pethoud, Zimmer

Absent: Cotter, Helmberger, Johnson, Meinders

January 29, 2020
Behavioral Health Advisory Committee Minutes
Page 2 of 4

Motion carried.

Bryan Telemedicine: Johnson reviewed the contract Wilber-Clatonia Public Schools has with Bryan Telemedicine. He clarified that this contract is to provide counseling for at-risk students and their families with as-needed access to the program. Jarecke made a motion seconded by Kielty, to recommend the Board approve this contract as presented.

Roll Call: Yes: Cooney, Duncan, Janak, Jarecke, Kielty, Knight, Kuzelka, Meinders, Mesteth, Murphy, Osborne, Pell, Pethoud, Zimmer

Abstain: Cotter

Absent: Helmberger, Johnson, Winslow

Motion carried.

Educational Service Unit 6: Johnson discussed how this is a part of the System of Care Grant that provides funding for school-based therapy within ESU 6 for students and their families during the summer months. Duncan made a motion, seconded by Cotter, to recommend the Board approve this contract as presented.

Roll Call: Yes: Cooney, Cotter, Duncan, Janak, Jarecke, Kielty, Knight, Kuzelka, Meinders, Mesteth, Murphy, Osborne, Pell, Pethoud, Zimmer

Absent: Helmberger, Johnson, Winslow

Motion carried.

Kissel, Kohout, ES Associates LLC: Johnson explained that Kissel, Kohout, ES Associates LLC are the collective Regions' lobbyists. Historically they have shared the expense based on population. Region 6 is asking that they share the costs equally across the Regions. If this is agreed upon, Region V will pay less. Kuzelka made a motion, seconded by Duncan to approve the possible negotiation to the Board as presented.

Roll Call: Yes: Cooney, Cotter, Duncan, Janak, Jarecke, Kielty, Knight, Kuzelka, Meinders, Mesteth, Murphy, Osborne, Pell, Pethoud, Zimmer

Absent: Helmberger, Johnson, Winslow

Motion carried.

Nebraska Youth Suicide Prevention: Johnson discussed how the University of Nebraska-Lincoln Public Policy Center has been awarded a grant and will contract with Region V, Public Health Departments and prevention coalitions to promote suicide prevention with these monies (150 K per year for 5 years). This includes funding for Zero Suicide, parenting support groups, trainings for trainers, QPR, and WRAP in Lincoln Public Schools. Kielty made a motion, seconded by Meinders, to recommend the Board ratify this contract with the Public Policy Center as presented.

Roll Call: Yes: Cooney, Cotter, Duncan, Janak, Jarecke, Kielty, Knight, Kuzelka, Meinders, Mesteth, Murphy, Osborne, Pell, Pethoud, Zimmer

Absent: Helmberger, Johnson, Winslow

Motion carried.

January 29, 2020
Behavioral Health Advisory Committee Minutes
Page 3 of 4

One-Time-Only Fund Report: Johnson went through the history of the One-Time-Only Fund and discussed the current report. Osborne made a motion seconded by Pella, to recommend the Board approve the funding report as presented.

Roll Call: Yes: Cooney, Cotter, Duncan, Janak, Jarecke, Kiely, Knight, Kuzelka, Meinders, Mesteth, Murphy, Osborne, Pell, Pethoud, Zimmer

Absent: Helmberger, Johnson, Winslow

Motion carried.

FY 18-19 Region V Systems Annual Report (DRAFT): Johnson reported that the Committee had gotten the report via email and encouraged all members to look it over carefully. If there are any questions, contact the Region to clarify. Cotter made a motion, seconded by Duncan, to present the draft for the Board's approval as presented.

Roll Call: Yes: Cooney, Cotter, Duncan, Janak, Jarecke, Kiely, Knight, Kuzelka, Meinders, Mesteth, Murphy, Osborne, Pell, Pethoud, Zimmer

Absent: Helmberger, Johnson, Winslow

Motion carried.

Compliance Review for FY 19: Johnson reported that the Department of Health and Human Services found Region V substantially in compliance with the FY 19 contract with DHSS. Janak made a motion, seconded by Zimmer, to recommend the Board approve the review as presented.

Roll Call: Yes: Cooney, Cotter, Duncan, Janak, Jarecke, Kiely, Knight, Kuzelka, Meinders, Mesteth, Murphy, Osborne, Pell, Pethoud, Zimmer

Absent: Helmberger, Johnson, Winslow

Motion carried.

OTHER UPDATES/INFORMATION

Behavioral Health / Legislative Updates: Johnson reiterated the implications of the Medicaid Implementation Impact and encouraged everyone to talk to their senators about the 4.35 million being put back into the budget to act as a bridge towards Medicaid Expansion. Focus on the talking points that providers may lose staff if the money is taken out and with the current job force, it will have a great impact on providers. So far, 12.4% is being budgeted as a cut across the board for all network providers, in preparations for the budget cut.

Emergency Systems: Tyerman-Harper presented data points about admission and recidivism trends with the Crisis Center, number of EPCs and Lengths of Stay. Johnson reminded the committee that substance abuse plays a role, and lack of transfer contributes to the presented numbers. He also talked about the successful development of youth programs that have led to a 50% decrease in return rates for youth. Tyerman-Harper noted that the Crisis Response Team, run by TASC, has reduced rural EPC numbers.

Nelson just finished the 11th annual BETA training. It was well-received with over 70 participants. There is a new two-day format (previously four days). This will hopefully draw in more rural LE participants.

Annual Opinion Survey: Johnson announced that the Annual Opinion Survey will soon be emailed out to committee members, and the Region appreciates all responses to the survey. Input provided helps guide the Region for areas of improvement.

Annual conflict of interest report: There is only one conflict of interest with Laura Osborne, who has a contract with Region V.

System of Care: Johnson reported that they are working on sustainability for the Youth Crisis Response Teams in rural areas. There are currently conversations with Probation to try to find funding sources. The SOC Grant ends on September 30, 2020.

Network CQI: Kreifels reported that Marti Rabe emailed everyone with the report, for informational purposes, to keep the committee informed about Region activities and the contract with DBH. He briefly touched upon the Effectiveness and Access Measures, Regional Data Overview Report and FY 19-20 Q1-2 National Outcome Measures. Johnson commended Kreifels on his reporting system and listed several benefits of not having to request reports from the State.

FY 19-20 Capacity Utilization Summaries (December): Johnson discussed the tracking form that DeShon developed to track services that are contracted, detailing if they are expense based or fee-for-service based. He talked about how the form is used to monitor providers' utilization and make recommendations for the various shifts. Other regions have adopted this form because it is user-friendly and provides concise information that is needed.

BHAC Attendance Report: Provided for informational purposes.

Zero Suicide: Information about Zero Suicide Training was included in the packet. The Public Policy Center will be promoting the event. There will be 11 agencies involved, including the three State Hospitals, and they will embark on reviewing their policies, with the emphasis of how they interact and assist suicidal individuals.

Trainings: Provided for informational purposes.

LEVEL OF CARE MEETING UPDATES/DATES

Level of Care now meets on the third Wednesday of each month at 1:00 p.m. The next meeting is February 19, 2020.

OTHER BUSINESS

Cotter reminded the committee that he will be terming out and he will provide suggestions for his replacement.

IMPORTANT DATES

- February 10 – 10:30 a.m. – RGB Meeting
- February 24 – 9:00 a.m. – Network Provider Meeting
- February 26 – 10:00 a.m. – BHAC Meeting

ADJOURN

There being no further business the meeting was adjourned at 11:00 a.m.