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| C:\Users\hongd\AppData\Local\Microsoft\Windows\INetCache\Content.Word\DavidHongheadshot2.jpg |  | *Become A Certified* *TF-CBT Provider*TF-CBTBasic TrainingFebruary 27-28, 2020TF-CBTBasic TrainingFebruary 27-28, 2020 |
| **Registration Information:****When:**February 27-28, 20209am-5pm**Where:**Cornhusker Bank8310 O St. Lincoln, NE 68510Park in the Kohl’s parking adjacent to the Cornhusker Bank. Conference will be held in the lower level community room**.** **Training Cost & Payment:**$300 per individualTo Register:Contact Tammy Sassaman402-441-7949tsassaman@familyservicelincoln.orgPay Via Check to: Family Service  Cc Tammy Sassaman 501 S. 7th St Lincoln Ne, 68508\*\*Register early as space is limited. |  | TF-CBT Basic TrainingThis presentation will provide an overview of TF-CBT and its use with traumatized children and adolescents. The interactive lecture will include information on identifying appropriate candidates for TF-CBT, a description of core components, and illustrations of its use through presentation and technical demonstrations. **Learning Objectives:*** Attendants will get a thorough overview of the entire Trauma-Focused Cognitive Behavioral Therapy model, an evidence-based treatment model for traumatized children and adolescents.
* Attendants will learn practical interventions from the model that they can apply in their work with clients.

**Trauma Focused Components:*** Psychoeducation/Parenting Skills (Praise, Selective Attention)
* Relaxation (Progressive Muscle Relaxation, Abdominal Breathing)
* Affective Expression and Modulation (Feelings identification, Emotional Temperature-Taking)
* Cognitive Coping (Relationship between thoughts, feelings and behaviors)
* Trauma Narrative (Exposure though the medium of a story e.g. written or pectoral formats)
* Cognitive reprocessing of the Narrative (Cognitive errors e.g. black and white thinking, catastrophizing)
* Conjoint Parent-Child Sessions (Importance of

 the involvement of a primary caregiver,  generalizing skills in the home, sharing the story  with the care giver)* Safety Planning (assertiveness training, knowing boundaries)

 Application of Trauma-Focused Cognitive Behavioral Therapy to  specific populations |

**Essential Information:**

**All participants must complete the on-line prerequisite course and bring their completion certificate the day of training**.

<https://tfcbt2.musc.edu/>

* Cost of the prerequisite training is $35
* For certification attendees must participate in 12 monthly consultations following the training. Consultation costs are included in the training cost.
* 11CEU’s for the prerequisite training
* 14 CEU’s for the 2day training
* 12 CEU’s for Consultation calls

**Park in the Kohl’s parking adjacent to the Cornhusker Bank. Conference will be held in the lower level community room.**

Family Service will provide a light breakfast, lunch and a small afternoon snack.

Questions Contact Us:

Tammy Sassaman

402.441.7949

tsassaman@familyservicelincoln.org

**Dr. David Hong**

Dr. David Hong is a Licensed Clinical Psychologist. He earned his undergraduate degree in Psychology from Carleton College and his doctoral degree from the Minnesota School of Professional Psychology, where he studied Clinical Psychology with a minor in Child and Family Therapy. In over 20 years in community mental health settings, he has worked in several capacities including: outpatient therapy, psychological assessment, group therapy, day treatment, in-home therapy, residential treatment and clinical supervision. Dr. Hong is an adjunct faculty member at the Washburn Training Institute in Minneapolis, Minnesota. He is a nationally certified trainer of Trauma-Focused Cognitive Behavioral Therapy and provides training across the United States and internationally. He provided training and consultation to clinicians in 22 states and 5 countries. He currently does clinical work in a private practice, where he specializes in services for children, adolescents and immigrant populations, with a focus on trauma.

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