

REGIONAL GOVERNING BOARD

MINUTES

November 18, 2019
Region V Systems
1645 N Street
Lincoln, NE
10:30 a.m.

MEMBERS PRESENT: Dennis Byars, Gage County; Gale Pohlmann, Jefferson County; Christa Yoakum, Lancaster County; Dean Speth, Otoe County; Jan Lang, Pawnee County; John Caverzagie, Richardson County; Janet Henning, Saline County; Ken Schmieding, Seward County; Dean Krueger, Thayer County; Bill Bamesberger, York County

MEMBERS ABSENT: Greg Janak, Butler County; Kenny Harre, Fillmore County; Jim Erickson, Johnson County; Larry Holtzman, Nemaha County; Jerry Westring, Polk County; Doris Karloff, Saunders County

OTHERS PRESENT: Tami DeShon, C.J. Johnson, Kim Michael, Marti Rabe, Region V Systems

OPEN MEETINGS ACT INFORMATION

Byars noted the Open Meetings Act information is posted in the meeting room. Notification of this meeting and information regarding availability of the agenda was provided through a legal notice in the Lincoln Journal Star.

CALL TO ORDER / ROLL CALL / AGENDA

Byars called the re-scheduled meeting to order at 9:00 a.m. followed by roll call and approval of the agenda.

Roll Call: Present: Gage, Jefferson, Lancaster, Otoe, Pawnee, Richardson, Seward, Thayer, York
Absent: Butler, Fillmore, Johnson, Nemaha, Polk, Saline, Saunders

Krueger made a motion seconded by Pohlman, to approve the November 18, 2019, RGB Agenda

Roll Call: Yes: Gage, Jefferson, Lancaster, Otoe, Pawnee, Richardson, Seward, Thayer, York
Absent: Butler, Fillmore, Johnson, Nemaha, Polk, Saline, Saunders

Motioned carried.

PUBLIC COMMENT

There was no public comment.

STAFF RECOGNITION

Byars presented a certificate of recognition and appreciation to Shelley Noerrlinger for 20 years of service to Region V. She is involved in the Family and Youth Investment (FYI) program. Byars briefly discussed her roles and responsibilities and many contributions to Region V Systems and thanked her for her service.

Regional Governing Board Minutes: Lang made a motion, seconded by Bamesberger, to approve the Minutes of the September 9, 2019, meeting.

Roll Call: Yes: Jefferson, Lancaster, Otoe, Pawnee, Richardson, Saline, Seward, Thayer, York

Abstain: Gage

Absent: Butler, Fillmore, Johnson, Nemaha, Polk, Saunders

Motioned carried.

Fiscal/Financial Report: DeShon presented the financial report through August, reviewing revenue and expenditures and providing rationale for areas where spending exceeds budget projections. DeShon indicated that several expenditures are annual one-time expenses and it is anticipated these line items will be within budget by the end of the year. With 16.67 percent of the fiscal year expended, total administrative expenditures were at 16.65 percent. Caverzagie made a motion, seconded by Pohlman, to approve the Financial Report as presented.

Roll Call: Yes: Gage, Jefferson, Lancaster, Otoe, Pawnee, Richardson, Saline, Seward, Thayer, York

Absent: Butler, Fillmore, Johnson, Nemaha, Polk, Saunders

Motioned carried.

Contracts / Amendments:

Network Provider Contract Amendments / October Shifts: Johnson reminded the Board that the Region can request contract shifts on a quarterly basis. For the first quarter the only shift involves HopeSpoke and is driven by changes in the Division's electronic billing system. The shift will remove dollars from outpatient mental health for adults and children and designate that amount (\$5,645.57) specifically to Medication Management which has been a component of outpatient services in the past. Pohlman made a motion, seconded by Henning, to approve the October Contract Amendment for the first quarter as presented and to allow the Region to make contract shifts for the second quarter which will be due in January.

Roll Call: Yes: Gage, Jefferson, Lancaster, Otoe, Pawnee, Richardson, Saline, Seward, Thayer, York

Absent: Butler, Fillmore, Johnson, Nemaha, Polk, Saunders

Motioned carried.

Nebraska Strategic Prevention Framework – Partnership for Success: Morrissey presented contracts for Strategic Prevention Framework which includes \$326,190 to the Region from the Division and various sub-contracts implemented to carry out prevention activities. This funding is for the purpose of curbing substance use disorder issues through prevention efforts. Morrissey reviewed the subcontracts with various individuals and / or entities explaining how each entity will be using the funding. Caverzagie made a motion, seconded by Barnesberger, to ratify this contract with the Division and the sub-contracting entities as presented.

Roll Call: Yes: Gage, Jefferson, Lancaster, Otoe, Pawnee, Richardson, Saline, Seward, Thayer, York

Absent: Butler, Fillmore, Johnson, Nemaha, Polk, Saunders

Motioned carried.

Qualified Residential Treatment Program (Q RTP) – Clinical Assessments: Johnson explained that in the past federal dollars could only be used for payments related to foster care or training child welfare workers. The Families First Prevention Services Act created a waiver system which allows plans to be submitted which will permit the funds to be used in a variety of alternative ways. The Division of Children and Family Services (CFS) has requested to use funding to pay for high level residential programs. A stipulation for using this level of care is that an independent evaluation must be completed to determine whether it is possible to serve the youth in a less restrictive level of care or in the community. CFS has asked the Region to oversee the evaluation process statewide; subsequently John Danforth, a licensed clinician with extensive experience in completing evaluations, has been

hired for that purpose. Krueger made a motion, seconded by Lang, to ratify this contract with the Division of Children and Family Services as presented.

Roll Call: Yes: Gage, Jefferson, Lancaster, Otoe, Pawnee, Richardson, Saline, Seward, Thayer, York

Absent: Butler, Fillmore, Johnson, Nemaha, Polk, Saunders

Motioned carried.

FY 19-20 Risk Management Plan: Michael presented the annual Risk Management Plan, which identifies various possible risks to the Region and steps taken to reduce the probability of a risk occurring and / or reduce the severity of the event. Michael reviewed each section, noted any areas where there were changes, and explained some of the various mechanisms in place charged with monitoring specific areas. Michael commented that the level of preparedness for most categories is 1, which means the Region is well prepared for the occurrence of adverse events. Schmieding made a motion, seconded by Henning, to approve the Risk Management Plan as presented.

Roll Call: Yes: Gage, Jefferson, Lancaster, Otoe, Pawnee, Richardson, Saline, Seward, Thayer, York

Absent: Butler, Fillmore, Johnson, Nemaha, Polk, Saunders

Motioned carried.

FY 19-20 Performance Improvement Plan (PIP): Johnson presented the PIP for FY 19-20 which encompasses a number of areas monitored by the Region. There are currently 31 indicators which are selected based on contract deliverables and other drivers. Henning made a motion, seconded by Lang, to approve the FY 19-20 PIP as presented.

Roll Call: Yes: Gage, Jefferson, Lancaster, Otoe, Pawnee, Richardson, Saline, Seward, Thayer, York

Absent: Butler, Fillmore, Johnson, Nemaha, Polk, Saunders

Motioned carried.

Prevention Mini Grants: Morrissey presented the Prevention Mini Grants for the winter cycle reviewing each of the five requests that were received and explaining what activities would take place using those funds. A total of \$7,259.72 was requested, and each of these requests was approved by the BHAC. Yoakum made a motion, seconded by Lang, to approve the Prevention Mini Grant Award Summary as presented.

Roll Call: Yes: Gage, Jefferson, Lancaster, Otoe, Pawnee, Richardson, Saline, Seward, Thayer, York

Absent: Butler, Fillmore, Johnson, Nemaha, Polk, Saunders

Motioned carried.

Site Visit Report Summaries: Johnson presented site visit reports for CenterPointe, Mental Health Association (MHA) and St. Monica's. For CenterPointe one unit was not verified for Fee-for-Service (FFS) Outpatient MH Group. CenterPointe will pay back the unit billed in error, a total of \$33.86. MHA provides supported employment services and one unit for Milestone 1 was not verified due to a missing Job Plan. MHA will pay back this unit of service (\$1,000). For St. Monica's all FFS units were verified. For all three agencies all non-fee-for-service (NFFS / expense based) charges were reviewed and verified. All three agencies demonstrate substantial compliance with Minimum Standards and contractual agreements.

Roll Call: Yes: Gage, Jefferson, Lancaster, Otoe, Pawnee, Richardson, Saline, Seward, Thayer, York

Absent: Butler, Fillmore, Johnson, Nemaha, Polk, Saunders

Motioned carried.

RGB Executive Committee Member Appointment: Johnson explained that historically the Lancaster County Commissioner is elected to the Executive Committee. Krueger made a motion, seconded by Schmieding, to approve Yoakum for the position of Secretary of the RGB and as a member of the Executive Committee.

Roll Call: Yes: Gage, Jefferson, Lancaster, Otoe, Pawnee, Richardson, Saline, Seward, Thayer, York

Absent: Butler, Fillmore, Johnson, Nemaha, Polk, Saunders

Motioned carried.

FY 18-19 CLAS Coalition Funding Report: Johnson presented the expenditures for CLAS Coalition Funding for FY 18-19 which include costs for interpretation (\$3,097.40) and actual expenses for various projects funded through CLAS grants (\$9,129). Henning made a motion, seconded by Lang, to approve CLAS Coalition Funding Report for FY 18-19 as presented.

Roll Call: Yes: Gage, Jefferson, Lancaster, Otoe, Pawnee, Richardson, Saline, Seward, Thayer, York

Absent: Butler, Fillmore, Johnson, Nemaha, Polk, Saunders

Motioned carried.

FY 19-20 CLAS Award Summary: Morrissey presented the CLAS grant summary for FY 19-20. A total of \$7,328.79 was requested and approved by the CLAS Coalition review committee. Bamesberger made a motion, seconded by Pohlman, to approve the projected expenditures for CLAS grants as presented.

Roll Call: Yes: Gage, Jefferson, Lancaster, Otoe, Pawnee, Richardson, Saline, Seward, Thayer, York

Absent: Butler, Fillmore, Johnson, Nemaha, Polk, Saunders

Motioned carried.

OTHER UPDATES / LEGISLATION / INFORMATIONAL ITEMS

Behavioral Health / Legislation Updates:

- **Block Grant Funding:** Johnson explained that the last two payments received from the Division did not include Federal Block Grant Funds. A new director at SAMHSA is requiring that all recipients of block grant dollars sign an attestation that they will not prescribe or provide marijuana to any consumer with those funds. Federal funds will not be released this month; it is anticipated that they will become available in December. The fiscal impact on the Region and network providers varies significantly but creates challenges for all agencies that rely on block grant funds. The impact on the Region is approximately \$100,000.
- **Medicaid Implementation Impact:** Regional Administrators are beginning to work with legislators to educate and advocate about the impact of removing 4.3 million dollars statewide from the behavioral health system. Johnson explained that the Appropriations Bill includes a 4.3-million-dollar reduction statewide, 1.8 million impact for Region V, based on the premise that with Medicaid Implementation scheduled to take place there will be fewer individuals requiring Region funded services. Johnson noted that there are many programs that Medicaid does not support such as permanent housing, stable housing, prevention strategies and supported employment which could use additional funding if the anticipated savings are realized.

Emergency System: The Region has been working with the Division regarding individuals who need a state hospital-type level of care. The bed allocation process is being reconsidered and the Region will receive a specific number of beds at the Lincoln Regional Center to manage. The Division of Behavioral Health is working with the

Division of Long-Term Care to access Medicaid funding which would pay for the first two weeks of hospitalization, but consumers will need to be discharged in four weeks under this allocation system.

System of Care: Under the System of Care grant Crisis Response Teams (CRT) housed with CenterPointe and TASC were expanded to include the ability to serve youth and families. There were 296 Crisis Response Clinical Responses with Family Peer Crisis Stabilization occurring 213 times for a total of 519 Crisis Response events. The SOC grant is in its final year and the Region is working to find ways to sustain these funds and continue to provide this service. An additional component of this grant funding has been the placement of school-based therapeutic consultation in ESU 4 and 6.

Network CQI: Johnson briefly reviewed the following reports:

- Trauma Informed Care
- Compass EZ
- Perception of Care
- File Review Report
- Complaints, Appeals and Critical Incidents Report

FY 19-20 Capacity Utilization Summary Report: Johnson reviewed an example of a Capacity Report and explained how it was used to monitor spending by individual agencies. The ability to monitor contract draw down gives the Region the ability to determine which contract shifts may be necessary to ensure that all available funding is utilized.

FY 19-20 Compliance Management Report: Provided for informational purposes.

Training Schedule: Provided for informational purposes.

OTHER BUSINESS

Merrill had requested additional time for the Region V Services meeting on February 10. The Board agreed to meet at 9:00 a.m. rather than 9:30 a.m. with Region V Systems following.

ADJOURN

The meeting was adjourned at 10:00 a.m.

IMPORTANT DATES

- November 18 – RGB Executive Committee Meeting following this meeting
- January 13 – Network Provider Meeting – 9:00 a.m.
- January 29 – BHAC Meeting – 10:00 a.m.
- February 10 – RGB Meeting – 10:30 a.m.