

# BEHAVIORAL HEALTH ADVISORY COMMITTEE

## MINUTES

October 23, 2019  
10:00 a.m.  
1645 'N' Street  
Lincoln, NE

**MEMBERS PRESENT:** Christine Cooney, Gene Cotter, Irene Duncan, Karen Helmberger, Greg Janak, Corrine Jarecke, Corrie Kielty, Stephanie Knight, Jill Kuzelka, Rebecca Meinders, Lucinda Mesteth, Barbara Murphy, Laura Osborne, Tracy Pella, Richard Pethoud, Darla Winslow

**MEMBERS ABSENT:** J. Rock Johnson, Constance Zimmer

**OTHERS PRESENT:** Tami DeShon, C.J. Johnson, Amanda Tyerman-Harper, Marti Rabe, Region V Systems

### HOUSEKEEPING AND INTRODUCTIONS

Knight called the meeting to order at 10:02 a.m. followed by introductions. New members were welcomed. Attendees were reminded that BHAC meetings are now being recorded; Conflict of Interest forms are due today, and mileage sheets were available for those attending from rural areas.

### ADDITIONS / CHANGES TO AGENDA

There were no additions or changes to the agenda.

### OPEN MEETING ACT INFORMATION

Knight pointed out that Open Meeting Act information is posted as required by the Open Meetings Act. Notification of this meeting and information regarding availability of the agenda was provided through a legal notice in the Lincoln Journal Star.

### PUBLIC COMMENT

There was no public comment.

### CONSENT AGENDA ITEMS

Cotter made a motion, seconded by Janak, to approve the Consent Agenda (August 28, 2019, BHAC Minutes; FY 19-20 Compliance Management Report, RGB Report, FY 18-19 Culturally and Linguistically Appropriate Services (CLAS) Coalition Funding Report and FY 19-20 CLAS Award Summary) as presented.

Roll Call: Yes: Cooney, Cotter, Duncan, Helmberger, Janak, Jarecke, Kielty, Knight, Kuzelka, Meinders, Mesteth, Murphy, Osborne, Pella, Pethoud, Winslow

Absent: Johnson, Zimmer

Motion carried.

### ACTION / PRIORITY ITEMS

#### **Contracts / Amendments:**

Network Provider Contract Amendments / October: Johnson explained that the Region is allowed to request contract shifts on a quarterly basis. For the first quarter the only shift involves HopeSpoke, an agency providing child and adult outpatient services. The shift is driven by changes in the Division's electronic billing system and will designate funding specifically to Medication Management which has been a component of outpatient services in the past. A total of \$5,645.57 will be shifted. Janak made a motion, seconded by Winslow, to recommend the Board approve the October Contract Amendment for the first quarter as presented.

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Roll Call: Yes: Cooney, Cotter, Duncan, Helmberger, Janak, Jarecke, Kielty, Knight, Kuzelka, Meinders, Mesteth, Murphy, Pella, Pethoud, Winslow

Abstain: Osborne

Absent: Johnson, Zimmer

Motion carried.

Nebraska Strategic Prevention Framework – Partnership for Success: Johnson reviewed the contract with the Division of Behavioral Health in the amount of \$326,190, for the purpose of curbing substance use disorder issues through prevention efforts. Target concerns are underage drinking and increased marijuana use among this demographic. Johnson then reviewed each of 15 subcontracts with various individuals and / or entities which are for the purpose of carrying out the objectives stated by DHHS. Duncan made a motion, seconded by Jarecke, to recommend the Board ratify these contracts as presented.

Roll Call: Yes: Cotter, Duncan, Helmberger, Janak, Jarecke, Kielty, Knight, Kuzelka, Meinders, Murphy, Pella, Pethoud, Winslow

Abstain: Cooney, Mesteth, Osborne

Absent: Johnson, Zimmer

Motion carried.

Qualified Residential Treatment Program (QRTP) – Clinical Assessments: Johnson explained that the in the past federal dollars could only be used for payments related to foster care or child welfare workers. A new waiver allows plans to be submitted which will permit the funds to be used in a variety of alternative ways. The Division of Children and Family Services (CFS) has requested to use funding to pay for high level residential programs. A stipulation for using this level of care is that an independent evaluation must be completed to determine whether it is possible to serve the youth in a less restrictive level of care or in the community. CFS has asked the Region to oversee the evaluation process statewide; subsequently John Danforth, a licensed clinician with extensive experience in completing evaluations, has been hired for that purpose. Johnson briefly explained how the process works and commented that there is currently only one QRTP, OMNI, available in Nebraska. DBH has approached other agencies about providing this level of care in order to broaden the provider network. Winslow made a motion, seconded by Pella, to recommend the Board ratify this contract with CFS as presented.

Roll Call: Yes: Cooney, Cotter, Duncan, Helmberger, Janak, Jarecke, Kielty, Knight, Kuzelka, Meinders, Mesteth, Murphy, Osborne, Pella, Pethoud, Winslow

Absent: Johnson, Zimmer

Motion carried.

**(Draft) FY 19-20 Annual Performance Improvement Plan (PIP)**: Johnson explained this type of quality improvement activity is a requirement of being granted accreditation. Region V is accredited by CARF. There are currently 31 indicators which are selected on the basis of contract deliverables and other drivers. Indicators monitor a variety of activities such as training, reporting requirements, coalition activities and sustainability, YAB, Hope Squads, supervision strategies, site visits, health and safety, etc. There was brief discussion regarding some of the activities. Meinders made a motion, seconded by Pella, to recommend the Board approve the FY 19-20 PIP as presented. Any BHAC member with comments or questions was invited to contact the Region.

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Roll Call: Yes: Cooney, Cotter, Duncan, Helmberger, Janak, Jarecke, Kielty, Knight, Kuzelka, Meinders, Mesteth, Murphy, Osborne, Pella, Pethoud, Winslow

Absent: Johnson, Zimmer

Motion carried.

**FY 19-20 Risk Management Plan (Draft):** DeShon presented the annual Risk Management Plan, which is also a requirement for CARF accreditation. The Risk Management Plan identifies various risks to the Region and steps taken to reduce the probability of a risk occurring and / or reduce the severity of the event. Risk exposure is measured for the following four areas: 1) Organizational Goals; 2) Fiscal Management; 3) People – Internal & External; and 4) Good Will. DeShon reviewed each section, noted any areas where there were changes, and explained some of the various mechanisms in place charged with monitoring specific areas. Any BHAC member with comments or questions was invited to contact the Region. Winslow made a motion, seconded by Jarecke, to recommend the Board approve the mini-grant recommendations as presented.

Roll Call: Yes: Cooney, Cotter, Duncan, Helmberger, Janak, Jarecke, Kielty, Knight, Kuzelka, Meinders, Mesteth, Murphy, Osborne, Pella, Pethoud, Winslow

Absent: Johnson, Zimmer

Motion carried.

**FY 19-20 Prevention Mini Grants:** Tyerman-Harper presented the FY 19-20 Winter Cycle Mini Grant requests totaling \$7,259.72. \$10,967.13 was available; remaining funds will be carried over to the next cycle. Tyerman-Harper reviewed each individual grant and discussion followed regarding some of the prevention activities. Winslow made a motion, seconded by Osborne, to recommend the Board approve the FY 19-20 Prevention Mini Grants as presented.

Roll Call: Yes: Cooney, Cotter, Duncan, Helmberger, Janak, Jarecke, Kielty, Knight, Meinders, Mesteth, Murphy, Osborne, Pella, Pethoud, Winslow

Abstain: Kuzelka

Absent: Johnson, Zimmer

Motion carried.

**BHAC Executive Committee Member – Election:** Tyerman-Harper explained that per BHAC Bylaws the BHAC Executive Committee is to consist of the current elected officers and the past president. Because the past president termed out concurrently with her term as chair ending, it is necessary to elect an additional Member at Large. Winslow made a motion to elect Cooney, seconded by Janak. Cooney agreed to serve if elected. Janak made a motion to close nominations.

Roll Call: Yes: Cotter, Duncan, Helmberger, Janak, Jarecke, Kielty, Knight, Kuzelka, Meinders, Mesteth, Murphy, Osborne, Pella, Pethoud, Winslow

Abstain: Cooney

Absent: Johnson, Zimmer

Motion carried.

**Site Visit Report Summaries:** Tyerman-Harper briefly explained the annual site visit process. Site visits are composed of three elements: 1) two percent unit audits to verify documentation is present in the file to support the billing, 2) fiscal audit to verify expenditures billed on an expense reimbursement process, and 3) program fidelity audits which are required every three years. A two percent sample of units is reviewed, and the threshold for unit audits is 95% compliance; agencies are required to pay back units that can't be verified. If the 95% threshold is not met, a second audit of a 5% sample is required. Program fidelity audits measure fidelity to state-defined service definitions, 206 regulations and various state statutes. All provider agencies are also required to be accredited so additional monitoring of agencies takes place. Tyerman-Harper then presented site visit report summaries for CenterPointe, Mental Health Association of Nebraska, and St. Monica's. Cotter made a motion, seconded by Duncan, to recommend the Board approve the Site Visit Report Summaries as presented

Roll Call: Yes: Cooney, Cotter, Duncan, Helmberger, Janak, Jarecke, Kielty, Knight, Kuzelka, Meinders, Mesteth, Murphy, Osborne, Pella, Pethoud, Winslow

Absent: Johnson, Zimmer

Motion carried.

### **OTHER UPDATES/INFORMATION**

#### **Behavioral Health / Legislative Updates:**

- **Medicaid Implementation Impact:** Johnson explained that the Appropriations Bill includes a 4.3-million-dollar reduction statewide, 1.8 million impact for Region V, based on the premise that with Medicaid Implementation scheduled to take place there will be fewer individuals requiring Region funded services. Regional Administrators are planning to advocate with the Legislature to leave those dollars in Program 38. If the Region is forced to curtail services, the impact will be felt by outpatient services. Johnson noted that there are many programs that Medicaid does not support such as permanent housing, stable housing, prevention strategies and supported employment which could use additional funding if the anticipated savings actually are realized.
- Tyerman-Harper informed the BHAC about a notification received last week regarding Block Grant dollars being frozen. Before these funds will be released, each entity receiving funding is being asked to submit an attestation letter stating that their entity will not use grant funds toward the purchase, prescription or provision of marijuana.

**Emergency Systems:** Tyerman-Harper noted the following information regarding Behavioral Health Threat Assessment (BETA) Trainings:

- Mini BETA was held in York on October 22
- Youth BETA is scheduled for December 5; School Resource Officers (SROs) are targeted for this training.
- Traditional BETA will be held on January 29-30, a change from the usual four-day format. Law Enforcement has expressed challenges with being able to free up officers to attend the four-day training.

**System of Care:** Under the System of Care grant Crisis Response Teams (CRT) housed with CenterPointe and TASC were expanded to include the ability to serve youth and families. Law enforcement makes the calls to the CRTs and a licensed clinician comes to the scene to help de-escalate and access the situation and provide resources. A continuum of care using Families Inspiring Families, a peer-run organization, was added to the process. Grant funding is scheduled to end September 2020 and the Region is looking for funding to sustain the CRT process.

**Network CQI:** The following reports were presented by Tyerman-Harper:

- **Trauma Informed Care (TIC):** TIC self-assessments are required every two years with the first one taking place in FY 08-09. The TIC report shows aggregate data for Region V providers as submitted to the Division. Region V Systems FY 19 Network average is above the Network and State averages when compared to the most recent (FY 17) assessments and the baseline scores established in 2013. Based on this data, providers are asked to select an area or two where opportunities for improvement exist. Two areas noted are low administrative support and human resources practices.

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- **Compass EZ:** This self-assessment measures recovery-oriented complexity (co-occurring) capability. In most of the categories Region V's average was above the Network and State averages. Again, based on this data, providers are asked to select an area or two where improvements could be made to affect change based on individual assessments
- **Perception of Care:** This report shows aggregate data of consumer responses from all providers as compared to the state's performance on the Division's Behavioral Health Consumer Survey and national performance of all United States reporting to SAMHSA. Region V's Network performance on the General Satisfaction questions continues to be above the established threshold of 90%. The statewide survey looks at a small sample from each Region, so Region V began collecting data on all the same questions for a more accurate reflection.
- **File Review Report:** Providers are asked to submit this data on their internal file reviews on a quarterly basis due to a CARF requirement. All files reviewed were above the threshold.
- **Complaints, Appeals, Critical Incidents Report:** A total of 42 complaints were registered in FY 19; there were no appeals meaning the concern was resolved without escalation. A total of 1,019 critical incidents were reported for FY 19 with the greatest number being generated by residential services followed by emergency services. Data was provided showing the number of critical incidents by type compared to FY 18.

**FY 19-20 Capacity Utilization Summaries:** Tyerman-Harper explained that these forms are used by the Region as a tool to determine how provider agencies are drawing down their allocations. The Region's goal is always to draw down the total allocation. Early in the year providers can request that funds be shifted within their agency from one service to another. Later on, the Region may make shifts among providers based on utilization.

**Trainings:** Provided for informational purposes.

**LEVEL OF CARE MEETING UPDATES/DATES**

- November 14 – Regional Prevention Coalition
- December 16 – Level of Care

**OTHER BUSINESS**

None

**IMPORTANT DATES**

- November 4 – 10:30 a.m. – RGB Meeting
- November 18 – 9:00 a.m. – Network Provider Meeting
- January 29 – 10:00 a.m. – BHAC Meeting

**ADJOURN**

There being no further business the meeting was adjourned at 11:40 a.m.