### **Region V Systems** Promoting Comprehensive Partnerships in Behavioral Health

Region V Level of Care Meeting

August 19, 2019 1:30 p.m. 1645 'N' Street Lincoln, NE

Present: Shala Hartmann (Touchstone), Jacob Grell (support services), CenterPointe; Dina Critel-Rathje, Lutheran Family Services; Becca Meinders, Lancaster Co. Public Defender; Greg Bernt, Blue Valley Behavioral Health; Scott Etherton, Crisis Center; Tim Kennett, Lincoln Police Dept.; Jill Kuzelka, Public Health Solutions District Health Dept.; Jane Harms, Adult Protective Services; Sara Draus, Bryan West; Katie Kimmerling, The Bridge; Julie Fisher-Erickson, Lutheran Family Services; Barb Straus, Aging Partners; Kristin Nelson, and Bridget Thompson, Region V Systems.

### • Welcome, Introductions, Announcements, Additions to the Agenda

• Welcome and introductions were conducted.

### • System Issues:

- Provider meeting this morning. Budget and deficits were discussed.
- BETA training will be revamped for 2020. Feedback has suggested that 4 days is too long. Region V will be looking at top of the line speakers and less time.
- Brief discussion regarding new jail standards that include mental health screenings may impact behavioral health systems.
- Emergency system is full and there have been transports to Hastings.
- Specific Case Discussion:
  - Update regarding last meeting: the person that was staffed is currently receiving services. Kristin thanked the team for staffing this person.
- Updates:
  - APS: Starting Sept. 16, there is remodeling and office moving occurring so there may be delays in service provision (returning phone calls, etc.).
  - Centerpointe: building their crisis team and open access is still flowing consistently.
  - Blue Valley: Fully staffed. Some openings for case management services in Beatrice and Lincoln. Other towns have short and quick waitlist.
  - Touchstone: no updates
  - Bryan LGH: no updates other than been consistently full.
  - Lutheran Family Services: Continuing to increase their workforce. Added staff to open access and community support is fully staffed.
  - Public Health Solutions: no updates
  - Public Defenders: no updates
  - The Bridge: reported numbers are up, and they are consistently full.

- Crisis Center: length of stay has increased by 1 ½ days. Due to waiting for providers the residential wait has increased to 3 weeks
- Region V Systems: Dave Campbell is opening a 62-bed facility to serve SMI population using Medicaid funding. "Hope Cooperative." He has a similar facility in Plattsmouth that has been successful.

### • Trainings and Events:

- Mental Health Board Training. September 16, 9-10:30 am.
- Dr. Reid Malloy will be in Nebraska on October 8-9 for Threat Assessment. Kristin will send out the link for this when she receives it.
- Youth BETA is November 21, 2019. This is a one-day workshop free to Law Enforcement and 25.00 dollars for non-officers.
- Project Homeless Connect. September 20, 2019, 9 am-3 pm. Please see attached flyer. If your agency is working with someone that is experiencing homelessness and they want to pre-register they can go to People City Mission, Centerpointe or Matt Talbot Kitchen and Outreach to pre-register.

## • Bed / Capacity Availability Update:

• Please see above

# • Next Meeting

• The next meeting date is **Oct. 21, 2019,** 1:30 - 3:00 p.m. (3<sup>rd</sup> Monday every other month)