

BEHAVIORAL HEALTH ADVISORY COMMITTEE

MINUTES

August 28, 2019
10:00 a.m.
1645 'N' Street
Lincoln, NE

MEMBERS PRESENT: Gene Cotter, Greg Janak, Corrine Jarecke, J. Rock Johnson, Stephanie Knight, Jill Kuzelka, Rebecca Meinder, Barbara Murphy, Richard Pethoud, Darla Winslow

MEMBERS ABSENT: Tracy Pella, Constance Zimmer

OTHERS PRESENT: Tami DeShon, C.J. Johnson, Kim Michael, Gretchen Mills, Joe Pastuszak, Erin Rourke, Amanda Tyerman-Harper, Region V Systems

HOUSEKEEPING AND INTRODUCTIONS

Knight called the meeting to order at 10:01 a.m. followed by introductions. Johnson explained that the lobby door for conference room #1 is always locked (for the time being) due to security issues.

ADDITIONS / CHANGES TO AGENDA

Action item C was moved to action item A.

OPEN MEETING ACT INFORMATION

Knight pointed out that Open Meeting Act information is posted as required by the Open Meetings Act. Notification of this meeting and information regarding availability of the agenda was provided through a legal notice in the Lincoln Journal Star.

PUBLIC COMMENT

There was no public comment.

CONSENT AGENDA ITEMS

Cotter made a motion, seconded by Jaracke, to approve the Consent Agenda (May 29, 2019, BHAC Minutes; Year-end 18-19 Compliance Management Report, and RGB Report) as presented.

Roll Call: Yes: Cotter, Janak, Jarecke, Knight, Kuzelka, Meinders, Murphy, Pethoud, Winslow

Absent: Johnson, Pella, Zimmer

Motion carried.

ACTION / PRIORITY ITEMS

BHAC Bylaws – Revised: Michael outlined the proposed changes to the BHAC bylaws to consider: Adding counties to Article I Section 2; clarifying language for Neb. Rev. Stat. §71-804[2]; language change in Article II Section 3; Addition of Section 7 to Article IV regarding the audio recording of public meetings. Michael explained that the language changes were to keep current with new terminology.

Johnson clarified that the Region is not provided with funding for gambling; hence there is no language about gambling in the bylaws. Michael explained the reasoning behind recording of public meetings and emphasized that closed sessions will not be recorded. Recordings will be retained for seven years. Kuzelka made a motion, seconded by Winslow, to recommend the board approve the changes to the BHAC bylaws as presented.

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Roll Call: Yes: Cotter, Janak, Jarecke, Knight, Kuzelka, Meinders, Murphy, Pethoud, Winslow

Absent: Johnson, Pella, Zimmer

Motion carried.

One-Time-Only Fund Report: Johnson briefly explained the history of the fund. After 11 years there is \$431,000 remaining with priority areas including: Reducing Census at Regional Centers; Providing Crisis Care; Developing Services for Special Populations; Expansion of Private Provider Panels; and Enhancing Consumer Involvement. The useful process of carry-over of funds was discussed. Cotter made a motion, seconded by Janek, to recommend the board approve the One-Time-Only Fund Report as presented.

Roll Call: Yes: Cotter, Janak, Jarecke, Knight, Kuzelka, Meinders, Murphy, Pethoud, Winslow

Absent: Johnson, Pella, Zimmer

Motion carried.

BHAC Membership Recommendations: The six applicants' vitae were summarized by Tyerman-Harper. Jarecke made a motion, seconded by Kuzelka to forward the BHAC Membership Recommendations to the Board.

Roll Call: Yes: Cotter, Janak, Jarecke, Knight, Kuzelka, Meinders, Murphy, Pethoud, Winslow

Absent: Johnson, Pella, Zimmer

Site Visit Report Summaries: Tyerman-Harper presented summaries of the site visits for Associates in Counseling and Treatment, HopeSpoke, Houses of Hope/TASC/Touchstone, Lutheran Family Service and the Mental Health Crisis Center. Winslow made a motion, seconded by Meinders, to recommend the Board approve the Site Visit Report Summaries as presented

Roll Call: Yes: Cotter, Janak, Jarecke, Knight, Kuzelka, Meinders, Murphy, Pethoud, Winslow

Absent: Johnson, Pella, Zimmer

Motion carried.

OTHER UPDATES/INFORMATION

Behavioral Health / Legislative Updates:

- The CABHI grant may receive a no-cost extension due to a five-month gap before HUD takes over the grant that they have in Lincoln.
- There will be a Public Hearing on September 20, 2019, on LR 234. Providers will be able to discuss implementation and challenges of the rate increases.
- The Capacity Access Guarantee received by Blue Valley Behavioral Health (BVBH) from the Region is being challenged and a feasibility study with a consultant is requested from the Department of Behavioral Health (DBH). It is unclear who is going to fund the consultant. BVBH is the only provider that has satellite offices. A major concern is how far consumers must travel to get access to services.
- HopeSpoke is being asked to develop a value-based contractor metric and the Capacity Access Guarantee is being challenged.
- The Social Detoxification rate implemented is lower than was initially projected. Moving this service from NFFS to FFS at the established rate would result in loss of approximately \$58,000 by BBH. DBH has agreed to delay rate implementation through October 1 to allow for a data and financial analysis.

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Emergency Systems: Mini-BETA (Behavioral Health Threat Assessment Training) is scheduled for October 22 in York. Big-BETA is scheduled for January 2020 and is condensed into two days rather than four days due to participant feedback. A Youth-Beta is projected to be scheduled in Spring 2020 for School Resource Officers.

System of Care: A clinician position funded through a contract with CFS is being advertised (the clinician *cannot* provide services). The role will be assessing youth in residential care and determining if they can be served in the community. This position is similar to the clinician hired to work with ESU 4 and ESU 6.

Network CQI: The following reports were summarized by Rourke:

- The FY 19 Governor's Dashboard: Stable Living report results showed that the Region has performed lower than the State average with the proportion of persons in stable living at discharge. The Region is trending above average of for the proportion of persons in stable living at discharge from residential services.
- The FY 19 Governor's Dashboard: Employment report results showed that the Region has performed lower than the state average yet is trending upward. Training providers on benefit analysis for consumers who wish to seek employment could improve upward trend as there are some work incentives even if a person is on benefits.
- The FY National Outcomes Measures report showed the following observations: about employment (lower than state average/higher than U.S. average), housing (higher than state average/lower than U.S. average), criminal justice (majority of persons had no arrests in last 30 days before enrollment/30 days before discharge), alcohol abstinence (63% abstinent at discharge), and drug abstinence (65% were abstinent at discharge). Abstinence is trending down for both alcohol and drugs.
- The FY 19 Consumer Recovery Outcomes report results showed that the proportion of persons achieving clinically significant improvement for the Region is down slightly from last year, but up by 3% from the FY 16 & 17 baseline.

The following reports were summarized by Pastuszak:

- The FY 19 Ineligibles and Denials report showed that short-term residential and other residential services remain the highest source of ineligibilities due to the consumer's condition not meeting the program clinical criteria or the client has extensive mental health needs.
- The Medication Management Access Report was provided, but not discussed.
- The Short Term Residential Average Number of Days Waiting report showed that there is an average wait of 14 days.

Year-end FY 18-19 Capacity Utilization Summaries: Weather was discussed as having an impact on providers. Providers are encouraged to interact with each other. Rules and restrictions are tighter than in the past.

FY 2019-2020 Schedule of Meetings: Provided for informational purposes.

Trainings: Provided for informational purposes.

LEVEL OF CARE MEETING UPDATES/DATES

- September 12 – Regional Prevention Coalition
- October 21, 1:30 p.m. – Level of Care

OTHER BUSINESS

None

IMPORTANT DATES

- September 9 – 10:30 a.m. – RGB Meeting
- September 16 – 9:00 a.m. – Network Provider Meeting
- October 23 – 10:00 a.m. – BHAC Meeting

ADJOURN

There being no further business the meeting was adjourned at 11:40 a.m.