

Region V Systems
Promoting Comprehensive Partnerships in Behavioral Health

Region V Level of Care Meeting

June 17, 2019
1:30 p.m.
1645 'N' Street
Lincoln, NE

Present: Shala Hartmann (Touchstone), Stephanie McLeese (Adult Res. Rehab) and Jacob Grell (support services), CenterPointe; Dina Critel-Rathje, Lutheran Family Services; Becca Menders, Lancaster Co. Public Defender; Jane Harms, Adult Protective Services; Barbara Straus, Aging Partners; Jill Kuzelka, Public Health Solutions District Health Department; Greg Bernt, Blue Valley Behavioral Health; Sara Draus, Bryan West; Katie Kimmerling, The Bridge; Kristin Nelson, Bridget Thompson, and Lee Heflebower, Region V Systems

- **Welcome, Introductions, Announcements, Additions to the Agenda**

- Welcome and introductions were conducted.

- **System Issues:**

- Wrap up of fiscal year for Region V Systems, any leftover flex funds need to be used. System of having allocations to each provider will continue next year.
- Crisis Center experienced being full, had to send clients to other resources such as Bryan and Mary Lanning. Crisis Response team 87% diversion. LRC 3-4 clients waiting 60 plus days. The Stepping Up Initiative, no dollars attached but good idea.
- Dr. Reid Malloy will be in Nebraska on Oct. 8-9 for Threat Assessment. Kristin will send out the link for this when she receives it.
- Youth BETA is Nov. 21, 2019. This is a one-day workshop free to Law Enforcement and 25.00 dollars for non-officers.
- Region V: Host home for Transition age youth grant. Being developed. Up by the end of the 2019. Stipends for host home.
- Medicaid Share Cost Question: How are other agencies doing it? Complications with client's share of cost when they have met their complete share. By the time Medicaid approves the client and confirms they have met their share, the date to bill for the service has passed. Kristin and Steph will send their Medicaid contacts.

- **Specific Case Discussion:**

- Client comes through the crisis line. Uses the line inappropriately sexually and aggressively; has some services in town but has been banned from some national hotlines. Many agencies are aware of this person. Has been removed from places and not able to work with some agencies due to his inappropriate and aggressive behavior. He gets involved with agencies but for short amounts of time due to his behaviors. Possible medical condition with migraines. Group discussed and recommends Higher Level of Care, along with a community provider meeting with LPD to problem solve how to respond.

- **Updates:**
 - APS: New worker in Beatrice
 - Adult Res: Currently full but there will be male openings beginning in July and female openings 2-3 months out.
 - Blue Valley: Hired new community support in Beatrice starting July 1 (Janette B.) Rest of the rural areas are full, waiting lists exists but not long (2-3 people). No waitlist in Lincoln. Can accept Lincoln people a few weeks out for DI, medication management and ongoing therapy available. Lori Jergens and Lisa Young do medication management.
 - Centerpointe: supportive services hired two new workers.
 - Touchstone has new director, Amy Borchers. Waitlist not reported. Open access going strong but very full (both outpatient and med management). Down a Crisis Team lead, need a LIMHP to be hired.
 - Bryan LGH: Youth is low, adult area is busy, Kristin Carmichael is taking over as Nurse Manager,
 - Lutheran Family Services: Open access continues for therapy and med management. In the process for hiring two care managers
 - Public Health Solutions: no updates,
 - Public Defenders: 750 social work clients! Go through Becca for questions due to limited availability of the attys. Becca explained the back workings of how some of the legal side of things flow and why beds may be held up.
 - The Bridge: Collaborative conversation with how to let judges know that The Bridge is able to accept someone rather than have them go to jail. About a week-long wait. Most waits are due to coordination issues not bed availability. Respite numbers are up. If full than for a short amount of time.

- **Bed / Capacity Availability Update:**
 - Please see above

- **Next Meeting**
 - The next meeting date is **Aug. 19, 2019**, 1:30 - 3:00 p.m.
(3rd Monday every other month)