

## REGIONAL GOVERNING BOARD

### MINUTES

June 10, 2019  
Region V Systems  
1645 N Street  
Lincoln, NE  
10:30 a.m.

**MEMBERS PRESENT:** Greg Janak, Butler County; Ralph Graham, Fillmore County; Dennis Byars, Gage County; Gale Pohlmann, Jefferson County; Sean Flowerday, Lancaster County; Dean Speth, Nemaha County; Jan Lang, Pawnee County; John Caverzagie, Richardson County; Janet Henning, Saline County; Doris Karloff, Saunders County; Dean Krueger, Thayer County; Bill Bamesberger, York County

**MEMBERS ABSENT:** Jim Erickson, Johnson County; Larry Holtzman, Otoe County; Jerry Westring, Polk County; Ken Schmieding, Seward County

**OTHERS PRESENT:** Tammy Stevenson, The Bridge Behavioral Health; Tami DeShon, C.J. Johnson, Patrick Kreifels, Kim Michael, Sandy Morrissey, Amanda Tyerman-Harper, Paul Van De Water and Marti Rabe, Region V Systems

### OPEN MEETINGS ACT INFORMATION

Byars noted the Open Meetings Act information is posted in the meeting room. Notification of this meeting and information regarding availability of the agenda was provided through a legal notice in the Lincoln Journal Star.

### CALL TO ORDER / ROLL CALL / AGENDA

Byars called the meeting to order at 10:33 a.m., followed by roll call and approval of the agenda.

Roll Call: Present: Butler, Fillmore, Gage, Jefferson, Lancaster, Otoe, Pawnee, Richardson, Saline, Saunders, Thayer, York

Absent: Johnson, Nemaha, Polk, Seward

Johnson asked Board approval to make a single motion to include the various Annual Survey Results (Action / Priority Item P). Hennig made a motion, seconded by Lang, to approve the agenda reflecting Johnson's request.

Roll Call: Yes: Butler, Fillmore, Gage, Jefferson, Lancaster, Otoe, Pawnee, Richardson, Saline, Saunders, Thayer, York

Absent: Johnson, Nemaha, Polk, Seward

Motion carried.

### PUBLIC COMMENT

There was no public comment.

### STAFF RECOGNITION

Byars presented a certificate of recognition and appreciation to Deanna Greg, Operations Manager, for twenty years of service. Byars briefly discussed her roles and responsibilities and many contributions to Region V Systems and thanked her for her service.

**Regional Governing Board Minutes:** Flowerday made a motion, seconded by Pohlman, to approve the Minutes of the May 13, 2019, meeting. There was no discussion. No action was required regarding the Executive Committee minutes of the same date

Roll Call: Yes: Butler, Fillmore, Gage, Jefferson, Lancaster, Otoe, Richardson, Saline, Saunders, Thayer, York

Abstain: Pawnee

Absent: Johnson, Nemaha, Polk, Seward

Motion carried.

**Fiscal/Financial Report:** Van De Water presented the financial report through April reviewing revenue and expenditures and providing rationale for areas where spending exceeds budget projections. With 83.33 percent of the fiscal year completed, the Regional budget stood at 75.20 percent, approximately 8 percent under budget. Janak suggested that Van De Water be publicly recognized at this time as he was attending his last Board meeting prior to his retirement. Karloff, made a motion, seconded by Bamesberger, to approve the Financial Report as presented.

Roll Call: Yes: Butler, Fillmore, Gage, Jefferson, Lancaster, Otoe, Pawnee, Richardson, Saline, Saunders, Thayer, York

Absent: Johnson, Nemaha, Polk, Seward

Motion carried.

**FY 19-20 State Budget Plan / Office Budget:** The Office Budget document was distributed prior to discussion. Van De Water reviewed the Income and Expenditures noting an increase in County Contributions based on the rate increase approved in April. Johnson stated that \$300,283 in General funds are included in the budget. In part that amount reflects funds that will be used to purchase software to manage the large number of contracts the Region is responsible for. Van De Water explained changes to how salaries will be calculated and noted that insurance costs decreased from 35 percent of salaries to 34 percent. The Region has also decided to lease new vehicles and Van De Water explained the rationale for that decision. Pohlman made a motion, seconded by Janak, to approve the FY 19-20 Office Budget as presented.

Roll Call: Yes: Butler, Fillmore, Gage, Jefferson, Lancaster, Otoe, Pawnee, Richardson, Saline, Saunders, Thayer, York

Absent: Johnson, Nemaha, Polk, Seward

Motion carried.

**FY 19-20 County Contributions:** At the April Governing Board meeting the board approved an increase of 7.56 percent in County Contributions. At that time the Region didn't have exact figures regarding the allocation. Should the amount differ from what was originally presented, the Region will make the adjustment and ask the Board to ratify the change at the September meeting. Bamesberger made a motion, seconded by Henning, to approve County Contributions as presented.

Roll Call: Yes: Butler, Fillmore, Gage, Jefferson, Lancaster, Otoe, Pawnee, Richardson, Saline, Saunders, Thayer, York

Absent: Johnson, Nemaha, Polk, Seward

Motion carried.

**FY 19-20 Emergency Protective Custody (EPC) Rate Increase:** The rate paid for EPC days has not been increased since FY 15-16. The Legislature approved a rate increase in the past Legislative session; the Region is recommending a three percent increase based on that Legislation. Stevenson, The Bridge Behavioral Health (BBH) Executive Director, was in attendance and explained that BBH provides emergency detoxification services to approximately 155 EPC clients a year. When an individual is placed under an EPC hold and is also under the influence of substances, clients are taken to BBH to provide care until they are sober. Stevenson explained how difficult this population is to serve and how challenging it is to adequately staff the program given the challenges they encounter. Actual cost of providing services is \$225 a day. Flowerday made a motion, seconded by Krueger, to approve the FY 19-20 EPC rate increase as presented.

Roll Call: Yes: Butler, Fillmore, Gage, Jefferson, Lancaster, Otoe, Pawnee, Richardson, Saline, Saunders, Thayer, York

Absent: Johnson, Nemaha, Polk, Seward

Motion carried.

Following additional discussion, Flowerday amended his motion, seconded by Speth, to recommend that the EPC rate be increased to a daily rate of \$208 paid to the EPC provider. This increase would result in an EPC charge for counties of \$214 per day.

Roll Call: Yes: Butler, Fillmore, Gage, Jefferson, Lancaster, Otoe, Pawnee, Richardson, Saline, Saunders, Thayer, York

Absent: Johnson, Nemaha, Polk, Seward

Motion carried.

**FY 19-20 Contractual Agreements for Region V:** Johnson reviewed the following categories of contracts:

- Department of Health and Human Services (DHHS)
  - Nebraska System of Care Grant (Amendment 1): The grant cycle runs from September 30, 2018, through September 29, 2019; this amendment allows for the use of carryover funds in the amount of \$229,707 from the previous fiscal year.
  - Opioid Contract: This contract in the amount of \$167,609 is to fund activities that reduce opioid overdose related deaths and abuse of opioids.
  - Regional Contract with the Division: This contract in the amount of \$19,428,613 is for provision of services, prevention, rental assistance, transition voucher program, behavioral health, coordination and network management activities.
  - Nebraska System of Care Grant: This contract in the amount of \$365,000 runs from September 30, 2019, through September 29, 2020, and will be the last year of grant funding for this project.
  - Host Homes Grant for Transition Age Youth: This contract in the amount of \$315,000 is to provide Host Homes for transition age youth. The grant pays a stipend to couples willing to have transition youth live with them in rural counties of Region V.
- Network Providers: Region V contracts with 14 providers and / or collaborations for the provision of mental health and substance use disorder services. Johnson reviewed each contract entity and the amount of funding provided for those services and noted that there will be an amendment based on the allocation approved by the Legislature.
- Emergency Protective Custody (EPC): Region V enters into EPC contracts with each of the 15 rural counties. In addition, the Region contracts with The Bridge Behavioral Health (BBH) and the Mental Health Crisis Center (MHCC) to provide emergency protective custody services as well as a collaborative, non-monetary contract among Region V, MHCC and BBH to facilitate transition from one facility to another.
- Projects for Assistance in Transition for Homelessness (PATH): Contracts include PATH grant dollars (\$65,000) from the State which are passed through to CenterPointe to provide PATH services. The Federal grant begins October 1.

- Mental Health First Aid (MHFA): Contracts provide for individual trainers and St. Monica's staff to provide MHFA trainings as requested.
- Southeast Nebraska Disaster Volunteer Database: These contracts with Public Health Solutions, Southeast District Health Department and Four Corners Health Department are for the purpose to creating and maintaining a volunteer database to be used in the event of a disaster. The database can be filtered to provide the type of specialty volunteers being requested.
- Miscellaneous: The contract with Families Inspiring Families (FIF) allows Johnson to provide clinical supervision for the FIF navigator project in exchange for FIF serving up to two FYI families. The contract with BHECN is to provide ongoing maintenance for the Nebraska behavioral health recruitment website.
- Cluster-based Planning: These contracts with various individuals and entities are for providing cluster-based planning training to network provider staff and coordination of cluster-based planning implementation. In addition to contracting for training, the Region contracts with Synthesis Inc. for training, training of trainers, data analysis, technology sharing, outcomes data reporting and analysis of the cluster-based planning project.
- Prevention Federal Block Grant Recipients: Johnson presented the Federal Block Grant Recipients reviewing each grantee, the amount of the award, and the purpose for which the funds will be used. Coalitions are requesting funds for activities which are largely evidence-based practices.

Pohlman made a motion, seconded by Lang, to approve all the contracts as presented.

Roll Call: Yes: Butler, Fillmore, Gage, Jefferson, Lancaster, Otoe, Pawnee, Richardson, Saline, Saunders, Thayer, York

Absent: Johnson, Nemaha, Polk, Seward

Motion carried.

**FY 19-20 Blue Valley Behavioral Health (BVBH) Contract Amendment**: Johnson explained that BVBH has traditionally been allocated approximately \$58,000 for their Intensive Youth Outpatient Services billed primarily as Capacity Access Guarantee (CAG). The Division was questioning this CAG expenditure because of the very low utilization. Tyerman-Harper has been working with Day, Executive Director at BVBH, to re-allocate those dollars within the agency. Recommendations for reallocation include: \$17,000 for child / youth assessments; \$36,960 toward adult community support; and \$3,700 for adult assessments. Henning made a motion, seconded by Caverzagie, to approve this contract amendment.

Roll Call: Yes: Butler, Fillmore, Gage, Jefferson, Lancaster, Otoe, Pawnee, Richardson, Saline, Saunders, Thayer, York

Absent: Johnson, Nemaha, Polk, Seward

Motion carried.

**FY 19-20 HopeSpoke Contract Amendment**: Tyerman-Harper explained that the Region had been providing \$150,000 annually to fund 2 full time employees (FTEs), one for each of the elementary and middle school behavioral skills programs (Don Sherrill and Neurenberger). During a recent site visit it was observed that this program is adequately staffed by Lincoln Public Schools staff and that Region V funds could be used in a more effective way. Discussions are taking place with HopeSpoke to determine the best use of these funds to support students. Pohlman made a motion, seconded by Lang, to approve this contract amendment with HopeSpoke as presented.

Roll Call: Yes: Butler, Fillmore, Gage, Jefferson, Lancaster, Otoe, Pawnee, Richardson, Saline, Saunders, Thayer, York

Absent: Johnson, Nemaha, Polk, Seward

Motion carried.

**FY 19-20 Rate Increase Contract Amendment:** The Region is anticipating a contract amendment within the next 30 days which will provide information about which services will be impacted by the rate increases approved by the allocations committee. That information was not available at the time the State to Region contract was issued. Johnson asked that the Region be allowed to amend contracts with providers based on the additional 2.8 million that has been allocated for rate increases. Henning made a motion, seconded by Flowerday, to approve the contract amendments that will be necessitated by the rate increases.

Roll Call: Yes: Butler, Fillmore, Gage, Jefferson, Lancaster, Otoe, Pawnee, Richardson, Saline, Saunders, Thayer, York

Absent: Johnson, Nemaha, Polk, Seward

Motion carried.

**One-Time-Only (OTO) Fund Report:** Johnson provided the history of the OTO funds and noted that the Region has been managing these funds since 2008 when the Region received 4.2 million dollars. The funds have been used for a large range of activities since that time. The remaining balance is currently \$418,304. The Region will be requesting to reduce the first line item (Provider Network) by \$168,000 and move those funds to the line item for the Compass data system. Funds providing for a small contract with the Public Policy Center will be moved to Cluster Based Planning. Karloff made a motion, seconded by Bamesberger, to approve the recommendations for utilization of OTO funds.

Roll Call: Yes: Butler, Fillmore, Gage, Jefferson, Lancaster, Otoe, Pawnee, Richardson, Saline, Saunders, Thayer, York

Absent: Johnson, Nemaha, Polk, Seward

Motion carried.

**FY 19-20 Alternative Compliance:**

- Community Support: Tyerman-Harper explained that providers and the Region must request Alternative Compliance to the 206 regulations for Community Support annually if they want to bill differently than currently allowed by the state service definition. Per the service definition three hours of contact or three contacts are required to bill for a unit of this service. Alternative Compliance allows providers to bill in 15-minute increments for those clients that they are not able to see for a total of three hours or three contacts per month. Providers making this request include: Blue Valley Behavioral Health, CenterPointe, Lutheran Family Services and St. Monica's. Lang made a motion, seconded by Pohlman, to approve the request for Alternative Compliance as presented.

Roll Call: Yes: Butler, Fillmore, Gage, Jefferson, Lancaster, Otoe, Pawnee, Richardson, Saline, Saunders, Thayer, York

Absent: Johnson, Nemaha, Polk, Seward

Motion carried.

- Blue Valley Youth Assistance Program (YAP): This request is a result of a corrective action plan submitted following the BVBH audit. BVBH has not historically assessed youth in the school-based YAP program for financial eligibility as required, claiming that such an assessment creates a barrier to providing mental health services to youth in the schools. Janak made a motion, seconded by Harre, to approve BVBH's request to seek Alternative Compliance for this program.

Roll Call: Yes: Butler, Fillmore, Gage, Jefferson, Lancaster, Otoe, Pawnee, Richardson, Saline, Saunders, Thayer, York

Absent: Johnson, Nemaha, Polk, Seward

Motion carried.

**FY 19-20 Prevention Mini-Grant Recommendations:** Morrissey presented the 2019 summer cycle for Prevention Mini-Grants reviewing each of the grant applications and the purpose for which funds were being requested. A total of \$5,743.15 was requested and \$5,543.15 was recommended. Henning made a motion, seconded by Lang, to approve the FY 19-20 Prevention Mini-Grant Recommendations as presented.

Roll Call: Yes: Butler, Fillmore, Gage, Jefferson, Lancaster, Otoe, Pawnee, Richardson, Saline, Saunders, Thayer, York

Absent: Johnson, Nemaha, Polk, Seward

Motion carried.

**FY 19-20 Special Populations Award Recommendations:** Tyerman-Harper presented the Special Populations Award Recommendations noting that several requests were recommended over the \$1,000 cap to maximize use of the remaining funds. An error was pointed out on the spreadsheet. HopeSpoke had requested \$851.72 and the line item was carried forward as \$1,215. A total of \$10,648.62 was requested and \$7,013.00, the amount available, was approved. Lang, made a motion, seconded by Pohlman, to approve the Special Populations Award Recommendations as presented.

Roll Call: Yes: Butler, Fillmore, Gage, Jefferson, Lancaster, Otoe, Pawnee, Richardson, Saline, Saunders, Thayer, York

Absent: Johnson, Nemaha, Polk, Seward

Motion carried.

**Community Service Leave Policy (New):** Michael presented a new policy outlining criteria which would allow staff to participate in community service while “on the clock” at Region V. Michael pointed out that it is an expectation of many applicants for employment that this type of leave be available providing a staff retention tool and leadership opportunities for Region V staff. Two types of leave are described in the policy: 1) Corporate Sponsored Volunteering and 2) Personal Interest Volunteering. The policy was reviewed and approved by the Executive Committee on May 13, 2019. Pohlman made a motion, seconded by Krueger, to approve the Community Service Leave Policy as presented.

Roll Call: Yes: Butler, Fillmore, Gage, Jefferson, Lancaster, Otoe, Pawnee, Richardson, Saline, Saunders, Thayer, York

Absent: Johnson, Nemaha, Polk, Seward

Motion carried.

**Regional Governing Board Bylaws (revised):** Michael reviewed the bylaws which have also been reviewed by the Executive Committee and emailed to Board members on May 29, 2019. Revisions were noted. Among other changes, the addition of a process for recording meetings and retention of those records was discussed. The authorized signatory process was clarified in the revised policy. Harre made a motion, seconded by Karloff, to approve the revised Regional Governing Board Bylaws as presented.

Roll Call: Yes: Butler, Fillmore, Gage, Jefferson, Lancaster, Pawnee, Richardson, Saline, Saunders, Thayer, York

No: Otoe

Absent: Johnson, Nemaha, Polk, Seward

Motion carried.

**Annual Survey Results:**

- Network Provider Executive Director Survey Results: There was discussion regarding prompt and professional feedback. Region staff tries to respond quickly and / or let providers know if a reply will take some time. In those instances, staff will try to be more diligent in sending responses so providers can be sure their concerns are being addressed.
- BHAC Survey Results: Concerns were noted that being elected officials, Board members may not have an interest in behavioral health. Johnson explained to BHAC members that composition of the Board was specifically mandated through Legislation and requires an elected official from each county to sit on the Board.
- Governing Board Survey Results: No discussion.
- Region V Staff Survey Results: No areas of concern fell below 80 percent which is the threshold for requiring action.
- Best Places to Work Survey Overview Summary: This overview represents a small portion of all the information the Region receives from participating in this survey. The data is reviewed, and areas of opportunity are identified.

Flowerday made a motion, seconded by Lang, to approve and place on file the Annual Survey Results.

Roll Call: Yes: Butler, Fillmore, Gage, Jefferson, Lancaster, Otoe, Pawnee, Richardson, Saline, Saunders, Thayer, York

Absent: Johnson, Nemaha, Polk, Seward

Motion carried.

**FY 19-20 Draft Strategic Plan:** Johnson presented the draft Strategic Plan noting few changes. One of the changes was to the Mission Statement where language was changed to reflect the current usage of the term “substance use disorder” rather than “substance abuse.” The term “customer” has been changed to “stakeholder.” Johnson reviewed the three organizational goals and the three system goals and discussed the learning organization concept instituted by Region V some years ago. Caverzagie, made a motion, seconded by Henning, to approve the Draft FY 2019-2020 Strategic Plan as presented.

Roll Call: Yes: Butler, Fillmore, Gage, Jefferson, Lancaster, Otoe, Pawnee, Richardson, Saline, Saunders, Thayer, York

Absent: Johnson, Nemaha, Polk, Seward

Motion carried.

**FY 19-20 Regional Administrator Compensation:** Byars stated that the Executive Committee met on May 13, 2019, to conduct C.J. Johnson’s annual performance evaluation. The Executive Committee found the evaluation assessment to be satisfactory. Based on this evaluation, the Executive Committee finds Johnson to be eligible to move to Grade 3, Step 12 on the Region’s salary schedule effective July 1. Pohlman made a motion, seconded by Janak, to approve Johnson’s compensation for FY 19-20.

Roll Call: Yes: Butler, Fillmore, Gage, Jefferson, Lancaster, Otoe, Pawnee, Richardson, Saline, Saunders, Thayer, York

Absent: Johnson, Nemaha, Polk, Seward

Motion carried.

**OTHER UPDATES / LEGISLATION / INFORMATIONAL ITEMS**

**Behavioral Health / Legislation Updates:** No further discussion.

**Emergency System:** No further discussion.

**Systems of Care:** No further discussion.

**BHAC Attendance / Membership:** BHAC membership has fallen below the 15-20 members required by the bylaws. The Region will be sending more information to Board members for assistance with recruiting rural members to this committee.

**Network CQI – Complaints, Appeals and Critical Incidents FY 19 Q1-Q3:** Kreifels noted that this report was provided for informational purposes and allows the Region and providers to make data driven decisions to reduce the number of these types of incidents.

**FY 18-19 Capacity Utilization Summary Report:** Provided for informational purposes.

**FY 18-19 Compliance Management Report:** Provided for informational purposes.

**Training Schedule:** Provided for informational purposes.

**FY 19-20 Schedule of Meetings:** Provided for informational purposes.

**FY 19-20 Site Visit Schedule:** Provided for informational purposes.

**OTHER BUSINES**

- Johnson reported that he and Tyerman-Harper have met with TASC to move forward with piloting a full-time day counselor as part of the crisis response team that would also fill the role of working with jails as a navigator. Currently there is no one specializing with the jails and day time coverage is provided by on call contracted counselors or the program director.
- Michael stated that an Open House honoring Van De Water on his retirement was scheduled for August 16 from 3:00 p.m. to 5:00 p.m. An invitation will be issued soon.

**ADJOURN**

The meeting was adjourned at 12:35 p.m.

**IMPORTANT DATES**

- August 28 – BHAC Meeting – 10:00 a.m.
- September 9 – RGB Meeting – 10:30 a.m.