

REGIONAL GOVERNING BOARD

MINUTES

May 13, 2019
Region V Systems
1645 N Street
Lincoln, NE
10:30 a.m.

MEMBERS PRESENT: Greg Janak, Butler County; Ralph Graham, Fillmore County; Dennis Byars, Gage County; Gale Pohlmann, Jefferson County; Sean Flowerday, Lancaster County; Dean Speth, Nemaha County; Larry Holtzman, Otoe County; Jerry Westring, Polk County; John Caverzagie, Richardson County; Janet Henning, Saline County; Doris Karloff, Saunders County; Ken Schmieding, Seward County; Dean Krueger, Thayer County; Bill Bamesberger, York County

MEMBERS ABSENT: Jim Erickson, Johnson County; Jan Lang, Pawnee County

OTHERS PRESENT: C.J. Johnson, Patrick Kreifels, Kim Michael, Gretchen Mills, Sandy Morrissey, Amanda Tyerman-Harper, Paul Van De Water, Region V Systems

OPEN MEETINGS ACT INFORMATION

Byars noted the Open Meetings Act information is posted in the meeting room. Notification of this meeting and information regarding availability of the agenda was provided through a legal notice in the Lincoln Journal Star.

CALL TO ORDER / ROLL CALL / AGENDA

The meeting was called to order by Byars at 10:37 a.m., followed by roll call and approval of the agenda.

Roll Call: Present: Butler, Fillmore, Gage, Jefferson, Lancaster, Nemaha, Otoe, Polk, Richardson, Saline, Saunders, Seward, Thayer, York

Absent: Johnson, Pawnee

Janek made a motion, seconded by Bamesberger to approve the agenda as presented.

Roll Call: Yes: Butler, Fillmore, Gage, Jefferson, Lancaster, Nemaha, Otoe, Polk, Richardson, Saline, Saunders, Seward, Thayer, York

Absent: Johnson, Pawnee

Motion carried.

PUBLIC COMMENT

There was no public comment.

REGIONAL PREVENTION COORDINATION PRESENTATION

Morrissey provided an overview of the prevention system; presentation will be sent to the Board (see email sent by Marti Rabe on 5/14/19). Mental Health First Aid Training and QPR trainings are available to any communities, free of charge. A complete overview of Prevention activities is in the Region's Annual Report (<http://region5systems.net/whats-happening/reports/>).

Regional Governing Board Minutes: Pohlmann made a motion, seconded by Krueger, to approve the Minutes of the April 8, 2019, meeting. There was no discussion.

Roll Call: Yes: Butler, Filmore, Gage, Jefferson, Nemaha, Otoe, Richardson, Saline, Saunders, Seward, Thayer, York

Abstain: Lancaster, Polk

Absent: Johnson, Pawnee

Motion carried.

Fiscal/Financial Report: Van De Water presented the financial report through March reviewing revenue and expenditures and providing rationale for areas where spending exceeds budget expectations. In most cases the expenditures that are over-budget are one-time expenses or are incurred early in the fiscal year. With 75 percent of the fiscal year completed, the Regional budget stood at 68% percent, approximately 6.8 percent under budget. Henning made a motion, seconded by Karloff to approve the Financial Report as presented.

Roll Call: Yes: Butler, Filmore, Gage, Jefferson, Lancaster, Nemaha, Otoe, Polk, Richardson, Saline, Saunders, Seward, Thayer, York

Absent: Johnson, Pawnee

Motion carried.

Contracts/ Contract Amendments:

- **DHHS - FEMA Crisis Counseling:** The FEMA Crisis Counseling Program Initial Services grant (\$95,934.78) runs from April 15 to June 15, 2019. The Individual Crisis Counseling Program will serve five counties (Nemaha, Butler, Richardson, Saunders, Saline). The state will file for a regular crisis grant that would add nine months onto the current grant. Twelve people are being trained and will canvas affected areas and offer information about supports that are available. It was noted that this is not therapy. Janak made a motion, seconded by, Henning to approve the DHHS-FEMA Crisis Counseling grant contract as presented.

Roll Call: Yes: Butler, Filmore, Gage, Jefferson, Lancaster, Nemaha, Otoe, Polk, Richardson, Saline, Saunders, Seward, Thayer, York

Absent: Johnson, Pawnee

Motion carried.

- **Building Partners Annual Contract:** Building Partner contracts to Region V include Families Inspiring Families in the amount of \$17,966, Cause Collective in the amount of \$1,368, and Mental Health Association of Nebraska in the amount of \$51,597. These contracts include facility usage, office space, phone, and information technology support. Karloff made a motion, seconded by Bamesberger, to approve the Building Partner contracts as presented.

Roll Call: Yes: Butler, Filmore, Gage, Jefferson, Lancaster, Nemaha, Otoe, Polk, Richardson, Saline, Saunders, Seward, Thayer, York

Absent: Johnson, Pawnee

Motion carried.

- **Provider Amendment Requests:** Johnson stated that the April contract shifts requested by providers were approved with the exception of approximately \$15,000 in shifts requested by BVBH. Region will be

working with DBH and BVBH on reconsideration of these requests. There was detailed discussion regarding specific shifts within specific agencies. The total amount of money that was shifted within agencies or across other agencies was \$779,195. Speth made a motion, seconded by Henning, to approve these contracts shifts/amendments as presented.

Roll Call: Yes: Butler, Filmore, Gage, Jefferson, Lancaster, Nemaha, Otoe, Polk, Richardson, Saline, Saunders, Seward, Thayer, York

Absent: Johnson, Pawnee

Motion carried.

Regional Budget Plan:

- The provider rates raised to \$123 per hour, due to the Division's cost-model study. Johnson reported the Region bought as many outpatient units as possible at the higher rate. There is a \$50,000 shortage of the amount normally provided for outpatient services. This shortage will be watched during the year.
- Lincoln Medical Educational Partnership (LMEP) will no longer contract with the Region which helped to maintain the outpatient capacity and assessment capacity at still contracted providers in light of the rate increase. Blue Valley Behavioral Health and HopeSpoke rate increases occurred through realignment of FFS and expense reimbursed Capacity Access Guarantee (CAG) funds; capacity and funding remains the same but FFS increases and CAG decreases. Blue Valley's school based intensive outpatient therapy program will be reviewed. \$58,000 has been moved into an unallocated line item while alternatives are explored.
- Region V will put \$60,000 into an unallocated residential line item from the Bridge. Van de Water stated that this is a preliminary budget. Tyerman-Harper said the plan was submitted April 1, 2019 to the Division but has not yet been formally approved.

Pohlmann made a motion, seconded by Henning, to approve the Regional Budget Plan as presented.

Roll Call: Yes: Butler, Filmore, Gage, Jefferson, Lancaster, Nemaha, Otoe, Polk, Richardson, Saline, Saunders, Seward, Thayer, York

Absent: Johnson, Pawnee

Motion carried.

Succession Plan (Draft): The succession plan outlines the action steps that are taken in the case of a short -term or long-term absence of the Regional Administrator. Michael explained that the succession plan is looked at every year by the Executive Committee as per CARF policy. This is a draft until the board approves the recommended changes to the existing document. Henning made a motion, seconded by Karloff, to approve the Succession Plan draft as presented.

Roll Call: Yes: Butler, Filmore, Gage, Jefferson, Lancaster, Nemaha, Otoe, Polk, Richardson, Saline, Saunders, Seward, Thayer, York

Absent: Johnson, Pawnee

Motion carried.

R.A. Signature for Recurring DocuSign Contracts: The State has a DocuSign procurement process. Yearly contract renewals are sent out early, via DocuSign, and require a quick turnaround. Johnson asked the Board for approval to sign these renewals. The signed contract renewals will then be brought back to the Board for ratification. Janak made a motion, seconded by Bamesberger, to approve the R.A.'s signature for yearly contract renewals (via DocuSign). Michael will bring a policy to the Board that reflects this motion.

Roll Call: Yes: Butler, Filmore, Gage, Jefferson, Lancaster, Nemaha, Otoe, Polk, Richardson, Saline, Saunders, Seward, Thayer, York

Absent: Johnson, Pawnee

Motion carried.

Site Visit Report Summary – Blue Valley Behavioral Health (BVBH): Tyerman-Harper stated that two percent of contracted units were audited. The audit showed that BVBH demonstrates substantial compliance with contractual requirements. One corrective action was discussed: school-based programs are not exempted from the financial eligibility policy. BVBH needs to submit a request for alternative compliance to Region V System and the Division of Behavioral Health to grant an exception. Henning made a motion, seconded by Pohlmann, to approve the BVBH Site Visit Report Summary as presented.

Roll Call: Yes: Butler, Filmore, Gage, Jefferson, Lancaster, Nemaha, Otoe, Polk, Richardson, Saline, Saunders, Seward, Thayer, York

Absent: Johnson, Pawnee

Motion Carried.

OTHER UPDATES / LEGISLATION / INFORMATIONAL ITEMS

Behavioral Health / Legislation Updates: Johnson discussed Medicaid expansion which is projected to take place in 2020. 2.8 million dollars was added to cover for the increased rates due to the Division's cost-model study. County contribution will go up 7.56 percent. The Region will send an information sheet out to the Board.

Emergency System: The Bridge has expressed need to renegotiate EPC contract terms due to regulations and licensure; a meeting is being scheduled with MHCC and BBH to discuss. Johnson will report back to the Board with the outcome.

EPC rate increase was discussed; the last increase was in fiscal year 15/16. In June, Johnson will bring the Board a recommendation of an increase of three percent.

Systems of Care: Since the inception, there have been about 300 responses in rural areas with the Crisis Response Team. Lancaster doesn't utilize resource as often.

Governing Board Bylaws (Draft): Michael noted that the bylaws are annually reviewed by the executive committee. The following recommended changes were highlighted: added language of "gender identity" to equal opportunity and non-discrimination language, clarification to the authorized signatory roles of the Chair/ Executive Committee, and an addition of language relating to the proposed audio recording the public meetings of the RGB and BHAC.

The Board discussed how many years the minutes should be retained, and it was decided that seven years is sufficient and consistent with other record destruction policies of the Region. Michael will email the recommendations, so the Board has the allotted 10-day notice of the recommended changes. There will be a motion at the June meeting for the approval of these changes.

NETWORK CQI: (See attached individual reports for complete details.) Kreifels reported on the Governor's Dashboard with the following bullet points:

- Employee Status and Living Arrangements at Discharge
- Emergency Protective Custody
- FY 18-19 Q1 File Review
- FY 18-19 Q1-3 Ineligibles/Denials

FY 18-19 Capacity Utilization Summary Report: Johnson reviewed the form briefly and explained how the Region uses it to monitor capacity utilization and make shifts throughout the year. These reports allow projections through year end and measure where the provider is in relation to the fiscal year's anticipated expenditures.

FY 18-19 Compliance Management Report: Provided for informational purposes.

Training Schedule: Provided for informational purposes.

OTHER BUSINESS

Johnson discussed the Stepping Up Initiative. <https://stepuptogether.org/>

- It is a national initiative started by the National Association of Counties (NACo) to reduce the number of people with mental illnesses in jail.
- There is a resource kit available on their website (<https://stepuptogether.org/toolkit>). Case studies are also available. There are six primary questions leaders need to ask and four key measures county leaders should track.
- The goal is to develop a screening process when law enforcement is picking someone up, before they are booked to see if they need a mental health evaluation.
- The counties should identify someone who can take initiative of Stepping Up. Johnson will look into starting a conversation on how Arnold Remington's TASC team can be incorporated within the Crisis Response teams.

A reminder was given that a one-day Behavioral Health Threat Assessment Training (BETA) has been developed for rural areas.

ADJOURN

The meeting was adjourned at 12:03 p.m.

IMPORTANT DATES

- May 13 – Executive Committee Meeting (following the Board meeting)
- May 20 – Network Provider Meeting – 9:00 a.m.
- May 29 – BHAC Meeting – 10:00 a.m.
- June 10 – RGM Meeting – 10:30 a.m.