

BEHAVIORAL HEALTH ADVISORY COMMITTEE

MINUTES

February 27, 2019
10:00 a.m.
1645 'N' Street
Lincoln, NE

MEMBERS PRESENT: Gene Cotter, Megan Hinrichs, Sara Hoyle, Corrine Jarecke, J. Rock Johnson, Stephanie Knight, Rebecca Meinders, Barbara Murphy, Tracy Pella, Darla Winslow

MEMBERS ABSENT: Jennifer Jennings, Jill Kuzelka, Richard Pethoud, Melissa Ripley, C.J. Zimmer

OTHERS PRESENT: C.J. Johnson, Tami DeShon, Patrick Kreifels, Gretchen Mills, Amanda Tyerman-Harper, Paul Van De Water and Marti Rabe, Region V Systems

HOUSEKEEPING AND INTRODUCTIONS

- Hoyle called the meeting to order at 10:02 a.m. followed by introductions.

ADDITIONS / CHANGES TO AGENDA

There were no additions or changes to the agenda.

OPEN MEETING ACT INFORMATION

Hoyle pointed out that Open Meeting Act information is posted as required by the Open Meetings Act. Notification of this meeting and information regarding availability of the agenda was provided through a legal notice in the Lincoln Journal Star.

PUBLIC COMMENT

There was no public comment.

CONSENT AGENDA ITEMS

Johnson made a motion, seconded by Pella, to approve the Consent Agenda (October 24, 2018, BHAC Minutes; FY 18-19 Compliance Management Report, November Discharge / Pre-Admitted Noncompliance Report and RGB Report) as presented.

Roll Call: Yes: Cotter, Hinrichs, Hoyle, Jarecke, Johnson, Knight, Meinders, Murphy, Pella, Winslow

Absent: Jennings, Kuzelka, Pethoud, Ripley, Zimmer

Motion carried.

ACTION / PRIORITY ITEMS

Retirement: Johnson informed the BHAC that Van De Water would be retiring at the end of the current fiscal year. DeShon has accepted the role of Fiscal Director following Van De Water's retirement.

Contracts / Contract Amendments: BHAC members received a revised copy of Region V Systems Contractual Amendments. Johnson reviewed contracts in the following categories:

- State Contracts: The first contract with the Division will increase funding by \$190,000 to be used for activities that reduce opioid abuse and overdose related deaths. The second grant in the amount of \$326,190 focuses on binge drinking and is targeted to southeast Nebraska as well as Lancaster County.
- Strategic Prevention Framework – Partnership for Success: These contracts with a variety of entities are prevention related and will provide a broad spectrum of resources, training, facilitation, and education on substance use related topics.

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- Other: Emergency shifts due to overutilization are being requested for Telecare, Houses of Hope and CenterPointe's dual residential program. Additional dollars became available as the Division received a one-time increase in funding for Federal Block Grant activities. Because Block Grant dollar usage has strict criteria, block grant dollars that had been allocated to support services will be shifted into the General Fund to allow for flexibility in their utilization. An RFP seeking additional secure residential services was issued.
- National Association of Case Management (NACM): This contract with NACM in the amount of \$20,000 will provide fiscal support, operational / administrative support and others supports to facilitate the annual NACM conference.

Knight made a motion, seconded by Cotter, to recommend the Board approve these contracts / contract amendments as presented.

Roll Call: Yes: Cotter, Hinrichs, Hoyle, Jarecke, Johnson, Knight, Meinders, Murphy, Pella, Winslow

Absent: Jennings, Kuzelka, Pethoud, Ripley, Zimmer

Motion carried.

FY 17-18 Management Summary (draft): Johnson presented the FY 17-18 Management Summary noting that the Region monitors 31 Performance Indicators as part of this report. The report also contains information related to network services, continuous quality improvement, the Professional Partner Program and the Rental Assistance Program. There was brief discussion regarding the wait list data, incident reporting, quality improvement measures, cluster-based planning and its implications for Family & Youth Investment (FYI). Regarding cluster-based planning, Johnson commented that Regions 3 and 1 are beginning to use cluster-based planning with their youth programs and representatives from Region V will be presenting their processes and findings at a national conference this spring. Cotter made a motion, seconded by Pella, to recommend the Board approve the draft FY 17-18 Management Summary.

Roll Call: Yes: Cotter, Hinrichs, Hoyle, Jarecke, Johnson, Knight, Meinders, Murphy, Pella, Winslow

Absent: Jennings, Kuzelka, Pethoud, Ripley, Zimmer

Motion carried.

One-Time-Only Fund Report: Johnson briefly reviewed the origins of these funds. In 2008 the Region received 4.8 million dollars that were carry-over funds from behavioral health reform. The dollars were allocated as one-time payments to Regions following a dispute with the Division regarding the amount of carry-over. Over the years the dollars have been used for a variety of purposes. Remaining line items include \$443,972 for MH/SA Service capacity expansion which may be used in the next fiscal year, \$84,000 for data related systems, \$36,540 for Cluster-based Planning, and \$4,468 for Continuous Quality Improvement (CQI) consultation, leaving a balance \$568,980. Johnson made a motion, seconded by Knight, to recommend the Board approve the One-Time-Only Fund Report as presented.

Roll Call: Yes: Cotter, Hinrichs, Hoyle, Jarecke, Johnson, Knight, Meinders, Murphy, Pella, Winslow

Absent: Jennings, Kuzelka, Pethoud, Ripley, Zimmer

Motion carried.

FY 18-19 Site Visit Summary Reports: Tyerman-Harper presented site visit report summaries for The Bridge Behavioral Health (BBH) and Lincoln Medical Education Partnership (LMEP). Both agencies were at 100 percent compliance for all units reviewed and there were no recommendations. Program fidelity audits were not required for these agencies this year. Cotter made a motion, seconded by Johnson, to recommend the Board approve the FY 18-19 Site Visit Summary Reports for BBH and LMEP as presented.

Roll Call: Yes: Cotter, Hinrichs, Hoyle, Jarecke, Johnson, Knight, Meinders, Murphy, Pella, Winslow

Absent: Jennings, Kuzelka, Pethoud, Ripley, Zimmer

Motion carried.

Region V Network Compliance Review FY 18: The Division's Network Compliance Review report was received in October 2018. Areas reviewed for the audit included: subcontracting providers – contracts, accreditation, subcontracting providers – CPA audits, program fidelity and services purchased reviews, policies and procedures, network administration and management, system of care, and provider training. There was one recommendation that was subsequently retracted. Winslow made a motion, seconded by Cotter, to recommend the Board approve the Region V Network Compliance Review FY 18 as presented.

Roll Call: Yes: Cotter, Hinrichs, Hoyle, Jarecke, Johnson, Knight, Meinders, Murphy, Pella, Winslow

Absent: Jennings, Kuzelka, Pethoud, Ripley, Zimmer

Motion carried.

OTHER UPDATES/INFORMATION

Behavioral Health / Legislative Updates:

- **Medicaid Expansion:** Johnson commented that the impact of Medicaid expansion is complex with many unanswered questions. Among others, unknowns include how soon the program will be functional, how many individuals will sign up, and whether the workforce will support the increased numbers of individuals seeking services. The Region has contracted with Mary O'Hare to provide a report on the fiscal impact; when the report has been finalized it will be sent out to BHAC members. Because of the complexity of this issue, Johnson feels it is unwise to pull funding from behavioral health before the fiscal implications are clear.
- **Rate Studies:** The Division has been doing cost model studies to determine the actual cost of providing individual services and has developed rates that more closely align with actual costs. The Division will be putting the anticipated increase needed in the budget submitted to the Appropriations Committee; however, the funding requested will not adequately cover costs, and without additional funding will have the impact of decreasing capacity. The Regions are working with the National Association of Behavioral Health Organizations (NABHO) to increase funding for behavioral health including for Medicaid, Children and Family Services and Probation. Anticipated costs for this increase would be between ten to twenty million dollars.

Emergency System: The Region continues to be unable to admit individuals to the Lincoln Regional Center (LRC). Johnson explained that LRC has been flooded with individuals court ordered to receive an evaluation and restoration of competency, so they can stand trial. These individuals have priority over Region V clients.

Annual Opinion Survey: The annual opinion survey was recently emailed to BHAC members. Members were asked to fill out and return the survey by the closing date.

Region V FY 17-18 Annual Report (draft): The draft annual report was emailed to BHAC members and the final version will be sent when final edits are completed and Board approval has been obtained.

Continuous Quality Improvement: Kreifels presented the following reports (see individual reports for complete details):

- **Denials and Ineligibles FY 19 Q1-Q2:** There was discussion regarding why consumers were found to be ineligible or denied services. Clients are found ineligible based on clinical criteria while denials are based on exclusionary criteria. For residential services the majority of clients were deemed ineligible due to the consumers conditions not meeting program clinical criteria or having extensive mental health concerns. At times the referral was found to be inappropriate. For KEYA house clients were frequently denied because they were homeless. If clients are in the Compass system the Region can follow them to determine whether they have subsequently been hospitalized, EPC'd or accessed a higher level of care. Discussion followed regarding

the difficulty of individuals involved with corrections or probation getting admitted due to their low priority status.

- Complaints, Appeals and Critical Incidents FY 19 Q1: Providers are required to report data for complaints, appeals and critical incidents. Kreifels noted that if a complaint is not resolved to an individual's satisfaction they can file an appeal. There were no appeals for FY Quarter 1.
- National Outcome Measures (NOMS) FY 2019 Q1: Data is collected in the areas of employment, housing / living arrangement, criminal justice involvement, alcohol abstinence and drug abstinence. Training on appropriate use of data fields in Compass is expected to increase performance outcomes.
- Consumer Recovery Outcomes Report FY 2019 Q1: Kreifels pointed out that defining recovery is a challenge and that rates of change are expected to vary across clusters. Outcome measures by service and by provider agency were provided for the following: employment, stability in housing and criminal justice involvement.
- Youth System of Care Report December 2019: This report provides the number of consumers utilizing the Youth Crisis Response Service for both CenterPointe and TASC since the project began in April of 2017.

Annual Conflict of Interest Statement: The Annual Conflict of Interest Report is expected to be included in the March agenda packet.

BHAC Attendance Report: The report is provided for informational purposes.

FY 18-19 Capacity Utilization Summaries (CAP): Johnson briefly reviewed how the CAPs are used to monitor usage for each provider by service. Ideally with 58.3 percent of the fiscal year completed, utilization would be somewhere in that percentage range. Johnson noted that the Mental Health Crisis Center is already at 100 percent utilization of Region V funding. MHCC intentionally draws down Region V dollars first and then turns to County dollars for the remainder of the fiscal year.

Training: Provided for informational purposes. Several trainings were highlighted:

- April 18: Dr. John Nicolletti – Threat Assessment Toolbox
- May 7: Assessing and Managing Suicide Risk (AMSR) | Suicide Prevention
- June 28: ASAM Criteria: This training was requested by providers with the intent to improve evaluations and thus decrease inappropriate referrals.
- BETA: The tenth annual BETA was held in late January with 75 law enforcement officers in attendance. A BETA training specific to youth was offered this year for the first time. Two additional mini-BETAs will be held this fiscal year in York and Falls City.

Level of Care Meeting Updates / Dates:

- March 14 – Regional Prevention Coalition
- March 18 – Level of Care

OTHER BUSINESS

- There was brief discussion regarding Legislation and the role the Region plays in lobbying and / or testifying for or against specific bills. Johnson explained that the Regions contract with a lobbyist, and NABHO also has a lobbyist. NABHO monitors pertinent bills and makes decisions regarding whether or not to support them. The Region sees its role as that of an educator though Johnson has frequently met with providers and has testified for or against various bills. March 14 is Lobby Day.
- A bill that would require an hour of mental health training for teachers is being supported by NABHO. Unfortunately, the bill will reduce the amount of time spent on suicide training for staff.

IMPORTANT DATES

- March 11– RGB Meeting – 10:30 a.m.
- March 18 – Network Providers Meeting – 9:00 a.m.
- March 27 – BHAC Meeting – 10:00 a.m.

ADJOURN

There being no further business the meeting was adjourned at 11:10 a.m.