

## REGIONAL GOVERNING BOARD

### MINUTES

March 11, 2019  
1645 'N' Street  
Lincoln, NE  
10:30 a.m.

**MEMBERS PRESENT:** Greg Janak, Butler County; Kenny Harre, Fillmore County; Dennis Byars, Gage County; Jim Erickson, Johnson County; Dean Speth, Otoe County; Jan Lang, Pawnee County; Jerry Westring, Polk County, John Caverzagie, Richardson County; Janet Henning, Saline County; Doris Karloff, Saunders County; Ken Schmieding, Seward County; Dean Krueger, Thayer County; Bill Bamesberger, York County

**MEMBERS ABSENT:** Gale Pohlmann, Jefferson County; Jennifer Brinkman, Lancaster County; Larry Holtzman, Nemaha County

**OTHERS PRESENT:** C.J. Johnson, Tami DeShon, Pat Franks, Patrick Kreifels, Kim Michael, Gretchen Mills, Sandy Morrissey, Kristin Nelson, Amanda Tyerman-Harper, Paul Van De Water, and Marti Rabe, Region V Systems

### OPEN MEETINGS ACT INFORMATION

Byars noted the Open Meetings Act information is posted in the meeting room. Notification of this meeting and information regarding availability of the agenda was provided through a legal notice in the Lincoln Journal Star.

### CALL TO ORDER / ROLL CALL / AGENDA

The meeting was called to order by Byars at 10:30 a.m., followed by roll call. Introductions were made, and new board members were welcomed to the Governing Board.

Roll Call: Present: Butler County, Fillmore County, Gage County, Johnson County, Otoe County, Pawnee County, Polk County, Richardson County, Saline County, Saunders County, Seward County, Thayer County, York County

Absent: Jefferson County, Lancaster County, Nemaha County

Henning made a motion, seconded by Lang, to approve the agenda.

Roll Call: Yes: Butler County, Fillmore County, Gage County, Johnson County, Otoe County, Pawnee County, Polk County, Richardson County, Saline County, Saunders County, Seward County, Thayer County, York County

Absent: Jefferson County, Lancaster County, Nemaha County

Motion carried.

### PUBLIC COMMENT

There was no public comment.

### STAFF RECOGNITION

Byars presented a certificate of recognition and appreciation to Kristin Nelson, Director of Emergency Services, for twenty years of service and Pat Franks, Fiscal Associate, for five years of service. Byars also presented a certificate of recognition and appreciation to C.J. Johnson, Regional Administrator, for twenty years of service. Byars briefly discussed each individual's roles and responsibilities and many contributions to Region V Systems and thanked them for their service.

**ACTION / PRIORITY ITEMS**

**Election – 2019 Officers:** Johnson chaired the meeting during the election of officers and reported that current Board members were willing to continue in their previously elected offices. Those officers are: Chair, Dennis Byars; Vice Chair, Greg Janak; and Treasurer, Doris Karloff. Johnson stated that traditionally a representative of Lancaster County is included on the Executive Committee and recommended Jennifer Brinkman as secretary. There were no other nominations from the floor. Lang made a motion, seconded by Bamesberger, to approve the slate of candidates as presented.

Roll Call:       Yes:       Butler County, Fillmore County, Gage County, Johnson County, Otoe County, Pawnee County, Polk County, Richardson County, Saline County, Saunders County, Seward County, Thayer County, York County

Absent:   Jefferson County, Lancaster County, Nemaha County

Motion carried.

**Election – BHAC Representative:** Henning provided input regarding attending BHAC meetings stating that it was a good place to learn more about what was happening in the Region. No one volunteered for this position, so Johnson will talk with Board members to discuss the position and solicit an attendee. Anyone interested is asked to contact Johnson before the next Board meeting.

**Regional Governing Board Minutes:** Karloff made a motion, seconded by Bamesberger, to approve the Minutes of the November 5, 2018, meeting. There was no discussion. No action was required regarding the Executive Committee minutes of the same date.

Roll Call:       Yes:       Fillmore County, Gage County, Johnson County, Otoe County, Pawnee County, Polk County, Saunders County, Seward County, Thayer County, York County

Abstain:   Butler County, Richardson County, Saline County

Absent:   Jefferson County, Lancaster County, Nemaha County

Motion carried.

**Fiscal/Financial Report:** Copies of the report were available Monday morning. Van De Water presented the financial report through January reviewing revenue and expenditures and providing rationale for areas where spending exceeds budget expectations. In most cases the expenditures that are over-budget are one-time expenses or are incurred early in the fiscal year. With 58.33 percent of the fiscal year completed, the Regional budget stood at 53.86 percent, approximately 4.5 percent under budget. Krueger made a motion, seconded by Janak, to approve the Financial Report as presented.

Roll Call:       Yes:       Butler County, Fillmore County, Gage County, Johnson County, Otoe County, Pawnee County, Polk County, Richardson County, Saline County, Saunders County, Seward County, Thayer County, York County

Absent:   Jefferson County, Lancaster County, Nemaha County

Motion carried.

**FY 17-18 Financial Audit – Final Summary Report:** Johnson reminded Board members that the Audit was presented and approved as a draft at the November meeting. At that time the audit was finished but Dana Cole personnel was not available to sign off on it in time for the presentation. There were no changes to the audit as presented in November. The Audit letter from Dana Cole confirms the report. Henning made a motion, seconded by Karloff, to approve the Final Summary Report of the FY 17-18 Financial Audit.

Roll Call: Yes: Butler County, Fillmore County, Gage County, Johnson County, Otoe County, Pawnee County, Polk County, Saline County, Saunders County, Seward County, Thayer County, York County

Abstain: Richardson County

Absent: Jefferson County, Lancaster County, Nemaha County

Motion carried.

**Contracts / Contract Amendments:** CJ presented contracts in the following categories:

State Contracts - DHHS: The first contract with the Division will increase funding by \$190,000 to be used for activities that reduce opioid abuse and overdose related deaths. The second contract in the amount of \$326,190 focuses on binge drinking and is targeted to southeast Nebraska as well as Lancaster County. The two grants total \$772,376. Bamesberger made a motion, seconded by Janak, to approve these two contracts with DHHS as presented.

Roll Call: Yes: Butler County, Fillmore County, Gage County, Johnson County, Otoe County, Pawnee County, Polk County, Richardson County, Saline County, Saunders County, Seward County, Thayer County, York County

Absent: Jefferson County, Lancaster County, Nemaha County

Motion carried.

Strategic Prevention Framework – Partnership for Success: Johnson briefly reviewed seventeen prevention-related contracts, providing award amounts and noting some of the activities to be undertaken by the prevention coalitions. Henning made a motion, seconded by Lang, to approve the seventeen subcontracts as presented.

Roll Call: Yes: Butler County, Fillmore County, Gage County, Johnson County, Otoe County, Pawnee County, Polk County, Richardson County, Saline County, Saunders County, Seward County, Thayer County, York County

Absent: Jefferson County, Lancaster County, Nemaha County

Motion carried.

National Association of Case Managers (NACM): This contract in the amount of \$20,000 is to provide support for tasks associated with the management of the organization. Johnson commented that this will no doubt be the last year that Region V contracts with NACM for this purpose. Karloff made a motion, seconded by Henning, to approve this contract with NACM as presented.

Roll Call: Yes: Butler County, Fillmore County, Gage County, Johnson County, Otoe County, Pawnee County, Polk County, Richardson County, Saline County, Saunders County, Seward County, Thayer County, York County

Absent: Jefferson County, Lancaster County, Nemaha County

Motion carried.

January Shifts: January shifts totaling \$122,000 were pre-approved at the November meeting. \$30,000 in Substance Use Disorder (SUD) funding was shifted from Mental Health (MH) Respite to MH funding for MH Respite. \$62,000 in unallocated medication management (MM) funds were shifted to Lutheran Family Services (LFS) for MM. LFS also requested a shift from outpatient psychotherapy SUD to outpatient psychotherapy MH

(\$15,000) and \$15,000 from Intensive Outpatient SUD to Community Support MH. Bamesberger made a motion, seconded by Krueger, to ratify the January shifts as presented.

Roll Call: Yes: Butler County, Fillmore County, Gage County, Johnson County, Otoe County, Pawnee County, Polk County, Richardson County, Saline County, Saunders County, Seward County, Thayer County, York County

Absent: Jefferson County, Lancaster County, Nemaha County

Motion carried.

Increased Spending Authority / Emergency Shifts: This contract amendment is for the purpose of increasing Region V's spending authority. The Division received approximately \$900,000 additional block grant dollars in October which must be spent in this fiscal year. The Division is seeking to start a second secure residential program and will be shifting some of the Federal block grant money to Regions in exchange for State general fund dollars originally allocated to increase flexibility as to the use of these funds. The Region will receive \$358,489. As a result, CenterPointe will receive an additional \$153,994 for the ACT Team, \$100,000 in funding for CS will be provided by block grant dollars rather than State General Funds, an additional \$147,955 will be allocated to Dual Disorder Residential, \$20,000 to Telecare for Secure Residential services, and \$31,540 to Houses of Hope for half-way house services. Henning made a motion, seconded by Janak, to approve the increased spending authority / emergency shift of funds as presented.

Roll Call: Yes: Butler County, Fillmore County, Gage County, Johnson County, Otoe County, Pawnee County, Polk County, Richardson County, Saline County, Saunders County, Seward County, Thayer County, York County

Absent: Jefferson County, Lancaster County, Nemaha County

Motion carried.

**One-Time-Only Fund Report**: Johnson briefly reviewed the origins of these funds. In 2008 the Region received 4.8 million dollars that were carry-over funds from behavioral health reform. The dollars were allocated as one-time payments to Regions following a dispute with the Division regarding the amount of carry-over. Over the years the dollars have been used for a wide variety of purposes. Remaining line items include \$443,972 for MH/SUD Service capacity expansion which may be used in the next fiscal year, \$84,000 for data related systems, \$36,540 for Cluster-based Planning, and \$4,468 for Continuous Quality Improvement (CQI) consultation, leaving a balance \$568,980. Lang made a motion, seconded by Henning, to approve the One-Time-Only Fund Report as presented.

Roll Call: Yes: Butler County, Fillmore County, Gage County, Johnson County, Otoe County, Pawnee County, Polk County, Richardson County, Saline County, Saunders County, Seward County, Thayer County, York County

Absent: Jefferson County, Lancaster County, Nemaha County

Motion carried.

**2017-2018 Annual Report (draft)**: Johnson briefly reviewed the FY 17-18 Annual Report noting that the report is done in house. Areas covered in the report include: structure and governance, funding and expenditures, network administration, children and family services and partnerships / collaborations. Johnson noted that the new data system allows the Region to produce reports and collect data in ways that were not possible in the past. Henning made a motion, seconded by Bamesberger, to approve the 2017-2018 Annual Report (draft).

Roll Call: Yes: Butler County, Fillmore County, Gage County, Johnson County, Otoe County, Pawnee County, Polk County, Richardson County, Saline County, Saunders County, Seward County, Thayer County, York County

Absent: Jefferson County, Lancaster County, Nemaha County

Motion carried.

**2017-2018 Management Report (draft):** Johnson presented the FY 17-18 Management Summary noting that the Region monitors 31 Performance Indicators as part of this report. The report also contains information related to network services, continuous quality improvement, the Professional Partner Program and the Rental Assistance Program. Janak made a motion, seconded by Lang, to approve the draft 2017-2018 Management Report as presented.

Roll Call: Yes: Butler County, Fillmore County, Gage County, Johnson County, Otoe County, Pawnee County, Polk County, Richardson County, Saline County, Saunders County, Seward County, Thayer County, York County

Absent: Jefferson County, Lancaster County, Nemaha County

Motion carried.

**Overtime Policy (Revised):** Michael presented the revised Overtime Policy noting that the revisions had been reviewed by the Executive Committee. Revisions seek to clarify Region V's policies as they relate to the Fair Labor Standards Act regarding overtime for non-exempt and exempt employees. New language references the Region's shift to the new payroll system, ADP. Lang made a motion, seconded by Karloff, to approve the revised Overtime Policy as presented.

Roll Call: Yes: Butler County, Fillmore County, Gage County, Johnson County, Otoe County, Pawnee County, Polk County, Richardson County, Saline County, Saunders County, Seward County, Thayer County, York County

Absent: Jefferson County, Lancaster County, Nemaha County

Motion carried.

**Whistleblower Policy (New):** Michael presented the Whistleblower Policy noting that such a policy is a requirement found in the State-to-Region contract and mirrors the Region's Grievance Policy. The policy defines "whistleblower," as well as delineates the procedures and protections related to reporting concerns. Bamesberger made a motion, seconded by Janak, to approve the Whistleblower Policy as presented.

Roll Call: Yes: Butler County, Fillmore County, Gage County, Johnson County, Otoe County, Pawnee County, Polk County, Richardson County, Saline County, Saunders County, Seward County, Thayer County, York County

Absent: Jefferson County, Lancaster County, Nemaha County

Motion carried.

**FY 18-19 Site Visit Summary Reports:** Tyerman-Harper briefly explained the site visit process providing the definition for fee-for-service and non-fee-for-service provision. A unit audit for all programs and services is done every year with a program fidelity audit being required every three years. Program audits take place to ensure that services are in line with service definitions and regulations. Site visit report summaries for The Bridge Behavioral Health and Lincoln Medical Education Partnership (LMEP) were presented. Both agencies were at 100 percent compliance for all units reviewed as well as fiscal audits and there were no recommendations. Neither agency was due for a program fidelity audit. Henning made a motion, seconded by Lang, to approve the Site Visit Summary Reports as presented.

Roll Call: Yes: Butler County, Fillmore County, Gage County, Johnson County, Otoe County, Pawnee County, Polk County, Richardson County, Saline County, Saunders County, Seward County, Thayer County, York County

Absent: Jefferson County, Lancaster County, Nemaha County

Motion carried.

**Region V Network Compliance Review FY 18:** The Compliance Review report for FY 18 was received in October. The Region was found to be in substantial compliance for the areas reviewed. Krueger made a motion, seconded by Caverzagie, to approve and place on file the Region V Network Compliance Review for FY 18 as presented.

Roll Call: Yes: Butler County, Fillmore County, Gage County, Johnson County, Otoe County, Pawnee County, Polk County, Richardson County, Saline County, Saunders County, Seward County, Thayer County, York County

Absent: Jefferson County, Lancaster County, Nemaha County

Motion carried.

#### **OTHER UPDATES / LEGISLATION / INFORMATIONAL ITEMS**

**Behavioral Health / Legislation Updates:** Johnson provided the following updates:

- The Division has requested more dollars for behavioral health services to support increased rates based on rate study findings. The increased funding requested will not be sufficient to increase rates for all services and will not fully compensate providers for their service provision.
- NABHO Lobby Day is scheduled for March 14. Behavioral health providers, Regions, and NABHO will be lobbying the Appropriations Committee for increased funding to adequately cover actual costs of providing services.
- In looking at the budget in anticipation of Medicaid expansion, the Legislature is seeking to reduce allocations to Regions by 1.8 million dollars for the coming fiscal year and 2.8 million in the following year. Because it is not known when Medicaid expansion will be implemented and what the fiscal impact of the expansion will be, Regions will be lobbying to have that money left in the allocation until it is clear what savings are ultimately realized.

#### **Emergency System:**

- Kristin Nelson, Director of Region V's Emergency System, presented a brief overview of Behavioral Health Threat Assessment (BETA) training. The purpose of BETA is to increase knowledge about mental health, improve awareness of resources, and teach law enforcement officers how to assess for mental health issues and manage those clients who are having a mental health crisis. The January training was the tenth annual "big BETA" and to date nearly 700 law enforcement personnel have been trained.
- Two "mini" BETA trainings were held in rural areas (Gage and Nemaha Counties), to accommodate officers who were not able to commit to the four-day training. Two additional mini-BETAs are scheduled.
- A BETA training specific to youth and their families was offered this year and was very well received. Fifty-eight officers attended including seven School Resource Officers from LPS.
- Nelson explained that the training is provided at no cost to law enforcement and the Region has been fortunate to have national experts involved in the training at no cost.

**Continuous Quality Improvement:** Kreifels presented the following data reports (see attachments for details):

- Ineligibles / Denials FY19 Q1-Q2: Kreifels briefly noted that it is considered best practice to monitor consumers who are ineligible for or denied services. By looking at rationale for these decisions, it becomes possible to look at ways to increase access to services by determining whether or not an assessment / referral was appropriate and whether there might be other services that would be responsive to the consumers denied or found ineligible.

- Complaints, Appeals, Critical Incidents FY19 Q1: Providers report on these events on a quarterly basis. There were no appeals in the reporting period, which indicates that complaints were satisfactorily resolved by the provider. Review of this data can provide information which can lead to quality improvement initiatives to reduce the number of these types of incidents.
- National Outcome Measures (NOMS) FY19 Q1: Regions are required to report these NOMS. Data is available which compares Regional data to statewide and national data. Outcomes are measured for employment / education; housing / living arrangement; criminal justice involvement; alcohol abstinence and drug abstinence.
- Consumer Recovery Outcomes Report FY19 Q1: Each provider has chosen a tool to measure the rate of change consumers experience. Assessments take place when the client enrolls and upon discharge.
- Youth System of Care Report December 2018: Law enforcement makes the call to the mobile crisis team. The youth mobile crisis team can contact a mental health clinician to travel to the scene if a youth or family is experiencing emotional distress and help to de-escalate the situation and provide resources. Over 90 percent of these calls result in the youth being diverted from the hospital.

**FY 18-19 Capacity Utilization Summary Report:** Provided for informational purposes. Johnson reviewed the form briefly and explained how the Region uses it to monitor capacity utilization and make shifts throughout the year.

**FY 18-19 Compliance Management Report:** Provided for informational purposes.

**RGB Annual Acknowledgement Form:** The Acknowledgement Report will be included on the April agenda.

**Training Schedule:** Provided for informational purposes. Morrissey briefly provided information on the annual Red / White Tailgate in conjunction with the spring game. The Tailgate is one of two significant youth prevention activities. Currently 490 youth have signed up to attend. The event gives youth the opportunity to see that a lot of young people are choosing to live drug free.

## **OTHER BUSINESS**

### **ADJOURN**

The meeting was adjourned at 12:00 p.m.

### **IMPORTANT DATES**

- March 18 – Network Provider Meeting – 9:00 a.m.
- March 27 – BHAC Meeting – 10:00 a.m.
- April 8 – RGB Meeting – 10:30 a.m. At Region V Services (Executive Committee Meeting)